ExactPax™ FOUNDATIONAL

This all-inclusive, meticulously curated selection of essential components is specifically designed to empower patients’ overall well-being by nurturing crucial physiological systems. From fortified bone health to optimized immune function, our synergistic blend of Vitamin A, Vitamin D, Vitamin K2 MK-7, and well-absorbed Di-Magnesium Malate support neurological vitality and cardiovascular resilience through our Methylated B-Complex and Evonik’s AvailOm® High Potency EPA, this packet offers a holistic approach to health maintenance.

DEMOGRAPHIC & CLINICAL APPLICATIONS

MEN & WOMEN

PATIENTS REQUIRING
- Cardiometabolic Support
- Bone health Support
- Immune Support
- Sex Hormone Metabolism Support

BENEFITS

- Supports Immune Function & Immune Cell Activation
- Supports Strong Bones, Calcium Absorption & Metabolism
- Supports Cardiovascular Function
- Supports Neurological Function & Methylation Optimization

ABOUT ExactPax™

Personalized Packets Based on Specific Health Goals

Based on the gracious input and ordering patterns of thousands of InfiniWell physicians, we created the ExactPax™ line. Each ExactPax™ box includes a one-month supply of convenient, individual daily supplement packets, compiled from the most popular bundles purchased for each identified health goal.

✔ Convenient Reordering
  Forget messy bottles. Reordering is automated, which makes the convenience night & day in comparison to managing bottles.

✔ Eliminated Guesswork
  Simplify your patients’ daily health routine. Patients will no longer need to remember when, how much, or what to take.

✔ Best Practice Protocols
  Keep your patients up-to-date with the best & latest practice protocols being implemented by specialists.

✔ Better Compliance
  Having better patient compliance equates to better results for both your patients and your practice.
# Foundational vs. Foundational+

## 30x Individual Packets/Box

**Foundational**
- 1x Defend
- 2x Activated Magnesium
- 1x Methylated B-Complex
- 2x Omega 5x

**Supplement Facts**
- Serving Size: 1 Capsule | Servings Per Container: 30
- Amount Per Serving | %DV
  - Vitamin A (as retinyl palmitate) (5,000 IU): 1,515 mcg | 168%
  - Vitamin D (as cholecalciferol): 125 mcg | 625%
  - Vitamin E (as d-alpha tocopheryl succinate): 100 mcg | 667%
  - Vitamin K2 MK-7 (as KIVITAL® DELTA All-Trans Menaquinone-7): 200 mcg
  - AstragaLin® (Astragalus membranaceus and Panax notoginseng) Root Extracts: 50 mg

*Other Ingredients: Nulflow, Vegetable Capsule (Hypermellose)*

**Foundational+**
- 1x Defend Pro
- 2x Activated Magnesium
- 1x Methylated B-Complex
- 2x Omega 5x

**Supplement Facts**
- Serving Size: 1 Capsule | Servings Per Container: 30
- Amount Per Serving | %DV
  - Vitamin A (as retinyl palmitate) (5,000 IU): 1,515 mcg | 168%
  - Vitamin D (as cholecalciferol): 250 mcg | 1250%
  - Vitamin E (as d-alpha tocopheryl succinate): 100 mcg | 667%
  - Vitamin K2 MK-7 (as KIVITAL® DELTA All-Trans Menaquinone-7): 300 mcg
  - AstragaLin® (Astragalus membranaceus and Panax notoginseng) Root Extracts: 50 mg

*Other Ingredients: Nulflow, Vegetable Capsule (Hypermellose)*

## Both Include

**2x Activated Magnesium**

**Supplement Facts**
- Serving Size: 2 Capsules | Servings Per Container: 30
- Amount Per Serving | %DV
  - Magnesium (as Albion Di-Magnesium Malate and TRACS® Magnesium Glycinate Chelate): 250 mg | 59%
  - Malic Acid (as Albion Di-Magnesium Malate): 828 mg

*Other Ingredients: Rice Powder, Hydroxypropyl Methylcellulose, Magnesium Stearate, Silicon Dioxide, Vegetable Capsule (Hypermellose, Titanium Dioxide)*

**1x Methylated B-Complex**

**Supplement Facts**
- Serving Size: 1 Capsule | Servings Per Container: 30
- Amount Per Serving | %DV
  - Vitamin B1 (as Thiamine HCI): 50 mg | 4167%
  - Vitamin B2 (as Riboflavin): 50 mg | 3846%
  - Niacin (as Nicotinamide): 50 mg | 313%
  - Vitamin B6 (as Pyridoxine HCI): 50 mg | 2941%
  - Folate (as 5 Methyltetahydrofoleric Acid): 680 mcg | 170%
  - Vitamin B12 (as Methylcobalamin): 500 mcg | 20833%
  - Biotin: 75 mcg | 250%
  - Pantothenic Acid (as Dicalcium Phosphate): 50 mg | 1000%
  - Choline (as Choline Bitartrate): 19 mg | 3%
  - Inositol: 50 mg

