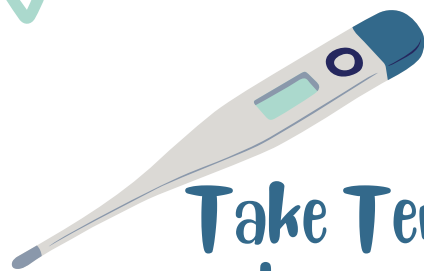


Beloved Womb™

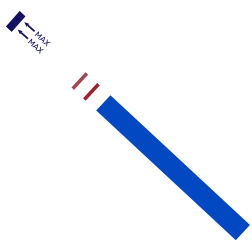
My advice for Women
with PCOS who
want to
get Pregnant



Doctor Visits for Cycle
and Medications



Take Temp
each morning



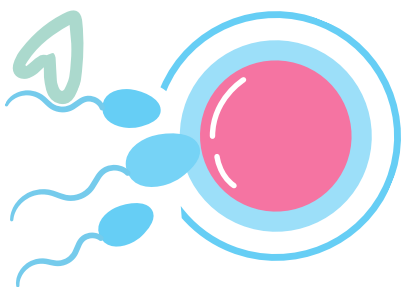
Easy Home
Ovulation Tests
to track LH Surge



Flo APP to
track cycles



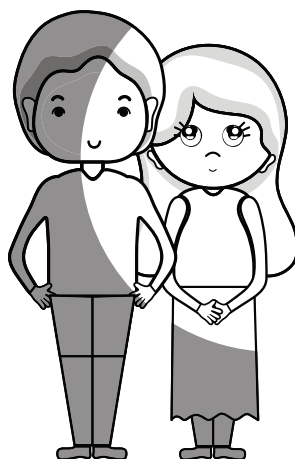
Day 21 get blood
drawn to check
ovulation



Narrow down Peak
time, then have sex
during high Peak



Comfort Socks, Relax, No
Google searches, and
Breathe



Stay
Connected
Share Feelings
with
Partner