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# Evaluation of active hexose correlated compound (AHCC) for the Eradication of HPV Infections in Women with HPV positive Pap Smears

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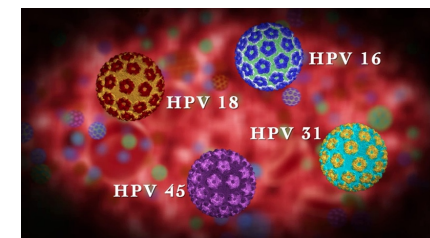
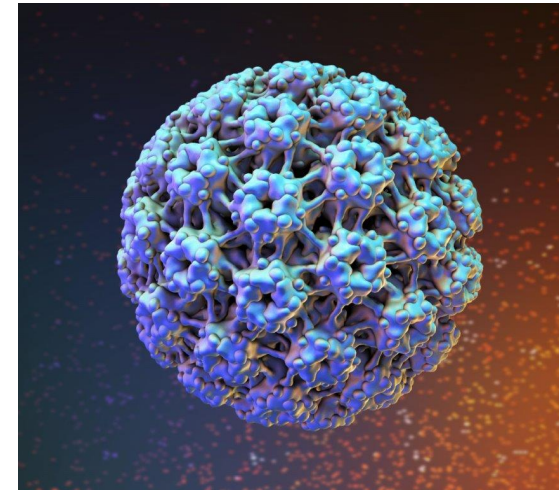


# Disclosures

- I have received unrestricted research funding from the following companies in the past 12 months but all unrelated to research being presented today:
  - Janssen Pharmaceuticals
  - Astellas
  - Marinova, LTD
  - Amino Up Chemical, LTD
  - SignPath Pharmaceuticals, LTD
  - Merck Medical Foundation
- I have previously served on the Scientific Medical Advisory Board for AdvoCare International, LTD.

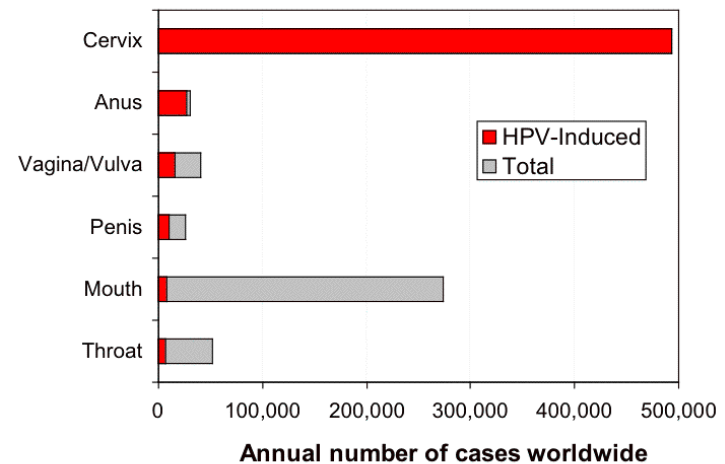
# Human Papillomavirus (HPV)

- Non-enveloped dsDNA virus
  - Infects epithelial and mucosal surfaces.
- HPV is a very common viral infection
  - 230 subtypes of HPV that have been identified,
    - one hundred human subtypes
- Fifteen of the human HPV subtypes are carcinogenic  
The most common subtypes: HPV 16, 18, 31, 39, and 41
  - HPV appears to be an important co-factor in the development of dysplasia and cancer
    - **it does not cause either condition by itself**



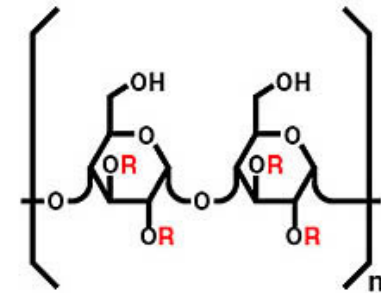
# HPV and cancer

- HPV DNA has been detected
  - 99 % of cervical cancers
  - 95% of anal cancers
  - 60 % of oropharyngeal cancers
  - 65 % of vaginal cancer
  - 50 % of vulvar cancer
  - 35 % of penile cancer
- There is no cure for HPV infections
  - Prevention by vaccination
  - Detection by Pap smear for cervical cancer
  - No current treatment for infection
    - Topical treatments of HPV related genital warts

