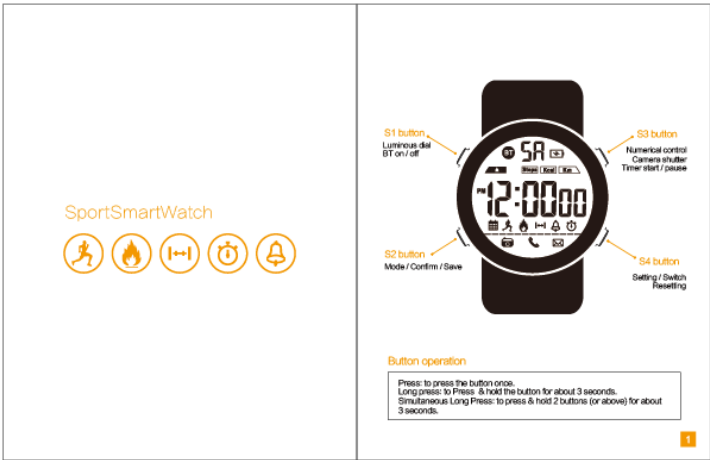




All instructions for this operation are for
reference only and the product is subject to availabilityAndroid phone
(Google Play) Android phone
(in China) iPhone
(Whole world)Warranty
CardOperation Guide



Sport SmartWatch
Mode / Confirm / SaveS2 buttonLuminous dial

BT on / off S1 button Setting / Switch

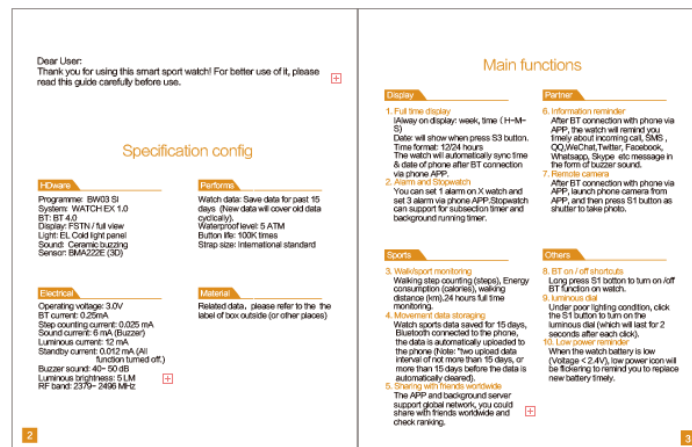
Resetting Numerical control

Camera shutter

Timer start / pause S3 button S4 button Button operation Press: to press the button once.

Long press: to Press & hold the button for about 3 seconds.

Simultaneous Long Press: to press & hold 2 buttons (or above) for about 3 seconds.



HDware2MaterialElectricalPerformsWatch data: Save data for past 15 days (New data will cover old data cyclically).

Waterproof level: 5 ATM

Button life: 100K times

Strap size: International standard

Related data, please refer to the the label of box outside (or other places)

Dear User:

Thank you for using this smart sport watch! For better use of it, please read this guide carefully before use.

Programme: BW03 SI

System: WATCH EX 1.0

BT: BT 4.0

Display: FSTN / full view

Light: EL Cold light panel

Sound: Ceramic buzzing

Sensor: BMA222E (3D)

Operating voltage: 3.0V

BT current: 0.25mA

Step counting current: 0.025 mA

Sound current: 6 mA (Buzzer)

Luminous current: 12 mA

Standby current: 0.012 mA (All
function turned off.)

Buzzer sound: 40- 50 dB

Luminous brightness: 5 LM

RF band: 2379- 2496 MHz

Specification config3SportsPartnerOthersDisplay

6. Information reminder

After BT connection with phone via

APP, the watch will remind you
timely about incoming call, SMS ,
QQ,WeChat,Twitter, Facebook,
Whatsapp, Skype etc message in
the form of buzzer sound.

7. Remote camera

After BT connection with phone via
APP, launch phone camera from
APP, and then press S1 button as
shutter to take photo.

8. BT on / off shortcuts

Long press S1 button to turn on /off
BT function on watch.

