

Help Raise Social, Math and Reading Confidence  
52 Teams of 8 Helped Make Humanity Great  
Cooler than Cool... it's FREE Easy!

Free Easy  
**Motivational  
Education**  
Encourages & Entertains  
To Be Wiser & Kinder  
**EBME**  
@Stop2Think.com

Free Easy  
**Math Wisdom**  
with Octo-Repetition  
Grows Math Self-Confidence  
@Stop2Think.com

Do  
Their  
Future a  
Favor!

Free Easy  
**Reading Faster**  
Timed Repetitive Practice  
Grows Self-Confidence  
@Stop2Think.com

Free Easy  
**Alpha Coded  
Cypher Puzzles**  
Grow Self-Confidence  
@Stop2Think.com

Little deeds are like little seeds,  
they grow to flowers or to weeds.  
Daniel D. Palmer 1845 - 1918

Plant Seeds of Wisdom to Grow S.T.E.M. Jobs!  
GuideALife.com with MotivationalEducation.com

Team 4 of 52 Teams of 8

## **Why I started “Motivational Education Workbooks”**

I started GuideALife.com because my wife and I live in Florida but most of our Grandkids live in California. Since I only get to see my "West Coast Treasures" a few weeks in a good year, I wanted to make sure that my 5 grandchildren on both East and West coasts of America (not 5 on each) grow up with more exposure to, and hopefully inspiration from some of the Proven Wisdom that have Encouraged, Educated and Entertained Generations for Centuries.

I started sending my grandkids custom calendars I designed called “Holidaze de Jour” that included a couple of very old quotes to Inspire and Motivate themselves and others.

I was sending them the Calendars every month for years. But the kids were growing fast, and I wanted to share those Wisely Inspired Quotes with them on a more repetitive basis than once a month, so I designed tee shirts with those quotes called: PrettyWittyKids, YouthfulTruths and SocialEqualitees.

Then... Covid hit and closed their schools for months, so I used those 52 teams of 8 Quotees for Easy Math equations to help them keep their math skills sharp and still Encourage, Educate or Entertain them with whichever of the quotes that touches their heart and helps them grow into successful happy adults. I added the Cypher Puzzles at my step-son Rocky’s suggestion and Faster Reading Practice next.

**Good Luck, I Know You Can Do it!**

# **Lou Valliere**

[GrandPaLou@GuideALife.com](mailto:GrandPaLou@GuideALife.com)



**Free Easy**  
**Alpha Cypher**  
**Coded Quizzes**  
**Grow Self Confidence**  
**@Stop2Think.com**

Learning to read "See Spot run" might be fun... but couldn't learning to read "Good, better, best, never let it rest, till your good is better and your better is best." do their future a favor planting seeds for success? It even has a nice memorable rhythm when repeated.

**Motivational Education helps teach the Alphabet, Numbers, Sentences and Phrases using Classic Antique Wisdoms that Have Passed the Test of Time to Encourage, Educate and Entertain Generations for Centuries!**

# Easy Alpha Cypher Puzzles

## Teach Letters+Numbers+Words+Phrases

Match the **Red Letter/Number code** with the **Alpha Characters** and Copy those **Alpha Letter/Numbers** into the matching blank spaces below.

Upper Case	>	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R
Code Red Key	>	C	y	p	h	e	r	W	i	s	d	o	m	1	2	3	4	5	6
Lower Case	>	a	b	c	d	e	f	g	h	i	j	k	l	m	n	o	p	q	r
Upper Case	>	S	T	U	V	W	X	Y	Z	0	1	2	3	4	5	6	7	8	9
Code Red Key	>	7	8	9	10	11	12	13	14	‡	↔	↑	←	→	‡	↓	↙	↘	↳
Lower Case	>	s	t	u	v	w	x	y	z	0	1	2	3	4	5	6	7	8	9

O s 2 h 2 e 7 7    s 7    8 i e    7 9 2 7 i s 2 e  
s 2    11 i s p i    10 s 6 8 9 e    w 6 3 11 7.  
6 3 y e 6 8    W.    S 2 w e 6 7 3 m m  
 ↔    ↙    ‡    ↘    -    ↔    ↙    ↳    ↳

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The Answer can be found at 4.1 of 400+ Quotes at [www.AntiqueWisdoms.com](http://www.AntiqueWisdoms.com)

# Easy Alpha Cypher Puzzles

## Teach Letters+Numbers+Words+Phrases

Match the **Red Letter/Number code** with the **Alpha Characters** and Copy those **Alpha Letter/Numbers** into the matching blank spaces below.

