## Help Raise Social, Math and Reading Confidence

 52 Teams of 8 Helped Make Humanity Great Cooler than Cool... it's FREE Easy!Little deeds are like little seeds, they grow to flowers or to weeds. Daniel D. Palmer 1845-1918 Plant Seeds of Wisdom to Grow S.T.E.M. Jobs! GuideALife.com with MotivationalEducation.com

## Team $\underline{3}$ of 52 Teams of 8

## Why I started "Motivational Education Workbooks"

I started GuideALife.com because my wife and I live in Florida but most of our Grandkids live in California. Since I only get to see my "West Coast Treasures" a few weeks in a good year, I wanted to make sure that my 5 grandchildren on both East and West coasts of America (not 5 on each) grow up with more exposure to, and hopefully inspiration from some of the Proven Wisdom that have Encouraged, Educated and Entertained Generations for Centuries.

I started sending my grandkids custom calendars I designed called "Holidaze de Jour" that included a couple of very old quotes to Inspire and Motivate themselves and others.

I was sending them the Calendars every month for years. But the kids were growing fast, and I wanted to share those Wisely Inspired Quotes with them on a more repetitive basis than once a month, so I designed tee shirts with those quotes called: PrettyWittyKids, YouthfulTruths and SocialEqualitees.

Then... Covid hit and closed their schools for months, so I used those 52 teams of 8 Quotees for Easy Math equations to help them keep their math skills sharp and still Encourage, Educate or Entertain them with whichever of the quotes that touches their heart and helps them grow into successful happy adults. I added the Cypher Puzzles at my step-son Rocky's suggestion and Faster Reading Practice next.

## Good Luck, I Know You Can Do it!

Lou Valliere


Learning to read "See Spot run" might be fun... but couldn't learning to read "Good, better, best, never let it rest, till your good is better and your better is best." do their future a favor planting seeds for success? It even has a nice memorable rhythm when repeated.

Motivational Education helps teach the Alphabet, Numbers, Sentences and Phrases using Classic Antique Wisdoms that Have Passed the Test of Time to Encourage, Educate and Entertain Generations for Centuries!

# Easy Alpha Cypher Puzzles 

 Teach Letters+Numbers+Words+Phrases Match the Red Letter/Number code with the Alpha Characters and Copy those Alpha Letter/Numbers into the matching blank spaces below.

|  |  |  | U | V | W | X | Y | Z | 0 | 1 | 2 | 3 | 4 |  | 6 | 7 | 8 |  |  |
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|  | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | き | $\rightarrow$ | $\downarrow$ | เ | $\rightarrow$ | ! |  |  | $\checkmark$ |  |  |
| Lower Case | S | t | u | V | W | X |  | $z$ | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |  |  |


 $10 \mathrm{sp} 8 \underline{3} \underline{6} \underline{9} \underline{3}$



The Answer can be found at 3.1 of 400+ Quotes at www.AntiqueWisdoms.com

# Easy Alpha Cypher Puzzles 

 Teach Letters＋Numbers＋Words＋Phrases Match the Red Letter／Number code with the Alpha Characters and Copy those Alpha Letter／Numbers into the matching blank spaces below．

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The Answer can be found at 3.2 of 400＋ Quotes at www．AntiqueWisdoms．com

# Easy Alpha Cypher Puzzles 

 Teach Letters+Numbers+Words+Phrases Match the Red Letter/Number code with the Alpha Characters and Copy those Alpha Letter/Numbers into the matching blank spaces below.| Upper Case |
| :---: |
| Code Red Key |
| Lower Case |$>$| A | B | C | D | E | F | G | H | I | J | K | L | M | N | O | P | Q | R |
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| C | y | P | h | e | r | W | i | s | d | o | m | 1 | 2 | 3 | a | 5 | 6 |


|  | 5 |  | U | V | W | X | Y | Z |  |  |  |  | 3 | 4 |  |  |  |  |  |  |
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The Answer can be found at 3.3 of 400+ Quotes at www.AntiqueWisdoms.com

