

Help Raise Social, Math and Reading Confidence  
52 Teams of 8 Helped Make Humanity Great  
Cooler than Cool... it's FREE Easy!

Free Easy  
**Motivational  
Education**  
Encourages & Entertains  
To Be Wiser & Kinder  
**EBME**  
@Stop2Think.com

Free Easy  
**Math Wisdom**  
with Octo-Repetition  
Grows Math Self-Confidence  
@Stop2Think.com

Do  
Their  
Future a  
Favor!

Free Easy  
**Reading Faster**  
Timed Repetitive Practice  
Grows Self-Confidence  
@Stop2Think.com

Free Easy  
**Alpha Coded  
Cypher Puzzles**  
Grow Self-Confidence  
@Stop2Think.com

Little deeds are like little seeds,  
they grow to flowers or to weeds.  
Daniel D. Palmer 1845 - 1918

Plant Seeds of Wisdom to Grow S.T.E.M. Jobs!  
GuideALife.com with MotivationalEducation.com

Team 2 of 52 Teams of 8

## **Why I started “Motivational Education Workbooks”**

I started GuideALife.com because my wife and I live in Florida but most of our Grandkids live in California. Since I only get to see my "West Coast Treasures" a few weeks in a good year, I wanted to make sure that my 5 grandchildren on both East and West coasts of America (not 5 on each) grow up with more exposure to, and hopefully inspiration from some of the Proven Wisdom that have Encouraged, Educated and Entertained Generations for Centuries.

I started sending my grandkids custom calendars I designed called “Holidaze de Jour” that included a couple of very old quotes to Inspire and Motivate themselves and others.

I was sending them the Calendars every month for years. But the kids were growing fast, and I wanted to share those Wisely Inspired Quotes with them on a more repetitive basis than once a month, so I designed tee shirts with those quotes called: PrettyWittyKids, YouthfulTruths and SocialEqualitees.

Then... Covid hit and closed their schools for months, so I used those 52 teams of 8 Quotees for Easy Math equations to help them keep their math skills sharp and still Encourage, Educate or Entertain them with whichever of the quotes that touches their heart and helps them grow into successful happy adults. I added the Cypher Puzzles at my step-son Rocky’s suggestion and Faster Reading Practice next.

**Good Luck, I Know You Can Do it!**

# **Lou Valliere**

[GrandPaLou@GuideALife.com](mailto:GrandPaLou@GuideALife.com)



**Free Easy**  
**Alpha Cypher**  
**Coded Quizzes**  
**Grow Self Confidence**  
**@Stop2Think.com**

Learning to read "See Spot run" might be fun... but couldn't learning to read "Good, better, best, never let it rest, till your good is better and your better is best." do their future a favor planting seeds for success? It even has a nice memorable rhythm when repeated.

**Motivational Education helps teach the Alphabet, Numbers, Sentences and Phrases using Classic Antique Wisdoms that Have Passed the Test of Time to Encourage, Educate and Entertain Generations for Centuries!**

# Easy Alpha Cypher Puzzles

## Teach Letters+Numbers+Words+Phrases

Match the **Red Letter/Number code** with the **Alpha Characters** and Copy those **Alpha Letter/Numbers** into the matching blank spaces below.

Upper Case	>	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R
Code Red Key	>	C	y	p	h	e	r	W	i	s	d	o	m	1	2	3	4	5	6
Lower Case	>	a	b	c	d	e	f	g	h	i	j	k	l	m	n	o	p	q	r

  

Upper Case	>	S	T	U	V	W	X	Y	Z	0	1	2	3	4	5	6	7	8	9
Code Red Key	>	7	8	9	10	11	12	13	14	‡	↔	↑	←	→	‡	↓	↙	↘	↳
Lower Case	>	s	t	u	v	w	x	y	z	0	1	2	3	4	5	6	7	8	9

Y e m s e 10 e 13 3 9 p c 2 c 2 h  
13 3 9' 6 e i c m r 11 c 13 8 i e 6 e.  
8 i e 3 h 3 6 e 6 3 3 7 e 10 e m 8  
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The Answer can be found at **2.1** of 400+ Quotes at [www.AntiqueWisdoms.com](http://www.AntiqueWisdoms.com)

# Easy Alpha Cypher Puzzles

## Teach Letters+Numbers+Words+Phrases

Match the **Red Letter/Number code** with the **Alpha Characters** and Copy those **Alpha Letter/Numbers** into the matching blank spaces below.

