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## GETTING STARTED

Discipleship is a daily journey, and this resource helps teachers and parents team up in the big mission of training lifelong Apostolic disciples. Daily activities equip families to dig into God's Word all week long!

## TEACHERS

This resource partners you with families so you can provide parents and guardians resources to lead in discipleship. Each week you will have four pages of devotional material and in-class activities to send home with students at the conclusion of class.

## PARENTS & GUARDIANS

We recognize you are the primary disciplers of your children. This resource equips you to lead in that process with devotional tools aligned with what's taught at church. Each week your child will bring home materials for interacting with Scripture at home each day.

#### **STEP ONE**

Send home the memory posters for families to review frequently.



#### **STEP ONE**

Each month post the series memory verse somewhere in your home where your family can review it frequently.

#### **STEP TWO**

Each week use the activity page for fun in class before sending it home with the student.



#### **STEP TWO**

Each week follow the daily prompts to guide your children in interacting with God's Word.

#### STEP THREE

Each week send home the devotional and activity pages for families to use.



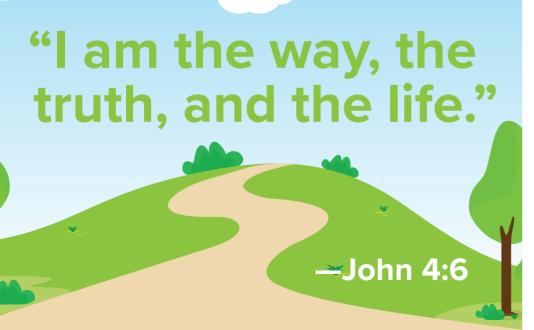
#### STEP THREE

Review your child's work from the activity page, and use it as a springboard to discuss the week's Bible focus.

"But in everything by prayer and supplication with thanksgiving let your requests be made known unto God!"

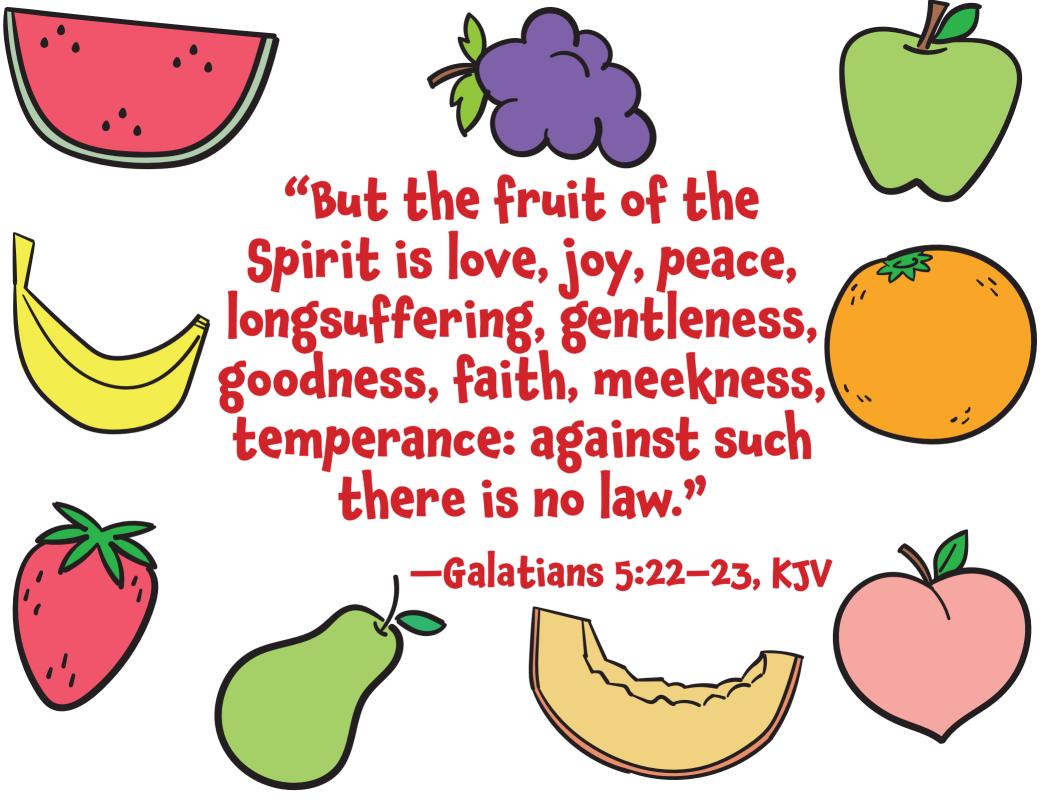
-Philippians 4:6





"I am the vine, ye are the branches."