# Easy Alpha Cypher Puzzles 

 Teach Letters+Numbers+Words+Phrases Match the Red Letter/Number code with the Alpha Characters and Copy those Alpha Letter/Numbers into the matching blank spaces below.| Upper Case |
| :---: |
| Code Red Key |
| Lower Case |$>$| A | B | C | D | E | F | G | H | I | J | K | L | M | N | O | P | Q | R |
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|  | S |  | U | V | W | X | Y | Z |  |  |  | 2 |  |  |  |  | 6 | 7 | 8 |  |  |
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|  | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | $\ddagger$ |  |  | 1 |  |  |  |  |  | 々 | $\checkmark$ |  |  |
| Lower Case | s | t | u | V | W | X |  | z |  |  |  |  |  |  |  | 5 | 6 | 7 | 8 |  |  |



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}

The Answer can be found at 3.4 of 400+ Quotes at www.AntiqueWisdoms.com

# Easy Alpha Cypher Puzzles 

 Teach Letters+Numbers+Words+Phrases Match the Red Letter/Number code with the Alpha Characters and Copy those Alpha Letter/Numbers into the matching blank spaces below.| Upper Case |
| :---: |
| Code Red Key |
| Lower Case |$>$| A | B | C | D | E | F | G | H | I | J | K | L | M | N | O | P | Q | R |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| C | y | P | h | e | r | W | i | s | d | o | m | 1 | 2 | 3 | 4 | 5 | 6 |


|  | 5 |  | U | V | W | X | Y | Z |  |  |  |  | 3 | 4 |  |  |  |  |  |  |
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| ) | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 者 |  | H | 1 | $\leftarrow$ | $\rightarrow$ | † |  | < |  |  |  |
| Lower Case | s |  | u | V | W |  | Y | z |  |  | 1 |  | 3 | 4 | 5 |  | 7 |  |  |  |



The Answer can be found at 3.5 of 400+ Quotes at www.AntiqueWisdoms.com

# Easy Alpha Cypher Puzzles 

 Teach Letters+Numbers+Words+Phrases Match the Red Letter/Number code with the Alpha Characters and Copy those Alpha Letter/Numbers into the matching blank spaces below.| Upper Case |
| :---: |
| Code Red Key |
| Lower Case |
| $>$ |$>$| A | B | C | D | E | F | G | H | I | J | K | L | M | N | O | P | Q | R |
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| C | y | P | h | e | r | W | i | s | d | o | m | 1 | 2 | C | 3 | 4 | 5 |


|  | > | T | U | V | W | X | Y | 2 |  |  | 1 | 2 |  |  |  | 5 | 6 | 7 |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 8 | 9 | 10 | 11 | 12 | 13 | 1 |  | 年 | $\leftrightarrow$ | 1 |  |  |  | † |  | 々 |  |  |  |
| Lower Case | s | t | u | v | $w$ |  | y |  |  | 0 | 1 | 2 |  |  |  | 5 | 6 | 7 |  |  |  |



The Answer can be found at 3.6 of 400+ Quotes at www.AntiqueWisdoms.com

# Easy Alpha Cypher Puzzles 

 Teach Letters+Numbers+Words+Phrases Match the Red Letter/Number code with the Alpha Characters and Copy those Alpha Letter/Numbers into the matching blank spaces below.| Upper Case |
| :---: |
| Code Red Key |
| Lower Case |
| $>$ |$>$| A | B | C | D | E | F | G | H | I | J | K | L | M | N | O | P | Q | R |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| C | y | P | h | e | r | W | i | s | d | o | m | 1 | 2 | C | 3 | 4 | 5 |


|  | 5 |  | U | V | W | X | Y | $z$ |  |  | 1 |  |  |  |  | 5 | 6 | 7 |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Red Key | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 1 |  | 寺 | $\leftrightarrow$ |  |  |  |  | † |  | 々 |  |  |  |
| Lower Case | s |  | u | v | W |  | y |  |  | 0 | 1 |  |  |  |  | 5 | 6 | 7 | 8 |  |  |



