

Pork Chops

Set temperature to 375°F and sear all the way around the edges of the pork chop, then cook for the recommended time on each side.

THICKNESS <i>in inches</i>	MEDIUM <i>minutes per side</i>	MEDIUM WELL <i>minutes per side</i>
1/2"	1m 50s	2m 30s
5/8"	2m 20s	3m 15s
3/4"	3m	4m 30s
7/8"	4m	5m 45s
1"	5m 15s	7m
1 1/8"	6m 30s	8m 30s
1 1/4"	7m 30s	9m 45s