Upper Case	>	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R
Code Red Key	>	C	y	p	h	e	r	W	i	s	d	o	m	1	2	3	4	5	6
Lower Case	>	a	b	c	d	e	f	g	h	i	j	k	l	m	n	o	p	q	r

  

Upper Case	>	S	T	U	V	W	X	Y	Z	0	1	2	3	4	5	6	7	8	9
Code Red Key	>	7	8	9	10	11	12	13	14	‡	↔	↑	←	→	‡	↓	↙	↘	↳
Lower Case	>	s	t	u	v	w	x	y	z	0	1	2	3	4	5	6	7	8	9

W 3 3 h, Y e 8 8 e 6, Y e 7 8. 2 e 10 e 6  
m e 8 s 8 6 e 7 8, 8 s m m 1 3 3 9 6 w 3 3 h h 7  
y e 8 8 e 6 c 2 h 1 3 3 9 6 y e 8 8 e 6 h 7 y e 7 8.  
7 8. d e 6 3 1 e  
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The Answer can be found at **2.2** of 400+ Quotes at [www.AntiqueWisdoms.com](http://www.AntiqueWisdoms.com)

# Easy Alpha Cypher Puzzles

## Teach Letters+Numbers+Words+Phrases

Match the **Red Letter/Number code** with the **Alpha Characters** and Copy those **Alpha Letter/Numbers** into the matching blank spaces below.

Upper Case	>	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R
Code Red Key	>	C	y	p	h	e	r	W	i	s	d	o	m	1	2	3	4	5	6
Lower Case	>	a	b	c	d	e	f	g	h	i	j	k	l	m	n	o	p	q	r
Upper Case	>	S	T	U	V	W	X	Y	Z	0	1	2	3	4	5	6	7	8	9
Code Red Key	>	7	8	9	10	11	12	13	14	‡	↔	↑	←	→	‡	↓	↙	↖	↳
Lower Case	>	s	t	u	v	w	x	y	z	0	1	2	3	4	5	6	7	8	9

s 8 s 7 e c 7 s e 6 8 3 y 9 s m h 7 8 6 3 2 w  
p i s m h 6 e 2 8 i c 2 8 3 6 e 4 c s 6  
y 6 3 o e 2 1 e 2.  
R 6 e h e 6 s p o H 3 9 w m c 7 7  
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The Answer can be found at **2.3** of 400+ Quotes at [www.AntiqueWisdoms.com](http://www.AntiqueWisdoms.com)

# Easy Alpha Cypher Puzzles

## Teach Letters+Numbers+Words+Phrases

Match the **Red Letter/Number code** with the **Alpha Characters** and Copy those **Alpha Letter/Numbers** into the matching blank spaces below.

Upper Case	>	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R
Code Red Key	>	C	y	p	h	e	r	W	i	s	d	o	m	1	2	3	4	5	6
Lower Case	>	a	b	c	d	e	f	g	h	i	j	k	l	m	n	o	p	q	r
Upper Case	>	S	T	U	V	W	X	Y	Z	0	1	2	3	4	5	6	7	8	9
Code Red Key	>	7	8	9	10	11	12	13	14	‡	↔	↑	←	→	‡	↓	↙	↘	↳
Lower Case	>	s	t	u	v	w	x	y	z	0	1	2	3	4	5	6	7	8	9

C 2 s 2 10 e 7 8 1 e 2 8 s 2 o 2 3 11 m e h w e  
4 c 13 7 8 i e y e 7 8 s 2 8 e 6 e 7 8.  
Y e 2 d c 1 s 2 R 6 c 2 o m s 2  
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The Answer can be found at **2.4** of 400+ Quotes at [www.AntiqueWisdoms.com](http://www.AntiqueWisdoms.com)

# Easy Alpha Cypher Puzzles

## Teach Letters+Numbers+Words+Phrases

Match the **Red Letter/Number code** with the **Alpha Characters** and Copy those **Alpha Letter/Numbers** into the matching blank spaces below.

Upper Case	>	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R
Code Red Key	>	C	y	p	h	e	r	W	i	s	d	o	m	1	2	3	4	5	6
Lower Case	>	a	b	c	d	e	f	g	h	i	j	k	l	m	n	o	p	q	r
Upper Case	>	S	T	U	V	W	X	Y	Z	0	1	2	3	4	5	6	7	8	9
Code Red Key	>	7	8	9	10	11	12	13	14	‡	↔	↑	←	→	‡	↓	↙	↘	↻
Lower Case	>	s	t	u	v	w	x	y	z	0	1	2	3	4	5	6	7	8	9

W s 10 e 1 e 13 3 9 6 8 s 6 e h, 13 3 9 6 4 3 3 6,  
13 3 9 6 i 9 h h m e h 1 c 7 7 e 7 13 e c 6 2 s 2 w  
8 3 y 6 e c 8 i e r 6 e e.  
E 1 1 c M c 14 c 6 9 7  
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The Answer can be found at **2.5** of 400+ Quotes at [www.AntiqueWisdoms.com](http://www.AntiqueWisdoms.com)



# Easy Alpha Cypher Puzzles

## Teach Letters+Numbers+Words+Phrases

Match the **Red Letter/Number code** with the **Alpha Characters** and Copy those **Alpha Letter/Numbers** into the matching blank spaces below.

