### Help Raise Social, Math and Reading Confidence 52 Teams of 8 Helped Make Humanity Great Cooler than Cool... it's FREE Easy!



Little deeds are like little seeds, they grow to flowers or to weeds. Daniel D. Palmer 1845 - 1918

### Plant Seeds of Wisdom to Grow S.T.E.M. Jobs! GuideALife.com with MotivationalEducation.com

### Team <u>2</u> of 52 Teams of 8

#### Why I started "Motivational Education Workbooks"

I started GuideALife.com because my wife and I live in Florida but most of our Grandkids live in California. Since I only get to see my "West Coast Treasures" a few weeks in a good year, I wanted to make sure that my 5 grandchildren on both East and West coasts of America (not 5 on each) grow up with more exposure to, and hopefully inspiration from some of the Proven Wisdom that have Encouraged, Educated and Entertained Generations for Centuries.

I started sending my grandkids custom calendars I designed called "Holidaze de Jour" that included a couple of very old quotes to Inspire and Motivate themselves and others.

I was sending them the Calendars every month for years. But the kids were growing fast, and I wanted to share those Wisely Inspired Quotes with them on a more repetitive basis than once a month, so I designed tee shirts with those quotes called: PrettyWittyKids, YouthfulTruths and SocialEqualitees.

Then... Covid hit and closed their schools for months, so I used those 52 teams of 8 Quotees for Easy Math equations to help them keep their math skills sharp and still Encourage, Educate or Entertain them with whichever of the quotes that touches their heart and helps them grow into successful happy adults. I added the Cypher Puzzles at my step-son Rocky's suggestion and Faster Reading Practice next.

Good Luck, I Know You Can Do it!

Lou Valliere

GrandPaLou@GuideALife.com

### Free Easy Alpha Cypher Coded Quizzes Grow Self Confidence @Stop2Think.com

Learning to read "See Spot run" might be fun... but couldn't learning to read "Good, better, best, never let it rest, till your good is better and your better is best." do their future a favor planting seeds for success? It even has a nice memorable rhythm when repeated.

Motivational Education helps teach the Alphabet, Numbers, Sentences and Phrases using Classic Antique Wisdoms that Have Passed the Test of Time to Encourage, Educate and Entertain Generations for Centuries!

with the Alpha Characters and Copy those Alpha Letter/Numbers into the matching blank spaces below.

Upper Case	>	Α	В	С	D	Ε	F	G	Η	T	J	K	L	Μ	Ν	0	Ρ	Q	R
Code Red Key	>	С	y	р	h	е	r	W	i	S	d	0	m	1	2	3	4	5	6
Lower Case	>	а	b	С	d	е	f	g	h	i	j	k	I	m	n	0	р	q	r
Upper Case	>	S	Т	U	۷	W	Х	Y	Ζ	0	1	2	3	4	5	6	7	8	9
Code Red Key	>	7	8	9	10	11	12	13	14	ŧ	¢	1	÷	+	1	ŧ	4	Ļ	4
Lower Case	>	S	t	u	v	w	Х	у	z	0	1	2	3	4	5	6	7	8	9

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The Answer can be found at 2.1 of 400+ Quotes at www.AntiqueWisdoms.com

Match the Red Letter/Number code with the Alpha Characters and Copy those Alpha Letter/Numbers into the matching blank spaces below.

Upper Case	>	Α	В	С	D	Ε	F	G	Н	T	J	K	L	Μ	Ν	0	Ρ	Q	R
Code Red Key	>	С	y	р	h	е	r	W	i	S	d	0	m	1	2	3	4	5	6
Lower Case	>	а	b	С	d	е	f	g	h	i	j	k	T	m	n	0	р	q	r
Upper Case	>	S	Т	U	۷	W	Х	Y	Ζ	0	1	2	3	4	5	6	7	8	9
Code Red Key	>	7	8	9	10	11	12	13	14	ŧ	¢	1	t	+	1	Ļ	4	Ļ	4
Lower Case	>	S	t	u	v	w	Х	у	Z	0	1	2	3	4	5	6	7	8	9

<u>W33h</u>, Ye88e6, Ye78, 2e10e6 me8 s8 6e78, 8smm 13396 w33h h7 ye88e6 c2h 13396 ye88e6 h7 ye78 78 de631e ← → ☆ CH → ‡ ‡ CH

The Answer can be found at 2.2 of 400+ Quotes at www.AntiqueWisdoms.com

Match the Red Letter/Number code with the Alpha Characters and Copy those Alpha Letter/Numbers into the matching blank spaces below.