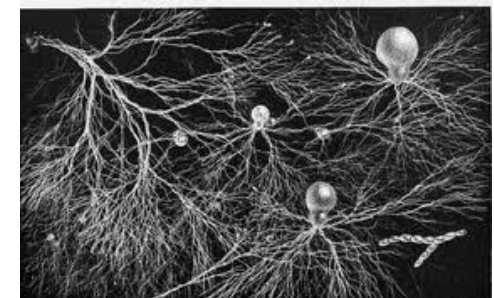


# Active Hexose Correlated Complex (AHCC)

- Prepared from cultured mycelium of a Basidiomycetes
  - Main component of AHCC is acetylated  $\alpha$ -glucan
- Proposed benefits
  - Immunomodulatory
  - Anti-hepatitis
  - Anti-diabetes
  - Anti-hyperlipidemia
  - Improvement in QOL
  - Anti-tumor effects
    - Safety with chemotherapy



$\alpha$ -1,4 glucan (R: H or CH<sub>3</sub>CO-)



# AHCC- HPV Pre-clinical Studies Summary

- *In vitro* studies
  - Confirmed eradication of HPV
    - Dosed with AHCC 42 mg/mL every 24 hours for 7 days
      - Achieved HPV negative after 24 hours
    - Followed by 7 days of no treatment
      - Confirmed HPV negative
- *In vivo* studies
  - HPV 16<sup>+</sup>/18<sup>+</sup> expression was eradicated with once daily AHCC (50 mg/kg) dosing for 90 days
    - Confirmed durable response after 30 day observation with no treatment.
  - Repeated study above to evaluate mechanism of AHCC eradication of HPV
    - Confirmed HPV eradication
    - Modulation of interferon beta/alpha/gamma and IgG
  - Evaluated in cervical cancer treatment model (HPV 16<sup>+</sup>/18<sup>+</sup> and HPV<sup>-</sup> models) AHCC + cisplatin compared to cisplatin alone
    - Confirmed HPV eradication
    - Observed improved cisplatin activity in both tumor models

# Study Objectives

- Evaluate the efficacy of active hexose correlated compound (AHCC) to eradicate HPV infections in women with HPV positive/negative cytology PAP smears.
- Define the duration of therapy of AHCC required for treatment of HPV infections.
- Determine the durability of response to active hexose correlated compound (AHCC).

# Inclusion Criteria

- Women over 30 years of age who have a HPV positive test and normal/negative cytology, atypical cells, ASCUS, or CIN1 or CIN2 cervical dysplasia within three months of study entry. This will minimize potential confounders such as immune modulation that may possibly clear the infection which is common in women under the age of 26.
- Women must have had another HPV positive test with normal/negative cytology within no less than 6 months and no more than 18 months prior to study entry. (This is to help establish persistent HPV infection)
- Negative urine pregnancy test within 7 days of therapy start.
- Patients must have adequate hematologic, renal, and hepatic function: ANC  $\geq$  1,500 cells/mm<sup>3</sup>, platelets 100,000  $\geq$  cells/mm<sup>3</sup>; Creatinine clearance  $\geq$  60 mL/min (estimated by Cockcroft Gault equation), total bilirubin, SGPT, SGOT, and alkaline phosphatase  $\leq$  1.5 times normal.
- Patients must sign an approved informed consent indicating that they are aware of the investigational nature of this study.
- Patients must agree to return to clinic for repeat HPV+ testing and complete medication administration calendar.



