ONE PLACE TO ANOTHER

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Introduction of Smart Band

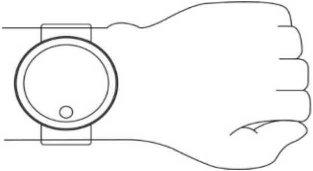
Wearing method

Best to wear the bracelet after the styloid of ulna;

Please fit the adjusting holes according to your wrist size, an

up the wristband buckle;

The sensor should cling to skin to avoid movement.



Charging the band

Please ensure the band has enough battery at your first time

Please charge the band first if it cannot be powered on, and

band will automatically start working.

Charging method

Unplug the band body from both ends of the strap. Insert

plug of the band correctly into the USB port of the comput

phone adapter.

d then do

using it.

then the

the USB

ter or the

Power on/off

① In shutdown state, please long touch the function key over 4 seconds to start the device with vibration;

② In "MAC" page, long touch the function key for more than 2 seconds to enter the shutdown interface, and short touch to select OFF, system will be powered off if no operation in 3 seconds.

Band operation

① In power on state, short touch the function key to light up the screen to default page with date and time information;

② In the default page, short touch the function key can switch band to different pages. The screen will be turned off if no operation in 5 seconds;

③ When switching to heart rate or blood pressure interface, the band will automatically start the measurement. The result will be displayed in 50s, and the screen will be turned off automatically then.

Install the band APP on the phone

Please scan the QR code below, or

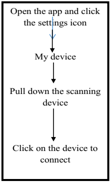
Android

System Requirements Android

Support Bluetooth 4.0.

Connecting band to APP

For the first time using the band calibrate the time and date, othe monitor will not be accurate. synchronized when successfully co


Open the app and click the settings icon
My device
Pull down the scanning device
Click on the device to connect

enter the APP Store.

iOS

5.0 and above; iOS9.0 and above;

l, please connect it to the APP to rwise the pedometer and sleeping The band will automatically be nnected.

① After the pairing is finished, the APP will remember the band, and will search and connect the band automatically if the APP is opened or running in the background.

② Pls ensure the band has all the required permissions of the system during installation or set the permission in your phone's system settings, such as running in background and reading contact information.

APP functions and settings

Personal information

Please set personal information after entering the APP;

Settings → personal settings, you can set the gender - age - height - weight.

You can also set your daily exercise and sleep goals and monitor daily completion.

Message notification

Incoming call:

In the connected state, if the incoming call reminder function is enabled, the band will vibrate when there is incoming call, and the name or number of the incoming call will be displayed. (Need to set permission for APP to access phone address book)

SMS notification:

In the connected state, if the SMS reminder function is enabled, the band will remind when there is a text message.

Other reminders:

In the connected state, if you turn on this feature, he band will vibrate when there are WeChat, QQ， Twitter， Facebook and other notifications on your phone. (Need to turn on notification in phone system, and set permission of APP to access system notifications. The maxim letters supported for each message is limited).

Vibrating reminder:

Turn on this feature, when there is a call, information or other reminder, the band will vibrate, if closed, there will only be screen reminder without vibration, so as not to disturb you.

Sedentary reminder:

Set to enable/disable the sedentary reminder function. You can set the reminding interval in the profile, thus the band will remind if you sit for a long time over that interval.

Android user tips:

The reminder function needs to be set to allow "Yoho band" running in the background; it is strongly recommended to add "Yoho band" in the entitlement management to trusted list and allow all permission to enable full functions.

APP features and settings

Smart alarm clock

In the connected state, three alarm clocks can be set and synchronized to the band;

Offline alarm is supported. After successful synchronization, even if the APP is not connected, the band will still alarm according to the set time.

Band display settings

In this option, you can set the display pages on your band . The enabled function pages will switch one by one with your touch on function key, and disabled function page will not .

Looking for band

When connected, click the "Looking for band" option, the band will vibrate to cause your attention.

Shake to take selfie

In the connected state, enter the “shake to take selfie” in APP, shake the band, and the APP will take photos automatically after 3 seconds countdown. Please allow APP to access the camera and photo album to take and save the selfie.

Lift Wrist to view info

Set the function to ON，the screen will be lighted automatically when user lift the wrist.

Sedentary Remindess

Please set the period for sedentary remind.

Band display instructions

In general, long touch in each page for more than 2 seconds will enter the subpages if current page has subpages.

Date and Clock

After synchronized with the phone, the date and clock on band will automatically be calibrated.

Long touch in this page for >2s, you can enter subpages for selecting default date&clock page style, totally 3 styles are available.

Pedometer

Wear a band to automatically record your daily activity. You can view the real-time steps today.

Distance

Based on the number of your daily activity and your personal profile, the distance you traveled will be displayed.

Calories

Based on your walking distance and your personal profile, the calories burned will be displayed.

Heart rate, blood pressure

Switch to the heart rate or blood pressure interface, the band will automatically start measurement, and the result will be displayed in 40 seconds. This feature is only supported if

blood pressure sensor.

Multi Sports mode

Running mode

Long touch to start running mode，in this

time will start from 0, and the activity

recorded until long touch again to quit

pedometer during this period will also

activity.

Skipping Scope mode

Long touch to start Skipping-scope mod

will record the number of skipping scope

automatically until long touch again to qu

Sit-up mode

Long touch to start Sit-up mode, in this m

the number of sit-up you did and lasting

long touch again to quit this mode.

Sleep monitor

The bracelet will automatically monitor you

it will detect your sleep status with deep sl

times, calculate your sleep quality; the result

Note The band will track sleeping status the band has heart rate or

mode, the pedometer and
and lasting time will be
the running mode. The
be counted in the daily

e, in this mode, the band
you did and lasting time
it this mode.

node, the band will record
time automatically until

r sleeping status in night;
eep / light sleep / awake
can be checked on APP.
only when you wore it

during your sleep in night. Place the band somewhere will not trig the sleeping monitor.

Please synchronize your band with APP after 9:00am the next day to upload the data before you can check it.

Basic parameters

Device type	Smart band	Battery	Lithium polymer
Vibration motor	support	Connectivity	Bluetooth 4.0
Operating temperature	-10℃~50℃	sensor	Low-power accelerometer
System Requirements	IOS 9.0 above / Android 5.0 above		

Notice

1. Take off your band before having shower or swimming.
2. Please connect the band when synchronizing data.
3. Use the 5V USB charging adapter.
4. Do not expose the band in high moisture or extreme high temperatures.
5. When the APP crashes or reboots, please check the phone memory, clear it and try again, or exit the app to reopen it.

Components

* Host * Wristband * Charging cable * Packing box and manual

Languages Supported

APP Language English,
Portuguese, Russian, Dutch.

Wristband Language Engl
Portuguese

Chinese, French, Deutsch, Spanish,

lish, Chinese, French, Deutsch, Spanish,

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