

Fruits & Grains. *until midday.***Granola smoothie bowl** ^{V, GF} 6.—**Coconut porridge**, sourcherry, almond ^{VG, GF} 6.—**Overnight oats**, coconut, hazelnuts, blueberry ^{VG, GF} 6.—**Açaí bowl**, passion fruit, mango, coconut, chia, goji, cacao ^{VG, GF} 8.—*from midday..***Grind Espresso Martini.** 9.—*House Blend espresso, Absolut, sugar.***Vegan Bloody Mary.** 8.⁵⁰*Our classic bloody mary, Absolut, celery.***Prosecco Spumante.** 6.⁵⁰ / 29.⁵⁰*Ca' di Alte, Italy.***Brunch All Day.****Smashed avocado**, poached eggs, chilli, sourdough toast ^{VGR} 9.—*add feta* ^V 2.⁵⁰
bacon 2.⁵⁰
house-cured beetroot salmon 4.—**Sweet potato harissa cakes**, yoghurt poached egg ^{VGR, GF} 9.⁵⁰*add avocado* ^{VG} 2.⁵⁰
bacon 2.⁵⁰**One-pan eggs**, peppers, tomatoes, spinach, chilli, sourdough toast ^{VGR} 9.—*add bacon* 2.⁵⁰
sausages 4.—**Halloumi eggs**, portobello mushrooms, spinach, hollandaise ^V 9.—**Scrambled eggs**, stemmed broccoli, feta, chilli, tortilla ^{VGR} 8.—*add chorizo* 2.⁵⁰**Ancient grains**, shiitake, sprouts, pesto, poached eggs ^{VGR} 8.—**House-cured beetroot salmon**, eggs on toasted sourdough 10.—**Wild mushrooms**, hash browns, mushroom ketchup, fried egg ^V 9.—**Breakfast burrito**, scrambled eggs, sausage, bacon, avocado, peppers 9.—**Vegan breakfast burrito**, avocado, mushroom, hash brown, spinach, tofu 9.—**Full English breakfast**, eggs as you like, bacon, cumberland sausages, hash brown, white pudding, mushrooms, slow-roasted tomatoes, baked beans, toast 11.—**Full vegetarian breakfast**, eggs as you like, avocado, sweet potato cake, hash brown, mushrooms, slow-roasted tomatoes, baked beans, toast ^{VGR} 11.—*Add. egg or toast* 1.⁵⁰ / *beans or tomato* 2.— / *avocado, sweet potato cake* ^{VG, GF} *spinach, halloumi, mushrooms, tofu, hash brown or bacon* 2.⁵⁰ / *beetroot-cured salmon or sausages* 4.—**Grind Regulars.** *from midday.***Grind cheeseburger**, skin-on fries 12.⁵⁰*add fried egg* 1.⁵⁰
avocado 2.⁵⁰
bacon 2.⁵⁰**Buttermilk fried chicken sandwich**, spiced slaw, pickles, skin-on fries 12.⁵⁰*add avocado* 2.⁵⁰**Sweet potato burger**, tofu aioli, skin-on fries ^V 12.⁵⁰**Chicken salad**, soft egg, fennel, gem, ranch dressing ^{GF} 8.—**Flat-iron chicken**, sprouting broccoli, baby potatoes, gravy ^{GF} 13.⁵⁰

Skin-on fries / sweet potato wedges / house salad 4.—