Upper Case	>	Α	В	С	D	Ε	F	G	Н	I	J	K	L	Μ	Ν	0	Ρ	Q	R
Code Red Key	>	С	y	р	h	е	r	W	i	S	d	0	m	1	2	3	4	5	6
Lower Case	>	а	b	С	d	е	f	g	h	i	j	k		m	n	0	р	q	r
Upper Case	>	S	Т	U	۷	W	Χ	Y	Ζ	0	1	2	3	4	5	6	7	8	9
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Lower Case	>	s	t	u	v	w	х	у	z	0	1	2	3	4	5	6	7	8	9

<u>s8 s7 ec7se6 83 y9smh 78632w</u> <u>pismh6e2 8ic2 83 6e4cs6</u> <u>y63oe2 1e2</u>. <u>R6ehe6spo H39wmc77</u> <u>↔ ↔ ↔ ↔ ↓ ↓ 1</u>

The Answer can be found at 2.3 of 400+ Quotes at www.AntiqueWisdoms.com

Match the Red Letter/Number code with the Alpha Characters and Copy those Alpha Letter/Numbers into the matching blank spaces below.

Upper Case	>	Α	В	С	D	Ε	F	G	Н	I	J	K	L	Μ	Ν	0	Ρ	Q	R
Code Red Key	>	С	y	р	h	е	r	W	i	S	d	0	m	1	2	3	4	5	6
Lower Case	>	а	b	С	d	е	f	g	h	i	j	k		m	n	0	р	q	r
Upper Case	>	S	Т	U	۷	W	Χ	Y	Ζ	0	1	2	3	4	5	6	7	8	9
Code Red Key	>	7	8	9	10	11	12	13	14	ŧ	↔	1	+	+	1	Ļ	4	Ļ	4
Lower Case	>	s	t	u	v	w	х	у	z	0	1	2	3	4	5	6	7	8	9

The Answer can be found at 2.4 of 400+ Quotes at www.AntiqueWisdoms.com

Match the Red Letter/Number code with the Alpha Characters and Copy those Alpha Letter/Numbers into the matching blank spaces below.

Upper Case	>	Α	В	С	D	Ε	F	G	Η	I	J	K	L	Μ	Ν	0	Ρ	Q	R
Code Red Key	>	С	y	р	h	е	r	W	i	S	d	0	m	1	2	3	4	5	6
Lower Case	>	а	b	С	d	е	f	g	h	i	j	k		m	n	0	р	q	r
Upper Case	>	S	Т	U	۷	W	Χ	Y	Ζ	0	1	2	3	4	5	6	7	8	9
Code Red Key	>	7	8	9	10	11	12	13	14	ŧ	↔	1	+	+	1	Ļ	4	Ļ	4
Lower Case	>	s	t	u	V	w	Х	у	z	0	1	2	3	4	5	6	7	8	9

 Ws10e
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 13396
 8s6eh
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The Answer can be found at 2.5 of 400+ Quotes at www.AntiqueWisdoms.com

Match the Red Letter/Number code with the Alpha Characters and Copy those Alpha Letter/Numbers into the matching blank spaces below.

