

Bar Snacks. *all 4.— or three for 10.—*

Smoked haddock fish fingers, mustard mayo

Padron peppers, maldon sea salt ^{VG}

Chorizo meatballs, pancetta, date ^{GF}

Fried courgette, lemon, tofu aioli ^{VG}

Baby patatas bravas ^{V, GF}

Nocellara olives & mixed nuts



Grind Espresso Martini. 9.—
House Blend espresso, Absolut, sugar.

Pink Negroni. 6.—
Beefeater, Campari, Lillet Blanc, peach, lemon

Elderflower Spritz. 6.—
Absolut, elderflower, lemon, prosecco, soda

Sharing Plates. *best served with cocktails.*

Smashed avocado, alfalfa sprouts, chilli, taro chips ^{VG, GF} 6.—

Fried chicken, pickled radish, coriander, chilli mayo ^{GF} 6.—

Spinach croquettes, whipped goats cheese, crispy basil ^V 5.—

Salt & pepper squid, jalapeño mayo, lime 6.—

Hummus, flatbread, aubergine, shiitake ^{VG} 6.—

Burrata bruschetta, beets, snap pea, aged balsamic ^V 6.—

Hot smoked salmon salad, roast beets, endive, pickled onion, horseradish 6.—

Charred carrots, whipped feta, harissa, dukkah, mint ^{V, GF} 4.⁵⁰

Sweet potato wedges, lime yoghurt, spiced nuts ^{V, GF} 4.⁵⁰

Charred broccoli, whipped spiced tofu, coriander ^{VG, GF} 7.—

Pak choi, aubergine, courgette, sesame, soy dressing ^{VG, GF} 6.—

Grind Regulars.

Grind cheeseburger, skin-on fries 12.⁵⁰

*add fried egg 1.⁵⁰
avocado 2.⁵⁰
bacon 2.⁵⁰*

Buttermilk fried chicken sandwich, spiced slaw, pickles, skin-on fries 12.⁵⁰

add avocado 2.⁵⁰

Sweet potato burger, tofu aioli, skin-on fries ^V 12.⁵⁰

Chicken salad, soft egg, fennel, gem, ranch dressing ^{GF} 8.—

Ancient grains, shiitake, sprouts, pesto, poached eggs ^{VGR} 8.—

Sweet potato harissa cakes, yoghurt poached egg ^{VGR, GF} 9.⁵⁰

Flat-iron chicken, sprouting broccoli, baby potatoes, gravy ^{GF} 13.⁵⁰

Sides.

Skin-on fries / sweet potato wedges / house salad 4.—