

Introduction

There are only two ways to grow a plant, the right way, and the wrong way? Yes, you can still grow a plant the wrong way. I prefer to look at it as your way or nature's way. I can definitely tell you which way a plant prefers to grow. It's not that your way is wrong if you're working WITH nature.

However, we're only human. There's a side to us that is against nature, a side that tries to convince us we can do it better than nature. Humans will always make something more difficult than it needs to be.

After reading this book, I hope it enlightens you to completely change your perspective, guide you through growing and improving your gardening skills, or maybe just to serve as a confirmation of what you're already doing.

For several years we've read books on how to turn your brown thumb into a green thumb. While I've always strived to accomplish this, I began to realize that I had more than one green thumb. I decided to turn both thumbs green and double my efforts.

The truth was, I couldn't have a green thumb without first having a brown thumb. I'll explain why a brown thumb is so important yet misunderstood. First let me back up a bit.

Ever since growing plants as a boy, I've been fascinated by how a plant can grow from seed to a giant structure in the matter of a season, but how? I was taught by my father and uncle that a plant needed 2 things to grow, food and water. Maybe there was the whole sunlight process too...I don't know, but I knew what water was. However, the whole food thing was a bit of a mystery.

That's when root uptake was explained to me in the form of synthetic chemical compounds. Suddenly, it all made sense to me. "You mean all we have to do is sprinkle these pellets into the soil and the plant eats it?" The rest was history, and we ate so many wonderful things from our 1-acre garden.

I didn't know HOW it worked. I only knew that it DID work. Frankly, that's the way they knew it too!

Brown Thumb Green Thumb

As I grew into a young man, I wanted to return to my “roots”. I told my wife I was going to grow some tomatoes in the backyard, and thus, it was so. I made extra sure to sprinkle some of that “magic”, fairy dust compound (cough, cough) into the soil through “natural instinct” as I was taught.

Year after year, I tried to grow that ONE perfect tomato plant. I would water and prune, weed and feed, pull off as many tomato worms as I could find, and even pollinate here and there. I felt as if I had the greenest thumb on the block, but my tomatoes were few and my plants just looked like vines.

They looked proud on the outside but yielded little fruit. I felt the same way too. I looked like a proud gardener (to passersby) with the tools and know how, but my efforts were fruitless.

I didn't understand what I was doing wrong. What more could I possibly do for my plants? I gave them everything they needed. So, like most people, I went searching for the answers.

Everything I pulled up on the Internet was overwhelming. Everyone had their way of gardening. In all honesty, I have mine too. What do I do? Who do I follow? Whose advice do I implement first?

One thing kept sticking out in my mind and seemed to pop up more than anything else the more I researched. It was THE WORM.

Now, I'm not writing a book about worms, been there, done that. However, all of the pictures and mentions of worms led me back to my childhood days of playing in the dirt, garden, and almost anywhere. It caused me to ask questions like, where can worms be found, why are they everywhere? What's their main purpose?

Some of these things I knew and some I had long forgotten since elementary school, but it instantly hit me that there was a coexistence between plants and worms. Worms are found nearly everywhere plants are. They don't prey on each other, but rather benefit from each other.

If they coexist with each other, what are their roles? This led me to wonder what else is going on beneath the plants.

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As my green thumb began to click around, I absorbed all the information I could. I noticed a world, that neither I, nor most of science has yet to discover to this day. This world I'm just beginning to discover is, SOIL!

Our ancestors new how to grow organic food very well, even 150 years ago, but they still had their struggles. This led to the invention of “wonderful” breakthroughs in science, known as, chemicals.

Through over a century of using synthetic fertilizers, we've learned how harmful and degrading it is to the soil. It kills beneficial microbes. Heavy metals, salts, and nitrites leach into rivers and oceans. It's not making us healthy but quite the opposite.

This would ultimately lead to my success as a gardener and the missing link to growing something I could actually be proud of. **It would lead me to discover my brown thumb.** For you cannot just focus on the plant, but **you must first build the foundation that every plant needs to not only live but thrive.**

Join me in this journey that many people and scientists are discovering. We're returning to the foundational principles that make the world operate in harmony. We barely know anything about the microscopic and symbiotic world beneath our toes.

We're beginning to pioneer and spearhead major efforts in unlocking the full potential of this secret underworld. We're discovering how plants communicate with microbes and how they tap into major underground networks for the exchange of nutrients. **Living soil is a new frontier. We've only just begun.**

We're discovering how every mineral has a purpose and how minerals team with other minerals. We've hardly scratched the surface in understanding the full potential of the light spectrum, not just from the sun, but through the latest technological advancements in controlling LED levels, colors, and outputs.

So, if you're just beginning in the world of gardening or you're already a green thumb, join me in discovering your brown thumb and unlock the secrets to growing something amazing.

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We'll discuss:

- What living soil is,
- The many microbes and macrobes coexisting,
- Why carbon matter is the basic catalyst for all soil and plant life
- How plants eat, breathe, and grow.
- Advancements in photosynthesis
- Why several minerals play a huge role in growing, and
- My recipes, methodology, and advice

You'll discover how simple everything is once you know how it works. You'll come to understand that having a brown thumb doesn't mean lack of skill. It means experience. So, **get ready to combine the theory of not only working hard, but smart.** Get ready to put both thumbs to work to not only grow something healthy but to grow something amazing. **If you can get the soil right, you will get the plant right.**

