

ExactPax™ HRT SUPPORT



This all-inclusive, meticulously curated selection of essential components is specifically designed to empower patients' overall well-being by nurturing crucial physiological systems and providing hormonal support via diindolylmethane (DIM). From fortifying bone health and optimizing immune function with our synergistic blend of **Vitamin A, Vitamin D, Vitamin K2 MK-7**, plus well-absorbed **Di-Magnesium Malate** to support neurological vitality and cardiovascular resilience through our **Methylated B-Complex** and Evonik's **AvailOm® High Potency EPA**, this packet offers a holistic approach to health maintenance as well as **DIM's** impact on hepatic function, healthy estrogen metabolism, and improved phase 1 detoxification.



DEMOGRAPHIC & CLINICAL APPLICATIONS

MEN & WOMEN



PATIENTS REQUIRING

- Sex Hormone Metabolism Support
- Cardiometabolic Support
- Bone health Support
- Immune Support

BENEFITS



Supports Sex Hormone Metabolism Through Phase 1 Detoxification



Supports Immune Function & Immune Cell Activation



Supports Strong Bones, Calcium Absorption & Metabolism



Supports Cardiovascular Function



Supports Neurological Function & Methylation Optimization

ABOUT ExactPax™

Personalized Packets Based on Specific Health Goals

Based on the gracious input and ordering patterns of thousands of Infiniwell physicians, we created the ExactPax™ line. Each ExactPax™ box includes a *one-month supply of convenient, individual daily supplement packets*, compiled from the most popular bundles purchased for each identified health goal.

Convenient Reordering

Forget messy bottles. Reordering is automated, which makes the convenience night & day in comparison to managing bottles.

Eliminated Guesswork

Simplify your patients' daily health routine. Patients will no longer need to remember when, how much, or what to take.

Best Practice Protocols

Keep your patients up-to-date with the best & latest practice protocols being implemented by specialists.

Better Compliance

Having better patient compliance equates to better results for both your patients and your practice.



HRT SUPPORT vs. HRT SUPPORT+



1x Defend

SUPPLEMENT FACTS		
Serving Size: 1 Capsule Servings Per Container: 30		
	Amount Per Serving	%DV
Vitamin A (as retinyl palmitate)(5,000 IU)	1515 mcg	168%
Vitamin D (as Vitamin D3, cholecalciferol) (5,000 IU)	125 mcg	625%
Vitamin E (as d-alpha tocopherol succinate) (121 IU)	100 mg	667%
Vitamin K2 MK-7 (as K2VITAL® DELTA All-Trans Menaquinone-7)	200 mcg	*
AstraGin® (Astragalus membranaceus and Panax notoginseng) Root Extracts	50 mg	*

* Daily Value Not Established

Other Ingredients: Nuflow, Vegetable Capsule (Hypromellose)

1x Defend Pro

SUPPLEMENT FACTS		
Serving Size: 1 Capsule Servings Per Container: 30		
	Amount Per Serving	%DV
Vitamin A (as retinyl palmitate)(5,000 IU)	1515 mcg	168%
Vitamin D (as Vitamin D3, cholecalciferol) (10,000 IU)	250 mcg	1250%
Vitamin E (as d-alpha tocopherol succinate) (121 IU)	100 mg	667%
Vitamin K2 MK-7 (as K2VITAL® DELTA All-Trans Menaquinone-7)	300 mcg	*
AstraGin® (Astragalus membranaceus and Panax notoginseng) Root Extracts	50 mg	*

* Daily Value Not Established

Other Ingredients: Nuflow, Vegetable Capsule (Hypromellose)

BOTH INCLUDE

2x DIM

SUPPLEMENT FACTS		
Serving Size: 2 Capsules Servings Per Container: 30		
	Amount Per Serving	%DV
DIM (as Diindolylmethane)	150 mg	

* Daily Value Not Established

Other Ingredients: Microcrystalline Cellulose, Magnesium Stearate, Silicon Dioxide, Vegetable Capsule (Hypromellose, Titanium Dioxide)

