

# GRIND

## Smalls.

|   |                  |   |                  |
|---|------------------|---|------------------|
| Fish fingers, mustard mayo                    | 6.—              | Padron peppers, maldon salt <sup>VG</sup>                   | 5. <sup>50</sup> |
| Smashed avocado, taro chips <sup>VG, GF</sup> | 8.—              | Hummus, flatbread, spiced aubergine, shiitake <sup>VG</sup> | 7.—              |
| Chicken wings, chilli, sesame                 | 8. <sup>50</sup> | Green goddess, raw vegetables <sup>VG</sup>                 | 7. <sup>50</sup> |
| Spinach, goats cheese croquettes <sup>V</sup> | 6. <sup>50</sup> | Burrata bruschetta, avocado, corn, chilli <sup>V</sup>      | 7. <sup>50</sup> |
| Fish cakes, Marie Rose                        | 8.—              | Salt & pepper squid, jalapeño aioli                         | 7. <sup>50</sup> |

## Meat & Fish.

|  |                   |
|--|-------------------|
| Grind cheeseburger, skin-on fries                        | 12. <sup>50</sup> |
| <i>add bacon / fried egg / avocado</i>                   | 2.—               |
| Buttermilk fried chicken sandwich, fries                 | 12. <sup>50</sup> |
| Flat-iron steak, bearnaise <sup>GF</sup>                 | 11.—              |
| <i>add skin-on fries</i>                                 | 4.—               |
| Flat-iron chicken, broccoli, baby potatoes <sup>GF</sup> | 13. <sup>50</sup> |
| Pork chop, oregano, chilli <sup>GF</sup>                 | 10.—              |
| Stonebass, wild mushrooms <sup>GF</sup>                  | 14.—              |
| Lamb rump, artichoke, peas                               | 18.—              |
| Prawn tagliatelle, tomato, chilli                        | 14.—              |

## Coffee Cocktails.

|   |                  |
|---|------------------|
| Grind Espresso Martini  | 9.—              |
| <i>Grind House Blend, vodka, sugar</i>                                |                  |
| Hot Flat White Russian  | 9.—              |
| <i>Grind House Blend, Grey Goose, Tia Maria, milk</i>                 |                  |
| Espresso Old Fashioned  | 9.—              |
| <i>Grind House Blend, Wild Turkey, espresso syrup, bitters</i>        |                  |
| Dangerously Good  | 9.—              |
| <i>Grind Filter, Jameson, Tia Maria, Bailey cream, sugar</i>          |                  |
| Chai Your Luck  | 9. <sup>50</sup> |
| <i>Grind House Blend, Woods Old Navy rum, chai, oat milk</i>          |                  |
| Vanilla Noisette Frappucino   | 9.—              |
| <i>Grind House Blend, Grey Goose La Vanille, Frangelico, oat milk</i> |                  |

## Vegetables & Grains.

|  |                  |
|--|------------------|
| Savoy cabbage, beets, walnuts, sumac <sup>VG</sup>       | 8. <sup>50</sup> |
| Wild rice, squash, sprouts, pomegranate <sup>VG</sup>    | 9. <sup>50</sup> |
| Sweet potato harissa cakes, poached egg <sup>V</sup>     | 9. <sup>50</sup> |
| Mushroom lasagne, smoked cheese <sup>V</sup>             | 12.—             |
| Gnocchi, tomato, pine nuts, basil <sup>V</sup>           | 11.—             |
| Pak choi, aubergine, courgette, sesame <sup>VG, GF</sup> | 9.—              |

## Sides.

|   |                  |
|---|------------------|
| Heritage tomato, cucumber, feta <sup>GF</sup>     | 4. <sup>50</sup> |
| Sweet potato, lime yoghurt, nuts <sup>V</sup>     | 4. <sup>50</sup> |
| Charred carrots, feta, harissa, nuts <sup>V</sup> | 5.—              |
| Baby potatoes, egg, crème fraiche <sup>GF</sup>   | 4.—              |
| Skin-on fries / Sweet potato wedges <sup>V</sup>  | 4.—              |

## Desserts.

|   |     |
|---|-----|
| Set buttermilk, honeycomb, plum                   | 4.— |
| Grind House Blend affogato, amaretti <sup>V</sup> | 4.— |
| Blueberries, cream, biscuit                       | 6.— |
| Hot apple crumble sundae <sup>V, GF</sup>         | 6.— |
| Ice cream (per scoop) <sup>V, GF</sup>            | 2.— |
| Grind Coffee Liqueur                              | 4.— |