Upper Case	>	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R
Code Red Key	>	C	y	p	h	e	r	W	i	s	d	o	m	1	2	3	4	5	6
Lower Case	>	a	b	c	d	e	f	g	h	i	j	k	l	m	n	o	p	q	r
Upper Case	>	S	T	U	V	W	X	Y	Z	0	1	2	3	4	5	6	7	8	9
Code Red Key	>	7	8	9	10	11	12	13	14	‡	↔	↑	←	→	‡	↓	↙	↖	↳
Lower Case	>	s	t	u	v	w	x	y	z	0	1	2	3	4	5	6	7	8	9

W 3 3 h 2 e 7 7 s 7 8 i e 3 2 m 13  
S 2 10 e 7 8 1 e 2 8 8 i c 8  
2 e 10 e 6 r c s m 7.  
l e 2 6 13 H c 10 s h 8 i 3 6 e c 9  
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The Answer can be found at **4.2** of 400+ Quotes at [www.AntiqueWisdoms.com](http://www.AntiqueWisdoms.com)

# Easy Alpha Cypher Puzzles

## Teach Letters+Numbers+Words+Phrases

Match the **Red Letter/Number code** with the **Alpha Characters** and Copy those **Alpha Letter/Numbers** into the matching blank spaces below.

Upper Case	>	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R
Code Red Key	>	C	y	p	h	e	r	W	i	s	d	o	m	1	2	3	4	5	6
Lower Case	>	a	b	c	d	e	f	g	h	i	j	k	l	m	n	o	p	q	r
Upper Case	>	S	T	U	V	W	X	Y	Z	0	1	2	3	4	5	6	7	8	9
Code Red Key	>	7	8	9	10	11	12	13	14	‡	↔	↑	←	→	‡	↓	↙	↖	↳
Lower Case	>	s	t	u	v	w	x	y	z	0	1	2	3	4	5	6	7	8	9

S 2 h e 4 e 2 h e 2 p e  
s 7 i c 4 4 s 2 e 7 7.  
7 9 7 c 2 Y. C 2 8 i 3 2 13  
↔   ↖   ↑   ‡   -   ↔   ↳   ‡   ↓

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The Answer can be found at 4.3 of 400+ Quotes at [www.AntiqueWisdoms.com](http://www.AntiqueWisdoms.com)

# Easy Alpha Cypher Puzzles

## Teach Letters+Numbers+Words+Phrases

Match the **Red Letter/Number code** with the **Alpha Characters** and Copy those **Alpha Letter/Numbers** into the matching blank spaces below.

Upper Case	>	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R
Code Red Key	>	C	y	p	h	e	r	W	i	s	d	o	m	1	2	3	4	5	6
Lower Case	>	a	b	c	d	e	f	g	h	i	j	k	l	m	n	o	p	q	r
Upper Case	>	S	T	U	V	W	X	Y	Z	0	1	2	3	4	5	6	7	8	9
Code Red Key	>	7	8	9	10	11	12	13	14	‡	↔	↑	←	→	‡	↓	↙	↘	↳
Lower Case	>	s	t	u	v	w	x	y	z	0	1	2	3	4	5	6	7	8	9

W 3 3 h, Y e 8 8 e 6, Y e 7 8. 2 e 10 e 6  
m e 8 s 8 6 e 7 8, 8 s m m 13 3 9 6 w 3 3 h h 7  
y e 8 8 e 6 c 2 h 13 3 9 6 y e 8 8 e 6 h 7 y e 7 8.  
7 8. d e 6 3 1 e  
← → ↙ ↘ CH - ↗ ↑ ‡ CH

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The Answer can be found at 4.4 of 400+ Quotes at [www.AntiqueWisdoms.com](http://www.AntiqueWisdoms.com)

# Easy Alpha Cypher Puzzles

## Teach Letters+Numbers+Words+Phrases

Match the **Red Letter/Number code** with the **Alpha Characters** and Copy those **Alpha Letter/Numbers** into the matching blank spaces below.

Upper Case	>	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R
Code Red Key	>	C	y	p	h	e	r	W	i	s	d	o	m	1	2	3	4	5	6
Lower Case	>	a	b	c	d	e	f	g	h	i	j	k	l	m	n	o	p	q	r
Upper Case	>	S	T	U	V	W	X	Y	Z	0	1	2	3	4	5	6	7	8	9
Code Red Key	>	7	8	9	10	11	12	13	14	‡	↔	↑	←	→	‡	↓	↙	↘	↳
Lower Case	>	s	t	u	v	w	x	y	z	0	1	2	3	4	5	6	7	8	9

1 c 2   c 6 6 s 10 e 7   c 7   c   2 3 10 s p e  
c 8   e c p i   c w e   3 r   i s 7   m s r e .  
2 s p 3 m c 7   P i c 1 r 3 6 8  
↔   ↙   →   ↔   -   ↔   ↙   ↳   →

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The Answer can be found at **4.5** of 400+ Quotes at [www.AntiqueWisdoms.com](http://www.AntiqueWisdoms.com)



# Easy Alpha Cypher Puzzles

## Teach Letters+Numbers+Words+Phrases

Match the **Red Letter/Number code** with the **Alpha Characters** and Copy those **Alpha Letter/Numbers** into the matching blank spaces below.