Upper Case	>	Α	В	С	D	Ε	F	G	Н	T	J	K	L	Μ	Ν	0	Ρ	Q	R
Code Red Key	>	С	y	р	h	е	r	W	i	S	d	0	m	1	2	3	4	5	6
Lower Case	>	а	b	С	d	е	f	g	h	i	j	k	T	m	n	0	р	q	r
Upper Case	>	S	Т	U	۷	W	Х	Y	Ζ	0	1	2	3	4	5	6	7	8	9
Code Red Key	>	7	8	9	10	11	12	13	14	ŧ	¢	1	t	+	1	Ļ	4	Ļ	4
Lower Case	>	S	t	u	v	w	Х	у	Z	0	1	2	3	4	5	6	7	8	9

<u>R36892e rc10367</u> <u>8ie c9hcps397</u> <u>He7she6s97 E6c7197</u>

The Answer can be found at 2.6 of 400+ Quotes at www.AntiqueWisdoms.com

Match the Red Letter/Number code with the Alpha Characters and Copy those Alpha Letter/Numbers into the matching blank spaces below.

Upper Case	>	A	В	С	D	Ε	F	G	Н	I	J	K	L	Μ	Ν	0	Ρ	Q	R
Code Red Key	>	С	y	р	h	е	r	W	i	S	d	0	m	1	2	3	4	5	6
Lower Case	>	а	b	С	d	е	f	g	h	i	j	k	T	m	n	0	р	q	r
Upper Case	>	S	Т	U	۷	W	Χ	Y	Ζ	0	1	2	3	4	5	6	7	8	9
Code Red Key	>	7	8	9	10	11	12	13	14	ŧ	¢	1	t	Ļ	1	Ļ	4	Ļ	ţ
Lower Case	>	S	t	u	v	w	Х	у	z	0	1	2	3	4	5	6	7	8	9

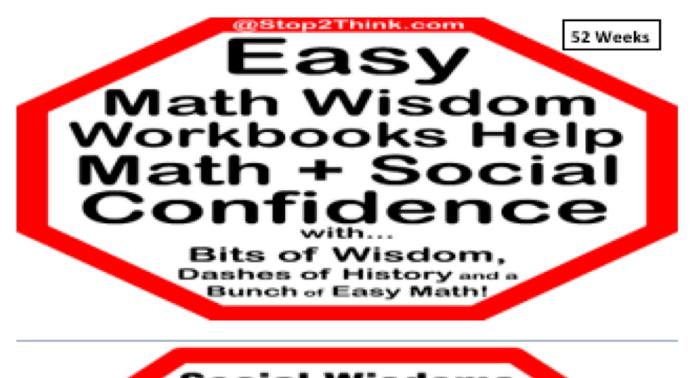
<u>Sr s8 s7 238 6swi8 h3 238</u> <u>h3 s8</u>; <u>sr s8 s7 238 869e h3</u> <u>238 7c13 s8</u>. <u>1c6p97 C96ems97</u> <u>↔ ‡ ↔ CH-↔ ↔ ‡ CH</u>

The Answer can be found at 2.7 of 400+ Quotes at www.AntiqueWisdoms.com

Match the Red Letter/Number code with the Alpha Characters and Copy those Alpha Letter/Numbers into the matching blank spaces below.

Upper Case	>	A	В	С	D	Ε	F	G	Н	T	J	K	L	Μ	Ν	0	Ρ	Q	R
Code Red Key	>	С	y	р	h	е	r	W	i	S	d	0	m	1	2	3	4	5	6
Lower Case	>	а	b	С	d	е	f	g	h	i	j	k		m	n	0	р	q	r
Upper Case	>	S	Т	U	۷	W	Χ	Y	Ζ	0	1	2	3	4	5	6	7	8	9
Code Red Key	>	7	8	9	10	11	12	13	14	ŧ	¢	1	t	+	1	÷	4	Ļ	ţ
Lower Case	>	S	t	u	v	w	Х	у	z	0	1	2	3	4	5	6	7	8	9

The Answer can be found at 2.8 of 400+ Quotes at www.AntiqueWisdoms.com



Social Wisdoms
Pretty Witty Words of Wisdom

that Have Passed the Test of Time to be Quoted and Shared for Centuries!