2x Activated Magnesium

SUPPLEMENT FACTS		
Serving Size: 2 Capsules Servings Per Container: 30		
	Amount Per Serving	%DV
Magnesium (as Albion Di-Magnesium Malate and TRAACS® Magnesium Lysinate Glycinate Chelate)	250 mg	59%
Malic Acid (as Albion Di-Magnesium Malate)	828 mg	*

* Daily Value Not Established

Other Ingredients: Rice Powder, Hydroxypropyl Methylcellulose, Magnesium Stearate, Silicon Dioxide, Vegetable Capsule (Hypromellose, Titanium Dioxide)

1x Methylated B-Complex

SUPPLEMENT FACTS		
Serving Size: 1 Capsule Servings Per Container: 30		
	Amount Per Serving	%DV
Vitamin B1 (as Thiamine HCL)	50mg	4,167%
Vitamin B2 (as Riboflavin)	50mg	3,846%
Niacin (as Niacinamide)	50mg	313%
Vitamin B6 (as Pyridoxine HCL)	50mg	2,941%
Folate (as 5-Methyltetrahydrofolic Acid)	680mcg	170%
Vitamin B12 (as Methylcobalamin)	500mcg	20,833%
Biotin	75mcg	250%
Pantothenic Acid (as D-Calcium Pantothenate)	50mg	1,000%
Choline (as Choline Bitartrate)	19mg	3%
Inositol	50mg	*

* Daily Value Not Established

Other Ingredients: Hydroxypropyl Methylcellulose, Magnesium Stearate, Silicon Dioxide, Vegetable Capsule (Hypromellose)

2x Omega 5X

SUPPLEMENT FACTS		
Serving Size: 2 Capsules Servings Per Container: 30		
	Amount Per Serving	%DV
Omega-3 Lysine Complex (AvailOM®) (Providing 360mg EPA, 180mg DHA) (as Free Fatty Acids)	1200 mg	*
SmartPrime-Om™ Complex (Methylsulfonylmethane and Sesame seed (Sesamum indicum L.) extract std. for Sesamin)	250 mg	*
AstraGin® (Astragalus membranaceus and Panax notoginseng) Root Extracts	50 mg	*

* Daily Value Not Established

Other Ingredients: Magnesium Stearate (Vegetable), Silica, Vegetable Capsule (Hypromellose)
Contains Fish



GLUTEN FREE



SOY FREE



DAIRY FREE



NON GMO

SUGGESTED USE

Take 1 packet daily, with a meal, or as directed by your healthcare practitioner.



CONTENTS

Diindolylmethane (DIM)

DIM is a naturally occurring compound derived from cruciferous vegetables like broccoli and cauliflower. It is widely recognized for its multifaceted role in promoting hormonal balance, particularly in estrogen metabolism. DIM aids in the conversion of strong, potentially harmful estrogens into milder forms, supporting a more harmonious hormonal equilibrium. Additionally, DIM influences phase 1 detoxification enzymes, promoting the body's ability to metabolize and eliminate toxins effectively. Beyond its detoxification prowess, DIM showcases antioxidant properties, which help mitigate oxidative stress by neutralizing harmful free radicals. In essence, DIM's dynamic attributes encompass not only its impact on estrogen metabolism but also its contributions to detoxification processes and antioxidant defense mechanisms, collectively enhancing overall wellness.

- Hormonal balance, specifically via estrogen metabolism
- Immune support via T cell and NK cell modulation
- Phase 1 detoxification support
- Enhanced antioxidant capacity

Defend / Defend Pro

Defend features vitamins A, 5000 IU of D3 and K2. Defend Pro also features vitamin A, but includes 10,000 IU of D3 and K2, all of which are essential nutrients that play important roles in various biological processes. Vitamin A is important for vision, immune function, and cellular growth and differentiation. Vitamin D is essential for bone health, immune function, and has been linked to numerous other health benefits. Vitamin K2 is necessary for proper blood clotting and has been linked to improved bone health and cardiovascular health. Since these three nutrients work together to depend on one another, their combination in a dietary supplement is key. **AstraGin®**, a proprietary blend of *Astragalus membranaceus* and *Panax notoginseng* extracts, serves to improve nutrient absorption and enhance the bioavail ability of certain compounds, these vitamins included. When combined, these nutrients and AstraGin® can create a synergistic effect, potentially enhancing their individual benefits and improving overall health.