*Other Ingredients: Hydroxypropyl Methylcellulose, Magnesium Stearate, Silicon Dioxide, Vegetable Capsule (Hypermellose)*

**2x Omega 5x**

**Supplement Facts**
- Serving Size: 2 Capsules | Servings Per Container: 30
- Amount Per Serving | %DV
  - Omega-3 Lysine Complex (Avail®OMX™) (Providing 360mg EPA, 180mg DHA (as Free Fatty Acids)): 1200 mg
  - SmartPrime-Om™ Complex (Methyllimonononene and Izatene seed (Zeaenhum indican) extract std. for Izatene): 250 mg
  - AstragaLin® (Astragalus membranaceus and Panax notoginseng) Root Extracts: 50 mg

*Other Ingredients: Magnesium Stearate (Vegetable), Silica, Vegetable Capsule (Hypermellose)
Contains Fish*

## Suggested Use

Take 1 packet daily, with a meal, or as directed by your healthcare practitioner.
Defend / Defend Pro

Defend features vitamins A, 5000 IU of D3, and K2. Defend Pro also features vitamin A but includes 10,000 IU of D3 and K2, all of which are essential nutrients that play important roles in various biological processes. Vitamin A is important for vision, immune function, and cellular growth and differentiation. Vitamin D is essential for bone health, immune function, and has been linked to numerous other health benefits. Vitamin K2 is necessary for proper blood clotting and has been linked to improved bone health and cardiovascular health. Since these three nutrients work together to depend on one another, their combination in a dietary supplement is key. AstraGin®, a proprietary blend of Astragalus membranaceus and Panax notoginseng extracts, serves to improve nutrient absorption and enhance the bioavail ability of certain compounds, these vitamins included. When combined, these nutrients and AstraGin® can create a synergistic effect, potentially enhancing their individual benefits and improving overall health.

- Supports immune function
- Supports effective calcium deposition
- Supports cardiometabolic function
- Supports optimal hormone metabolism

Activated Magnesium

Magnesium is involved in over 200 essential biochemical reactions within the human body. It serves as a cofactor for numerous enzymes, facilitating various metabolic processes. These reactions include energy production, as magnesium is crucial for the synthesis of adenosine triphosphate (ATP), the primary energy currency of cells. Magnesium also plays a key role in protein synthesis, DNA and RNA synthesis, and cellular replication. Additionally, it is involved in maintaining proper nerve and muscle function; regulating blood pressure; supporting cardiovascular health; participating in the metabolism of carbohydrates, fats, and proteins; and aiding in the synthesis of neurotransmitters. Moreover, magnesium contributes to the activation of vitamin D and helps maintain bone health. Its extensive involvement in such a wide array of physiological processes underscores its indispensability for overall well-being and optimal bodily function.

- Supports healthy neurotransmitter metabolism
- Promotes vascular relaxation and pliability
- Maintains healthy levels of melatonin
- Aids in healthy levels of ATP production

Methylated B-Complex

A diverse and intricate range of B vitamins is crucial for the body's ability to transform food into energy at the cellular level. These vitamins, which are soluble in water, are initially absorbed in the small intestine and then transported to the liver, where they undergo biotransformation into their coenzyme forms. One of the primary functions of B vitamins is to act as essential coenzymes in the Kreb's cycle, a biochemical pathway responsible for sustaining energy production in the form of adenosine triphosphate (ATP), which is vital for cellular energy. Additionally, B vitamins, particularly folate, B6, and B12, play a significant role in proper methylation: a biochemical process that facilitates the conversion of the problematic amino acid metabolite and homocysteine, into the amino acids methionine and cysteine. Adequate methylation is crucial for supporting various aspects of mental and physical health, including the regulation of gene expression and DNA repair.

- Supports healthy methylation & carbohydrate metabolism
- Supports nervous system, immune & adrenal health
- Supports neurotransmitter production for a positive mood
- Protects against stress-induced nutrient depletion
Omega 5X
The dietary supplement market is flooded with products that promise to enhance overall health and well-being. However, not all supplements are created equal, and many fail to deliver on their promises. Omega 5X is a unique supplement designed to enhance the delivery and increase the bioavailability of omega-3 fatty acids. We all know the role that omega-3 fatty acids play and their crucial role in maintaining the health of various systems in the body, but their bioavailability can be limited. Omega 5X combines three key ingredients, AvailOm® High Potency EPA, SmartPrime-Om™, and AstraGin® to provide a powerful combination of omega-3 fatty acids, MSM, sesame oil, and a patented blend of natural plant extracts that work together to maximize the bioavailability of omega-3 fatty acids in the body.

- Cardiometabolic support
- High potency EPA omega-3’s
- Neurological and mood support
- Joint mobility and tissue integrity

WHEN TO RECOMMEND (+)

Generally speaking the patient who is looking to cover any potential nutritional gaps and provide themselves with optimal foundational nourishment would be the ideal person for a Foundational ExactPax™ recommendation.

When it comes to those patients who have similar nutritional goals but who want more intense immune, bone and heart support or simply desire a greater level of Vitamin D, the Foundational Foundational+ ExactPax™ is the more appropriate option.