

Bar Snacks. *all 4.- or three for 10.-*

Smoked haddock fish fingers, mustard mayo

Padron peppers, maldon sea salt ^{VG}

Chorizo meatballs, pancetta, date ^{GF}

Fried courgette, lemon, tofu aioli ^{VG}

Baby patatas bravas ^{V, GF}

Nocellara olives & mixed nuts



Bottomless Brunch.

Join us at our restaurants every weekend until 5pm for bottomless prosecco and bloody marys - ninety minutes of as much as you can (responsibly) drink for 14.⁵⁰



Something New.

We're trying out a brand-new, sharing-style menu in the evening. We'd recommend two plates per person - let us know what you think at hello@grind.co.uk

Sharing Plates. *best served with cocktails.*

Smashed avocado, alfalfa sprouts, chilli, taro chips ^{VG, GF} **6.-**

Fried chicken, pickled radish, coriander, chilli mayo ^{GF} **6.-**

Spinach croquettes, whipped goats cheese, crispy basil ^V **5.-**

Salt & pepper squid, jalapeño mayo, lime **6.-**

Hummus, flatbread, aubergine, shiitake ^{VG} **6.-**

Burrata bruschetta, beets, snap pea, aged balsamic ^V **6.-**

Hot smoked salmon salad, roast beets, endive, pickled onion, horseradish **6.-**

Charred carrots, whipped feta, harissa, dukkah, mint ^{V, GF} **4.⁵⁰**

Sweet potato wedges, lime yoghurt, spiced nuts ^{V, GF} **4.⁵⁰**

Charred broccoli, whipped spiced tofu, coriander ^{VG, GF} **7.-**

Pak choy, aubergine, courgette, sesame, soy dressing ^{VG, GF} **6.-**

Grind Regulars.

Single / Double cheeseburger, skin-on fries **12.⁵⁰ / 15.-**

add fried egg **1.⁵⁰**
avocado **2.⁵⁰**
bacon **2.⁵⁰**

Buttermilk fried chicken sandwich, spiced slaw, pickles, skin-on fries **12.⁵⁰**

add avocado **2.⁵⁰**

Sweet potato burger, tofu aioli, skin-on fries ^V **12.⁵⁰**

Chicken salad, soft egg, fennel, gem, ranch dressing ^{GF} **8.-**

Ancient grains, shiitake, sprouts, pesto, poached eggs ^{VGR} **8.-**

Flat-iron chicken, sprouting broccoli, baby potatoes, gravy ^{GF} **13.⁵⁰**

Sides.

Skin-on fries / sweet potato wedges / house salad **4.-**