Upper Case	>	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R
Code Red Key	>	C	y	p	h	e	r	W	i	s	d	o	m	1	2	3	4	5	6
Lower Case	>	a	b	c	d	e	f	g	h	i	j	k	l	m	n	o	p	q	r
Upper Case	>	S	T	U	V	W	X	Y	Z	0	1	2	3	4	5	6	7	8	9
Code Red Key	>	7	8	9	10	11	12	13	14	‡	↔	↑	←	→	‡	↓	↙	↘	↳
Lower Case	>	s	t	u	v	w	x	y	z	0	1	2	3	4	5	6	7	8	9

R 3 6 8 9 2 e r c 10 3 6 7  
8 i e c 9 h c p s 3 9 7.  
H e 7 s h e 6 s 9 7 E 6 c 7 1 9 7  
 ↔   →   ↓   ↓   -   ↔   ↑   ←   ↓

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The Answer can be found at **2.6** of 400+ Quotes at [www.AntiqueWisdoms.com](http://www.AntiqueWisdoms.com)

# Easy Alpha Cypher Puzzles

## Teach Letters+Numbers+Words+Phrases

Match the **Red Letter/Number code** with the **Alpha Characters** and Copy those **Alpha Letter/Numbers** into the matching blank spaces below.

Upper Case	>	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R
Code Red Key	>	C	y	p	h	e	r	W	i	s	d	o	m	1	2	3	4	5	6
Lower Case	>	a	b	c	d	e	f	g	h	i	j	k	l	m	n	o	p	q	r
Upper Case	>	S	T	U	V	W	X	Y	Z	0	1	2	3	4	5	6	7	8	9
Code Red Key	>	7	8	9	10	11	12	13	14	‡	↔	↑	←	→	‡	↓	↙	↘	↳
Lower Case	>	s	t	u	v	w	x	y	z	0	1	2	3	4	5	6	7	8	9

S r s 8 s 7 2 3 8 6 s w i 8 h 3 2 3 8  
h 3 s 8; s r s 8 s 7 2 3 8 8 6 9 e h 3  
2 3 8 7 c 13 s 8.  
1 c 6 p 9 7 C 9 6 e m s 9 7  
↔ ↑ ↔ CH - ↔ ↙ ‡ CH

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The Answer can be found at **2.7** of 400+ Quotes at [www.AntiqueWisdoms.com](http://www.AntiqueWisdoms.com)

# Easy Alpha Cypher Puzzles

## Teach Letters+Numbers+Words+Phrases

Match the **Red Letter/Number code** with the **Alpha Characters** and Copy those **Alpha Letter/Numbers** into the matching blank spaces below.

Upper Case	>	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R
Code Red Key	>	C	y	p	h	e	r	W	i	s	d	o	m	1	2	3	4	5	6
Lower Case	>	a	b	c	d	e	f	g	h	i	j	k	l	m	n	o	p	q	r
Upper Case	>	S	T	U	V	W	X	Y	Z	0	1	2	3	4	5	6	7	8	9
Code Red Key	>	7	8	9	10	11	12	13	14	‡	↔	↑	←	→	‡	↓	↙	↖	↳
Lower Case	>	s	t	u	v	w	x	y	z	0	1	2	3	4	5	6	7	8	9

8 i e 1 s 2 h s 7 e 10 e 6 13 8 i s 2 w.  
11 i c 8 13 3 9 8 i s 2 o 13 3 9 y e p 3 1 e.  
Y 9 h h i c  
‡ ↓ ↙ Y P - → ↖ → Y P

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The Answer can be found at **2.8** of 400+ Quotes at [www.AntiqueWisdoms.com](http://www.AntiqueWisdoms.com)

@Stop2Think.com

52 Weeks

# Easy Math Wisdom Workbooks Help Math + Social Confidence

with...

Bits of Wisdom,  
Dashes of History and a  
Bunch of Easy Math!

## Social Wisdoms

Pretty Witty Words of Wisdom  
that Have Passed the Test of Time  
to be Quoted and Shared for Centuries!

## Easy Math to Build Confidence

Years Lived (Birth Year to Final Year) x8  
+ Years Since Birth (Birth Year to This Year) x8  
+ Years Gone (Final Year to This Year) x8  
+ 52 Teams of 8 Helped Make Us All Great  
+ Repetition Helps Build Self-Confidence

## Quotee History

Each Team Member is Famous for What  
They Said or Did that Had an Impact on  
Society and History for Generations

[FreeEasyMathWisdom.com](http://FreeEasyMathWisdom.com)

# FreeEasyMathWisdom.com

## Plant Seeds of Wisdom to Grow S.T.E.M. Jobs!

Math is the basis of all Science, Technology,  
Engineering and Mechanical Careers, as well  
As being important in many well paying jobs.

