

## HEADSHOT TIPS | HOW TO PREPARE

### CLOTHING

- Bring:
  - Several outfits that you feel great wearing and more than you think you need, to provide a variety of options to find the best look
  - Well fitted clothing, because loose or bagging clothing can be distracting
  - Clothes with solid colours and/or limited patterns
  - Shirt with long sleeves (and/or a jacket) are better, to avoid the distraction of your skin below the elbow showing
  - Ties with simple patterns
  - Iron your clothes, please, to help reduce wrinkles
- Leave at home
  - Clothes with busy patterns
  - Shirts/tops with deep plunging necklines

However, don't worry about this too much, basically, bring clothes that you love to wear and/or how you would normally dress for an important meeting in your industry.

### FACIAL HAIR

- Beard - nicely groomed, No beard - clean, freshly shaven
- Trim any "extra" eyebrow or nose hairs

### MAKE UP

- Keep it simple, natural, and light

### HAIR

- As you normally style/wear it

### JEWELRY

- Less is better, as jewelry can be distracting

### GLASSES

- Bring them, if you have different styles, bring those as well