The Answer can be found at 3.7 of 400+ Quotes at www.AntiqueWisdoms.com

# Easy Alpha Cypher Puzzles 

 Teach Letters+Numbers+Words+Phrases Match the Red Letter/Number code with the Alpha Characters and Copy those Alpha Letter/Numbers into the matching blank spaces below.| Upper Case |
| :---: |
| Code Red Key |
| Lower Case |
| $>$ |$>$| A | B | C | D | E | F | G | H | I | J | K | L | M | N | O | P | Q | R |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| C | y | P | h | e | r | W | i | s | d | o | m | 1 | 2 | C | 3 | 4 | 5 |








The Answer can be found at 3.8 of 400+ Quotes at www.AntiqueWisdoms.com


## Social Wiscloms

Pretty Witty Words of Wisalom that Have Passerel the Test of Time to be Quoted and Shared for Centuriest Easy Math to Builld Cornfidernee Younts Lived (Birth Your to Fimal Yedar) x8 + Years Binee Birth (Birth Year to This Year) x8 + Years Gone (Final Year to This Year) xB + 52 Teamme of 8 Helperi Malce Us All Great + Repetition Helps Build Self-Confidence

## Pumter Mistory

Each Team Member in Famoue for What They Saldi or Did that Hasil an Impact on Boclety and History for Generations

Freatermy Hetheinertomberom

## FreeEasyMathWisdom.com Plant Seeds of Wisdom to Grow S.T.E.M. Jobs!

 Math is the basis of all Science, Technology, Engineering and Mechanical Careers, as well As being important in many well paying jobs. Help Build Your Child's Math and Social Self Confidence with Easy Math Repetition and Antique Social Wisdoms that have Encouraged, Educated or Entertained Successful Adults for Generations.
# Plant Seeds of Wisdom to Grow S.T.E.M. Jobs with... A Bit of Wisdom, a Dash of History and a Bunch of Easy Math! 



What does this Bit of Wisdom mean to you? $\qquad$

How Old was he or she? _ Years since their FirstYrlLastYr? $\qquad$ 1 $\qquad$ Add Ages: \#1+\#2= __ \#3+\#4= _ \#5+\#6= _ \#7+\#8= _ \#? $+\#$ ? = Avg Ages: \#1+\#2= _ \# \#3+\#4= __ \#5+\#6= __ \#7t\#8= __ \#?+\#? = All Ages added up? _ Average Age on team? _ Avg Age Oldest + Youngest? $\qquad$
$\qquad$

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# Plant Seeds of Wisdom to Grow S.T.E.M. Jobs with... A Bit of Wisdom, a Dash of History and a Bunch of Easy Math! 



Good, Better, Best. Never Let it Rest, till your Good is Better and Your Better is Best.

St. Jerome
St. Jerome
347 AD - 420 AD




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How Old was he or she? _ Years since their First YrlLast Yr? $\qquad$ 1 Add Ages: \#1+\#2=_ \#3+\#4=_ \#5+\#6=_ \#7+\#8=_ \#? \#\#? =
 All Ages added up? _ Average Age on team? _ Avg Age Oldest + Youngest? $\qquad$

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# Plant Seeds of Wisdom to Grow S.T.E.M. Jobs with... A Bit of Wisdom, a Dash of History and a Bunch of Easy Math! 



