



SUPPORTS NOSE & SINUS HEALTH

Easy Breather combines herbs long used in Chinese herbal traditions to promote clear sinuses and soothe occasional upper respiratory and eye irritation that may be triggered by airborne irritants and plant allergens, seasonal changes, travel, or stress. Unlike formulas that cause nasal dryness or thirst, Easy Breather includes herbs to moisturize sinus passages and upper respiratory membranes.*

TRADITIONAL FUNCTIONS

The herbal ingredients in Easy Breather have been used historically to support:

- » a healthy immune system
- » normal response to airborne allergens
- » deep and easy breathing
- » clear, bright eyes
- » healthy, open sinuses and ears
- » clear and acute thinking
- » minor throat irritation

WHEN TO USE

Take Easy Breather when your body reacts negatively to seasonal irritants, such as tree, grass, and weed pollen — especially cedar, juniper, oak, elm, pecan, ragweed. Use in environments containing airborne nasal irritants, such as urban pollution, smoke, fog, and mold. Take in advance of cold, flu, and allergy seasons for general immune support. Use before and during traveling to boost immunity to airborne pathogens in enclosed spaces, like airplane cabins.

CEDAR FEVER

Easy Breather was created especially to address the acute and often debilitating effects of cedar and juniper pollen common in Central Texas and the Southwest from December until March. For best results, we recommend those sensitive to cedar fever start taking Easy Breather four weeks prior to cedar season.

- ✓ LONG-LASTING & TASTE-FREE CAPSULES
- ✓ ALCOHOL FREE
- ✓ FREE OF SOY, WHEAT, AND DAIRY
- ✓ NO ARTIFICIAL FLAVORS OR COLORS
- ✓ NO ARTIFICIAL PRESERVATIVES
- ✓ MINIMALLY PROCESSED
- ✓ TESTED FOR PURITY
- ✓ SATISFACTION GUARANTEE
- ✓ MADE IN U.S.A.

RECOMMENDED USE

For persons up to 150 pounds, take one 500 mg capsule by mouth two to three times per day; adults weighing more than 150 pounds, take two 500 mg capsules two to three times per day; or as directed by your healthcare professional. Do not exceed two capsules at any one time.

ALTERNATE DOSAGES & FREQUENCY

If desired results are not achieved after three days at the recommended serving size, increase the frequency of use to a maximum of four times per day before increasing the number of capsules taken at one time. Capsules should be used with caution in children under 12 years old; consider Easy Breather Herb Drops, which can be more precisely measured in such cases. Not for use by pregnant or nursing women or by children under age six.

