### PRAISE Psalm 22:3; Psalm 63:3; Hebrews 13:15

Begin all prayer with praise. Whatever your ultimate goal may be, first praise God, In praise you esteem God for His greatness and virtues. Jesus, in His example to us, taught us to begin prayer with praise, "Our Father which art in heaven."



### PETITION James 4:2-3: Matthew 6:9-13

"Ye have not, because ye ask not. Ye ask and receive not because ye ask amiss." This aspect of prayer deals with our personal needs. You may feel confident to pray for your personal needs.

> INTERCESSION I Tymothy 2:1-2; Matthew 9:37-38



#### MEDITATION Psalm 1:1-2; Psalm 77:12

In meditation you ponder on the spiritua themes of God's Word and Spirit. By meditatio you will experience a rich understanding int the depth and beauty of God's promises. Thi understanding will broaden and expand you praying as well as your entire life.

### THANKSGIVING Philippians 4:6

Although thanksgiving should be sprinkle throughout your prayer, plan to spend a specia period of thanking God out loud for all the things in your life.

## PRAY THE WORD Psalm 119:48

The Word of God is brought into praye twice. A brief period of reading the Word first now you "pray the Word."

## FORGIVENESS Matthew 6:14-15

Nothing will block your spinitual progress more fatally than an unforgiving spin is a complete "pouring out" of my feeli might have developed against anyone during the day. Even a small "root of bitterness" will grow quickly into a serious problem.



### CONFESSION Psalm 139:23-24; Psalm 66:18

Early in the complete prayer clock we deal with sin. Unconfessed sin is the greatest hindrance to prayers. Rid yourself of sin by confessing and seeking forgiveness and you will clear the road for powerful praying.

# **READ THE BIBLE** II Timothy 3:16

It may surprise you to hear the suggestion that you should read the Bible during prayer. However, the Word is enlightening to the eyes. (Psalm 19:9) When you read the Bible new possibilities are made clear.



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SINGING Psalm 100:2; Ephesians 5:19

Singing refreshes and comforts the soul, and one of the greatest thrills of singing is to sing in the Holy Ghost, \*a new song," during prayer.



LISTENING 1 Kings 19:11-12

direction from God's Spirit.

Prayer is not all talking tables. It also involves listening. Listening tables of Preview Only

Jectual PRAYER

PRAISE Matthew 6:13

We conclude every prayer session with praise. Again we exalt the nature of God.

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