

LADDER BARREL

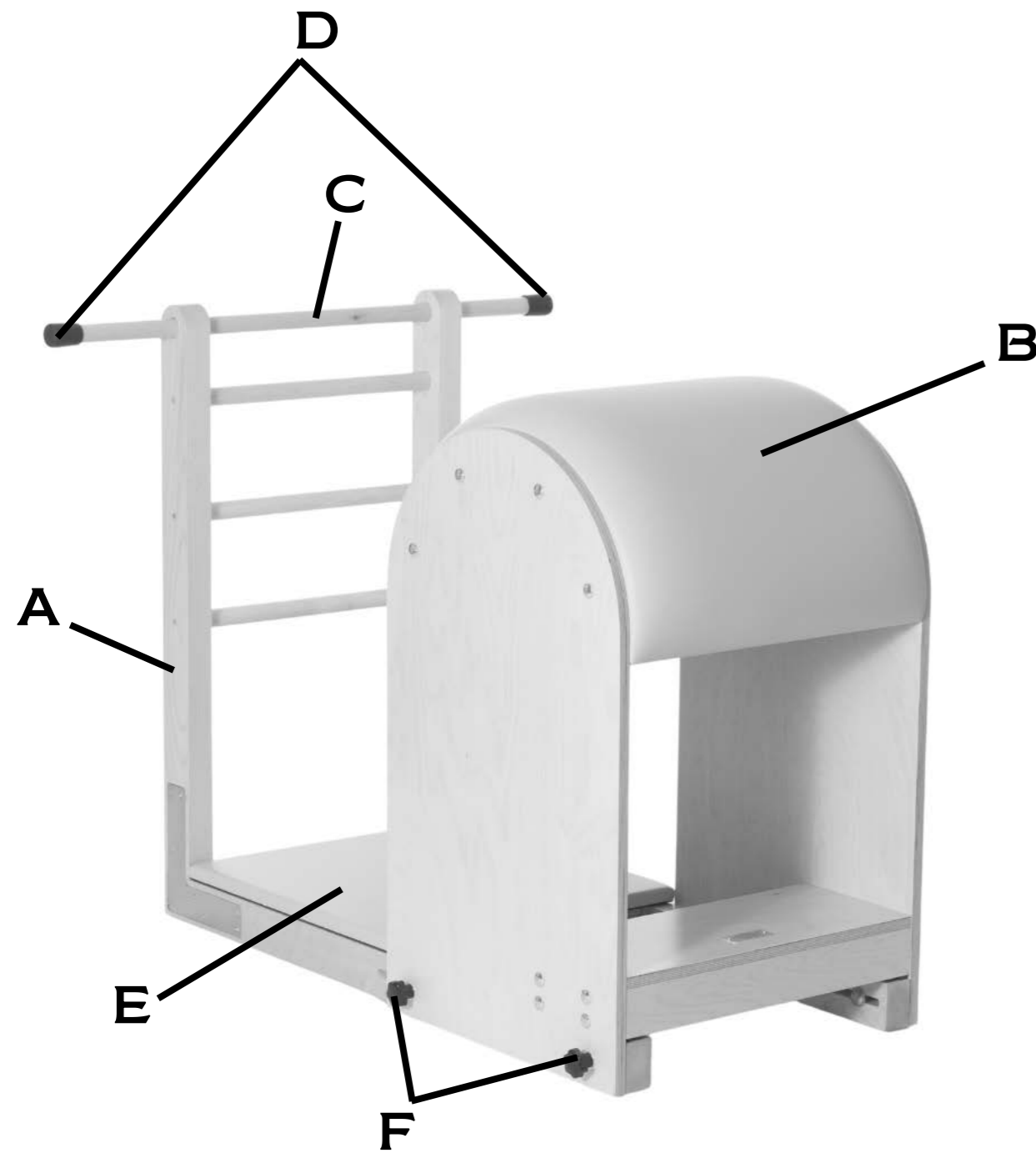
ASSEMBLY INSTRUCTIONS

LEGACY[®]
PILATES APPARATUS



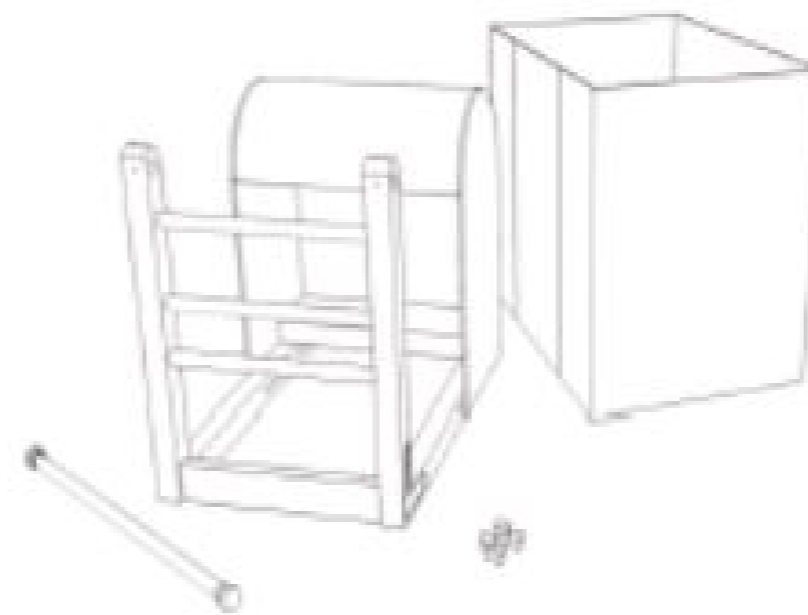
WHAT COMES IN THE BOX

- A- LADDER
- B- BARREL
- C- LADDER BARREL POLE