# Exclusion Criteria

- History of myocardial infarction within past 6 months, unstable angina, CHF, or uncontrolled hypertension (> 140/90).
- Women with a current or prior diagnosis of cancer.
- Women with a current diagnosis of CIN3 cervical dysplasia
- Women that are pregnant or breast feeding.
- Women with a history of Hepatitis (autoimmune, A, B, or C) or antigen positive.
- Patients with history of significant psychiatric disorders (schizophrenia, bipolar, psychosis) or uncontrolled seizures.
- Patients with significant medical co-morbidities at the discretion of the primary Gynecologist. Including immunosuppressive conditions (i.e. HIV+, rheumatoid arthritis, etc) or taking immune modulation medications (i.e. immunosuppressants)
- Patients who have undergone a hysterectomy (supracervical hysterectomy allowed)

# Study Design

## *Treatment*

- **Initial:**
  - AHCC 3 grams once daily with or without food
  - Weekly HPV testing x 5 weeks
  - Stopped with first negative result
- **First Amendment:**
  - AHCC 3 grams daily without food
  - Monthly HPV testing
  - Stopped with first negative result
- **Second Amendment:**
  - AHCC 3 grams daily without food
  - Monthly HPV testing
  - Continue AHCC minimum of three months
    - At least one month after first negative result
- **Final Amendment:**
  - AHCC 3 grams daily without food
  - Monthly HPV testing
  - Continue AHCC minimum of three months up to six months
    - At least one month after first negative result

# Study Design

## Monitoring



- **HPV testing:**
  - OutReach Laboratory, *The University of Texas Health Science Center at Houston Medical School (UT Health)*
  - Thin Prep brush sample
    - HPV testing was completed with the **Cervista HPV HR Test** (Hologic, Inc., Bedford, MA)
- **Immunological marker monitoring**
  - Core Pharmacology Laboratory, Department of Obstetrics, Gynecology & Reproductive Sciences, UTHealth – *The University of Texas Health Science Center at Houston Medical School*
  - Blood samples obtained at each visit
    - IgG
    - Interferon (IFN) alpha
    - Interferon (IFN) beta
    - Interferon (IFN) gamma

# Results

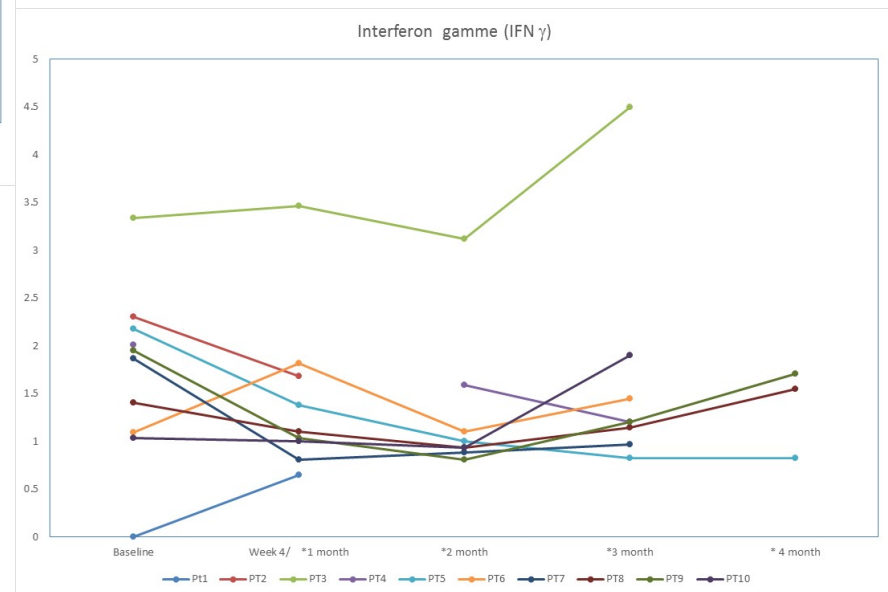
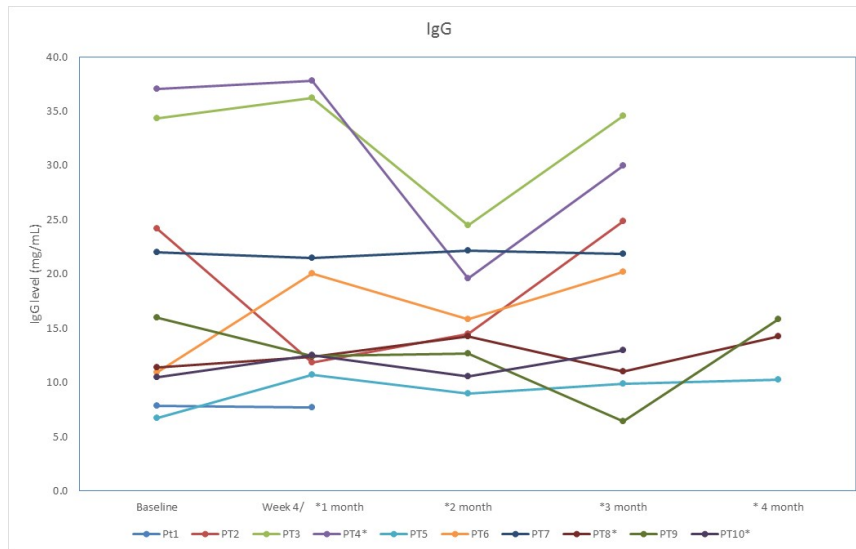
- A total of ten HPV+ women were enrolled on study.
- Patient Demographics:

