## **MEMBERSHIP NOTES**

While gliding is an "adventurous aviation" sport – accidents, although they do happen, are rare. It is important that you are aware that gliding is an adventurous activity and therefore flying in a glider is not as safe as flying in a commercial airliner. By signing the membership document you signify your acceptance of the risks.

**Age Limits:** No child under the age of 14 may be flown in any of the Society's gliders or aeroplanes. There is no upper age limit for persons flying or being flown in a glider.

**Youth Membership**: In order to ensure the safety of children the Society has a youth training scheme, run by DBS checked Members. A child may start flying training at 14 years old, as long as they fulfil minimum weight and height criteria, which are set by the Chief Flying Instructor to ensure they are able to safely fly a glider and use a parachute if necessary. Children under the age of 18 will require a parent's or legal guardian's written consent and if under 16 must be accompanied by a guardian or parent while at the airfield. Guidance and advice for parents and guardians is available from the Office.

**Size and Weight Limits**: Persons weighing more than 16 stone 4 lbs (103 Kg) or under 7 stone (45 Kg) will not be able to fly in the Society's gliders. Persons over 6' 4" / 193cm or under 5' /152cm may not be able to be flown.

**Alcohol**: The Railways & Transport Safety Act makes it an offence for pilots, including glider pilots, to fly whilst over the prescribed limit for alcohol. The law is very clear on this, and even as a student or passenger you may not consume ANY alcohol within the 8 hours before flying. This applies to everyone airside on the airfield, even those taking a trial flight. The following rules apply:

- You must have consumed NO alcohol in the 8 hours before your flight.
- You must not have consumed more than 5 units of alcohol in the 12 hours before your flight. (One unit of alcohol is half a pint of regular beer or lager, a single 25ml measure of spirits, a small glass of wine or alcopop).
- You must not have consumed a substantial amount of alcohol (or "binged") during the 24 hours before your flight.
- It is AGAINST THE LAW to fly in a glider with a blood / alcohol concentration exceeding 20mg per 100ml. This is one quarter of the drink/drive limit, and one drink will take you over it. It is, effectively, a zero tolerance limit.

**Parking**: Please note that you use the car parks at your own risk, and the Society does not accept any liability. Note also that members' cars driven onto the airfield may well be uninsured as most policies prohibit use on an active airfield. The Society accepts no liability whatsoever for members who bring their cars onto the airfield.

**Code of Conduct**: The Society's Code of Conduct is available on the website.

**General Data Protection Rules**: The Society's GDPR statement is available on the website.

**Rolling Forward of Membership**: From the 2020 membership year, members will be assumed to want to retain their subscriptions (flying, social, family) and any extra services they have paid for in the current year into the next, unless Lasham is informed otherwise by email or in writing by 15<sup>th</sup> December each year. Services include: Caravan or Transportable Log Cabin fee, facilities fee, and hangarage fees. This is not applicable to temporary members.

**Next of Kin**: You are expected to maintain current NOK details with the Office at all times. A NOK form is available on the website and from the Office.

**Payments to Membership Accounts**: You will normally pay your renewal subscriptions and service fees up front on 1<sup>st</sup> January. After a year as a member, you may choose to spread these payments over 10 months by Direct Debit or Standing Order (as long as the annual amount due is at least £300). You may also pay flying fees by BACs, cash, Debit

Card or Credit Card payment. Please advise the Office how you would prefer to pay and they will ensure you have the right forms.

**Medical Requirements**: Medical requirements for glider pilots are laid down by the CAA and the BGA (British Gliding Association). NB: These may change at any time; and the following is to be taken as a guide only:

- **Pre-Solo** Glider Pilots: Pre-solo there are no specific medical requirements for glider pilots. However, you are expected to highlight any medical condition that may adversely affect the safety of the flight much the same conditions that might affect your safety to drive a car or motorbike.
- **Post-Solo**: Post-solo medical requirements can be obtained from the Office or the BGA website. A copy of an EU Driving Licence is normally sufficient.
- Passenger Carrying: Instructors and Trial Flight / Introductory Flight Pilots who carry inexperienced visitors
  need to hand a copy of their LAPL or a GP endorsed Medical Declaration Form to the office before carrying
  passengers Private Gliders / Syndicates: Owners of privately owned gliders (and syndicates) must ensure
  their gliders are fully insured and must inform the Office promptly of any changes of glider or syndicate
  members when they occur.

## BRITISH GLIDING ASSOCIATION MEDICAL STANDARDS FORM

## **DECLARATION OF PHYSICAL FITNESS**

## 1. TO BE SIGNED BEFORE STARTING TO FLY AS A PUPIL PILOT

I hereby declare that I have never suffered from any of the following which I understand may create, or lead to, a dangerous situation in flight:

BLACKOUTS from any cause, epilepsy, severe head injury, recurrent fainting or giddiness, high blood pressure, angina, coronary artery disease, insulin dependent diabetes.

I further declare that, in the event of my contracting, or suspecting, any of the above conditions in the future, I will cease to fly until I have obtained medical opinion.

PILOT'S SIGNATUI	RE	NAME	
DATE			
	********	******	*****
If you cannot sign t an approved CAA e	·	before flying, obtair	n the signature of your regular GP, or that of
I am the regular G	GP of the applicant	I am a CA	AA PPL Medical Examiner
	(Delete as	appropriate)	
	he applicant wishes to fly in spor fe / unsafe for him / her to fly. (D		been unable to sign the above declaration. In
DOCTOR'S SIGNATURE		NAME AND ADDRESS OR PRACTICE STAMP	
DATE			

The following conditions may cause difficulty while flying. If you suffer, or have suffered, from any of these you are advised to obtain medical opinion.

Bronchitis, asthma, sinus disease, ear disease, defective vision (eg, inability to read a car number plate at 25 metres – corrective glasses may be used), migraine, diabetes of any form, kidney stones, psychiatric disorders, severe motion or travel sickness, any condition requiring treatment with drugs of any kind.

You are further advised that:

- (a) If you normally wear spectacles, you should always carry a readily accessible spare pair.
- (b) Minor illnesses, drugs and the donation of blood will probably make you temporarily unfit to fly.