- D- SILICONE END CAPS X 2
- E- UPHOLSTERED PLATFORM (OPTIONAL)
- F- BLACK KNOBS X 4
- G- SCREWS X 2



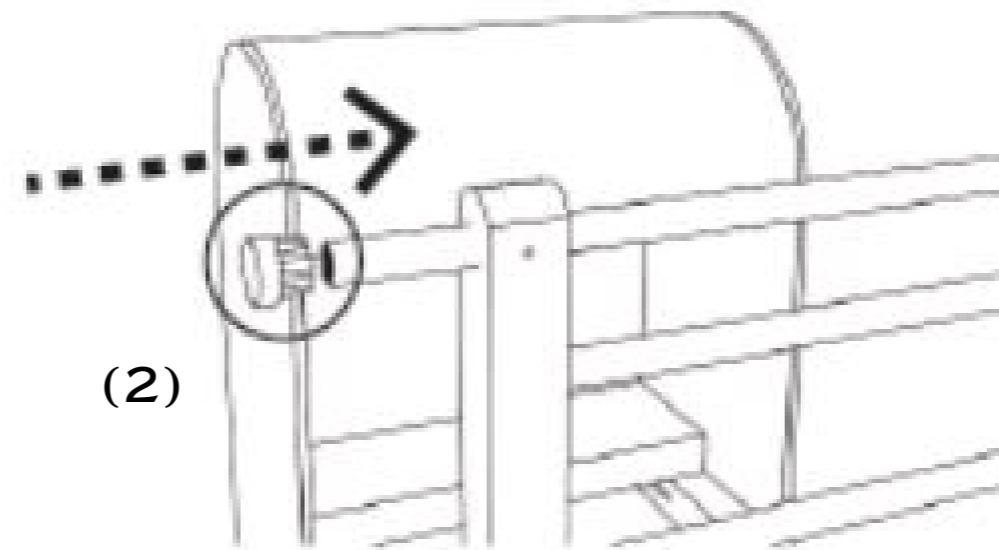
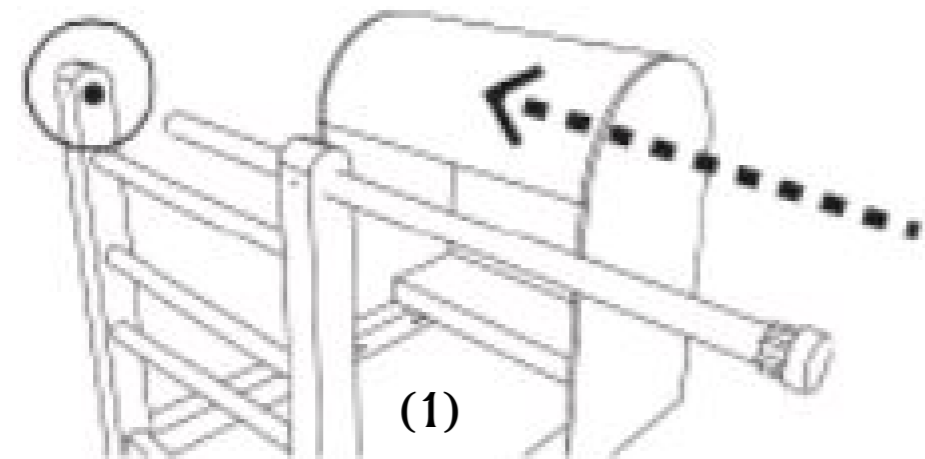
STEP 1 - REMOVE CONTENTS FROM BOX

