

CORE PRODUCTS® PERFECT POSTURE CORRECTOR

- Gently places shoulders in proper alignment to help improve posture
- Breathable mesh construction helps keep you cool and comfortable
- Provides firm foundation to help improve postural awareness
- Durable tensioning straps are constructed of heavy-duty material
- Soft shoulder straps promote proper posture without irritating the skin
- Great for work, home, walking, watching TV, or browsing online



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BOOST *Your Confidence!*

IMPROVE POSTURE & RELIEVE PAIN

Posture correctors are commonly used to help treat a variety of conditions caused by poor posture. Boost your confidence by wearing a posture corrector to encourage proper spinal alignment throughout the day. A posture corrector provides support to your joints and muscles, while encouraging proper posture through full range of motion.

The Core Products® Perfect Posture Corrector helps relieve pain and discomfort associated with poor posture by providing a firm foundation while improving postural awareness. The soft shoulder straps gently place shoulders in proper alignment to help improve posture and relieve pain.

STAY COOL AND COMFORTABLE

This support is constructed of resilient mesh material that is soft and breathable to help keep you cool and comfortable during use. Our support provides indirect pressure on the spine by covering a wider area than most posture correctors. This helps prevent direct irritation to the spine.

FIRM FOUNDATION & ADDITIONAL STABILITY

The durable, dual action tensioning straps are connected to the shoulder straps, crisscross at the lower back, and are secured around the waist. The crisscross design offers additional stability to the lower back by providing a firm foundation while improving postural awareness. The heavy-duty waist belt provides comfortable support and firm compression.

SPECIFICATIONS

Product Selection: Core Products® Posture Corrector CLR-6234, Black

Product Weight: .6 lbs

Dimensions:

Small/Medium: 39.5" x 15"

Large/XLarge: 44.75" x 19.75"

Materials: Nylon, Polyester

Case Quantity: 6

Case Dimensions: 11" x 14" x 13"

Case Weight: 5 lbs

Latex: Caution: This product contains natural rubber latex which may cause allergic reactions

Country of Origin: Made in USA

California Residents Only:

⚠️WARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov



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INSTRUCTIONS FOR USE

READ ME FIRST: Prior to wearing the Perfect Posture Corrector, you will likely need to adjust the length of the tension straps to fit your body. To adjust strap length, see Tension Strap Length Instructions below.

Step 1: Locate the Core Products “Apple tag” on the top of the exterior of the support. Put the posture corrector on like a backpack with the apple tag facing outward.

Step 2: Be sure the bottom back edge of the support is pulled down to your waistline. Secure waist belt by using hook and loop closure, securing right panel over left. Support should fit snugly, yet comfortably.

Step 3: Pull tension straps outward and forward towards the front of the body to tighten shoulder straps. With the tension straps pulled to the front of the support, the shoulder straps should be pulling your shoulders back slightly. If you feel the shoulder straps are too loose or if the tension straps overlap in the front more than 2”, you will need to decrease the tension strap length (see Tension Strap Instructions below). If you feel the shoulder straps are too tight or the tension straps are too short, you will need to increase the strap length (see Tension Strap Instructions below). Repeat Steps 1-3 until proper fit and support is obtained.

Step 4: Attach tensioning straps to loop on waist belt.

Note: If you feel the shoulder straps are too loose or too tight, adjust the sliding buckles on the tensioning straps as needed.

Adjust as needed for comfort. Begin wearing it for 20-30 minutes a day then gradually increase to 1-2 hours daily, which will help to develop muscle memory and improve your posture.



Tension Strap Length Instructions

Step 1: Remove the belt and place it flat on a surface with apple tag facing up.

Step 2: Locate sliding adjuster buckle (If buckle is under the mesh back, pull on strap to expose buckle for easy adjustment).

Step 3: Shorten or lengthen the strap by moving the sliding adjuster buckle in 2-3” increments.

HELPFUL TIP

Although the material of the posture corrector is breathable and skin friendly, to ensure your comfort we recommend wearing an undershirt.



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