-John 15:5



## THE LORD'S PRAYER



### Matthew 6:5-15 (King James Version)

- <sup>5</sup> And when thou prayest, thou shalt not be as the hypocrites are: for they love to pray standing in the synagogues and in the corners of the streets, that they may be seen of men. Verily I say unto you, They have their reward. <sup>6</sup> But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly. <sup>7</sup> But when ye pray, use not vain repetitions, as the heathen do: for they think that they shall be heard for their much speaking. <sup>8</sup> Be not ye therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him.
- **9** After this manner therefore pray ye: Our Father which art in heaven, Hallowed be thy name.
- <sup>10</sup> Thy kingdom come, Thy will be done in earth, as it is in heaven.
- <sup>11</sup> Give us this day our daily bread.
- <sup>12</sup> And forgive us our debts, as we forgive our debtors.
- <sup>13</sup> And lead us not into temptation, but deliver us from evil: For thine is the kingdom, and the power, and the glory, for ever. Amen.
- <sup>14</sup> For if ye forgive men their trespasses, your heavenly Father will also forgive you:
- <sup>15</sup> But if ye forgive not men their trespasses, neither will your Father forgive your trespasses.

Every day we should find a quiet place to pray. We can pray anywhere and at any time. God cares about our needs. Even though He already knows what we need, He wants us to tell Him about our cares and concerns. He wants to be our best friend. He wants to talk to us too. When we make time to talk to Jesus, we have a relationship with Him.

### Monday

#### Opening Discussion

- Tell about a time when having an example of how to do something has helped you.
- Have you ever watched a YouTube video to learn how to do something?

Truth about God: Jesus desires sincere, heartfelt prayer.

If you've ever made slime, you know it doesn't always turn out right. Sometimes it stays too sticky or gets too hard even though you followed the directions. Reading the recipe for how to make slime is helpful, but the process can be tricky to master until you have watched someone complete it successfully. Once you have watched someone make it and then practiced on your own, your slime will squish and ooze just like it is supposed to do.

Jesus understood the power of an example. That is what the Lord's Prayer is. Jesus could have said, "Everyone should pray," and just hoped we would figure out what praying sounded like. Instead, He said, "When you pray, pray like this." Then He went through the Lord's Prayer as a model of how to pray. But that does not mean we should recite the prayer word for word. We should use it as an example of how to pray, using your own words and thoughts.

- Do you ever feel unsure about how to pray?
- What parts of the Lord's Prayer can you add to your prayers?

**Prayer:** Ask the Lord for help using your own words and thoughts when you pray.

Truth for My Life: I will find a quiet place to pray every day.

### Tuesday

Read or review Matthew 6:5-15 as a family.

#### **Fun Facts**

Forgiveness improves our health and makes us happier. It removes a stress chemical in our bodies called *cortisol*. People who do not forgive will often lose friends, but people who forgive keep friends. Being mad can make it more difficult to forgive, so we may need to cool off and then forgive someone. Since anger can make it harder for a person to heal physically, it can also make it harder to heal our feelings.

#### Did You Know?

Vednesday

If you ask someone to pray the Lord's Prayer, the person may say, "Forgive us our debts as we forgive our debtors." Other people, especially catholic Christians, may say, "Forgive us our trespasses as we forgive those who trespass against us." Some people believe business owners spoke of forgiving *debts*, while people who owned land spoke of forgiving *trespasses*. *Debts* is probably the more accurate word, but forgiveness is the main idea.