What does this Bit of Wisdom mean to you? $\qquad$


0||||||||10||||||||20||||||||30||||||||40||||||||50||||||||60||||||||70||||||||80||||||||90|||||||1100

## Plant Seeds of Wisdom to Grow S.T.E.M. Jobs with... A Bit of Wisdom, a Dash of History and a Bunch of Easy Math!



Follow

your honest convictions and be strong-


William Thackeray William
Thackeray British India Last Yr: 1863 First Yr: 1811
Age:

Week 3.6


Henry Waclsworth Longfellow Maine, USA Last Yr: 1882 First Yr: 1807 Age:
Stop2THINK EasyMathWisdom.com ${ }^{\text {TM }}$

What does this Bit of Wisdom mean to you? $\qquad$
How Old was he or she? _ Years since their First YrlLast Yr? $\qquad$ 1 Add Ages: \#1+\#2=_ \#3+\#4=_ \#5+\#6=_ \#7+\#8=_ \#? $+\#$ ? = Avg Ages: $\# 1+\# 2=\ldots$ \#3+\#4=_ \#5+\#6=_ \#7+\#8=_ \#? All Aggesadded up? _ Average Age on team? _ Avg Age Oldest + Youngest?
$\qquad$
$\qquad$ O||||||||10||||||||20||||||||30||||||||40|||||||||50||||||||60||||||||70||||||||80||||||||190|||||||100

# Plant Seeds of Wisdom to Grow S.T.E.M. Jobs with... A Bit of Wisdom, a Dash of History and a Bunch of Easy Math! 



Blaise
Pascal
France
Last Yr: 1662
First Yr: 1623
Age:


Week 3.7

Earnestness is enthusiasm tempered by reason.

Blaise Pascal 1623-1662


 EasyMathWisdom.com ${ }^{\text {tm }}$

What does this Bit of Wisdom mean to you? $\qquad$
How Old was he or she? _ Years since their First YrlLast Yr? $\qquad$ 1 $\qquad$ Add Ages: \#1+\#2= __ \#3+\#4= _ \#5+\#6= _ \#7+\#8= _ \#? $+\#$ ? = Avg Ages: \#1+\#2= _ \#3+\#4= _ \#5+\#6= _ \#7+\#8= _ \#? $+\#$ ? = All Ages added up? _ Average Age on team? _ Avg Age Oldest + Youngest? $\qquad$ -

# Plant Seeds of Wisdom to Grow S.T.E.M. Jobs with... A Bit of Wisdom, a Dash of History and a Bunch of Easy Math! 



What does this Bit of Wisdom mean to you? $\qquad$

How Old was he or she? _ Years since their First YrlLast Yr? $\qquad$ 1 $\qquad$ Add Ages: \#1+\#2=_ \#3+\#4=_ \#5t\#6=_\#7+\#8=_\#?+\#?=_ Avg Ages: \#1+\#2=_ \#3+\#4=_ \#5+\#6=_ \#7+\#8=_ \#?+\#? = _ All Ages added up? _ Average Age on team? _ Avg Age Oldest + Youngest?


## Weekly Team 3 of 52

## Easy Math Octo-Team Worksheet

One way to Grow Math Self-Confidence quickly is with the Octo-Rep process, where you start with just the age equations around each quote on the team. You'll do those age calculations 8 times for 8 team members. DON'T COPY the answers to the next page... Earn the Confidence!

Do the Easy 2-digit Age equations (which are actually 4 digit math but since we're focused on 2 digit ages, you'll get 4 digit confidence) and notice the confidence that comes with their improved speed calculating those last few team member pages. Use a timer to compare team age calculation. Then go back and do the rest of the math equations below each team member quote.

Use the Team age worksheet below to practice adding the same ages in different order for additional math confidence building success.

| Team Aeses | Temages | Temages | Temages | Team Ages | Team Ages | Team Ages | Team Apes |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 2 | 3 | 4 | 5 | 6 | 1 | 8 |
| 2 | 3 | 4 | 5 | 6 | 1 | 8 | 1 |
| 3 | 4 | 5 | 6 | 1 | 8 | 1 | 2 |
| 4 | 5 | 6 | 1 | 8 | 1 | 2 | 3 |
| 5 | 6 | 1 | 8 | 1 | 2 | 3 | 4 |
| 6 | 1 | 8 | 1 | 2 | 3 | 4 | 5 |
| 1 | 8 | 1 | 2 | 3 | 4 | 5 | 6 |
| 8 | 1 | 2 | 3 | 4 | 5 | 6 | 1 |
| total | tota | total | tota | total | total | total | total |

$0||||||||10|||||||||20||||||||30||||||||40|||||||||50|||||||| 60||||||||70|||||||| 180||||||||90|||||||| 100$
EasyMathWisdoms.com Plant Seeds of Wisdom to Grow S.T.E.M. Jobs!