Upper Case	>	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R
Code Red Key	>	C	y	p	h	e	r	W	i	s	d	o	m	1	2	3	4	5	6
Lower Case	>	a	b	c	d	e	f	g	h	i	j	k	l	m	n	o	p	q	r

  

Upper Case	>	S	T	U	V	W	X	Y	Z	0	1	2	3	4	5	6	7	8	9
Code Red Key	>	7	8	9	10	11	12	13	14	‡	↔	↑	←	→	‡	↓	↙	↘	↵
Lower Case	>	s	t	u	v	w	x	y	z	0	1	2	3	4	5	6	7	8	9

E 10 e 6 13 w 6 e c 8 h 6 e c 1  
y e w s 2 7 11 s 8 i c h 6 e c 1 e 6.  
l c 6 6 s e 8 8 9 y 1 c 2  
↔ ↙ ↑ ↑ - ↔ ↘ ↔ ↵

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The Answer can be found at **4.6** of 400+ Quotes at [www.AntiqueWisdoms.com](http://www.AntiqueWisdoms.com)

# Easy Alpha Cypher Puzzles

## Teach Letters+Numbers+Words+Phrases

Match the **Red Letter/Number code** with the **Alpha Characters** and Copy those **Alpha Letter/Numbers** into the matching blank spaces below.

Upper Case	>	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R
Code Red Key	>	C	y	p	h	e	r	W	i	s	d	o	m	1	2	3	4	5	6
Lower Case	>	a	b	c	d	e	f	g	h	i	j	k	l	m	n	o	p	q	r
Upper Case	>	S	T	U	V	W	X	Y	Z	0	1	2	3	4	5	6	7	8	9
Code Red Key	>	7	8	9	10	11	12	13	14	‡	↔	↑	←	→	‡	↓	↙	↘	↳
Lower Case	>	s	t	u	v	w	x	y	z	0	1	2	3	4	5	6	7	8	9

l e o 2 3 11 7 2 3 8 i s 7 3 11 2 7 8 6 e 2 w 8 i  
8 i c 8 i c 7 2 3 8 1 e 8 c h 10 e 6 7 s 8 13.  
Y e 2 D 3 2 7 3 2  
↔ ↑ ↙ ↓ - ↔ ↓ ← ↙

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The Answer can be found at **4.7** of 400+ Quotes at [www.AntiqueWisdoms.com](http://www.AntiqueWisdoms.com)

# Easy Alpha Cypher Puzzles

## Teach Letters+Numbers+Words+Phrases

Match the **Red Letter/Number code** with the **Alpha Characters** and Copy those **Alpha Letter/Numbers** into the matching blank spaces below.

Upper Case	>	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R
Code Red Key	>	C	y	p	h	e	r	W	i	s	d	o	m	1	2	3	4	5	6
Lower Case	>	a	b	c	d	e	f	g	h	i	j	k	l	m	n	o	p	q	r
Upper Case	>	S	T	U	V	W	X	Y	Z	0	1	2	3	4	5	6	7	8	9
Code Red Key	>	7	8	9	10	11	12	13	14	‡	↔	↑	←	→	‡	↓	↙	↘	↳
Lower Case	>	s	t	u	v	w	x	y	z	0	1	2	3	4	5	6	7	8	9

C s 1 r 3 6 8 i e l s w i e 7 8.  
C 2 h 6 e 11 P c 6 2 e w s e  
 ↔ ← ↙ ‡ — ↔ ↘ ↔ ↘

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The Answer can be found at 4.8 of 400+ Quotes at [www.AntiqueWisdoms.com](http://www.AntiqueWisdoms.com)

@Stop2Think.com

52 Weeks

# Easy Math Wisdom Workbooks Help Math + Social Confidence

with...

Bits of Wisdom,  
Dashes of History and a  
Bunch of Easy Math!

## Social Wisdoms

Pretty Witty Words of Wisdom  
that Have Passed the Test of Time  
to be Quoted and Shared for Centuries!

## Easy Math to Build Confidence

Years Lived (Birth Year to Final Year)  $\times 8$   
+ Years Since Birth (Birth Year to This Year)  $\times 8$   
+ Years Gone (Final Year to This Year)  $\times 8$   
+ 52 Teams of 8 Helped Make Us All Great  
+ Repetition Helps Build Self-Confidence

## Quotee History

Each Team Member is Famous for What  
They Said or Did that Had an Impact on  
Society and History for Generations

[FreeEasyMathWisdom.com](http://FreeEasyMathWisdom.com)

# FreeEasyMathWisdom.com

## Plant Seeds of Wisdom to Grow S.T.E.M. Jobs!

Math is the basis of all Science, Technology,  
Engineering and Mechanical Careers, as well  
As being important in many well paying jobs.

