

GRIND

Breakfast is served every day until midday.

Fruits & Grains.

Overnight oats, coconut, strawberry, brittle ^{VG GF}	6.—
Granola smoothie bowl ^{V, GF}	6.—
Açaí bowl, passion fruit, cacao nibs ^{VG, GF}	8.—
Porridge, coconut, blackberry, pistachio ^{VG, GF}	6.—

Breakfast.

One-pan eggs, peppers, chilli, toast ^V	9.—
House-cured beetroot salmon, eggs on toast	10.—
Sweet potato harissa cakes, poached egg ^V	9. ⁵⁰
Raw breakfast salad, avocado, eggs, grains ^{V, GF}	9. ⁵⁰
Full English breakfast, eggs as you like	11.—
Full vegetarian breakfast ^V	11.—
Breakfast burrito, eggs, sausage, bacon, avocado	9.—
Wild mushroom hash, fried egg ^V	9.—
Eggs florentine ^V	9.—
Asparagus, scrambled eggs, feta, chilli ^V	8.—

Cold-Pressed Juice.

Super Greens Juice	4. ²⁵
<i>Kale, spinach, celery, romaine, cucumber, apple, lemon</i>	
Sweet Citrus Juice	4. ²⁵
<i>Orange, lemon, tangerine, grapefruit, turmeric, cayenne</i>	
Summer Fruits Juice	4. ²⁵
<i>Strawberry, apple, lemon, mint</i>	
Fresh Orange Juice	3. ⁵⁰

Smoothies.

Super Green Smoothie	4. ⁵⁰
<i>Apple, spinach, avocado, cucumber, lemon, moringa, guarana</i>	
Banana, Turmeric Smoothie	4. ⁵⁰
<i>Banana, apple, lemon, ginger, turmeric, cayenne</i>	
Berry Recover Smoothie	4. ⁵⁰
<i>Strawberry, blueberry, raspberry, banana, coconut milk, lime</i>	

Smashed Avocado.

9.—

with poached eggs, chilli on toast	
add feta ^V	2. ⁵⁰
bacon	2. ⁵⁰
house-cured beetroot salmon	4.—

From the Grill, from Midday.

Single / Double cheeseburger, fries	12. ⁵⁰ / 15.—
add bacon / fried egg / avocado	2.—
Buttermilk fried chicken sandwich, fries	12. ⁵⁰
Grind sweet potato burger, fries ^V	12. ⁵⁰

Sides.

Eggs / toast	1. ⁵⁰
Sweet potato cake ^V / spinach	2. ⁵⁰
Avocado / bacon	2. ⁵⁰
Mushrooms	3.—
House-cured beetroot salmon / sausages	4.—
Skin-on fries / sweet potato wedges	4.—
Watermelon, cucumber, feta, chilli ^{V, GF}	4.—

Coffee & Tea.

Espresso	2. ⁵⁰
Macchiato	2. ⁷⁰
Long Black	2. ⁶⁰ / 2. ⁷⁰
Filter	2. ⁸⁰ / 2. ⁹⁰
Flat White	3. ²⁰ / 3. ⁶⁰
Latte	3. ²⁰ / 3. ⁶⁰
Cappuccino	3. ²⁰ / 3. ⁶⁰
Hot Chocolate	3. ³⁰ / 3. ⁷⁰
Mocha	3. ⁵⁰ / 3. ⁹⁰
Iced Coffee	3. ⁷⁰
Breakfast Tea	2. ⁸⁰
Earl Grey	
Green Tea	
Fresh Mint Tea	
Soy / Almond / Oat / Coconut	—. ⁵⁰
Decaf	—. ³⁰
Matcha Latte	3. ³⁰ / 3. ⁷⁰
Turmeric Latte	
Beetroot Latte	
Chai Latte	



Bottomless Brunch.

Join us at our restaurants every weekend for bottomless prosecco and bloody marys - ninety minutes of as much as you can (responsibly) drink for 14.⁵⁰



Grind at Home.

Introducing our compostable, organic coffee capsules for your Nespresso® machine. Take £5 off your first two deliveries when you subscribe at grind.co.uk/pods and use code: ALLDAY819.

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All-day menu, served from midday until one hour before closing.

Smalls to Share.

Fish fingers, mustard mayo	4. ⁵⁰	Padron peppers, maldon salt ^{VG}	4. ⁵⁰
Smashed avocado, taro chips ^{VG, GF} 	7.—	Hummus, flatbread, aubergine, shiitake ^{VG}	7.—
Fried chicken, pickled radish, spiced mayo ^{GF}	7.—	Fried courgette, lemon, tofu aioli ^{VG, GF}	4. ⁵⁰
Spinach, goats cheese croquettes ^V	5.—	Burrata bruschetta, avocado, corn, chilli ^V	6. ⁵⁰
Salt & pepper squid, jalapeño aioli	6. ⁵⁰	Beetroot salmon tartare, sesame ^{GF}	7.—

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Grind sweet potato burger, fries ^V	12. ⁵⁰

Brunch, all day, every day.

Smashed avocado, poached egg, chilli, toast	9.—
add feta ^V , bacon	2. ⁵⁰
house-cured beetroot salmon	4.—
Sweet potato harissa cakes, poached egg ^V	9. ⁵⁰
One-pan eggs, peppers, chilli, toast ^V	9.—

Sides.

Sweet potato, lime yoghurt, nuts ^V	3. ⁵⁰
Skin-on fries / sweet potato wedges	4.—
Watermelon, cucumber, feta, chilli ^{V, GF}	4.—

Cold-Pressed Juice.

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