

GRIND

Fruits & Grains.

Granola smoothie bowl ^{V, GF}	6.—
Açaí bowl, passion fruit, cacao nibs ^{GF}	8.—
Porridge, coconut, blackberry, pistachio ^{GF}	6.—

Breakfast.

One-pan eggs, chorizo, spinach, yoghurt	9.—
House-cured beetroot salmon, eggs on toast	10.—
Sweet potato harissa cakes, poached egg ^V	9. ⁵⁰
Raw breakfast salad, avocado, grains, egg ^{V, GF}	8.—
Full English breakfast, eggs as you like	11.—
Full vegetarian breakfast ^V	10.—
Breakfast burrito, eggs, sausage, bacon	9.—
Wild mushroom hash, fried egg ^V	9.—
Eggs florentine ^V	9.—

Coffee & Tea.

Espresso	2. ³⁰
Macchiato	2. ⁵⁰
Long Black	2. ⁵⁰ / 2. ⁶⁰
Filter	2. ⁵⁰ / 2. ⁶⁰
Flat White	3.— / 3. ³⁰
Latte	3.— / 3. ³⁰
Cappuccino	3.— / 3. ³⁰
Hot Chocolate	3.— / 3. ³⁰
Mocha	3. ¹⁰ / 3. ⁴⁰
Iced Coffee	3. ³⁰
Breakfast Tea	2. ⁷⁵
Earl Grey	
Green Tea	
Fresh Mint Tea	
Matcha Latte	3.—
Turmeric Latte	
Beetroot Latte	
Chai Latte	

Soy / Almond / Oat / Decaf / Extra Shot —.⁵⁰

Smashed Avocado.

with poached eggs, chilli on toast	
add feta ^V	2. ⁵⁰
bacon	2. ⁵⁰
house-cured beetroot salmon	4.—

9.—

Burgers, from Midday.

Grind cheeseburger, skin-on fries	12. ⁵⁰
add bacon / fried egg / avocado	2.—
Buttermilk fried chicken sandwich, fries	12. ⁵⁰

Sides.

Eggs / toast	1. ⁵⁰
Sweet potato cake ^V / spinach	2. ⁵⁰
Avocado / bacon	2. ⁵⁰
Mushrooms	3.—
House-cured beetroot salmon / sausages	4.—
Skin-on fries / sweet potato wedges	4.—
Heritage tomato, cucumber, feta ^{GF}	4. ⁵⁰

Cold-Pressed Juice.

Super Greens Juice	4. ²⁵
Kale, spinach, celery, romaine, cucumber, apple, lemon	
Sweet Citrus Juice	4. ²⁵
Orange, lemon, tangerine, grapefruit, turmeric, cayenne	
Summer Fruits Juice	4. ²⁵
Strawberry, apple, lemon, mint	
Fresh Orange Juice	3. ⁵⁰

Smoothies.

Super Green Smoothie	4. ⁵⁰
Apple, spinach, avocado, cucumber, lemon, moringa, guarana	
Banana, Turmeric Smoothie	4. ⁵⁰
Banana, apple, lemon, ginger, turmeric, cayenne	
Berry Recover Smoothie	4. ⁵⁰
Strawberry, blueberry, raspberry, banana, coconut milk, lime	