



## **INSTALLATION INSTRUCTIONS**

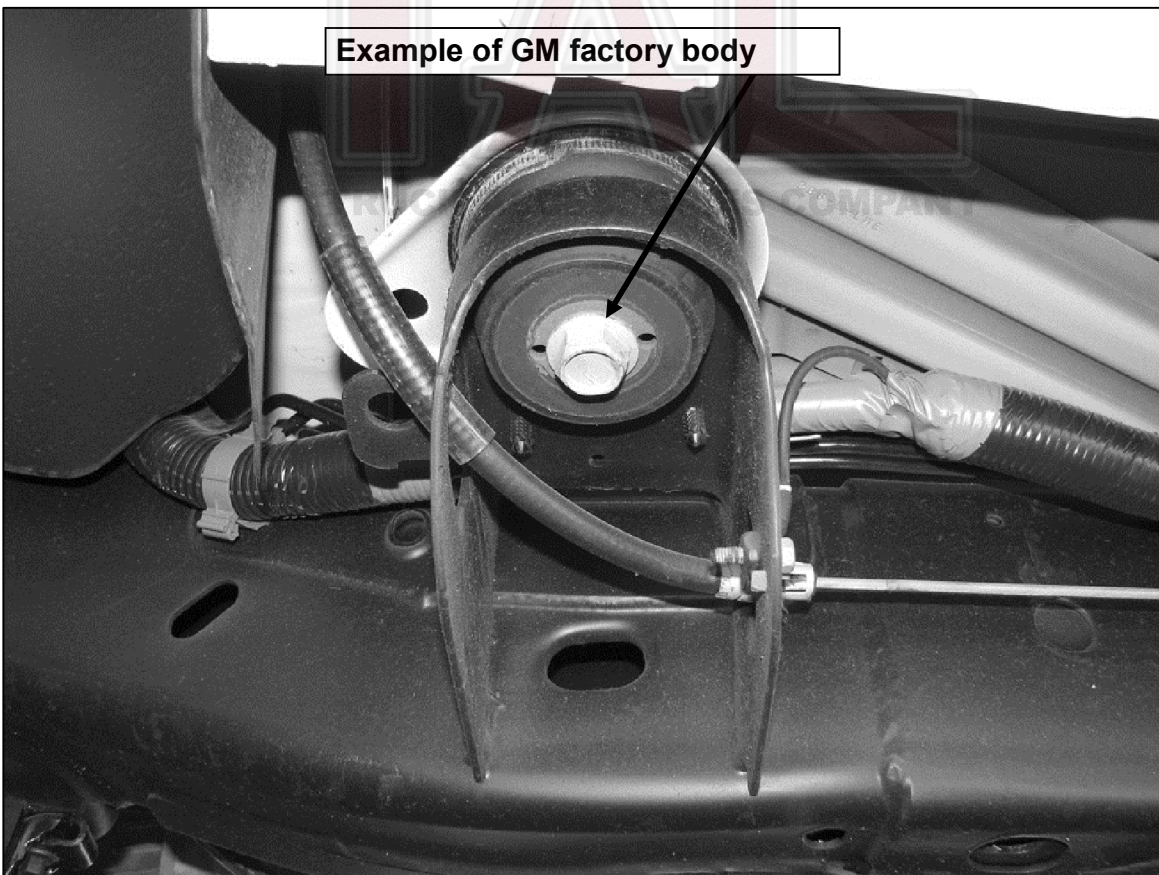
**3" SIDEBARS BODY BOLT MOUNT  
1988-1998 CHEVY/GMC C/K EXTENDED CAB  
PART# 200110**

**IMPORTANT ALERT: GM uses a very strong thread-locking compound on all body bolts. Use of an air assisted impact ratchet can cause damage to the threads on factory body mount bolts and the internal nut assembly because of this thread locking compound.**