Truth about God: Jesus desires sincere, heartfelt prayer.

Truth for My Life: I will find a quiet place to pray every day.

## Thursday

Read this story and discuss how it relates to the Bible lesson.

Cammie asked her big brother, Rami, for help. "It may sound strange, but I don't know how to pray. Can you help me?"

Rami didn't make fun of her like usual. Instead, he said, "I used to feel that way too. When people prayed the Lord's Prayer and said, "Hallowed be thy name," I thought they were saying God's name was Howard." Cammie and Rami laughed.

"So how did you learn to pray?" Cammie asked.

"My Sunday school teacher told me the Lord's Prayer is a model for praying, sort of like having instructions for building a sandwich. For a sandwich you need bread, cheese, meat, and veggies. For prayer, the ingredients include praising the Lord, desiring the Lord's will to be done, requesting God to give you daily bread, asking for forgiveness, and other things."

Cammie thought about it and asked, "So saying a prayer is like making a sandwich?"

"Yep, and the daily bread part really makes me think of a sandwich. Plus, if you don't pray, you'll be in a real pickle," chuckled Rami.

- Jesus prayed, providing us with a model or an example. Who was listening that day?
- Do you ever listen to grown-ups pray? When do you pray aloud?

#### Featured Song

"When I Pray" by David and Stephanie Hutton



## Here are some Apostolic song suggestions relating to the Bible lesson:

- "Prayer Closet" by Taylor Fish
- "Here on Earth (As in Heaven)" by First Church Worship
- ⊙ "Our Father" by Ted Keith

#### Review and Application

- The Lord's Prayer begins with praises when we hallow or honor the Lord.
- In the Lord's Prayer, we do not immediately ask for things.
  We praise God and pray for His will first.
- If we want the Lord to forgive us, the Lord's Prayer teaches we must first forgive others.

#### **Prayer Points**

- Jesus, I hallow Your name, realizing You are holy.
- I pray Your will be done in my life.
- Please provide my family and me with our daily needs.



# THE LORD'S PRAYER

Jesus desires sincere, heartfelt prayer.

Ways you Can Pray In each area, draw the verse from Matthew 6:9-13. 9 Our Father which art in heaven, hallowed be thy name. With Others · Lifting Voice Lying Down · On Crutches Standing · Kneeling · Bowing Sitting · Lifting Hands Walking · Lifting Hands Draw Jesus on the cross. Jesus in Heaven as we for give our debtors. Draw the earth. Draw yourself living for Jesus 13 And lead us not into temptation, Thy kingdom come in earth, as ik is the little of the litt but deliver us from evil: Power, and the glory, for ever, And the glory Draw a loaf of bread For thine is the Kingdom, and the "Give us this day our sail that go be seen that the seen the sail that the seen the seen that the seen with this group of people. How do you pray? Draw yourself praying Draw a lightning bolt.

thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly (Matthew 6:6). "But thou, when thou prayest, enter into thy closet, and when

to pray every day I will find a quiet



# THE LORD'S PRAYER



## Matthew 6:5-15 (New Living Translation)

5 "When you pray, don't be like the hypocrites who love to pray publicly on street corners and in the synagogues where everyone can see them. I tell you the truth, that is all the reward they will ever get. 6 But when you pray, go away by yourself, shut the door behind you, and pray to your Father in private. Then your Father, who sees everything, will reward you.

7 "When you pray, don't babble on and on as the Gentiles do. They think their prayers are answered merely by repeating their words again and again. <sup>8</sup> Don't be like them, for your Father knows exactly what you need even before you ask him!

Pray like this: Our Father in heaven, may your name be kept holy. <sup>10</sup> May your Kingdom come soon. May your will be done on earth, as it is in heaven. <sup>11</sup> Give us today the food we need, <sup>12</sup> and forgive us our sins, as we have forgiven those who sin against us. <sup>13</sup> And don't let us yield

14 "If you forgive those who sin against you, your heavenly Father will forgive you. 15 But if you refuse to forgive others, your Father will not forgive your sins."

to temptation, but rescue us from the evil one.