9. luminous dial

Under poor lighting condition, click
the S1 button to turn on the
luminous dial (which will last for 2
seconds after each click).

10. Low power reminder

When the watch battery is low
(Voltage < 2.4V), low power icon will
be flickering to remind you to replace

new battery timely.Main functions

1. Full time display

Always on display: week, time (H-M-S)

Date: will show when press S3 button.

Time format: 12/24 hours

The watch will automatically sync time & date of phone after BT connection via phone APP.

2. Alarm and Stopwatch

You can set 1 alarm on X watch and set 3 alarm via phone APP.Stopwatch can support for subsection timer and background running timer.

3. Walk/sport monitoring

Walking step counting (steps), Energy consumption (calories), walking distance (km).24 hours full time monitoring.

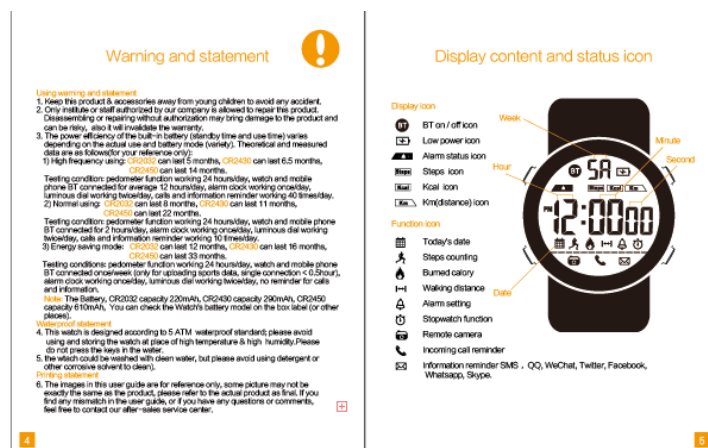
4. Movement data storing

Watch sports data saved for 15 days, Bluetooth connected to the phone,

the data is automatically uploaded to
the phone (Note: "two upload data
interval of not more than 15 days, or
more than 15 days before the data is
automatically cleared).

5. Sharing with friends worldwide

The APP and background server
support global network, you could
share with friends worldwide and
check ranking.



Using warning and statement

1. Keep this product & accessories away from young children to avoid any accident.
2. Only institute or staff authorized by our company is allowed to repair this product.

Disassembling or repairing without authorization may bring damage to the product and
can be risky, also it will invalidate the warranty.

3. The power efficiency of the built-in battery (standby time and use time) varies
depending on the actual use and battery mode (variety). Theoretical and measured

data are as follows(for your reference only):

1) High frequency using: CR2032 can last 5 months, CR2430 can last 6.5 months,
CR2450 can last 14 months.

Testing condition: pedometer function working 24 hours/day, watch and mobile
phone BT connected for average 12 hours/day, alarm clock working once/day,
luminous dial working twice/day, calls and information reminder working 40 times/day.

2) Normal using: CR2032 can last 8 months, CR2430 can last 11 months,
CR2450 can last 22 months.

Testing condition: pedometer function working 24 hours/day, watch and mobile phone
BT connected for 2 hours/day, alarm clock working once/day, luminous dial working
twice/day, calls and information reminder working 10 times/day.

3) Energy saving mode: CR2032 can last 12 months, CR2430 can last 16 months,
CR2450 can last 33 months.

Testing conditions: pedometer function working 24 hours/day, watch and mobile phone
BT connected once/week (only for uploading sports data, single connection < 0.5hour),
alarm clock working once/day, luminous dial working twice/day, no reminder for calls
and information.

Note: The Battery, CR2032 capacity 220mAh, CR2430 capacity 290mAh, CR2450
capacity 610mAh, You can check the Watch's battery model on the box label (or other
places).

Waterproof statement

4. This watch is designed according to 5 ATM waterproof standard; please avoid
using and storing the watch at place of high temperature & high humidity. Please
do not press the keys in the water.

5. the watch could be washed with clean water, but please avoid using detergent or
other corrosive solvent to clean).

