

GRIND

Smalls.

Fish fingers, mustard mayo	6.—	Padron peppers, maldon salt ^{VG}	5. ⁵⁰
Smashed avocado, taro chips ^{VG, GF}	8.—	Hummus, flatbread, feta, cucumber ^V	6. ⁵⁰
Chorizo, smoked cheese croquettes	6. ⁵⁰	Chicken wings, chilli, sesame	8.—
Green goddess, raw vegetables ^{VG}	7. ⁵⁰	Burrata bruschetta, avocado, corn, chilli	7. ⁵⁰
Smoked mackerel, pickled cucumber, toast	7.—	Salt & pepper squid, jalapeño aioli	7. ⁵⁰

Meat & Fish.

Grind cheeseburger, skin-on fries	12. ⁵⁰
add bacon / fried egg / avocado	2.—
Buttermilk fried chicken sandwich, fries	12. ⁵⁰
Flat-iron steak, bearnaise ^{GF}	11.—
add skin-on fries	4.—
Flat-iron chicken, broccoli, baby potatoes ^{GF}	13. ⁵⁰
Pork chop, oregano, chilli ^{GF}	10.—
Stonebass, wild mushrooms ^{GF}	14.—
Lamb rump, artichoke, peas	18.—
Prawn tagliatelle, tomato, chilli	14.—

Coffee Cocktails.

Grind Espresso Martini	9.—
Grind House Blend, vodka, sugar	
Hot Flat White Russian	8. ⁷⁵
Grind House Blend, Grey Goose, Tia Maria, milk	
Espresso Old Fashioned	9.—
Grind House Blend, Wild Turkey, espresso syrup, bitters	
Irish Coffee	9.—
Grind House Blend, Jameson Caskmates, sugar, cream	
No Woman, No Chai	8. ⁷⁵
Grind House Blend, Woods Old Navy rum, chai, oat milk	

Vegetables & Grains.

Burnt cauliflower, tofu aioli, turmeric ^{VG, GF}	8.—
Stemmed broccoli, quinoa, sprouts, flax ^{VG, GF}	9. ⁵⁰
Sweet potato harissa cakes, poached egg ^V	9. ⁵⁰
Asparagus, potato, baked egg, pecorino ^V	10.—
Gnocchi, tomato, pine nuts, basil	11.—

Sides.

Heritage tomato, cucumber, feta ^{GF}	4. ⁵⁰
Sweet potato, lime yoghurt, nuts ^V	4. ⁵⁰
Carrots, yoghurt, salsa verde ^{V, GF}	4. ⁵⁰
Baby potatoes, egg, crème fraiche ^{GF}	4.—
Skin-on fries / Sweet potato wedges ^V	4.—

Desserts.

Set buttermilk, blackberry, honeycomb ^{GF}	4.—
Grind House Espresso affogato, amaretti ^V	4.—
Strawberries, cream, biscuit	6.—
Hot apple crumble sundae ^{V, GF}	6.—
Ice cream (per scoop) ^{V, GF}	2.—
Grind Coffee Liqueur	4.—