Help Build Your Child's Math and Social Self  
Confidence with Easy Math Repetition and Antique  
Social Wisdoms that have Encouraged, Educated  
or Entertained Successful Adults for Generations.

# Plant Seeds of Wisdom to Grow S.T.E.M. Jobs with... A Bit of Wisdom, a Dash of History and a Bunch of Easy Math!

**Kindness  
is the sunshine  
in which virtue  
grows.**

**Robert G. Ingersoll  
1857 - 1899**

**Andrew Carnegie**  
Scotland  
Last Yr: 1919  
First Yr: 1835  
Age: \_\_\_\_

**Robert G. Ingersoll**  
New York, U.S.A.  
Last Yr: 1899  
First Yr: 1857  
Age: \_\_\_\_

**Henry David Thoreau**  
Massachusetts, USA  
Last Yr: 1862  
First Yr: 1817  
Age: \_\_\_\_

**Ben Jonson**  
England  
Last Yr: 1637  
First Yr: 1572  
Age: \_\_\_\_

**Susan B. Anthony**  
Massachusetts, USA  
Last Yr: 1906  
First Yr: 1820  
Age: \_\_\_\_

**Harriet Tubman**  
Maryland, USA  
Last Yr: 1913  
First Yr: 1822  
Age: \_\_\_\_

**Nicolas Chamfort**  
France  
Last Yr: 1794  
First Yr: 1741  
Age: \_\_\_\_

**St. Jerome**  
Italy  
Last Yr: 420 AD  
First Yr: 347 AD  
Age: \_\_\_\_

**Week 4.1**

**Stop2THINK**  
EasyMathWisdom.com™

What does this Bit of Wisdom mean to you? \_\_\_\_\_  
\_\_\_\_\_

How Old was he or she? \_\_\_\_ Years since their First Yr/Last Yr? \_\_\_\_ / \_\_\_\_

Add Ages: #1+#2= \_\_\_\_ #3+#4= \_\_\_\_ #5+#6= \_\_\_\_ #7+#8= \_\_\_\_ #?+#?= \_\_\_\_

Avg Ages: #1+#2= \_\_\_\_ #3+#4= \_\_\_\_ #5+#6= \_\_\_\_ #7+#8= \_\_\_\_ #?+#?= \_\_\_\_

All Ages added up? \_\_\_\_ Average Age on team? \_\_\_\_ Avg Age Oldest + Youngest? \_\_\_\_



# Plant Seeds of Wisdom to Grow S.T.E.M. Jobs with... A Bit of Wisdom, a Dash of History and a Bunch of Easy Math!

**Goodness is the only investment that never fails.**

**Henry David Thoreau  
1817 - 1862**

**Andrew Carnegie**  
Scotland  
Last Yr: 1919  
First Yr: 1835  
Age: \_\_\_\_

**Robert G. Ingersoll**  
New York, U.S.A.  
Last Yr: 1899  
First Yr: 1857  
Age: \_\_\_\_

**Henry David Thoreau**  
Massachusetts, USA  
Last Yr: 1862  
First Yr: 1817  
Age: \_\_\_\_

**Susan B. Anthony**  
Massachusetts, USA  
Last Yr: 1906  
First Yr: 1820  
Age: \_\_\_\_

**St. Jerome**  
Italy  
Last Yr: 420 AD  
First Yr: 347 AD  
Age: \_\_\_\_

**Nicolas Chamfort**  
France  
Last Yr: 1794  
First Yr: 1741  
Age: \_\_\_\_

**Harriet Tubman**  
Maryland, USA  
Last Yr: 1913  
First Yr: 1822  
Age: \_\_\_\_

**Ben Jonson**  
England  
Last Yr: 1637  
First Yr: 1572  
Age: \_\_\_\_

**Week 4.2**

**Stop2THINK**  
EasyMathWisdom.com™

What does this Bit of Wisdom mean to you? \_\_\_\_\_

How Old was he or she? \_\_\_\_ Years since their First Yr/Last Yr? \_\_\_\_ / \_\_\_\_

Add Ages: #1+#2= \_\_\_\_ #3+#4= \_\_\_\_ #5+#6= \_\_\_\_ #7+#8= \_\_\_\_ #?+#?= \_\_\_\_

Avg Ages: #1+#2= \_\_\_\_ #3+#4= \_\_\_\_ #5+#6= \_\_\_\_ #7+#8= \_\_\_\_ #?+#?= \_\_\_\_