#### Easy Math to Build Confidence

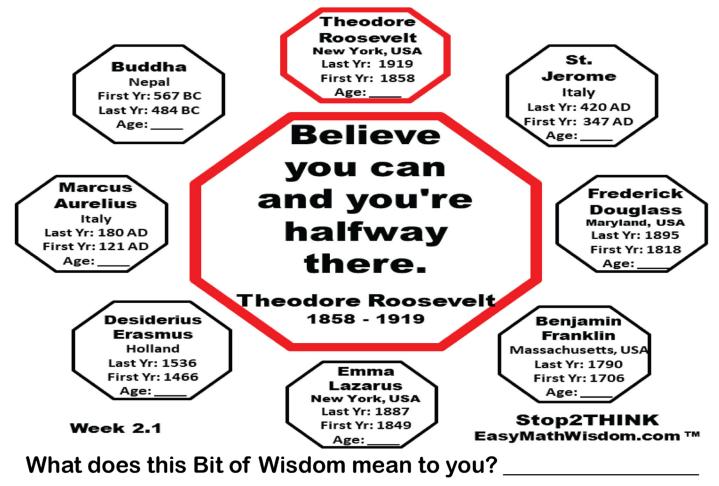
Years Lived (Birth Year to Final Year) x8 + Years Since Birth (Birth Year to This Year) x8 + Years Gone (Final Year to This Year) x8 + 52 Teams of 8 Helped Make Us All Great + Repetition Helps Build Self-Confidence

#### **Quotee History**

Each Team Member is Famous for What They Said or Did that Had an Impact on Society and History for Generations

FreeEasyMathWisdom.com

**FreeEasyMathWisdom.com** Plant Seeds of Wisdom to Grow S.T.E.M. Jobs! Math is the basis of all Science, Technology, Engineering and Mechanical Careers, as well As being important in many well paying jobs. Help Build Your Child's Math and Social Self Confidence with Easy Math Repetition and Antique Social Wisdoms that have Encouraged, Educated or Entertained Successful Adults for Generations.



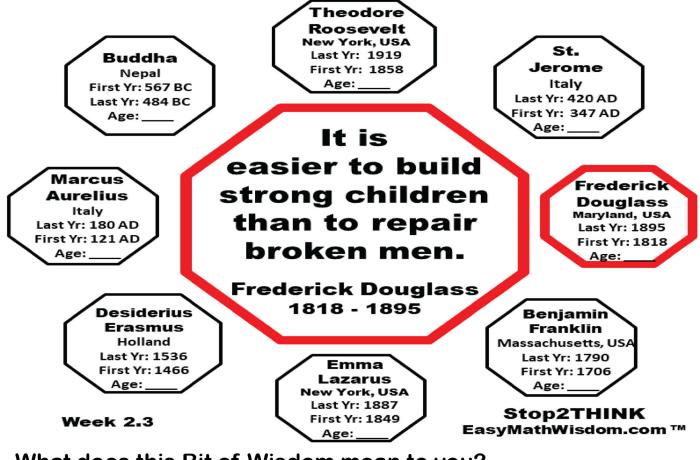
How Old was he or sh	e? Years	since their F	First Yr/Last Y	′r?/
Add Ages: #1+#2=	_ #3+#4=	_ #5+#6=	_ #7+#8=	_ #?+#? =
Avg Ages: #1+#2=	_ #3+#4=	#5+#6=	_ #7+#8=	# Week 2
All Ages added up? /	Average Age on	team? A	vg Age Oldest ·	+ Youngest?

0||||||||10|||||||||20|||||||||30|||||||||40||||||||50||||||||60||||||||170||||||||80||||||||90||||||||100



How Old was he or sh	ne? Years	since their l	First Yr/Last Y	′r? /
Add Ages: #1+#2=	#3+#4=	_ #5+#6=	#7+#8=	_ #?+#? =
Avg Ages: #1+#2=	_ #3+#4=	#5+#6=	_ #7+#8=	_ #?+#? =
All Ages added up?	Average Age on	team? A	vg Age Oldest <sup>.</sup>	+ Youngest?

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What does this Bit of Wisdom mean to you?

How Old was he or s	he? Years	since their l	First Yr/Last Y	′r? /
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Avg Ages: #1+#2= _	#3+#4=	#5+#6=	#7+#8=	_ #?+#? =
All Ages added up?	Average Age on	team? A	vg Age Oldest ·	+ Youngest?

