

CORE PRODUCTS
INTERNATIONAL, INC.

ASSEMBLY INSTRUCTIONS

OVERDOOR TRACTION SET

Model No. 24300

CONTENTS

- 1 - Overdoor Pulley Assembly
- 1 - 20lb. Capacity Water Traction Weight Bag
- 1 - Nylon Traction Cord
- 1 - Universal Velcro® Head Halter
- 1 - Spreader Bar with "S" Hook

READ THESE INSTRUCTIONS PRIOR TO USE

Note: Prior to assembly, verify the package contains the above contents. For use, you will also be required to provide a door having a thickness between 1 3/8" - 1 5/8", a sturdy chair, and water sufficient to fill the traction weight bag to the physician prescribed weight.

1. Position the over-door bracket on the center, top edge of the door, as shown in *Figure 1*.

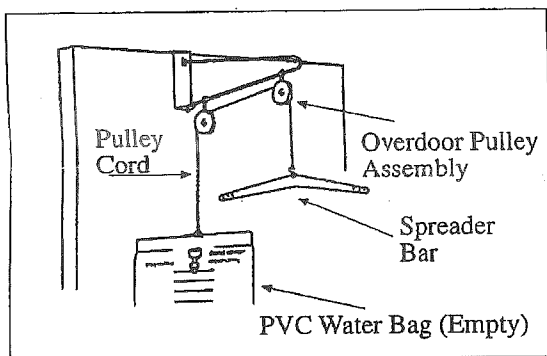


Figure 1

2. With a reliable knot, secure the nylon traction cord to the metal notch on the water traction weight bag. Thread the cord over the top of both pulleys (closest to the door first) and secure with a reliable knot the opposite cord end to the S-hook of the halter spreader bar. (*Figure 1*) Adjust the cord length so that the spreader bar and the water traction bag are at equal height around neck level when the individual is seated.

WARNING: USE OF THIS DEVICE SHOULD NEVER BE ATTEMPTED ALONE. A CONSULTING INDIVIDUAL SHOULD ASSIST THE TREATED INDIVIDUAL WITH THE PROPER SETUP AND TREATMENT PROCESS. DO NOT LEAVE TREATED INDIVIDUAL UNATTENDED. VERIFY PROPER WEIGHT PRESCRIPTION AND TREATMENT DURATION BEFORE COMMENCING TREATMENT.

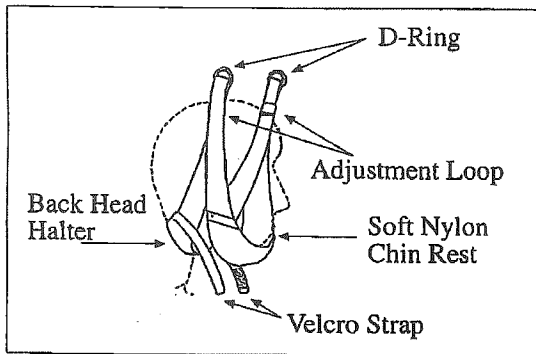


Figure 2

4. The universal head halter can be placed onto the halter spreader bar by hooking the curved portion of the halter "D" ring into one of the most comfortable spreader notches. Follow identically with the second "D" ring on the opposite spreader arm. (Figure 3)

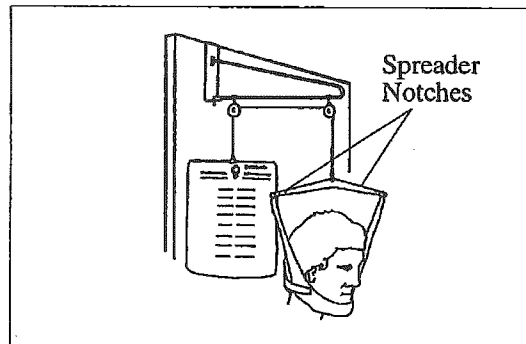


Figure 3

5. The physician should determine the type of traction (Flexion vs. Extension) required by the Overdoor Traction Set. This will determine whether to face the door or away from the door.

6. The consulting individual is now available to add the exact amount of water into the traction bag as prescribed by the physician. Add incremental liquid weight into the bag. **DO NOT EXCEED THE PRESCRIBED WEIGHT. DO NOT ATTEMPT TO USE ANY MATERIAL OTHER THAN WATER INTO THE BAG AS WEIGHT.** Periodically ask the treated individual if there is any discomfort from the traction halter or discomfort due to excessive weight. The traction bag is calibrated to hold water weight between 2lbs. and 20lbs.

7. Continue traction treatment for the prescribed time duration. Upon completion, the consulting individual shall release the halter pressure by lifting up on the water traction bag and unattaching the velcro straps of the halter. The head can now be fully removed from the halter assembly.

Cleaning & Storage

- Unattach water traction bag from nylon traction cord.
- Empty the water from the water traction bag.
- Rinse inside of bag with diluted detergent solution if desired.
- Allow the bag to fully air dry prior to storage.
- Store bag flat or rolled, Do Not Fold.
- Remove hardware from door. Can be stored fully assembled.

WARNING: USE ONLY AS PRESCRIBED BY A PHYSICIAN; IF DISCOMFORT OCCURS, CONTACT YOUR PHYSICIAN IMMEDIATELY.

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