After a Massage program is selected, In-use screen displays all settings to that program.

1. Program
2. 3D intensity
3. Active airbags
4. Active rollers
5. Indicators
6. Time left
7. Back-roller position & direction
8. Active massage technique
9. Heat function
10. Bluetooth
11. Zero gravity

Bluetooth Audio

Your massage chair includes Bluetooth compatibility so you can play and enjoy your favorite music. To turn on your chair’s Bluetooth, select SETTING from Home display, then press up or down button to navigate to BLUETOOTH. Press right button, then press up or down button to select your desired Bluetooth setting: On or Off. Press OK to select setting.

Open Bluetooth from audio device and pair with M680-####### to play music.

Quick Access Controller

Kaizen M680
3D/4D Massage Chair

Power – Powers up the remote or returns the chair to the exit position and powers down remote.

3D – Press to increase or decrease 3D intensity of back mechanism. In-use screen displays intensity dial.

Home – Shortcut to the home page of all menu screens.

Directional Button – Press up, down, left or right to navigate the display screen.

During Massage, use the right arrow to retract the footrest, use the left arrow to extend the footrest, use the up arrow to cycle through massage speed, and use the down arrow to cycle through airbag intensity.

OK – After navigating to the command desired on the display, push OK to select.

Footrest – Press and hold up arrow to swing footrest up, press and hold down arrow to swing footrest down.

Reset/Stop – Press to temporarily pause the massage, the chair will go into ‘idle’ mode. Press again to resume the massage cycle.

Multi-Functional Screen – Use the directional buttons below to navigate these menu screens. Then press OK to select.


Back Adjustment – Back mechanism position adjustment; press and hold up to raise, press and hold down to lower. Use during initial body scan fine tuning or in manual point or partial zone mode.

Seat Back Position – Press and hold down arrow to recline the seat back, press and hold up arrow to upright the seat back.