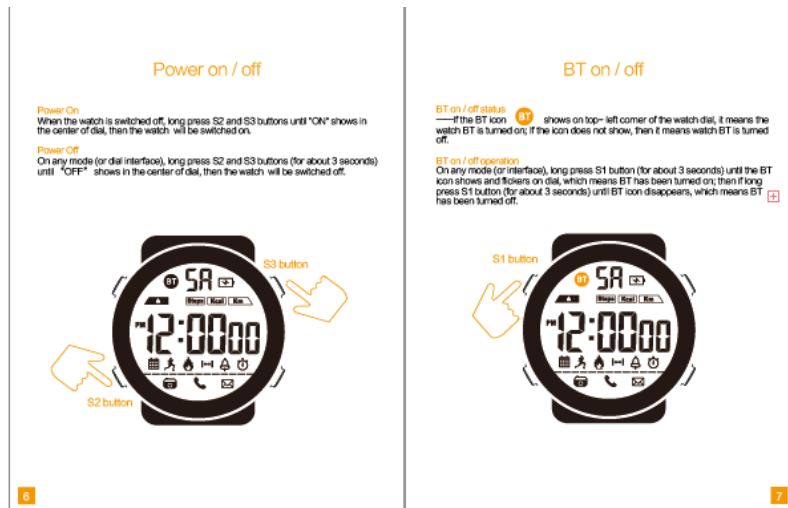
Printing statement

6. The images in this user guide are for reference only, some picture may not be
exactly the same as the product, please refer to the actual product as final. If you

find any mismatch in the user guide, or if you have any questions or comments,
feel free to contact our after-sales service center.

Warning and statement Date Hour Second Week Minute Function icon Display icon Display content
and status icon Information reminder SMS , QQ, WeChat, Twitter, Facebook,

Whatsapp, Skype. Incoming call reminder Remote camera Stopwatch function Walking distance
Alarm setting Today's date Burned calory Steps counting Km(distance) icon Kcal icon Steps icon
Alarm status icon BT on / off icon Low power icon



S1 button BT on / off status

—— If the BT icon shows on top-left corner of the watch dial, it means the watch BT is turned on; If the icon does not show, then it means watch BT is turned off.

BT on / off operation

On any mode (or interface), long press S1 button (for about 3 seconds) until the BT icon shows and flickers on dial, which means BT has been turned on; then if long press S1 button (for about 3 seconds) until BT icon disappears, which means BT has been turned off.

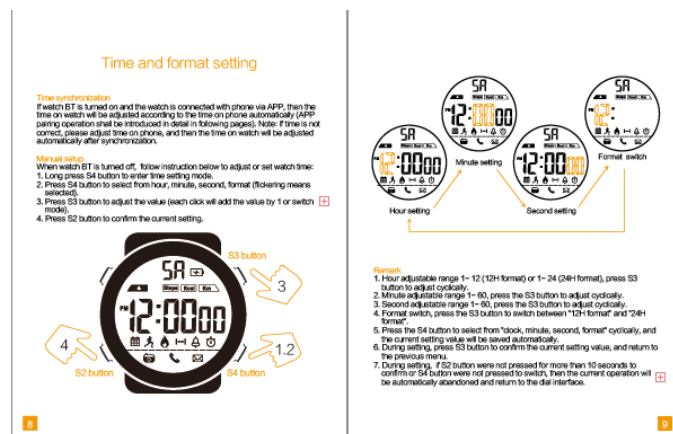
Power On

When the watch is switched off, long press S2 and S3 buttons until "ON" shows in the center of dial, then the watch will be switched on.

Power Off

On any mode (or dial interface), long press S2 and S3 buttons (for about 3 seconds) until "OFF" shows in the center of dial, then the watch will be switched off.

S2 button S3 button BT on / off Power on / off



S2 buttonFormat switchSecond settingMinute settingHour settingRemark

1. Hour adjustable range 1- 12 (12H format) or 1- 24 (24H format), press S3 button to adjust cyclically.

2. Minute adjustable range 1- 60, press the S3 button to adjust cyclically.

3. Second adjustable range 1- 60, press the S3 button to adjust cyclically.

4. Format switch, press the S3 button to switch between "12H format" and "24H format".

5. Press the S4 button to select from "clock, minute, second, format" cyclically, and the current setting value will be saved automatically.