All Ages added up? \_\_\_\_ Average Age on team? \_\_\_\_ Avg Age Oldest + Youngest? \_\_\_\_



# Plant Seeds of Wisdom to Grow S.T.E.M. Jobs with... A Bit of Wisdom, a Dash of History and a Bunch of Easy Math!

**Independence is happiness.**

**Susan B. Anthony**  
1820 - 1906

**Andrew Carnegie**  
Scotland  
Last Yr: 1919  
First Yr: 1835  
Age: \_\_\_\_

**Robert G. Ingersoll**  
New York, U.S.A.  
Last Yr: 1899  
First Yr: 1857  
Age: \_\_\_\_

**Henry David Thoreau**  
Massachusetts, USA  
Last Yr: 1862  
First Yr: 1817  
Age: \_\_\_\_

**Ben Jonson**  
England  
Last Yr: 1637  
First Yr: 1572  
Age: \_\_\_\_

**Susan B. Anthony**  
Massachusetts, USA  
Last Yr: 1906  
First Yr: 1820  
Age: \_\_\_\_

**Harriet Tubman**  
Maryland, USA  
Last Yr: 1913  
First Yr: 1822  
Age: \_\_\_\_

**Nicolas Chamfort**  
France  
Last Yr: 1794  
First Yr: 1741  
Age: \_\_\_\_

**St. Jerome**  
Italy  
Last Yr: 420 AD  
First Yr: 347 AD  
Age: \_\_\_\_

**Week 4.3** **Stop2THINK**  
EasyMathWisdom.com™

What does this Bit of Wisdom mean to you? \_\_\_\_\_

How Old was he or she? \_\_\_\_ Years since their First Yr/Last Yr? \_\_\_\_ / \_\_\_\_

Add Ages: #1+#2= \_\_\_\_ #3+#4= \_\_\_\_ #5+#6= \_\_\_\_ #7+#8= \_\_\_\_ #?+#?= \_\_\_\_

Avg Ages: #1+#2= \_\_\_\_ #3+#4= \_\_\_\_ #5+#6= \_\_\_\_ #7+#8= \_\_\_\_ #?+#?= \_\_\_\_

All Ages added up? \_\_\_\_ Average Age on team? \_\_\_\_ Avg Age Oldest + Youngest? \_\_\_\_



# Plant Seeds of Wisdom to Grow S.T.E.M. Jobs with... A Bit of Wisdom, a Dash of History and a Bunch of Easy Math!

**Good,  
Better, Best.  
Never Let it Rest,  
till your Good is  
Better and Your  
Better is Best.**

**St. Jerome  
347 AD - 420 AD**

**Andrew Carnegie**  
Scotland  
Last Yr: 1919  
First Yr: 1835  
Age: \_\_\_\_

**Robert G. Ingersoll**  
New York, U.S.A.  
Last Yr: 1899  
First Yr: 1857  
Age: \_\_\_\_

**Henry David Thoreau**  
Massachusetts, USA  
Last Yr: 1862  
First Yr: 1817  
Age: \_\_\_\_

**Ben Jonson**  
England  
Last Yr: 1637  
First Yr: 1572  
Age: \_\_\_\_

**Susan B. Anthony**  
Massachusetts, USA  
Last Yr: 1906  
First Yr: 1820  
Age: \_\_\_\_

**Harriet Tubman**  
Maryland, USA  
Last Yr: 1913  
First Yr: 1822  
Age: \_\_\_\_

**Nicolas Chamfort**  
France  
Last Yr: 1794  
First Yr: 1741  
Age: \_\_\_\_

**St. Jerome**  
Italy  
Last Yr: 420 AD  
First Yr: 347 AD  
Age: \_\_\_\_

**Week 4.4**

**Stop2THINK**  
EasyMathWisdom.com™

What does this Bit of Wisdom mean to you? \_\_\_\_\_

How Old was he or she? \_\_\_\_ Years since their First Yr/Last Yr? \_\_\_\_ / \_\_\_\_

Add Ages: #1+#2= \_\_\_\_ #3+#4= \_\_\_\_ #5+#6= \_\_\_\_ #7+#8= \_\_\_\_ #?+#?= \_\_\_\_

Avg Ages: #1+#2= \_\_\_\_ #3+#4= \_\_\_\_ #5+#6= \_\_\_\_ #7+#8= \_\_\_\_ #?+#?= \_\_\_\_

All Ages added up? \_\_\_\_ Average Age on team? \_\_\_\_ Avg Age Oldest + Youngest? \_\_\_\_





