### **PROTEOR RESEARCH**

# EVALUATION OF A MICROPROCESSOR-CONTROLLED PROSTHETIC KNEE-ANKLE SYSTEM

# OBJECTIVE

To demonstrate the improved service provided by SYNSYS microprocessor full-leg system compared with a microprocessor-controlled prosthetic knee.

# METHOD

A prospective, multicenter, randomized, and crossover study. The results were based on 12 subjects, and the study took place over 4+ years

Both groups (Group 1 and Group 2) had 5 visits over 12 weeks, starting the trial (Visit 0) with inclusion and setting of the device. At Visit 1 and Visit 3, control and validation was performed with a Certified Prosthetist/Orthotist (CPO). Functional tests, questionnaires, and Quantified Motion Analysis (QMA) were performed at Visit 2 and Visit 4. At 6 weeks, Group 1 switched from their usual prostheses to the use of SYNSYS, while Group 2 switched from SYNSYS to the use of their usual prosthesis.

### **Recruitment Timeline**



# RESULTS



SYNSYS out-performs the usual prosthesis in flat, slope climbing, downhill slope, and stair descent.

#### Flat-foot time (% walking cycle)



# **RESULTS (CONT.)**



Increased toe clearance due to active dorsiflexion of the toes during swing phase, proven to increase stability and confidence.

## Statistically significant improvement in quality of life

Using the SF-36 Quality of Life Questionnaire, we tested Physical (PCS) and Mental (MCS) and found that SYNSYS users reported both better social functioning and physical functioning. Additionally, on a 12-subscale Prosthesis Evaluation Questionnaire (PEQ), 8 out of 12 improved with SYNSYS and there was a significant improvement in appearance score.

### CONCLUSION

SYNSYS statistically significantly improves daily life, provides users with functional benefits close to a natural gait, and enhances stability and security.

#### **Reference:**

Requena, C et al. (2023, September 18). Increased of stability and security in transfemoral amputees with a knee-ankle synergistic system. Presented at ESMAC. Athens. Greece.

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## Minimum toe clearance (in centimeters)



\*p<0.05 = significant difference

Questionnaire	Result
SF-36 Physical (PCS)	Better social functioning*
SF-36 Mental (MCS)	Better physical functioning*
Prosthesis Evaluation Questionnaire (PEQ)	Better appearance*
6-minute walk test	Lower perceived effort
*p<0.05 = significant difference	

**CLINICAL STUDY**