6. During setting, press S3 button to confirm the current setting value, and return to the previous menu.

7. During setting, if S2 button were not pressed for more than 10 seconds to confirm or S4 button were not pressed to switch, then the current operation will be automatically abandoned and return to the dial interface.

1.2S4 button34Time synchronization

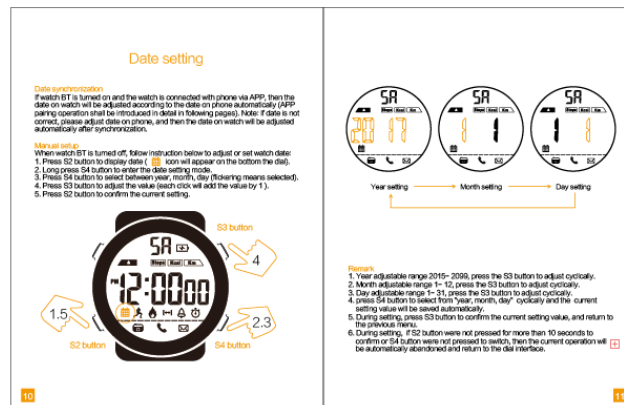
If watch BT is turned on and the watch is connected with phone via APP, then the time on watch will be adjusted according to the time on phone automatically (APP pairing operation shall be introduced in detail in following pages). Note: If time is not correct, please adjust time on phone, and then the time on watch will be adjusted automatically after synchronization.

Manual setup

When watch BT is turned off, follow instruction below to adjust or set watch time:

1. Long press S4 button to enter time setting mode.
2. Press S4 button to select from hour, minute, second, format (flickering means selected).
3. Press S3 button to adjust the value (each click will add the value by 1 or switch mode).
4. Press S2 button to confirm the current setting.

S3 buttonTime and format setting



S2 buttonDay settingMonth settingYear setting2.3S4 button41.5Remark

1. Year adjustable range 2015- 2099, press the S3 button to adjust cyclically.

2. Month adjustable range 1- 12, press the S3 button to adjust cyclically.

3. Day adjustable range 1- 31, press the S3 button to adjust cyclically.

4. press S4 button to select from "year, month, day" cyclically and the current setting value will be saved automatically.

5. During setting, press S3 button to confirm the current setting value, and return to the previous menu.

6. During setting, if S2 button were not pressed for more than 10 seconds to confirm or S4 button were not pressed to switch, then the current operation will be automatically abandoned and return to the dial interface.

Date synchronization

If watch BT is turned on and the watch is connected with phone via APP, then the date on watch will be adjusted according to the date on phone automatically (APP pairing operation shall be introduced in detail in following pages). Note: If date is not correct, please adjust date on phone,

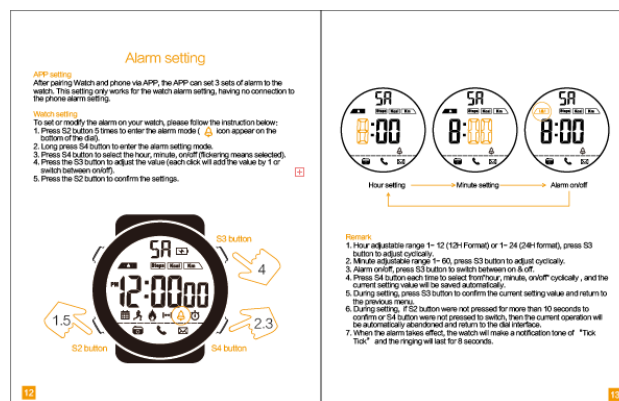
and then the date on watch will be adjusted automatically after synchronization.

Manual setup

When watch BT is turned off, follow instruction below to adjust or set watch date:

1. Press S2 button to display date (icon will appear on the bottom the dial).
2. Long press S4 button to enter the date setting mode.
3. Press S4 button to select between year, month, day (flickering means selected).
4. Press S3 button to adjust the value (each click will add the value by 1).
5. Press S2 button to confirm the current setting.