Help Build Your Child's Math and Social Self  
Confidence with Easy Math Repetition and Antique  
Social Wisdoms that have Encouraged, Educated  
or Entertained Successful Adults for Generations.

# Plant Seeds of Wisdom to Grow S.T.E.M. Jobs with... A Bit of Wisdom, a Dash of History and a Bunch of Easy Math!

**Theodore Roosevelt**  
New York, USA  
Last Yr: 1919  
First Yr: 1858  
Age: \_\_\_\_\_

**Buddha**  
Nepal  
First Yr: 567 BC  
Last Yr: 484 BC  
Age: \_\_\_\_\_

**St. Jerome**  
Italy  
Last Yr: 420 AD  
First Yr: 347 AD  
Age: \_\_\_\_\_

**Marcus Aurelius**  
Italy  
Last Yr: 180 AD  
First Yr: 121 AD  
Age: \_\_\_\_\_

**Frederick Douglass**  
Maryland, USA  
Last Yr: 1895  
First Yr: 1818  
Age: \_\_\_\_\_

**Desiderius Erasmus**  
Holland  
Last Yr: 1536  
First Yr: 1466  
Age: \_\_\_\_\_

**Theodore Roosevelt**  
1858 - 1919

**Benjamin Franklin**  
Massachusetts, USA  
Last Yr: 1790  
First Yr: 1706  
Age: \_\_\_\_\_

**Emma Lazarus**  
New York, USA  
Last Yr: 1887  
First Yr: 1849  
Age: \_\_\_\_\_

**Week 2.1** **Stop2THINK**  
EasyMathWisdom.com™

What does this Bit of Wisdom mean to you? \_\_\_\_\_

How Old was he or she? \_\_\_ Years since their First Yr/Last Yr? \_\_\_ / \_\_\_

Add Ages: #1+#2= \_\_\_ #3+#4= \_\_\_ #5+#6= \_\_\_ #7+#8= \_\_\_ #?+#?= \_\_\_

Avg Ages: #1+#2= \_\_\_ #3+#4= \_\_\_ #5+#6= \_\_\_ #7+#8= \_\_\_ # Week 2

All Ages added up? \_\_\_ Average Age on team? \_\_\_ Avg Age Oldest + Youngest? \_\_\_



# Plant Seeds of Wisdom to Grow S.T.E.M. Jobs with... A Bit of Wisdom, a Dash of History and a Bunch of Easy Math!

**Good,  
Better, Best.  
Never Let it Rest,  
till your Good is  
Better and Your  
Better is Best.**

**St. Jerome  
347 AD - 420 AD**

**Buddha**  
Nepal  
First Yr: 567 BC  
Last Yr: 484 BC  
Age: \_\_\_\_\_

**Theodore Roosevelt**  
New York, USA  
Last Yr: 1919  
First Yr: 1858  
Age: \_\_\_\_\_

**St. Jerome**  
Italy  
Last Yr: 420 AD  
First Yr: 347 AD  
Age: \_\_\_\_\_

**Frederick Douglass**  
Maryland, USA  
Last Yr: 1895  
First Yr: 1818  
Age: \_\_\_\_\_

**Benjamin Franklin**  
Massachusetts, USA  
Last Yr: 1790  
First Yr: 1706  
Age: \_\_\_\_\_

**Emma Lazarus**  
New York, USA  
Last Yr: 1887  
First Yr: 1849  
Age: \_\_\_\_\_

**Desiderius Erasmus**  
Holland  
Last Yr: 1536  
First Yr: 1466  
Age: \_\_\_\_\_

**Marcus Aurelius**  
Italy  
Last Yr: 180 AD  
First Yr: 121 AD  
Age: \_\_\_\_\_

**Week 2.2**

**Stop2THINK**  
EasyMathWisdom.com™

What does this Bit of Wisdom mean to you? \_\_\_\_\_

How Old was he or she? \_\_\_\_ Years since their First Yr/Last Yr? \_\_\_\_ / \_\_\_\_

Add Ages: #1+#2= \_\_\_\_ #3+#4= \_\_\_\_ #5+#6= \_\_\_\_ #7+#8= \_\_\_\_ #?+#?= \_\_\_\_

Avg Ages: #1+#2= \_\_\_\_ #3+#4= \_\_\_\_ #5+#6= \_\_\_\_ #7+#8= \_\_\_\_ #?+#?= \_\_\_\_

All Ages added up? \_\_\_\_ Average Age on team? \_\_\_\_ Avg Age Oldest + Youngest? \_\_\_\_