**We only recommend the use of hand tools to slowly remove and reinstall body mount bolts on all GM vehicles.**

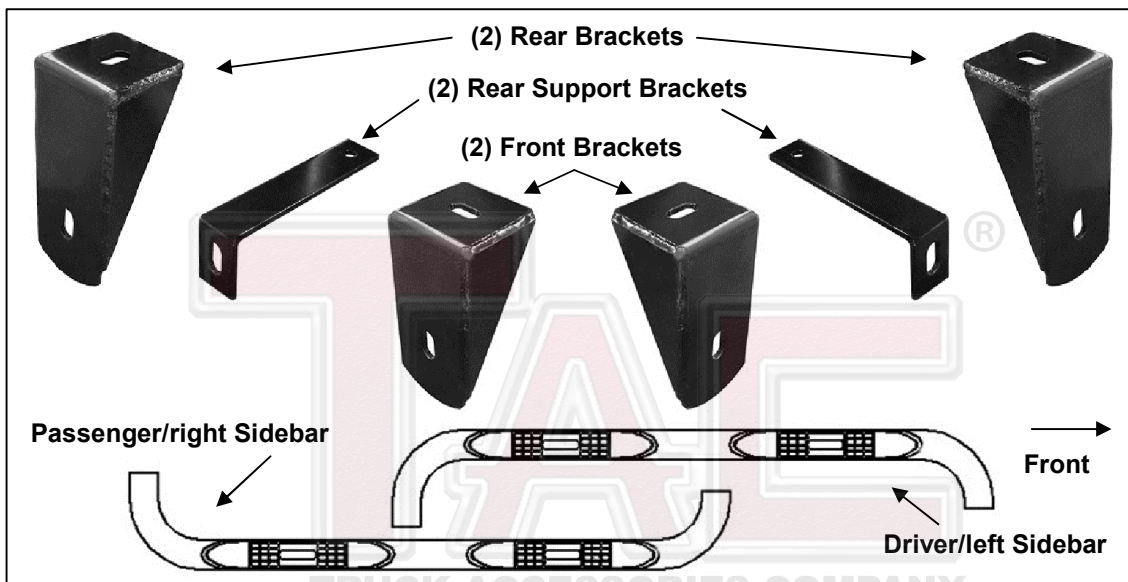
#### **PROCEDURE:**

**CRITICAL INFORMATION: If during the removal process, it becomes increasingly difficult to unscrew the body mount bolt with hand tools, tighten the bolt several rotations to clear the thread locking compound from the threads, then reverse direction and continue to unscrew until the body mount bolt is out. Repeat this process as necessary on all GM body mount bolts. Use of an appropriate anti-seize compound is highly recommended for re-installation. Tighten body mount bolt to factory torque specifications for your particular model year.**



**PARTS LIST:**

1	Driver Sidebar	4	12-1.75mm x 120mm x 35mm Hex Bolts
1	Passenger Sidebar	4	12mm Lock Washers
2	Front Mounting Brackets	4	12mm x 37mm x 3mm Flat Washers
2	Rear Mounting Brackets	2	10-1.50mm x 30mm Hex Head Bolts
2	Rear Support Brackets	2	10mm Lock Washers
4	1/2" x 2" Hex Bolts	4	10mm x 30mm x 2.5mm Flat Washers
4	1/2" Lock Washers	2	10mm Hex Nuts
4	1/2" x 1-1/2" OD x 1/8" Flat Washers		



**PROCEDURE:**

**REMOVE CONTENTS FROM BOX. VERIFY ALL PARTS ARE PRESENT. READ INSTALLATION INSTRUCTIONS CAREFULLY BEFORE STARTING INSTALLATION. DRILLING IS REQUIRED.**

1. Start installation on the front, driver side of the vehicle. Remove the factory front body mount bolt.
2. Select (1) front Mounting Bracket. Use the included (1) 12mm x 120mm Hex Bolt, (1) 12mm Lock Washer and (1) 12mm Flat Washer to attach the Bracket to the front body mount. Do not tighten hardware at this time. **IMPORTANT! To prevent unnecessary noise, adjust the position of all Mounting Brackets so that once tightened, the Mounting Brackets cannot come in contact with the factory steel body mount bracket or emergency brake cables.**
3. Move toward the rear of the vehicle. Remove the factory body mount bolt as described in **Step 1**. Select (1) Rear Mounting Bracket. Bolt the rear Mounting Bracket in place as previously described in **Step 2**.
4. Next, select the driver Sidebar. **NOTE:** shorter leg on sidebar will attach to the front bracket. Attach the Sidebar to the front Bracket first with the included (1) 1/2" x 2" Hex Bolt, (1) 1/2" Lock Washer and (1) 1/2" Flat Washer. Do not tighten hardware at this time.
5. Select (1) Rear Support Bracket. Hold the bent end of the Support Bracket up to the back of the Rear Mounting Bracket. Insert (1) 1/2" x 2" Hex Bolt, (1) 1/2" Lock Washer and (1) 1/2" Flat Washer through the bent end of the Support Bracket, the rear Mounting Bracket and into the rear leg on the Sidebar. Snug but do not tighten hardware at this time.
6. Line up the flat end of the Support Bracket with the bottom of the frame.
7. Adjust Sidebar properly and make sure that the Sidebar is level with the side of the vehicle and tighten all hardware at this time.

8. Using the hole in the long end of the Support Bracket as a guide, drill a 7/16" hole in the bottom of the frame. Do not drill close to the edge of the frame. **IMPORTANT!** Any cutting or drilling tool may break or shatter. Government regulations require safety glasses & equipment at all times when cutting or drilling.
9. Attach the Support Bracket to the Frame with the included (1) 10mm x 30mm Hex Bolt, (2) 10mm Flat Washers, (1) 10mm Lock Washer and (1) 10mm Hex Nut. Tighten all hardware at this time.
10. Level and adjust the Sidebar, and tighten all hardware. Check all mounting locations for clearance between factory steel body mount brackets and Mounting Brackets. Once satisfied with fit, fully tighten all hardware.
11. Repeat **Steps 1—10** for passenger Sidebar installation.
12. Do periodic inspections to the installation to make sure that all hardware is secure and tight.

**To protect your investment**, wax this product after installing. Regular waxing is recommended to add a protective layer over the finish. Do not use any type of polish or wax that may contain abrasives that could damage the finish.

**For stainless steel:** Aluminum polish may be used to polish small scratches and scuffs on the finish. Mild soap may be used also to clean the Sidebar.

**For gloss black finishes:** Mild soap may be used to clean the Sidebar.

### Driver side installation illustrated