S3 buttonDate setting



Remark

1. Hour adjustable range 1- 12 (12H Format) or 1- 24 (24H format), press S3 button to adjust cyclically.
2. Minute adjustable range 1- 60, press S3 button to adjust cyclically.

3. Alarm on/off, press S3 button to switch between on & off.
4. Press S4 button each time to select from "hour, minute, on/off" cyclically , and the current setting value will be saved automatically.
5. During setting, press S3 button to confirm the current setting value and return to the previous menu.
6. During setting, if S2 button were not pressed for more than 10 seconds to confirm or S4 button were not pressed to switch, then the current operation will be automatically abandoned and return to the dial interface.
7. When the alarm takes effect, the watch will make a notification tone of “Tick Tick” and the ringing will last for 8 seconds.

S2 button 1.5 Alarm on/off Minute setting Hour setting 2.3 S4 button 4 APP setting

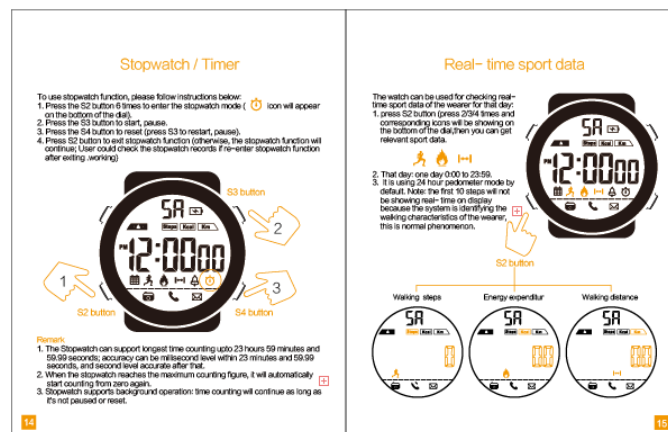
After pairing Watch and phone via APP, the APP can set 3 sets of alarm to the watch. This setting only works for the watch alarm setting, having no connection to the phone alarm setting.

Watch setting

To set or modify the alarm on your watch, please follow the instruction below:

1. Press S2 button 5 times to enter the alarm mode (icon appear on the bottom of the dial).
2. Long press S4 button to enter the alarm setting mode.
3. Press S4 button to select the hour, minute, on/off (flickering means selected).
4. Press the S3 button to adjust the value (each click will add the value by 1 or switch between on/off).
5. Press the S2 button to confirm the settings.

S3 button Alarm setting



S3

buttonRemote cameraIncoming call and message reminderIncoming call reminder

After Watch and phone connected by APP: when there's an incoming phone call, the icon on the bottom of the dial will keep flickering, also the watch will make a notification tone “beep beep” to remind.

Message reminder

After Watch and phone connected by APP: when there's a new message, the icon on the bottom of the dial will keep flickering, also the watch will make a notification tone “beep beep” to remind. Message is including SMS, QQ, WeChat, Twitter, Facebook, WhatsApp, Skype etc message. (if reminder function is turned off for certain application in the APP, then the watch will not give reminder for this application message) .

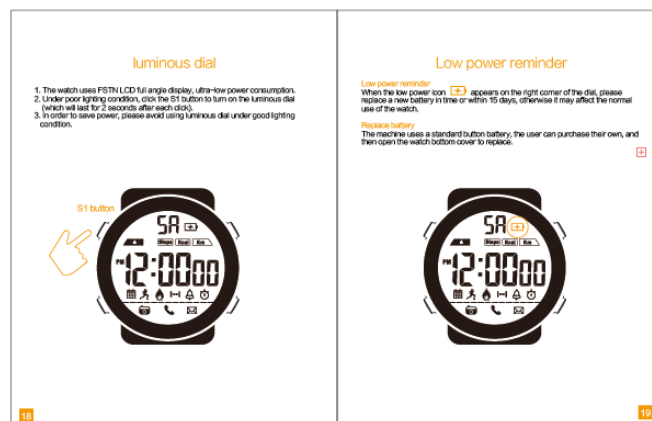
Operation steps

1. Make sure the BT connection

between watch and phone is
normal.