- Supports immune function
- Supports effective calcium deposition
- Supports cardiometabolic function
- Supports optimal hormone metabolism



Activated Magnesium

Magnesium is involved in over 200 essential biochemical reactions within the human body. It serves as a cofactor for numerous enzymes, facilitating various metabolic processes. These reactions include energy production, as magnesium is crucial for the synthesis of adenosine triphosphate (ATP), the primary energy currency of cells. Magnesium also plays a key role in protein synthesis, DNA and RNA synthesis, and cellular replication. Additionally, it is involved in maintaining proper nerve and muscle function; regulating blood pressure; supporting cardiovascular health; participating in the metabolism of carbohydrates, fats, and proteins; and aiding in the synthesis of neurotransmitters. Moreover, magnesium contributes to the activation of vitamin D and helps maintain bone health. Its extensive involvement in such a wide array of physiological processes underscores its indispensability for overall well-being and optimal bodily function.

- Supports healthy neurotransmitter metabolism
- Promotes vascular relaxation and pliability
- Maintains healthy levels of melatonin
- Aids in healthy levels of ATP production



Methylated B-Complex

A diverse and intricate range of B vitamins is crucial for the body's ability to transform food into energy at the cellular level. These vitamins, which are soluble in water, are initially absorbed in the small intestine and then transported to the liver, where they undergo biotransformation into their coenzyme forms. One of the primary functions of B vitamins is to act as essential coenzymes in the Krebs's cycle, a biochemical pathway responsible for sustaining energy production in the form of adenosine triphosphate (ATP), which is vital for cellular energy. Additionally, B vitamins, particularly folate, B6, and B12, play a significant role in proper methylation: a biochemical process that facilitates the conversion of the problematic amino acid metabolite and homocysteine, into the amino acids methionine and cysteine. Adequate methylation is crucial for supporting various aspects of mental and physical health, including the regulation of gene expression and DNA repair.

- Supports healthy methylation & carbohydrate metabolism
- Supports neurotransmitter production for a positive mood
- Promotes nervous system, immune & adrenal health
- Protects against stress-induced nutrient depletion

Omega 5X

The dietary supplement market is flooded with products that promise to enhance overall health and well-being. However, not all supplements are created equal, and many fail to deliver on their promises. Omega 5X is a unique supplement designed to enhance the delivery and increase the bioavailability of omega-3 fatty acids. We all know the role that omega-3 fatty acids play and their crucial role in maintaining the health of various systems in the body, but their bioavailability can be limited. Omega 5X combines three key ingredients, **AvailOm® High Potency EPA**, **SmartPrime-Om™**, and **AstraGin®** to provide a powerful combination of omega-3 fatty acids, MSM, sesame oil, and a patented blend of natural plant extracts that work together to maximize the bioavailability of omega-3 fatty acids in the body.

- Cardiometabolic support
- Neurological and mood support
- High potency EPA omega-3's
- Joint mobility and tissue integrity

AvailOm®
An Evonik product.

 **smartprime-om**
OMEGA OPTIMIZER
trademark licensed by NPI, LLC.

WHEN TO RECOMMEND (+)

Generally speaking the patient who is looking to cover any potential nutritional gaps and provide themselves with optimal foundational, detoxification and hormone metabolism support would be the ideal person for an **HRT Support ExactPax™** recommendation.

When it comes to those patients who have a similar nutritional goals but who want more intense immune, bone and heart support or simply desire a greater level of Vitamin D, that is when **HRT Support+ ExactPax™** is the more appropriate option.

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*These statements have not been evaluated by The Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.