# Plant Seeds of Wisdom to Grow S.T.E.M. Jobs with... A Bit of Wisdom, a Dash of History and a Bunch of Easy Math!

**It is easier to build strong children than to repair broken men.**

**Frederick Douglass  
1818 - 1895**

**Buddha**  
Nepal  
First Yr: 567 BC  
Last Yr: 484 BC  
Age: \_\_\_\_

**Theodore Roosevelt**  
New York, USA  
Last Yr: 1919  
First Yr: 1858  
Age: \_\_\_\_

**St. Jerome**  
Italy  
Last Yr: 420 AD  
First Yr: 347 AD  
Age: \_\_\_\_

**Frederick Douglass**  
Maryland, USA  
Last Yr: 1895  
First Yr: 1818  
Age: \_\_\_\_

**Benjamin Franklin**  
Massachusetts, USA  
Last Yr: 1790  
First Yr: 1706  
Age: \_\_\_\_

**Emma Lazarus**  
New York, USA  
Last Yr: 1887  
First Yr: 1849  
Age: \_\_\_\_

**Desiderius Erasmus**  
Holland  
Last Yr: 1536  
First Yr: 1466  
Age: \_\_\_\_

**Marcus Aurelius**  
Italy  
Last Yr: 180 AD  
First Yr: 121 AD  
Age: \_\_\_\_

**Week 2.3**

**Stop2THINK**  
EasyMathWisdom.com™

What does this Bit of Wisdom mean to you? \_\_\_\_\_

\_\_\_\_\_

How Old was he or she? \_\_\_\_ Years since their First Yr/Last Yr? \_\_\_\_ / \_\_\_\_

Add Ages: #1+#2= \_\_\_\_ #3+#4= \_\_\_\_ #5+#6= \_\_\_\_ #7+#8= \_\_\_\_ #?+#?= \_\_\_\_

Avg Ages: #1+#2= \_\_\_\_ #3+#4= \_\_\_\_ #5+#6= \_\_\_\_ #7+#8= \_\_\_\_ #?+#?= \_\_\_\_

All Ages added up? \_\_\_\_ Average Age on team? \_\_\_\_ Avg Age Oldest + Youngest? \_\_\_\_



# Plant Seeds of Wisdom to Grow S.T.E.M. Jobs with... A Bit of Wisdom, a Dash of History and a Bunch of Easy Math!

**An investment in knowledge pays the best interest.**

**Benjamin Franklin**  
1706 - 1790

**Buddha**  
Nepal  
First Yr: 567 BC  
Last Yr: 484 BC  
Age: \_\_\_\_

**Theodore Roosevelt**  
New York, USA  
Last Yr: 1919  
First Yr: 1858  
Age: \_\_\_\_

**St. Jerome**  
Italy  
Last Yr: 420 AD  
First Yr: 347 AD  
Age: \_\_\_\_

**Marcus Aurelius**  
Italy  
Last Yr: 180 AD  
First Yr: 121 AD  
Age: \_\_\_\_

**Frederick Douglass**  
Maryland, USA  
Last Yr: 1895  
First Yr: 1818  
Age: \_\_\_\_

**Desiderius Erasmus**  
Holland  
Last Yr: 1536  
First Yr: 1466  
Age: \_\_\_\_

**Emma Lazarus**  
New York, USA  
Last Yr: 1887  
First Yr: 1849  
Age: \_\_\_\_

**Benjamin Franklin**  
Massachusetts, USA  
Last Yr: 1790  
First Yr: 1706  
Age: \_\_\_\_

**Week 2.4**

**Stop2THINK**  
EasyMathWisdom.com™

What does this Bit of Wisdom mean to you? \_\_\_\_\_

How Old was he or she? \_\_\_\_ Years since their First Yr/Last Yr? \_\_\_\_ / \_\_\_\_

Add Ages: #1+#2= \_\_\_\_ #3+#4= \_\_\_\_ #5+#6= \_\_\_\_ #7+#8= \_\_\_\_ #?+#?= \_\_\_\_

Avg Ages: #1+#2= \_\_\_\_ #3+#4= \_\_\_\_ #5+#6= \_\_\_\_ #7+#8= \_\_\_\_ #?+#?= \_\_\_\_

All Ages added up? \_\_\_\_ Average Age on team? \_\_\_\_ Avg Age Oldest + Youngest? \_\_\_\_