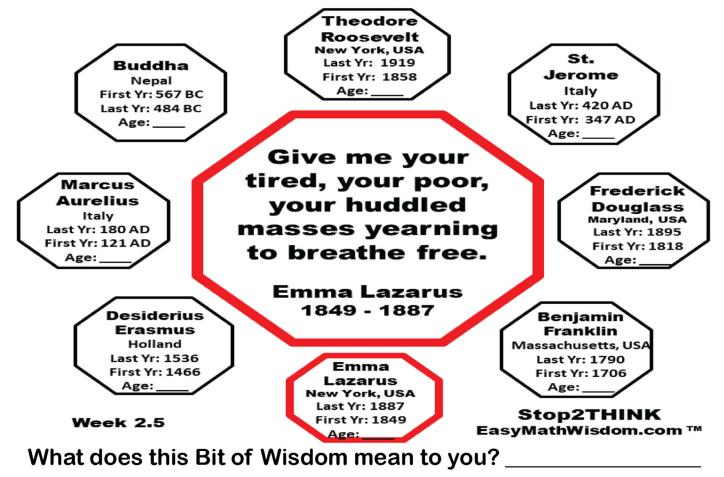
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What does this Bit of Wisdom mean to you?

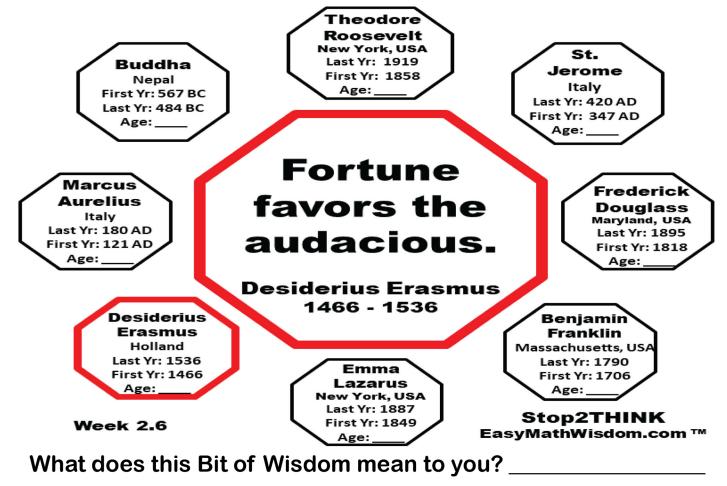
How Old was he or s	he? Years	since their	First Yr/Last Y	r?/
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Avg Ages: #1+#2=	#3+#4=	#5+#6=	#7+#8=	#?+#? =
All Ages added up?	Average Age on	team? A	vg Age Oldest +	Youngest?

0||||||||10|||||||||20|||||||||30|||||||||40|||||||||50|||||||||60|||||||||70||||||||80|||||||||90||||||||100



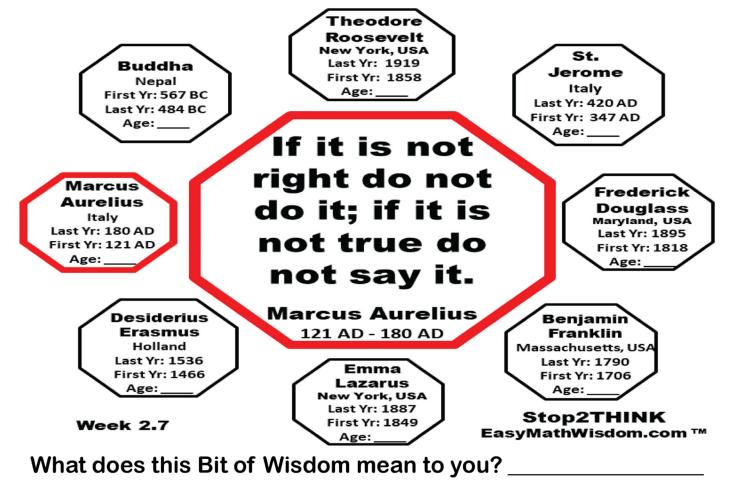
How Old was he or she	e? Years	since their l	First Yr/Last Y	′r?/
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Avg Ages: #1+#2=	#3+#4=	#5+#6=	_ #7+#8=	#?+#? =
All Ages added up? A	verage Age on	team? A	vg Age Oldest ·	Youngest?