2. Click 'take photo' from the
menu bar of the APP.

3. Press the S3 button (camera
shutter), then the icon on
the bottom of the dial will keep
flickering, which means the
remote camera function is
ready.



Low power reminder

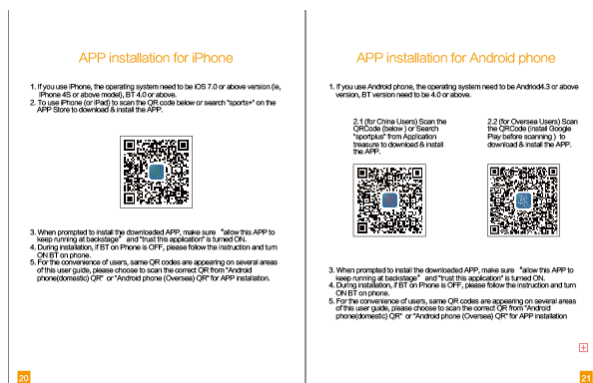
When the low power icon appears on the right corner of the dial, please replace a new battery in time or within 15 days, otherwise it may affect the normal use of the watch.

Replace battery

The machine uses a standard button battery, the user can purchase their own, and then open the watch bottom cover to replace.

1. The watch uses FSTN LCD full angle display, ultra-low power consumption.
2. Under poor lighting condition, click the S1 button to turn on the luminous dial (which will last for 2 seconds after each click).
3. In order to save power, please avoid using luminous dial under good lighting condition.

S1 buttonLow power reminderluminous dial



2.2 (for Oversea Users) Scan the QRCode (install Google Play before scanning) to download & install the APP.2.1 (for China Users) Scan the QRCode (below) or Search "sportplus" from Application treasure to download & install the APP. 1. If you use Android phone, the operating system need to be Andriod4.3 or above version, BT version need to be 4.0 or above.

3. When prompted to install the downloaded APP, make sure “allow this APP to keep running at backstage” and "trust this application" is turned ON.

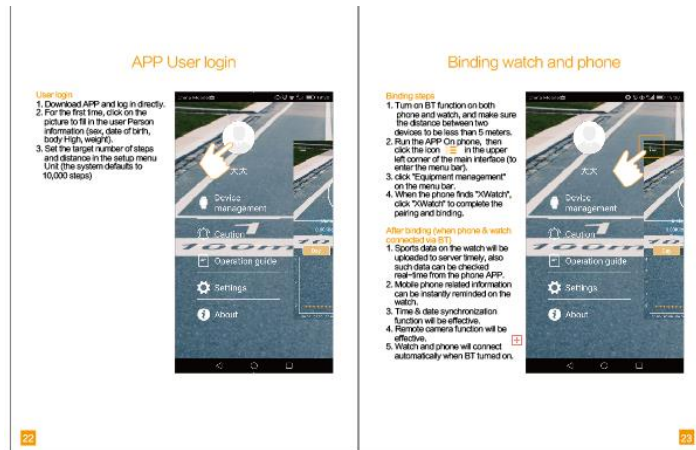
4. During installation, if BT on Phone is OFF, please follow the instruction and turn ON BT on phone.

5. For the convenience of users, same QR codes are appearing on several areas of this user guide, please choose to scan the correct QR from "Android phone(domestic) QR" or "Android phone (Oversea) QR" for APP installation

1. If you use iPhone, the operating system need to be iOS 7.0 or above version (ie, iPhone 4S or above model), BT 4.0 or above.
2. To use iPhone (or iPad) to scan the QR code below or search "sports+" on the APP Store to download & install the APP.

3. When prompted to install the downloaded APP, make sure “allow this APP to keep running at backstage” and "trust this application" is turned ON.
4. During installation, if BT on Phone is OFF, please follow the instruction and turn ON BT on phone.
5. For the convenience of users, same QR codes are appearing on several areas of this user guide, please choose to scan the correct QR from "Android phone(domestic) QR" or "Android phone (Oversea) QR" for APP installation.