# Plant Seeds of Wisdom to Grow S.T.E.M. Jobs with... A Bit of Wisdom, a Dash of History and a Bunch of Easy Math!

**Give me your tired, your poor, your huddled masses yearning to breathe free.**

**Emma Lazarus**  
1849 - 1887

**Buddha**  
Nepal  
First Yr: 567 BC  
Last Yr: 484 BC  
Age: \_\_\_\_

**Theodore Roosevelt**  
New York, USA  
Last Yr: 1919  
First Yr: 1858  
Age: \_\_\_\_

**St. Jerome**  
Italy  
Last Yr: 420 AD  
First Yr: 347 AD  
Age: \_\_\_\_

**Marcus Aurelius**  
Italy  
Last Yr: 180 AD  
First Yr: 121 AD  
Age: \_\_\_\_

**Frederick Douglass**  
Maryland, USA  
Last Yr: 1895  
First Yr: 1818  
Age: \_\_\_\_

**Desiderius Erasmus**  
Holland  
Last Yr: 1536  
First Yr: 1466  
Age: \_\_\_\_

**Emma Lazarus**  
New York, USA  
Last Yr: 1887  
First Yr: 1849  
Age: \_\_\_\_

**Benjamin Franklin**  
Massachusetts, USA  
Last Yr: 1790  
First Yr: 1706  
Age: \_\_\_\_

**Week 2.5**

**Stop2THINK**  
EasyMathWisdom.com™

What does this Bit of Wisdom mean to you? \_\_\_\_\_

How Old was he or she? \_\_\_\_ Years since their First Yr/Last Yr? \_\_\_\_ / \_\_\_\_

Add Ages: #1+#2= \_\_\_\_ #3+#4= \_\_\_\_ #5+#6= \_\_\_\_ #7+#8= \_\_\_\_ #?+#?= \_\_\_\_

Avg Ages: #1+#2= \_\_\_\_ #3+#4= \_\_\_\_ #5+#6= \_\_\_\_ #7+#8= \_\_\_\_ #?+#?= \_\_\_\_

All Ages added up? \_\_\_\_ Average Age on team? \_\_\_\_ Avg Age Oldest + Youngest? \_\_\_\_



# Plant Seeds of Wisdom to Grow S.T.E.M. Jobs with... A Bit of Wisdom, a Dash of History and a Bunch of Easy Math!

**Fortune favors the audacious.**

**Desiderius Erasmus**  
1466 - 1536

**Buddha**  
Nepal  
First Yr: 567 BC  
Last Yr: 484 BC  
Age: \_\_\_\_\_

**Theodore Roosevelt**  
New York, USA  
Last Yr: 1919  
First Yr: 1858  
Age: \_\_\_\_\_

**St. Jerome**  
Italy  
Last Yr: 420 AD  
First Yr: 347 AD  
Age: \_\_\_\_\_

**Marcus Aurelius**  
Italy  
Last Yr: 180 AD  
First Yr: 121 AD  
Age: \_\_\_\_\_

**Frederick Douglass**  
Maryland, USA  
Last Yr: 1895  
First Yr: 1818  
Age: \_\_\_\_\_

**Desiderius Erasmus**  
Holland  
Last Yr: 1536  
First Yr: 1466  
Age: \_\_\_\_\_

**Emma Lazarus**  
New York, USA  
Last Yr: 1887  
First Yr: 1849  
Age: \_\_\_\_\_

**Benjamin Franklin**  
Massachusetts, USA  
Last Yr: 1790  
First Yr: 1706  
Age: \_\_\_\_\_

**Week 2.6** **Stop2THINK**  
EasyMathWisdom.com™

What does this Bit of Wisdom mean to you? \_\_\_\_\_

How Old was he or she? \_\_\_\_ Years since their First Yr/Last Yr? \_\_\_\_ / \_\_\_\_

Add Ages: #1+#2= \_\_\_\_ #3+#4= \_\_\_\_ #5+#6= \_\_\_\_ #7+#8= \_\_\_\_ #?+#?= \_\_\_\_

Avg Ages: #1+#2= \_\_\_\_ #3+#4= \_\_\_\_ #5+#6= \_\_\_\_ #7+#8= \_\_\_\_ #?+#?= \_\_\_\_

All Ages added up? \_\_\_\_ Average Age on team? \_\_\_\_ Avg Age Oldest + Youngest? \_\_\_\_



