



COFFEE LOVERS PROTEIN CBD SHAKE

PREP TIME: 5 MINUTES
SERVES: 2 GLASSES

INGREDIENTS

- 1/2 ripe banana
- 1 scoop vanilla plant-based protein powder
- 1/2 Cup unsweetened vanilla almond milk
- 1/2 Cup cold or room-temperature brewed coffee
- 1-1/2 Cup cubed ice
- 1/2 to 2 tsp Realize CBD

DIRECTIONS

1. Add all ingredients except ice into blender and blend until smooth. Slowly add ice and process until creamy.
2. Sip on a high protein, low sugar, CBD fortified shake. Enjoy!



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