APP installation for iPhoneAPP installation for Android phone



User login

1. Download APP and log in directly.
2. For the first time, click on the picture to fill in the user Person information (sex, date of birth, body High, weight).
3. Set the target number of steps and distance in the setup menu Unit (the system defaults to 10,000 steps)

APP User loginBinding watch and phoneBinding steps

1. Turn on BT function on both phone and watch, and make sure the distance between two devices to be less than 5 meters.
2. Run the APP On phone, then click the icon in the upper left corner of the main interface (to enter the menu bar).
3. click "Equipment management" on the menu bar.
4. When the phone finds "XWatch", click "XWatch" to complete the pairing and binding.

After binding (when phone & watch connected via BT)

1. Sports data on the watch will be uploaded to server timely, also

such data can be checked
real-time from the phone APP.

2. Mobile phone related information

can be instantly reminded on the
watch.

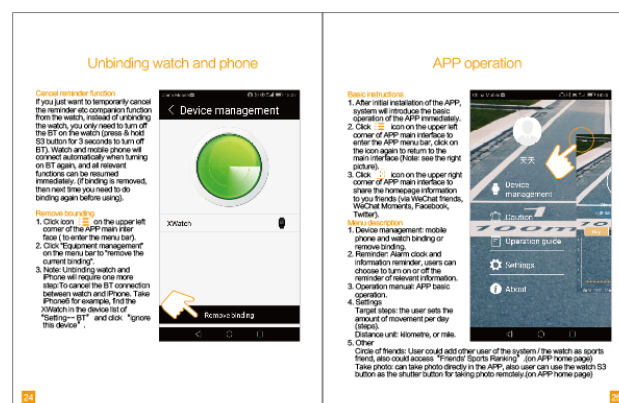
3. Time & date synchronization

function will be effective.

4. Remote camera function will be effective.

5. Watch and phone will connect

automatically when BT turned on.



5. Other

Circle of friends: User could add other user of the system / the watch as sports

friend, also could access “Friends' Sports Ranking” .(on APP home page)

Take photo: can take photo directly in the APP, also user can use the watch S3

button as the shutter button for taking photo remotely.(on APP home page)

Basic instructions

1. After initial installation of the APP,
system will introduce the basic
operation of the APP immediately.
2. Click icon on the upper left
corner of APP main interface to
enter the APP menu bar, click on
the icon again to return to the
main interface (Note: see the right
picture).
3. Click icon on the upper right
corner of APP main interface to
share the homepage information
to you friends (via WeChat friends,
WeChat Moments, Facebook,
Twitter).

Menu description

1. Device management: mobile
phone and watch binding or
remove binding.
2. Reminder: Alarm clock and
information reminder, users can
choose to turn on or off the

reminder of relevant information.

3. Operation manual: APP basic

operation.

4. Settings

Target steps: the user sets the

amount of movement per day

(steps).

Distance unit: kilometre, or mile.

APP operationUnbinding watch and phoneCancel reminder function

If you just want to temporarily cancel the reminder etc companion function from the watch, instead of unbinding the watch, you only need to turn off the BT on the watch (press & hold S3 button for 3 seconds to turn off BT). Watch and mobile phone will connect automatically when turning on BT again, and all relevant functions can be resumed immediately. (if binding is removed, then next time you need to do binding again before using).

Remove bounding

1. Click icon on the upper left

corner of the APP main inter

face (to enter the menu bar).

2. Click "Equipment management"

on the menu bar to "remove the

current binding".