# Plant Seeds of Wisdom to Grow S.T.E.M. Jobs with... A Bit of Wisdom, a Dash of History and a Bunch of Easy Math!

**Theodore Roosevelt**  
New York, USA  
Last Yr: 1919  
First Yr: 1858  
Age: \_\_\_\_\_

**Buddha**  
Nepal  
First Yr: 567 BC  
Last Yr: 484 BC  
Age: \_\_\_\_\_

**St. Jerome**  
Italy  
Last Yr: 420 AD  
First Yr: 347 AD  
Age: \_\_\_\_\_

**Marcus Aurelius**  
Italy  
Last Yr: 180 AD  
First Yr: 121 AD  
Age: \_\_\_\_\_

**Frederick Douglass**  
Maryland, USA  
Last Yr: 1895  
First Yr: 1818  
Age: \_\_\_\_\_

**Desiderius Erasmus**  
Holland  
Last Yr: 1536  
First Yr: 1466  
Age: \_\_\_\_\_

**Benjamin Franklin**  
Massachusetts, USA  
Last Yr: 1790  
First Yr: 1706  
Age: \_\_\_\_\_

**Emma Lazarus**  
New York, USA  
Last Yr: 1887  
First Yr: 1849  
Age: \_\_\_\_\_

**If it is not right do not do it; if it is not true do not say it.**

**Marcus Aurelius**  
121 AD - 180 AD

**Week 2.7**

**Stop2THINK**  
EasyMathWisdom.com™

What does this Bit of Wisdom mean to you? \_\_\_\_\_

How Old was he or she? \_\_\_ Years since their First Yr/Last Yr? \_\_\_ / \_\_\_

Add Ages: #1+#2= \_\_\_ #3+#4= \_\_\_ #5+#6= \_\_\_ #7+#8= \_\_\_ #?+#?= \_\_\_

Avg Ages: #1+#2= \_\_\_ #3+#4= \_\_\_ #5+#6= \_\_\_ #7+#8= \_\_\_ #?+#?= \_\_\_

All Ages added up? \_\_\_ Average Age on team? \_\_\_ Avg Age Oldest + Youngest? \_\_\_



# Plant Seeds of Wisdom to Grow S.T.E.M. Jobs with... A Bit of Wisdom, a Dash of History and a Bunch of Easy Math!

**The mind is everything.  
What you think you become.**

**Buddha**  
567 BC - 484 BC

**Buddha**  
Nepal  
First Yr: 567 BC  
Last Yr: 484 BC  
Age: \_\_\_\_

**Theodore Roosevelt**  
New York, USA  
Last Yr: 1919  
First Yr: 1858  
Age: \_\_\_\_

**St. Jerome**  
Italy  
Last Yr: 420 AD  
First Yr: 347 AD  
Age: \_\_\_\_

**Frederick Douglass**  
Maryland, USA  
Last Yr: 1895  
First Yr: 1818  
Age: \_\_\_\_

**Benjamin Franklin**  
Massachusetts, USA  
Last Yr: 1790  
First Yr: 1706  
Age: \_\_\_\_

**Emma Lazarus**  
New York, USA  
Last Yr: 1887  
First Yr: 1849  
Age: \_\_\_\_

**Desiderius Erasmus**  
Holland  
Last Yr: 1536  
First Yr: 1466  
Age: \_\_\_\_

**Marcus Aurelius**  
Italy  
Last Yr: 180 AD  
First Yr: 121 AD  
Age: \_\_\_\_

**Week 2.8**

**Stop2THINK**  
EasyMathWisdom.com™

What does this Bit of Wisdom mean to you? \_\_\_\_\_

How Old was he or she? \_\_\_\_ Years since their First Yr/Last Yr? \_\_\_\_ / \_\_\_\_

Add Ages: #1+#2= \_\_\_\_ #3+#4= \_\_\_\_ #5+#6= \_\_\_\_ #7+#8= \_\_\_\_ #?+#?= \_\_\_\_

Avg Ages: #1+#2= \_\_\_\_ #3+#4= \_\_\_\_ #5+#6= \_\_\_\_ #7+#8= \_\_\_\_ #?+#?= \_\_\_\_

All Ages added up? \_\_\_\_ Average Age on team? \_\_\_\_ Avg Age Oldest + Youngest? \_\_\_\_



# Weekly Teams 2 of 52

## Easy Math Octo-Team Worksheet

One way to Grow Math Self-Confidence quickly is with the Octo-Rep process, where you start with just the age equations around each quote on the team. You'll do those age calculations 8 times for 8 team members. DON'T COPY the answers to the next page... Earn the Confidence!

Do the Easy 2-digit Age equations (which are actually 4 digit math but since we're focused on 2 digit ages, you'll get 4 digit confidence) and notice the confidence that comes with their improved speed calculating those last few team member pages. Use a timer to compare team age calculation. Then go back and do the rest of the math equations below each team member quote.

Use the Team age worksheet below to practice adding the same ages in different order for additional math confidence building success.

Team Ages	Team Ages	Team Ages	Team Ages	Team Ages	Team Ages	Team Ages	Team Ages								
1		2		3		4		5		6		7		8	
2		3		4		5		6		7		8		1	
3		4		5		6		7		8		1		2	
4		5		6		7		8		1		2		3	
5		6		7		8		1		2		3		4	
6		7		8		1		2		3		4		5	
7		8		1		2		3		4		5		6	
8		1		2		3		4		5		6		7	
total		total		total		total		total		total		total		total	

0|||||10|||||20|||||30|||||40|||||50|||||60|||||70|||||80|||||90|||||100

**EasyMathWisdoms.com**

**Plant Seeds of Wisdom to Grow S.T.E.M. Jobs!**

# Faster Reading Skills May Help You in School and Business!

How Fast Can You Read?  
Find Out for Free  
with our...  
Motivational Educational  
Antique Wisdoms!