# Plant Seeds of Wisdom to Grow S.T.E.M. Jobs with... A Bit of Wisdom, a Dash of History and a Bunch of Easy Math!

**Man arrives as a novice at each age of his life.**

**Nicolas Chamfort 1741 - 1794**

**Andrew Carnegie**  
Scotland  
Last Yr: 1919  
First Yr: 1835  
Age: \_\_\_\_\_

**Robert G. Ingersoll**  
New York, U.S.A.  
Last Yr: 1899  
First Yr: 1857  
Age: \_\_\_\_\_

**Henry David Thoreau**  
Massachusetts, USA  
Last Yr: 1862  
First Yr: 1817  
Age: \_\_\_\_\_

**Ben Jonson**  
England  
Last Yr: 1637  
First Yr: 1572  
Age: \_\_\_\_\_

**Susan B. Anthony**  
Massachusetts, USA  
Last Yr: 1906  
First Yr: 1820  
Age: \_\_\_\_\_

**Harriet Tubman**  
Maryland, USA  
Last Yr: 1913  
First Yr: 1822  
Age: \_\_\_\_\_

**Nicolas Chamfort**  
France  
Last Yr: 1794  
First Yr: 1741  
Age: \_\_\_\_\_

**St. Jerome**  
Italy  
Last Yr: 420 AD  
First Yr: 347 AD  
Age: \_\_\_\_\_

**Week 4.5**

**Stop2THINK**  
EasyMathWisdom.com™

What does this Bit of Wisdom mean to you? \_\_\_\_\_

How Old was he or she? \_\_\_\_ Years since their First Yr/Last Yr? \_\_\_\_ / \_\_\_\_

Add Ages: #1+#2= \_\_\_\_ #3+#4= \_\_\_\_ #5+#6= \_\_\_\_ #7+#8= \_\_\_\_ #?+#?= \_\_\_\_

Avg Ages: #1+#2= \_\_\_\_ #3+#4= \_\_\_\_ #5+#6= \_\_\_\_ #7+#8= \_\_\_\_ #?+#?= \_\_\_\_

All Ages added up? \_\_\_\_ Average Age on team? \_\_\_\_ Avg Age Oldest + Youngest? \_\_\_\_



# Plant Seeds of Wisdom to Grow S.T.E.M. Jobs with... A Bit of Wisdom, a Dash of History and a Bunch of Easy Math!

**Every  
great dream  
begins with  
a dreamer.**

**Harriet Tubman  
1822 - 1913**

**Andrew Carnegie**  
Scotland  
Last Yr: 1919  
First Yr: 1835  
Age: \_\_\_\_

**Robert G. Ingersoll**  
New York, U.S.A.  
Last Yr: 1899  
First Yr: 1857  
Age: \_\_\_\_

**Henry David Thoreau**  
Massachusetts, USA  
Last Yr: 1862  
First Yr: 1817  
Age: \_\_\_\_

**Ben Jonson**  
England  
Last Yr: 1637  
First Yr: 1572  
Age: \_\_\_\_

**Susan B. Anthony**  
Massachusetts, USA  
Last Yr: 1906  
First Yr: 1820  
Age: \_\_\_\_

**Harriet Tubman**  
Maryland, USA  
Last Yr: 1913  
First Yr: 1822  
Age: \_\_\_\_

**Nicolas Chamfort**  
France  
Last Yr: 1794  
First Yr: 1741  
Age: \_\_\_\_

**St. Jerome**  
Italy  
Last Yr: 420 AD  
First Yr: 347 AD  
Age: \_\_\_\_

**Week 4.6**

**Stop2THINK**  
EasyMathWisdom.com™

What does this Bit of Wisdom mean to you? \_\_\_\_\_

How Old was he or she? \_\_\_\_ Years since their First Yr/Last Yr? \_\_\_\_ / \_\_\_\_

Add Ages: #1+#2= \_\_\_\_ #3+#4= \_\_\_\_ #5+#6= \_\_\_\_ #7+#8= \_\_\_\_ #?+#?= \_\_\_\_

Avg Ages: #1+#2= \_\_\_\_ #3+#4= \_\_\_\_ #5+#6= \_\_\_\_ #7+#8= \_\_\_\_ #?+#?= \_\_\_\_

All Ages added up? \_\_\_\_ Average Age on team? \_\_\_\_ Avg Age Oldest + Youngest? \_\_\_\_



