

# Fitted Face Mask



4 SIZES



## MATERIALS

for six masks

- ½ yard of cotton fabric
- 4 yards of elastic or 6 yards of ribbon
- 1¼ of nonwoven interfacing - optional\*

\*HeatnBond Non-Woven Fusible in Featherweight, Light or Medium or Pellon 911FF, 931TD, 906F

## SUPPLIES

- thread
- sewing machine
- fabric scissors
- ruler
- fabric marking pen or pencil
- safety pin
- pins/clips
- iron and ironing board (optional)
- seam ripper (just in case!)
- cutting mat (optional)

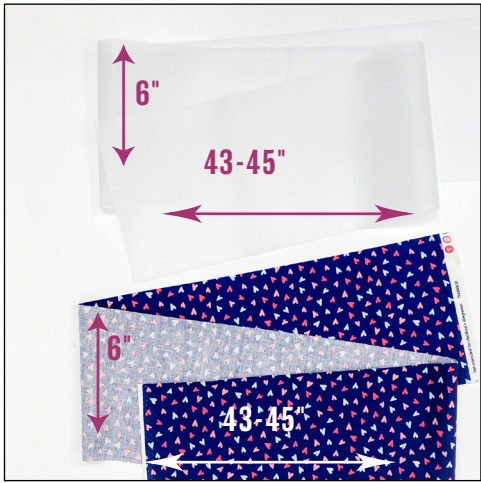
Purchasing a half yard will yield 6 masks, but a 6" x Width of Fabric strip will yield 2. Each mask requires 20-24" of elastic or about 1 yard of ribbon.

## ABOUT THIS PATTERN

Since recommendations that people wear face masks in public, sewers everywhere have been dusting off their machines. Even though there are many patterns for masks, after making hundreds and drafting several patterns, I have designed this pattern for my own use and wanted to share it. I wanted to make the process easy, since many people are making several at a time.

By adding ties or elastic through side casings, they are adjustable and replaceable. You may notice that this pattern does not include instructions for inserting a wire. I have tried all kinds of wires and many methods to attach them. I have found that the temporary, adhesive nose bridges are the most comfortable and provide the best fit. They stick on to the outside of the mask. They should be removed for washing and can sometimes be reused a few times. They are inexpensive and can be used just when needed. They are available from many places, including [crosscutsewingco.com](http://crosscutsewingco.com)

1



**READ ALL OF THE INSTRUCTIONS FIRST.**

Print out the pattern pieces and cut them out. Seam allowance is 3/8" unless otherwise noted.

Cut a 6" x width of fabric (about 44") strip from your cotton fabric. Cut your interfacing into 6" x 44" strips as well, if using. This makes it easier to manage. Fuse the interfacing to the fabric. Make sure the glue side is against the wrong side of the fabric and follow the manufacturers instructions to fuse.



It is easier to cut out the pieces this way, but there is a some interfacing wasted. You can cut out the fabric and interfacing separately if desired.

2



For these instructions, we are going to use a fabric pen or pencil and scissors. If you have a rotary cutter and/or cutting mat, feel free to use those.

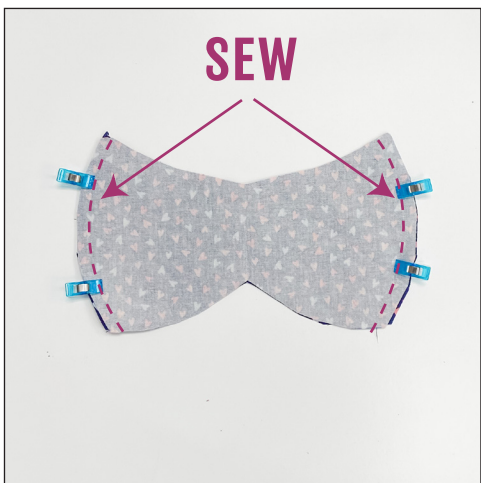
Fold your fabric just enough to place the pattern piece on it with the edge of the pattern right against the fold. Trace and cut your pattern piece.



Fold the fabric again and repeat. You should have 2 pattern pieces cut out.



3

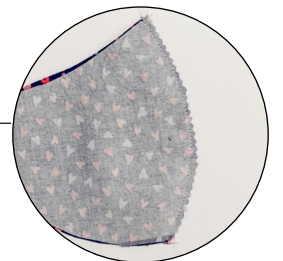


Line up your pattern pieces with the right sides together.

Pin and sew the curved sides.

Cut a few notches in the curved seam. You can use pinking shears if you have them.

Press the curved seams. Press one seam to one side and the other seam to the other side.



4



Bring both of the seams together and line them up with each going in opposite directions and nested together. Pin them together.

Mark  $\frac{5}{8}$ " in from each corner of the mask.

Sew along the top from one mark to the other. backstitching well when you start and stop. Leave the ends open.

Sew along the bottom, leaving an opening to turn the mask right side out. It is easier not to leave the opening on the seam.

5



Turn the mask right side out. Press making sure to tuck in the opening at the bottom. If the ends of the casing poke out, just tuck those back in and press.

Topstitch all around the mask. Sew about  $\frac{1}{8}$ " from the edge on the top and bottom and  $\frac{1}{2}$ " from the edge on the sides to form the casings.



TIP: Since the front and back of this mask are the same, I like to have a matching thread in the needle and a contrasting thread in the bobbin so I can always have the same side against my face.

6



Finish your mask! If you are adding elastic ear loops, the length will depend on the type of elastic and the wearer, but about 12" for adults or 10" for kids will give extra so it can be adjusted. Use a bodkin or safety pin to thread the elastic through the casing, tie a knot and then slide the knot into the casing.



Alternatively, you can thread ribbon, twill tape, elastic or drawstring cord through the mask and fasten it behind the head.

I am not a medical professional and make no claims about the effectiveness of the mask. For more information, visit: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>

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**1"  
Test  
Square**

Print at 100%  
Do Not Scale



**FITTED FACE MASK  
ADULT**

**PLACE ON FOLD**



**FITTED FACE MASK  
KIDS 7-12**

**PLACE ON FOLD**



Print at 100%  
Do Not Scale