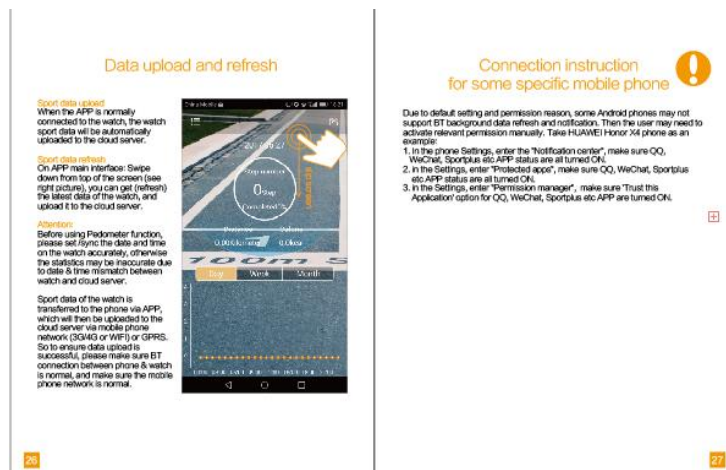
3. Note: Unbinding watch and

iPhone will require one more

step:To cancel the BT connection

between watch and iPhone. Take

iPhone6 for example, find the
XWatch in the device list of
“Setting-- BT” and click “ignore
this device” .



slip screen

Due to default setting and permission reason, some Android phones may not support BT background data refresh and notification. Then the user may need to activate relevant permission manually. Take HUAWEI Honor X4 phone as an example:

1. In the phone Settings, enter the "Notification center", make sure QQ, WeChat, Sportplus etc APP status are all turned ON.
2. in the Settings, enter "Protected apps", make sure QQ, WeChat, Sportplus etc APP status are all turned ON.
3. in the Settings, enter "Permission manager", make sure 'Trust this Application' option for QQ, WeChat, Sportplus etc APP are turned ON.

Connection instruction

for some specific mobile phoneData upload and refreshSport data upload

When the APP is normally connected to the watch, the watch sport data will be automatically uploaded to the cloud server.

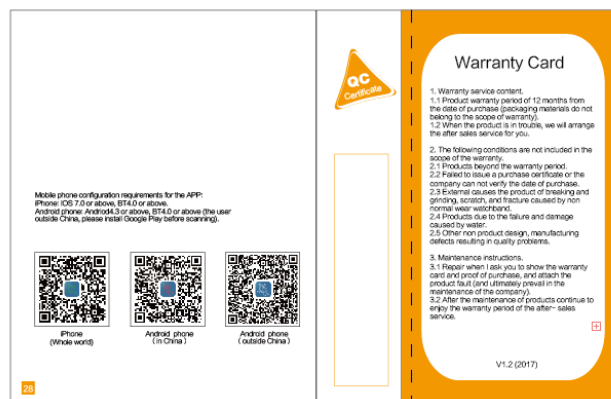
Sport data refresh

On APP main interface: Swipe down from top of the screen (see right picture), you can get (refresh) the latest data of the watch, and upload it to the cloud server.

Attention:

Before using Pedometer function, please set /sync the date and time on the watch accurately, otherwise the statistics may be inaccurate due to date & time mismatch between watch and cloud server.

Sport data of the watch is transferred to the phone via APP, which will then be uploaded to the cloud server via mobile phone network (3G/4G or WIFI) or GPRS. So to ensure data upload is successful, please make sure BT connection between phone & watch is normal, and make sure the mobile phone network is normal.



V1.2 (2017)iPhone

(Whole world)Android phone

(outside China) Android phone

(in China) 1. Warranty service content.

1.1 Product warranty period of 6 months from the date of purchase (packaging materials do not belong to the scope of warranty).

1.2 When the product is in trouble, we will arrange the after sales service for you.

2. The following conditions are not included in the scope of the warranty.

2.1 Products beyond the warranty period.

2.2 Failed to issue a purchase certificate or the company can not verify the date of purchase.

2.3 External causes the product of breaking and grinding, scratch, and fracture caused by non normal wear watchband.

2.4 Products due to the failure and damage caused by water.

2.5 Other non product design, manufacturing defects resulting in quality problems.

3. Maintenance instructions.

3.1 Repair when I ask you to show the warranty card and proof of purchase, and attach the product fault (and ultimately prevail in the maintenance of the company).

3.2 After the maintenance of products continue to enjoy the warranty period of the after- sales service.

CertificateWarranty CardQC28Mobile phone configuration requirements for the APP:

iPhone: IOS 7.0 or above, BT4.0 or above.

Android phone: Andriod4.3 or above, BT4.0 or above (the user outside China, please install Google Play before scanning).