



STEP TO STEP GUIDE
TEXTURED PONY



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THE PERFECT PONY

STEP 01 - PREP

Assess the client's hair, taking into account the texture, thickness & length.

Take the time to talk to the client about the look she would like to achieve, look at any reference

photos she has discussing your plan of action.

Apply an almond sized amount of NATALIE ANNE HAIRCARE PREP AND PLAY all-in-one cream to the

mid lengths & ends before applying the excess to the root.

STEP 02 - BANDING

Start by pulling the clients hair back assessing where to place your first & second pony tail. We want

to create an invisible contour line from the jaw line back to the top of your first pony.

Envision where

you are going to place the part before you start to section the hair.

Using your fingers take your first section from the top of the ear & finish at the crown on both sides

of the head forming your second pony. Section this off & clip away.

Detangle the hair & apply NA VOLUMISING POWDER section by section covering the root area.

Backcomb in large sections to create texture & cushioning, this will act as a foundation for your

bungee.

We are now ready to pull our first pony tail.

Start by creating your own bungee by inserting two bobby pins on opposite sides of an elastic band.

Give the hair a light mist of hairspray to add more control & brush through with the NATALIE ANNE VEGAN BRUSH.

Make sure your client's posture is straight & her head is upright before you start to pull your pony.

Using the NATALIE ANNE VEGAN BRUSH start to gather the hair, drive your left hand from the base

of the neck all the way up snatching the hair tight. Pull the hair tight & repeat this motion until your

pony is formed. Once you are happy with the shape take your bungee & secure.

Ensure the hand that is holding the pony stays taught against the head, do not remove your hand

until the pony is secure.

Take your grip & insert it into the hair face down straight into the palm of the hand holding the

pony. Wind the bungee continuously around the pony until you achieve the right tension then insert

the other bobby pin into the base of the pony to secure.

STEP 03 - TEXTURE + VOLUME

Start to create texture & movement through the top section, apply NA VOLUMISING POWDER &

massage in. Start to take diagonal back sections, lightly backcombing the root in the direction of the pony.

Use the opposite end of your comb to rake the hair into the direction of the pony tail & finish with a little bit of hair spray.

As you get to the middle section start to take vertical sections applying NA VOLUMISING POWDER

over the root then teasing towards the ponytail. Raking the hair in the direction of the pony &

finishing with hairspray.

When working at the hairline take into account the clients face shape & personality, leave any pieces that you would like out before securing your second pony.

Make sure you are happy with the shape, teasing out any flat areas making sure the shape is balanced.

STEP 04 - DOUBLE BAND

Once you are happy with your shape start to form your pony using U-pins, this allows you to play

with the shape until you are ready to secure it with bobby pins.

Start by gathering the centre then secure with a U-pin. Gather the sides in & insert another U-pin

securing it on-top of the first ponytail.

Play with the shape until you & your client are happy then secure with closed bobby pins. Spray with

QUEENIE hair spray by O+M to set.

To secure the second pony take a long piece of hat elastic & hold it under the first pony. Bring the

elastic up & over the second pony wrapping it around until you feel its tight enough to secure the

second pony then remove your U-pins.

Once you are happy with the look & it is mimicking one seamless pony, tie off the hat elastic by

looping over twice then pulling it tight. Repeat this double loop & pull again to secure.

Leave the

ends of your elastic long just in case you want to extend the band or add to the pony later on.

If the client wants a straight pony the look is ready wear.

If they client wanted more movement & texture refer back to the consultation & establish the type

of curl or wave you need to create to achieve the desired look.

STEP 05 - SETTING

Start setting using the SOFT CURVE TONG by GHD, in this case I will be setting the hair away from the

face. When clipping sections away use a U-pin to ensure you don't damage or crease the front.

Using vertical sections, place your tong in opening the clamp.

Angle towards the floor & start to wrap the hair around the tong holding onto the ends. Guide the

tong toward the head then away rocking back & forth along the hair shaft till your curl is set, then

release.

Allow the curl to cool in the palm of your hand prior to letting it drop. If the client has fine hair, I

would recommend setting the curl in a pin to ensure the curl doesn't drop.

As you work towards the top of the pony start to split the hair into horizontal sections, then set in

vertical sections creating an even row of curls. Once the hair is set use a light mist of hairspray.

STEP 05 - DRESSING

Ensure the hair is completely cooled & set before you start to dress out.

Start to brush out the curl using the NATALIE ANNE VEGAN BRUSH.

Section the hair in the same way you sectioned to set, using U-pins to secure.

Sprinkle NA VOLUMISING POWDER to the root, mid lengths & ends massaging the product in then backcomb the root slightly.

Make sure you step away from the shape as you go to assess your silhouette, ensure you are teasing with purpose & manipulating the shape as you go.

Continue this process section by section applying powder, backcombing, raking the surface then finishing with hair spray.

Pro tip: Use the hairspray bottle to press into the deeper indentations for a more defined shape.

For the last strand of the pony that sits at the very top, really exaggerate your tease by using a semi-circle motion with your comb. Then rake out the surface pinching & refining the shape.

STEP 06 - FINISHING

If you would like to conceal your hat elastic, start by trimming off the excess elastic once the look is complete.

Take a small section of hair from under the pony, pull it taught towards the ceiling & saturate the strand with hair spray & massage the product in.

Start to wrap the hair around the elastic spraying with hair spray as you go, increase the tension as you wrap around to create a neat band of hair.

Make sure the wrap ends at the base of the pony twisting the ends then blasting with a hair dryer to seal the strand.

Spray the end of the strand with more hairspray & blast with the hair dryer again to secure, this will act like an invisible bobby pin.

Pro tip: Insert two bobby pins into the base of the pony tail to create a higher arch. Do this by holding the pony up loosely then insert the bobby pins into the base of the pony to create a plank. This will add some perk to the pony create more distance between the base of the pony & the head giving a more exaggerated look. Make sure the bobby pins do not make contact with the client's scalp.



06

THE
FINISH