## 

froudtruie Reading fasere Yxambabury withoul...
 Timed Repetitivepacice Grows Self-Confidence 149 Quotes Educate 50 Qutese Entertain

## Antique Wiscoms! eSpopZhincomn 11 min. Videowith Music

## Reading Faster WPM Practice instructions-Printed use

- For Each Team of 8 Quotes, Set a 10 -second timer on cellphone or metronome ( 6 beats $/ \mathrm{min}$ ). Just read the quotes for now. Save the Author and Dates for later.
- Reading Speed is based on How Many Words Per Minute (WPM) You Read with Comprehension.

- Between each Quote is the WPM\#. Since You should Stop Reading when the $10-\mathrm{sec}$ timer goes off, we just multiply the \# of words read starting with Quote\#1 up till the end of last Quote you fully read for your personal Words Per Minute count.
- This will change for each quote and team, due to quote length.
- Repetition is How We All Learn, So Practice Makes You Better! * Or You Can Use our 52 Team 11-min video at Stop2Think.com


# How Many Words Per Minute can You Read in 10-seconds? (No Name+ Dates) 



Faster Reading Skills May Help You in School and Business... Do Your Future a Favor By Learning from the Past!

| Team | Quotererer <br> (I made up that word) | Quotererer History |
| :---: | :--- | :--- |
| 3.1 | Victor Hugo 1802 - <br> 1885 | Victor Marie Hugo was a French poet, playwright, statesman and human rights <br> activist. His most famous works were Les Misérables and The Hunchback of <br> Notre Dame. |
| 3.2 | Baltasar Gracian <br> $1601-1658$ | Baltasar Gracian was a Spanish Jesuit Priest, counselor to kings, philosopher <br> and author of "The Hero" and "The Pocket Oracle and Art of Prudence". |
| 3.3 | St. Jerome 347 AD - <br> 420 AD | St. Jerome was a Latin priest and historian, known for his translation of the <br> Bible into Latin, and his commentaries on the Gospels. |
| 3.4 | Henry Wadsworth <br> Longfellow 1807 - <br> 1882 | Henry Wadsworth Longfellow was an American poet and educator whose <br> works include "Paul Revere's Ride", The Song of Hiawatha, and Evangeline. |
| 3.5 | Jane Austen 1775 - <br> 1817 | Jane Austen was an English novelist known for her six novels, which interpret, <br> critique and comment upon Wealthy British families at the end of the 18th <br> century. |
| 3.6 | William Thackeray <br> $\mathbf{1 8 1 1}$ - 1863 | William Makepeace Thackeray was a British novelist, author and illustrator <br> born in India. He is known for his satirical works about British society. |
| 3.7 | Blaise Pascal 1623 - - <br> $\mathbf{1 6 6 2}$ | Blaise Pascal was a French mathematician, physicist, inventor, writer and <br> Catholic theologian. He was a child prodigy who was educated by his father. |
| 3.8 | William James <br> $1842-1910$ | William James was an American philosopher, psychologist and the first <br> educator to offer a psychology course in the United States. James is considered <br> to be the "Father of American psychology". |



## World Map With Countries



Did you wonder why I used St. Jerome's "Good, Better, best" quote on the $1^{\text {st }} 8$ teams? The answer is on the GuideALife.com website.

There are also several contests where you might win FREE t-shirts from our "iTHINKtees" collection.


GuideALife.com with MotivationalEducation.com