# Plant Seeds of Wisdom to Grow S.T.E.M. Jobs with... A Bit of Wisdom, a Dash of History and a Bunch of Easy Math!

**He knows  
not his own  
strength that  
has not met  
adversity.**

**Ben Jonson  
1572 - 1637**

**Andrew Carnegie**  
Scotland  
Last Yr: 1919  
First Yr: 1835  
Age: \_\_\_\_

**Robert G. Ingersoll**  
New York, U.S.A.  
Last Yr: 1899  
First Yr: 1857  
Age: \_\_\_\_

**Henry David Thoreau**  
Massachusetts, USA  
Last Yr: 1862  
First Yr: 1817  
Age: \_\_\_\_

**Ben Jonson**  
England  
Last Yr: 1637  
First Yr: 1572  
Age: \_\_\_\_

**Susan B. Anthony**  
Massachusetts, USA  
Last Yr: 1906  
First Yr: 1820  
Age: \_\_\_\_

**Harriet Tubman**  
Maryland, USA  
Last Yr: 1913  
First Yr: 1822  
Age: \_\_\_\_

**Nicolas Chamfort**  
France  
Last Yr: 1794  
First Yr: 1741  
Age: \_\_\_\_

**St. Jerome**  
Italy  
Last Yr: 420 AD  
First Yr: 347 AD  
Age: \_\_\_\_

**Week 4.7**

**Stop2THINK**  
EasyMathWisdom.com™

What does this Bit of Wisdom mean to you? \_\_\_\_\_

How Old was he or she? \_\_\_\_ Years since their First Yr/Last Yr? \_\_\_\_ / \_\_\_\_

Add Ages: #1+#2= \_\_\_\_ #3+#4= \_\_\_\_ #5+#6= \_\_\_\_ #7+#8= \_\_\_\_ #?+#?= \_\_\_\_

Avg Ages: #1+#2= \_\_\_\_ #3+#4= \_\_\_\_ #5+#6= \_\_\_\_ #7+#8= \_\_\_\_ #?+#?= \_\_\_\_

All Ages added up? \_\_\_\_ Average Age on team? \_\_\_\_ Avg Age Oldest + Youngest? \_\_\_\_



# Plant Seeds of Wisdom to Grow S.T.E.M. Jobs with... A Bit of Wisdom, a Dash of History and a Bunch of Easy Math!

## Aim for the highest.

**Andrew Carnegie**  
1835 - 1919

**Andrew Carnegie**  
Scotland  
Last Yr: 1919  
First Yr: 1835  
Age: \_\_\_\_

**Robert G. Ingersoll**  
New York, U.S.A.  
Last Yr: 1899  
First Yr: 1857  
Age: \_\_\_\_

**Henry David Thoreau**  
Massachusetts, USA  
Last Yr: 1862  
First Yr: 1817  
Age: \_\_\_\_

**Ben Jonson**  
England  
Last Yr: 1637  
First Yr: 1572  
Age: \_\_\_\_

**Susan B. Anthony**  
Massachusetts, USA  
Last Yr: 1906  
First Yr: 1820  
Age: \_\_\_\_

**Harriet Tubman**  
Maryland, USA  
Last Yr: 1913  
First Yr: 1822  
Age: \_\_\_\_

**Nicolas Chamfort**  
France  
Last Yr: 1794  
First Yr: 1741  
Age: \_\_\_\_

**St. Jerome**  
Italy  
Last Yr: 420 AD  
First Yr: 347 AD  
Age: \_\_\_\_

**Week 4.8** **Stop2THINK**  
EasyMathWisdom.com™

What does this Bit of Wisdom mean to you? \_\_\_\_\_

How Old was he or she? \_\_\_\_ Years since their First Yr/Last Yr? \_\_\_\_ / \_\_\_\_

Add Ages: #1+#2= \_\_\_\_ #3+#4= \_\_\_\_ #5+#6= \_\_\_\_ #7+#8= \_\_\_\_ #?+#?= \_\_\_\_

Avg Ages: #1+#2= \_\_\_\_ #3+#4= \_\_\_\_ #5+#6= \_\_\_\_ #7+#8= \_\_\_\_ #?+#?= \_\_\_\_

All Ages added up? \_\_\_\_ Average Age on team? \_\_\_\_ Avg Age Oldest + Youngest? \_\_\_\_



# Weekly Team 4 of 52

## Easy Math Octo-Team Worksheet

One way to Grow Math Self-Confidence quickly is with the Octo-Rep process, where you start with just the age equations around each quote on the team. You'll do those age calculations 8 times for 8 team members. DON'T COPY the answers to the next page... Earn the Confidence!

Do the Easy 2-digit Age equations (which are actually 4 digit math but since we're focused on 2 digit ages, you'll get 4 digit confidence) and notice the confidence that comes with their improved speed calculating those last few team member pages. Use a timer to compare team age calculation. Then go back and do the rest of the math equations below each team member quote.

Use the Team age worksheet below to practice adding the same ages in different order for additional math confidence building success.

