



# Decompress MX™

HERB CAPSULES | FACTS & INSTRUCTIONS



## MAXIMUM MOOD SUPPORT

Decompress MX capsules take our Decompress liquid formula to the next level. Beyond herbs to promote a healthy mood response to stress and tension, Decompress MX contains botanical extracts to support those experiencing occasional depressed or "blue" moods, such as sadness, grief, and despair.\*

## TRADITIONAL FUNCTIONS

The herbal ingredients in Decompress MX have been used historically to:

- » reduce temper and anger flare-ups
- » lessen feelings of being "down" or "blue"
- » promote a positive mood response to stress
- » moderate muscle stiffness and occasional pain
- » relieve tension headache

## WHEN TO USE

Use when feeling down, gloomy, or overwhelmed, especially when these alternate with anger, irritation, or tension, such as may occur with major life events or, in women, the onset of monthly periods (PMS).\*

## RECOMMENDED USE

For persons up to 150 pounds, take one 500 mg capsule by mouth two to three times per day; for those weighing more than 150 pounds, take two 500 mg capsules two to three times per day; or as directed by your healthcare professional. Do not exceed two capsules at any one time.

- ✓ LONG-LASTING & TASTE-FREE CAPSULES
- ✓ ALCOHOL FREE
- ✓ VEGETARIAN
- ✓ FREE OF SOY, WHEAT & DAIRY
- ✓ NO ARTIFICIAL FLAVORS OR COLORS
- ✓ NO ARTIFICIAL PRESERVATIVES
- ✓ TESTED FOR PURITY
- ✓ SATISFACTION GUARANTEE
- ✓ MADE IN U.S.A.

## ALTERNATE DOSAGES & FREQUENCY

If satisfactory results are not achieved after three days at the recommended serving size, increase the frequency of use to a maximum of four times per day before increasing the number of capsules taken at one time. Capsules should be used with caution in children under 12 years old; consider Decompress or Peacekeeper Herb Drops, which can be more precisely measured in such cases. Not for use by pregnant or nursing women or by children under age six.

## INGREDIENTS

**Proprietary Herbal Blend:** Chinese angelica (root), Bai-zhu atractylodes (rhizome), Poria (whole herb), White peony (root), Bupleurum (root), Nutgrass (rhizome), Silk tree (bark), Ginger (fresh rhizome), Turmeric (tuber), Licorice (root) honey-fried, Mint (leaf)

**Other Ingredients:** Gluten-free vegetable capsule

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## NOTES