

# GRIND

## Fruits & Grains.

Overnight oats, coconut, strawberry, brittle <sup>VG, GF</sup>	6.—
Granola smoothie bowl <sup>V, GF</sup>	6.—
Açaí bowl, passion fruit, cacao nibs <sup>VG, GF</sup>	8.—
Porridge, coconut, blackberry, pistachio <sup>VG, GF</sup>	6.—

## Brunch.

One-pan eggs, peppers, chilli, toast <sup>V</sup>	9.—
House-cured beetroot salmon, eggs on toast	10.—
Sweet potato harissa cakes, poached egg <sup>VG</sup>	9. <sup>50</sup>
Raw breakfast salad, avocado, grains, egg <sup>V, GF</sup>	8.—
Grind cheeseburger, skin-on fries	12. <sup>50</sup>
add avocado / fried egg / bacon	2.—
Flat iron steak, bearnaise <sup>GF</sup>	11.—
add skin-on fries	4.—

## Smalls.

Sweet potato, lime yoghurt, nuts <sup>V</sup>	4. <sup>50</sup>
Spinach, goats cheese croquettes <sup>V</sup>	6. <sup>50</sup>
Fried courgette, lemon, tofu aioli <sup>VG, GF</sup>	6.—
Salt & pepper squid, jalapeño aioli	7. <sup>50</sup>

## Smashed Avocado.

with poached eggs, chilli on toast	9.—
add feta <sup>V</sup>	2. <sup>50</sup>
bacon	2. <sup>50</sup>
house-cured beetroot salmon	4.—

Full English breakfast, eggs as you like	11.—
Full vegetarian breakfast <sup>V</sup>	11.—
Eggs florentine <sup>V</sup>	9.—
Buttermilk pancakes, blueberries, cream	9.—
Wild mushroom hash, fried egg <sup>V</sup>	9.—
Breakfast burrito, eggs, sausage, bacon, avocado	9.—
Flat iron chicken, broccoli, baby potatoes <sup>GF</sup>	13. <sup>50</sup>

## Sides.

Eggs / toast	1. <sup>50</sup>
Sweet potato cake <sup>V</sup> / spinach	2. <sup>50</sup>
Avocado / bacon	2. <sup>50</sup>
Mushrooms	3.—
House-cured beetroot salmon / sausages	4.—
Watermelon, cucumber, feta, chilli <sup>V, GF</sup>	4.—

## Desserts.

Grind House Blend Tiramisu <sup>V</sup>	6.—
Grind House Blend affogato, amaretti <sup>V</sup>	4.—
Eton Mess <sup>V, GF</sup>	6.—
Hot apple crumble sundae <sup>V, GF</sup>	6.—
Ice cream (per scoop) <sup>V, GF</sup>	2.—
Grind Coffee Liqueur	4.—