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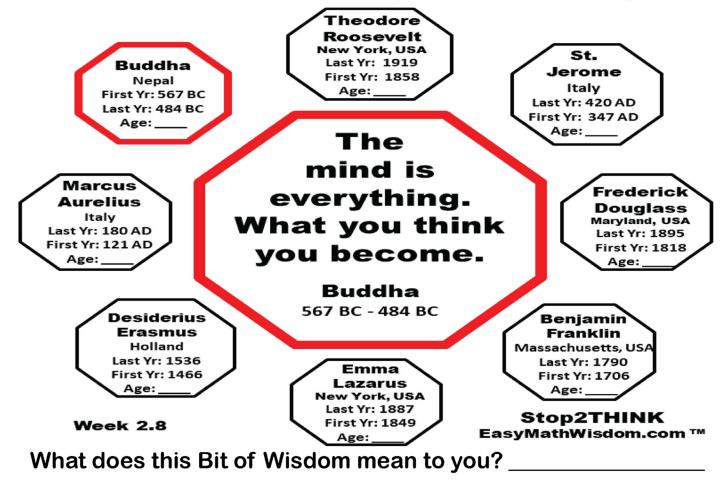
How Old was he or s	he? Years	since their l	First Yr/Last Y	′r?/
Add Ages: #1+#2=_	#3+#4=	_ #5+#6=	#7+#8=	_ #?+#? =
Avg Ages: #1+#2=	#3+#4=	#5+#6=	#7+#8=	#?+#? =
All Ages added up?	Average Age on	team? A	vg Age Oldest +	+ Youngest?

0||||||||10|||||||||20|||||||||30|||||||||40|||||||||50|||||||||60|||||||||70||||||||80|||||||||90|||||||||100



How Old was he or sh	e? Years	since their l	First Yr/Last Y	r?/
Add Ages: #1+#2=	_ #3+#4=	_ #5+#6=	#7+#8=	#?+#? =
Avg Ages: #1+#2=	#3+#4=	#5+#6=	#7+#8=	#?+#? =
All Ages added up? A	verage Age on	team? A	vg Age Oldest +	Youngest?

0||||||||10|||||||||20||||||||||30|||||||||40|||||||||50|||||||||60|||||||||70||||||||80|||||||||90|||||||||100



How Old was he or sl	he? Years	since their	First Yr/Last Y	′r?/
Add Ages: #1+#2=_	#3+#4=	_ #5+#6= _	#7+#8=	_ #?+#? =
Avg Ages: #1+#2=	#3+#4=	#5+#6=_	#7+#8=	#?+#? =
All Ages added up?	Average Age on	team? A	Avg Age Oldest <sup>.</sup>	+ Youngest?

0||||||||10|||||||||20|||||||||30|||||||||40||||||||50|||||||||60|||||||||70||||||||80|||||||||90||||||||100

### Weekly Teams 2 of 52

### Easy Math Octo-Team Worksheet

One way to Grow Math Self-Confidence quickly is with the Octo-Rep process, where you start with just the age equations around each quote on the team. You'll do those age calculations 8 times for 8 team members. DON'T COPY the answers to the next page... Earn the Confidence!

Do the Easy 2-digit Age equations (which are actually 4 digit math but since we're focused on 2 digit ages, you'll get 4 digit confidence) and notice the confidence that comes with their improved speed calculating those last few team member pages. Use a timer to compare team age calculation. Then go back and do the rest of the math equations below each team member quote.

Use the Team age worksheet below to practice adding the same ages in different order for additional math confidence building success.

