

GRIND

Fruits & Grains.

Chia pudding, oat brittle, berries ^{GF}	6.—
Granola smoothie bowl ^{V, GF}	6.—
Açaí bowl, passion fruit, cacao nibs ^{GF, DF}	8.—
Porridge, coconut, blackberry, pistachio ^{GF}	6.—

Breakfast.

One-pan eggs, peppers, chilli, toast	9.—
House-cured beetroot salmon, eggs on toast	10.—
Sweet potato harissa cakes, poached egg ^V	9. ⁵⁰
Raw breakfast salad, avocado, grains, egg ^{V, GF}	8.—
Wild mushroom hash, fried egg ^V	9.—

Cold-Pressed Juice.

Super Greens Juice <i>Kale, spinach, celery, romaine, cucumber, apple, lemon</i>	4. ²⁵
Sweet Citrus Juice <i>Orange, lemon, tangerine, grapefruit, turmeric, cayenne</i>	4. ²⁵
Summer Fruits Juice <i>Strawberry, apple, lemon, mint</i>	4. ²⁵
Fresh Orange Juice	3. ⁵⁰

Smoothies.

Super Green Smoothie <i>Apple, spinach, avocado, cucumber, lemon, moringa, guarana</i>	4. ⁵⁰
Banana, Turmeric Smoothie <i>Banana, apple, lemon, ginger, turmeric, cayenne</i>	4. ⁵⁰
Berry Recover Smoothie <i>Strawberry, blueberry, raspberry, banana, coconut milk, lime</i>	4. ⁵⁰

Smashed Avocado.

with poached eggs, chilli on toast	9.—
add <i>feta</i> ^V	2. ⁵⁰
<i>bacon</i>	2. ⁵⁰
<i>house-cured beetroot salmon</i>	4.—

Eggs Florentine.

Buttermilk pancakes, blueberries, cream	9.—
Full English breakfast, eggs as you like	11.—
Full vegetarian breakfast ^V	10.—
Breakfast burrito, eggs, sausage, bacon	9.—
Eggs florentine ^V	9.—

Sides.

Eggs / toast	1. ⁵⁰
Sweet potato cake ^V / spinach	2. ⁵⁰
Avocado / bacon	2. ⁵⁰
Mushrooms	3.—
House-cured beetroot salmon / sausages	4.—

Coffee & Tea.

Espresso	2. ³⁰
Macchiato	2. ⁵⁰
Long Black	2. ⁵⁰ / 2. ⁶⁰
Filter	2. ⁵⁰ / 2. ⁶⁰
Flat White	3.— / 3. ³⁰
Latte	3.— / 3. ³⁰
Cappuccino	3.— / 3. ³⁰
Hot Chocolate	3.— / 3. ³⁰
Mocha	3. ¹⁰ / 3. ⁴⁰
Iced Coffee	3. ³⁰
Breakfast Tea	2. ⁷⁵
Earl Grey	2. ⁷⁵
Green Tea	2. ⁷⁵
Fresh Mint Tea	2. ⁷⁵
Matcha Latte	3.—
Turmeric Latte	3.—
Beetroot Latte	3.—
Chai Latte	3.—

Soy / Almond / Oat / Decaf / Extra Shot —.⁵⁰

Please let us know of any allergies before ordering. Discretionary service of 12.5% will be added to your bill. Please, no laptops after 6pm.
Shoreditch / Soho / London Bridge / Covent Garden / Royal Exchange / Clerkenwell / Exmouth Market / Whitechapel / Greenwich