

SPRING CLEAN

WORK ROOM BY ROOM. GO THROUGH THE LIST AND TICK OFF EACH TASK FOR AN ENTIRE ROOM BEFORE MOVING ONTO A NEW AREA OF THE HOME. CLEAN FROM TOP TO BOTTOM, AND LEFT TO RIGHT.

EVERY ROOM

- Gather everything that needs to go in the washing machine. Cushion covers, couch throws, bath mats, shower curtains, even your regular curtains if you have ones that are suitable for the washing machine. Have the machine running while you're doing everything else. It also opens up a lot more room for dusting and cleaning.
- Dust every surface. Hanging light fixtures, ceiling fans, the tops of cupboards, picture frames, blinds, and don't forget the top of your doors!
- Wash your walls. Especially in the kitchen! Where you can safely reach, it is also a good idea to clean your ceilings, focusing on any marks.
- Clean all windows and window sills - ensuring to get in all the openings.
- Disinfect all light switches, power points and door handles. Plus any other frequently touched tech and remotes you may have in your home.
- Dust and wipe along all skirting boards.
- Mop and vacuum all flooring, mats and rugs.

BATHROOM

- Sort through all cabinets and drawers, making sure to check expiry dates on beauty products and discarding of anything old.
- Wash your shower curtain and bath mats.
- Scrub the shower, bath, sink and toilet.
- We like to finish by adding a new diffuser to the room.

BEDROOM

- Wash all bedding and pillows.
- Flip your mattresses and give them a vacuum.
- Give your bedside tables, drawers, and closets a good sort through and organise.

KITCHEN

- Clean the fridge. Sort through all sauces, condiments and preserves. Check the expiry dates and make the call on whether it's keep or clean out. Empty everything out of the fridge and give the shelves, handles and walls a really good clean.
- Empty out the pantry and wipe down all areas.
- Pull out the fridge and clean behind/beneath it. Please ask a friend to help with this if it is too heavy.
- Pull out all small appliances and wipe them down thoroughly. This includes cleaning out the crumb tray from your toaster! Put aside whilst cleaning the rest of the kitchen.
- Assess your storage needs, as now is a good time to invest in new containers/ jars to make your pantry and fridge more organised.
- Clean the oven.
- Thoroughly clean your sink, sink tray and dish rack if you have one.
- Clean the kick-boards.

LAUNDRY

- Clean your washing machine and dryer. Wash the detergent tray, wipe down the exterior and interior of the machine. Thoroughly clean the lint trap on your dryer.
- If you can, pull out the washer and dryer and clean behind them.

OUTDOORS

- Wash the outside of your windows.
- Hose down your bins.
- If you have a garage, give this a reorganise/clear out.
- Water-blast any decking or paths.