Team Ages	Team Ages	Team Ages	Team Ages	Team Ages	Team Ages	Team Ages	Team Ages								
1		2		3		4		5		6		7		8	
2		3		4		5		6		7		8		1	
3		4		5		6		7		8		1		2	
4		5		6		7		8		1		2		3	
5		6		7		8		1		2		3		4	
6		7		8		1		2		3		4		5	
7		8		1		2		3		4		5		6	
8		1		2		3		4		5		6		7	
total		total		total		total		total		total		total		total	

0|||||10|||||20|||||30|||||40|||||50|||||60|||||70|||||80|||||90|||||100

**EasyMathWisdoms.com**

**Plant Seeds of Wisdom to Grow S.T.E.M. Jobs!**

# Faster Reading Skills May Help You in School and Business!

How Fast Can You Read?  
Find Out for Free  
with our...  
Motivational Educational  
Antique Wisdoms!



52 Teams of 8  
217 Quotes Encourage  
149 Quotes Educate  
50 Quotes Entertain  
11 min. Video with Music

Hungarian Rhapsody #2 by Franz Liszt 1885

## Reading Faster WPM Practice instructions – Printed use

- For Each Team of 8 Quotes, Set a 10-second timer on cellphone or metronome (6 beats/min). Just read the quotes for now. Save the Author and Dates for later.
- Reading Speed is based on How Many Words Per Minute (WPM) You Read with Comprehension.



- Between each Quote is the WPM#. Since You should Stop Reading when the 10-sec timer goes off, we just multiply the # of words read starting with Quote#1 up till the end of last Quote you fully read for your personal Words Per Minute count.
  - This will change for each quote and team, due to quote length.
  - Repetition is How We All Learn, So Practice Makes You Better!
- \* Or You Can Use our 52 Team 11-min video at [Stop2Think.com](http://Stop2Think.com)**

# How Many Words Per Minute can You Read in 10-seconds? (No Name + Dates)

**Kindness** is the sunshine in which virtue grows. **WPM=48**  
Robert G. Ingersoll 1857 - 1899

**Goodness** is the only investment that never fails. **WPM=96**  
Henry David Thoreau 1817 - 1862

**Independence** is happiness. **WPM=114**  
Susan B. Anthony 1820 - 1906

**Aim for the highest.** **WPM=414**  
Andrew Carnegie 1835 - 1919

**Team 4 of 52 Antique Wisdoms**  
52 teams of 8 Helped Make Humanity Great!

Good, Better, Best. Never Let it Rest, till your Good is Better and Your Better is Best. **WPM=114**  
St. Jerome 347 AD - 420 AD

**He knows not his own strength that has not met adversity.** **WPM=390**  
Ben Jonson 1572 - 1637

**Every great dream begins with a dreamer** **WPM=324**  
Harriet Tubman 1822 - 1913

**Man arrives as a novice at each age of his life.** **WPM=216**  
Nicolas Chamfort 1741 - 1794

Faster Reading Skills May Help You in School and Business... Do Your Future a Favor By Learning from the Past!

Team	Quoterer (I made up that word)	Quoterer History
4.1	Robert G. Ingersoll 1857 - 1899	Robert Green Ingersoll was an American writer and orator during the Golden Age of Free Thought, who campaigned in defense of agnosticism.
4.2	Henry David Thoreau 1817 - 1862	Henry David Thoreau was an American poet, and philosopher. He is best known for his book "Walden" about simple living in natural surroundings, and his essay "Civil Disobedience" an argument for disobedience to an unjust state.
4.3	Susan B. Anthony 1820 - 1906	Susan Brownell Anthony was an American social reformer and women's rights activist who played a pivotal role in the women's suffrage movement.
4.4	St. Jerome 347 AD - 420 AD	St. Jerome was a Latin priest and historian, known for his translation of the Bible into Latin, and his commentaries on the Gospels.
4.5	Nicolas Chamfort 1741 - 1794	Nicolas Chamfort was a French writer, best known for his witty epigrams and aphorisms. He was secretary to the French King Louis XVI's sister.
4.6	Harriet Tubman 1822 - 1913	Harriet Tubman was an American abolitionist and political activist. Born into slavery, she escaped and made 13 missions to rescue family and friends, using the network of antislavery Underground Railroad.
4.7	Ben Jonson 1572 - 1637	Benjamin Jonson was an English playwright and poet, whose artistry exerted a lasting impact upon English poetry and stage comedy.
4.8	Andrew Carnegie 1835 - 1919	Andrew Carnegie was a Scottish-American industrialist, and philanthropist that led the expansion of the steel industry and became one of the richest Americans in history.



## World Map With Countries



Did you wonder why I used St. Jerome's "Good, Better, best" quote on the 1<sup>st</sup> 8 teams? The answer is on the [GuideALife.com website](http://www.GuideALife.com).

There are also several contests where you might win FREE t-shirts from our "iTHINKtees" collection.



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