Team Age	Tea	im Ages	Tear	n Ages										
1	2		3		4		5		6		7		8	
2	3		4		5		6		7		8		1	
3	4		5		6		7		8		1		2	
4	5		6		1		8		1		2		3	
5	6		7		8		1		2		3		4	
6	7		8		1		2		3		4		5	
7	8		1		2		3		4		5		6	
8	1		2		3		4		5		6		7	
total	tota		total		total		total		total		total		total	

0||||||||10|||||||||20||||||||||30|||||||||40|||||||||50|||||||||60|||||||||70|||||||||80|||||||||90|||||||||100

#### EasyMathWisdoms.com Plant Seeds of Wisdom to Grow S.T.E.M. Jobs!

# Faster Reading Skills May Help You in School and Business!

Free Easy

**Reading Faster** 

**Timed Repetitive Practice** 

**Grows Self-Confidence** 

@Stop2Think.com

### How Fast Can You Read? Find Out for Free with our... Motivational Educational Antique Wisdoms!

52 Teams of 8 217 Quotes Encourage 149 Quotes Educate 50 Quotes Entertain 11 min. Video with Music

### Reading Faster WPM Practice instructions – Printed use

- For Each Team of 8 Quotes, Set a 10-second timer on cellphone or metronome (6 beats/min). Just read the quotes for now. Save the Author and Dates for later.
- Reading Speed is based on How Many <u>Words Per</u> <u>Minute</u> (WPM) You Read with Comprehension.



- Between each Quote is the WPM#. Since You should Stop Reading when the 10-sec timer goes off, we just multiply the # of words read starting with Quote#1 up till the end of last Quote you fully read for your personal Words Per Minute count.

- This will change for each quote and team, due to quote length.
- Repetition is How We All Learn, So Practice Makes You Better!
   \* Or You Can Use our 52 Team 11-min video at <u>Stop2Think.com</u>

How Many Words Per Minute can You Read in 10-seconds? (No Name + Dates)



Faster Reading Skills May Help You in School and Business... Do Your Future a Favor By Learning from the Past!

Team	<b>Quotererer</b> (I made up that word)	Quotererer History
2.1	Theodore Roosevelt 1858 - 1919	Theodore Roosevelt Jr. was an American statesman, politician, conservationist, naturalist, and writer who served as the 26th president of the United States from 1901 to 1909.
2.2	St. Jerome 347 AD - 420 AD	St. Jerome was an Italian Priest and Historian, known for his translation of the Bible into Latin, and his commentaries on the Gospels.
2.3	Frederick Douglass 1818 - 1895	Frederick Douglass was an American ex-slave, social reformer, writer, and statesman. He became a national leader of the abolitionist movement.
2.4	Benjamin Franklin 1706 - 1790	Benjamin Franklin was one of the Founding Fathers of the United States. Franklin was a printer, postmaster, inventor, civic activist, statesman and diplomat.
2.5	Emma Lazarus 1849 - 1887	Emma Lazarus was an American author of poetry and prose as well as an activist for Jewish causes. She wrote the sonnet "The New Colossus" inscribed on the pedestal of the Statue of Liberty.
2.6	Desiderius Erasmus 1466 - 1536	Desiderius Erasmus was a Dutch philosopher and Christian scholar who is widely considered to have been one of the greatest scholars of the northern Renaissance.
2.7	Marcus Aurelius 121 AD - 180 AD	Marcus Aurelius was a Roman emperor from 161 to 180 and a Stoic philosopher. He was the last of the rulers known as the Five Good Emperors, and the last emperor of the Pax Romana.
2.8	Buddha 567 BC - 484 BC	The Buddha was a philosopher, spiritual teacher, and religious leader who lived in ancient India. He is the founder of Buddhism and taught a spiritual path that included ethical training and meditative practices.



#### World Map With Countries



Did you wonder why I used St. Jerome's "Good, Better, best" quote on the 1<sup>st</sup> 8 teams? The answer is on the <u>GuideALife.com website</u>.

There are also several contests where you might win FREE t-shirts from our "iTHINKtees" collection.



GuideALife.com with MotivationalEducation.com