52 Teams of 8  
217 Quotes Encourage  
149 Quotes Educate  
50 Quotes Entertain  
11 min. Video with Music

Hungarian Rhapsody #2 by Franz Liszt 1885

## Reading Faster WPM Practice instructions – Printed use

- For Each Team of 8 Quotes, Set a 10-second timer on cellphone or metronome (6 beats/min). Just read the quotes for now. Save the Author and Dates for later.
- Reading Speed is based on How Many Words Per Minute (WPM) You Read with Comprehension.



- Between each Quote is the WPM#. Since You should Stop Reading when the 10-sec timer goes off, we just multiply the # of words read starting with Quote#1 up till the end of last Quote you fully read for your personal Words Per Minute count.
  - This will change for each quote and team, due to quote length.
  - Repetition is How We All Learn, So Practice Makes You Better!
- \* Or You Can Use our 52 Team 11-min video at [Stop2Think.com](http://Stop2Think.com)**

# How Many Words Per Minute can You Read in 10-seconds? (No Name + Dates)

**Believe you can and you're halfway there.**  
Theodore Roosevelt  
1858 - 1919  
WPM=528

**Good, Better, Best. Never Let it Rest, till your Good is Better and Your Better is Best.**  
St. Jerome  
347 AD - 420 AD  
WPM=42

**It is easier to build strong children than to repair broken men.**  
Frederick Douglass  
1818 - 1895  
WPM=144

**The mind is everything. What you think you become.**  
Buddha  
567 BC - 484 BC  
WPM=474

**Team 2 of 52  
Antique Wisdoms  
52 teams of 8  
Helped Make  
Humanity  
Great!**

**An investment in knowledge pays the best interest.**  
Benjamin Franklin  
1706 - 1790  
WPM=216

**If it is not right do not do it; if it is not true do not say it.**  
Marcus Aurelius  
121 AD - 180 AD  
WPM=366

**Fortune favors the audacious.**  
Desiderius Erasmus  
1466 - 1536  
WPM=342

**Give me your tired, your poor, your huddled masses yearning to breathe free.**  
Emma Lazarus  
1849 - 1887  
WPM=264

Faster Reading Skills May Help You in School and Business... Do Your Future a Favor By Learning from the Past!

Team	Quoterer (I made up that word)	Quoterer History
2.1	Theodore Roosevelt 1858 - 1919	Theodore Roosevelt Jr. was an American statesman, politician, conservationist, naturalist, and writer who served as the 26th president of the United States from 1901 to 1909.
2.2	St. Jerome 347 AD - 420 AD	St. Jerome was an Italian Priest and Historian, known for his translation of the Bible into Latin, and his commentaries on the Gospels.
2.3	Frederick Douglass 1818 - 1895	Frederick Douglass was an American ex-slave, social reformer, writer, and statesman. He became a national leader of the abolitionist movement.
2.4	Benjamin Franklin 1706 - 1790	Benjamin Franklin was one of the Founding Fathers of the United States. Franklin was a printer, postmaster, inventor, civic activist, statesman and diplomat.
2.5	Emma Lazarus 1849 - 1887	Emma Lazarus was an American author of poetry and prose as well as an activist for Jewish causes. She wrote the sonnet "The New Colossus" inscribed on the pedestal of the Statue of Liberty.
2.6	Desiderius Erasmus 1466 - 1536	Desiderius Erasmus was a Dutch philosopher and Christian scholar who is widely considered to have been one of the greatest scholars of the northern Renaissance.
2.7	Marcus Aurelius 121 AD - 180 AD	Marcus Aurelius was a Roman emperor from 161 to 180 and a Stoic philosopher. He was the last of the rulers known as the Five Good Emperors, and the last emperor of the Pax Romana.
2.8	Buddha 567 BC - 484 BC	The Buddha was a philosopher, spiritual teacher, and religious leader who lived in ancient India. He is the founder of Buddhism and taught a spiritual path that included ethical training and meditative practices.



## World Map With Countries



Did you wonder why I used St. Jerome's "Good, Better, best" quote on the 1<sup>st</sup> 8 teams? The answer is on the [GuideALife.com website](http://www.GuideALife.com).

There are also several contests where you might win FREE t-shirts from our "iTHINKtees" collection.



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Plant Seeds  
of  
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Do  
Their  
Future a  
Favor!

@stop2Think

iThink  
Therefore



iThinkTees  
iWear

GuideALife.com

Gift  
Wisdoms.com



iCareTherefore  
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