<b>N=10</b>	<b>Mean (Stdev)</b>
<b>Age</b>	44.6 (+/-8.8)
<b>Race</b>	All white
<b>Ethnicity</b>	2- hispanic/latino 8 non-hispanic/latino
<b>BMI</b>	26.6 (+/- 4.5)
<b># Sexual Partners</b>	20 (+/- 28)

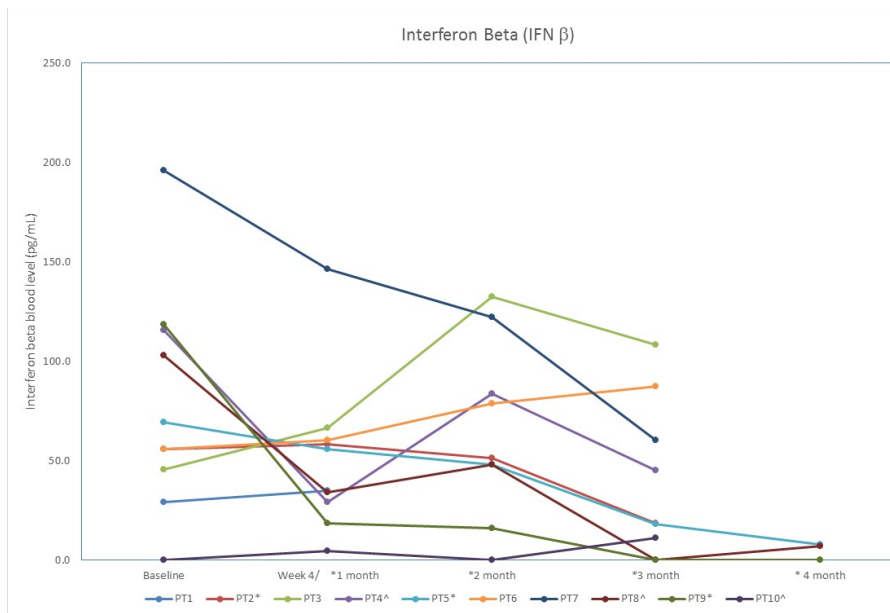
# Results

- HPV Response Summary
  - Five patients achieved negative HPV result
    - Three patients Confirmed Eradication (1 month off treatment)
      - » Two after three months
      - » One after 6 months
    - Two patients currently still on AHCC
  - Five patients did not achieve negative HPV result
    - One had 5 weeks of AHCC
    - One had 8 weeks of AHCC
    - Three had 3 months of AHCC

