

# SIZING + YARDAGE<sup>1</sup>

See next page for finished garment measurements

SIZE	0	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30
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## BODY MEASUREMENTS INCHES<sup>2</sup>

HIGH BUST <sup>2</sup>	29	30	31	32	33	34½	36	38	40	42	44	46	48	50	52	54
FULL BUST B CUP <sup>2</sup>	31	32	33	34	35	36½	38	40	42	44	46	48	50	52	54	56
FULL BUST C CUP <sup>2</sup>	32	33	34	35	36	37½	39	41	43	45	47	49	51	53	55	57
FULL BUST D CUP <sup>2</sup>	33	34	35	36	37	38½	40	42	44	46	48	50	52	54	56	58
WAIST	23	24	25	26	27	28½	30	32	34	36	38	40	42	44	46	48
FULL HIP <sup>3</sup>	35	36	37	38	39	40½	42	44	46	48	50	52	54	56	58	60

## BODY MEASUREMENTS CM<sup>2</sup>


HIGH BUST <sup>2</sup>	74	76	79	81	84	88	91	97	102	107	112	117	122	127	132	137
FULL BUST B CUP <sup>2</sup>	79	81	84	86	89	93	97	102	107	112	117	122	127	132	137	142
FULL BUST C CUP <sup>2</sup>	81	84	86	89	91	95	99	104	109	114	119	124	129	134	139	144
FULL BUST D CUP <sup>2</sup>	84	86	89	91	94	98	102	107	112	117	122	127	132	137	142	147
WAIST	58	61	64	66	69	72	76	81	86	91	97	102	107	112	117	122
FULL HIP <sup>3</sup>	89	91	94	97	99	103	107	112	117	122	127	132	137	142	147	152

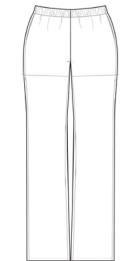
## SUGGESTED ELASTIC LENGTHS INCHES (rounded to nearest 1/4")

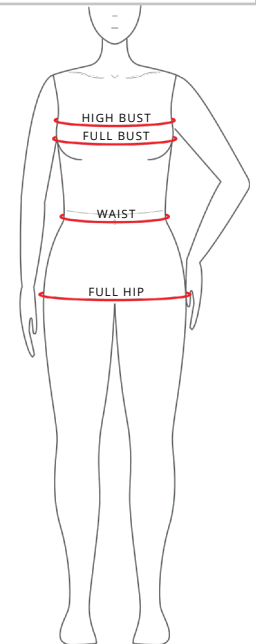
PANTS WAIST <sup>4</sup>	24	25	26	27	28	29 1/2	31	33	35	37	39	41	43	45	47	49
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## SUGGESTED ELASTIC LENGTHS CM (rounded to nearest cm)

PANTS WAIST <sup>4</sup>	61	63	66	68	71	75	78	84	89	94	99	104	109	114	119	124
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	COMFI TEE REQUIRED FABRIC - yards (meters) <sup>5</sup> based on 58" (147 cm) wide fabric <sup>6</sup>		
	SIZE	LONG SLEEVE	SHORT SLEEVE
	0-8	1 (.9)	¾ (.7)
	10-20	1 ½ (1.4)	1 (.9)
	22-30	1 ¾ (1.6)	1 ¼ (1.1)

	COMFI PANTS REQUIRED FABRIC - yards (meters) <sup>5</sup> based on 58" (147 cm) wide fabric <sup>6</sup>		
	SIZE	PANTS	SHORTS
	0-12	1 ½ (1.4)	¾ (.7)
	14-20	2 ¼ (2)	1 (.9)
	22-30	2 ¾ (2.5)	1 ¼ (1.1)



### NOTES:

1. This pattern is drafted from a base size US 12 with an average height of 5'9" (175 cm). [See Construction Notes on pg 7 for lengthening/shortening recommendations.](#)
2. Choose your Tee size based on your HIGH BUST measurement first, then find the FULL BUST cup size that is closest to your FULL BUST measurement. If your full bust measurement is greater than the D cup size, it is recommended to select the next size up. [See Finished Garment Measurements, pg 4.](#)
3. Choose your Pants size based on your FULL HIP measurement. Grading between the waist and hip is not recommended unless your waist measurement is *greater* than your hip measurement. In most cases, cutting a single size to fit your hip measurement will also fit in the waist, even if your waist falls into a different size.
4. Choose elastic length based on your WAIST measurement. Elastic lengths include 1/2" (~1 cm) additional length for overlapping.
5. If using a directional print or pattern matching (with stripes, plaids, etc.), additional yardage may be required.
6. Required fabric is shown for 58" (147 cm) wide fabric only. If using a fabric that is less than this width, a general rule of thumb is to add ½ yard/meter to the amount needed.