# Results

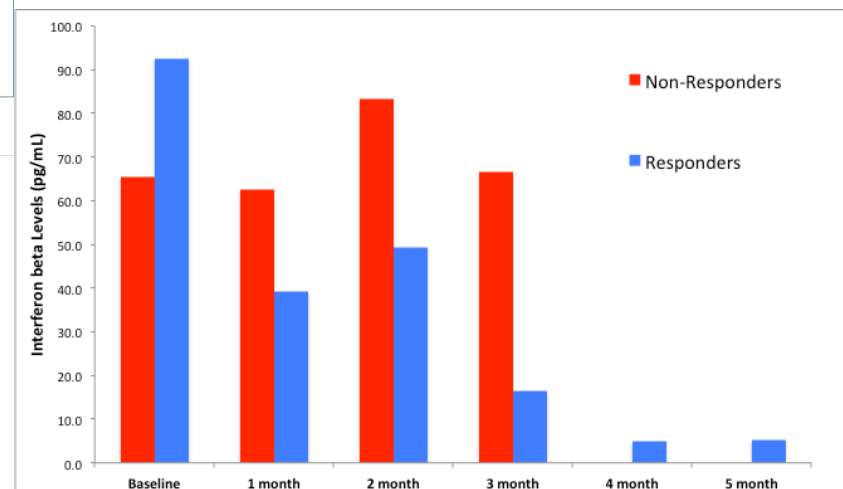


# Results



Note: IFN  $\beta$  is Type 1 IFN

- associated with virulence
- High levels suppress production of IFN  $\gamma$  and NK/T-cell cytotoxic cell immunity



# Conclusions

- Preliminary results from this pilot study confirm our previous preclinical findings that AHCC appears to be effective for eradication of HPV infections.
  - 5/10 patients achieving response
  - Interferon beta appears to be marker for monitoring for HPV response.
- Further investigation in a formal phase II randomized placebo controlled study is underway.
  - Will also evaluate NK cell response with IFN  $\gamma$  and IFN  $\beta$ 
    - Resolution of HPV infections is mediated via CD8+ cytotoxic T-cell response
      - Elevated levels of NK, IFN  $\gamma$  and IL-2



Double-blind, crossover, placebo-controlled randomized Phase II trial to evaluate efficacy of AHCC to eradicate high-risk HPV infections in women with persistent HPV infection

- **Study Objectives:**

- Evaluate the efficacy of active hexose correlated compound (AHCC) to eradicate HPV infections in women with HPV positive with normal (non-cancer) PAP smears.
- Observe the durability of response to active hexose correlated compound (AHCC).
- Define the adverse effects of AHCC compared to placebo.

- **Patient Eligibility:**

- Women over the age of 30 years of age
- Confirmed persistent high risk HPV infection
- Current HPV Positive test results and at least one other positive test greater than 6 months ago but also within past 18 months
- If of child bearing age, negative pregnancy, no breast feeding and agree to use approved contraception for duration of study
- Patients must agree to return to clinic for repeat HPV+ testing and complete medication administration calendar
- No prior current diagnosis of any cancer
- No current diagnosis of CIN3
- Not have taken AHCC within past 6 months.
- Women with a history of Hepatitis (autoimmune, A, B, or C) or antigen positive
- Patients with history of significant psychiatric disorders (schizophrenia, bipolar, psychosis) or uncontrolled seizures.
- Patients with significant medical co-morbidities at the discretion of the primary Gynecologist. Including immunosuppressive conditions (i.e. HIV+, rheumatoid arthritis, etc) or taking immune modulation medications (i.e. immunosuppressants)
- Patients who have undergone a hysterectomy (supracervical hysterectomy allowed)

# Treatment Plan

- **Study Treatment Plan:**
  - Patients randomized to:
    - **Group A** that will take AHCC 3000 mg (six capsules) by mouth once daily without food for six months followed by placebo by mouth once daily without food for six months
    - OR**
    - **Group B** that will take placebo by mouth once daily without food for six months followed by AHCC 3000 mg (six capsules) by mouth once daily without food for six months.
  - Testing during study:
    - HPV test once every 3 months during study treatment (12 months) and then one follow up 6 month post completion of study treatment
    - 3 mL research blood sample
    - Medication/side effect diary maintained for duration of study treatment
  - Time Commitment:
    - Clinic visit once every 3 months during 12 months of treatment with one follow up appointment six months post completion of study treatment.

## Interested in enrolling contact:

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- Pranav Nyshadham, M.S.
- Maryam Burney, B.S.
- Mary Alice Sallman, BS
- Keenan Garrett, BS



- **Protocol Collaborators:**

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*"The mission of the Women's Health Integrative Medicine Research Program is to advance the progress of the safe and effective use of nutritional and herbal supplements with pharmacologic modalities as it relates to women's health and cancer through innovative thinking, systematic methodology and collaborative interactions throughout the UTHealth System and global research community."*