PLACE THE LONG-SIDE BOX DOWN. USE THE SCISSORS TO CAREFULLY CUT TIES AND OPEN THE BOX. REMOVE CONTENTS FROM THE BOX.



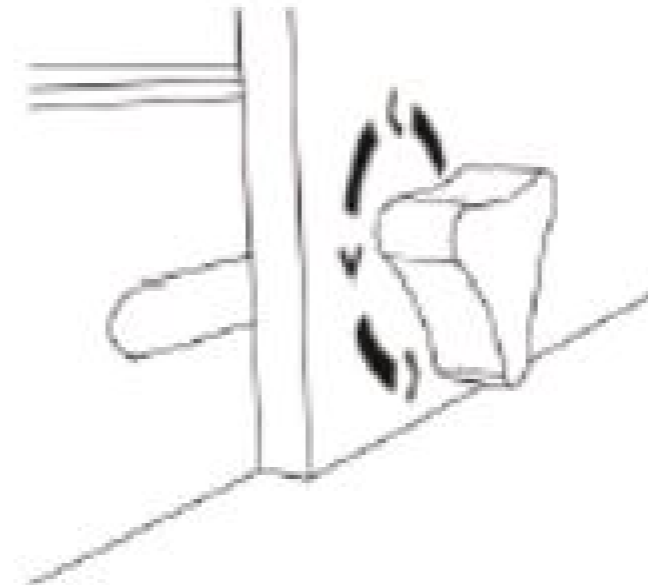
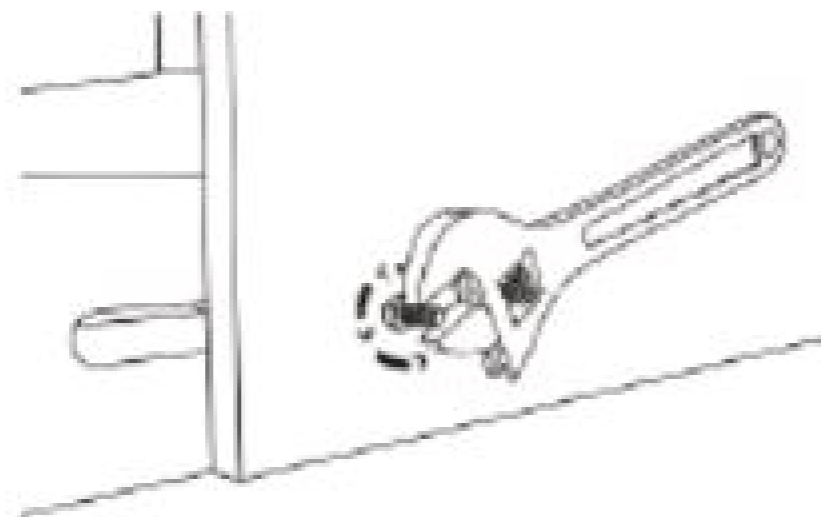
STEP 2 - PLACE THE TOP POLE ON THE LADDER

LOCATE THE TOP POLE. INSERT THE POLE THROUGH THE TOP TWO HOLES OF THE LADDER (1). THEN ALIGN THE HOLES OF THE TOP POLE WITH THE HOLES OF THE LADDER. LOCATE THE 2 SCREWS ATTACHED TO THE POLE AND USE THE PHILLIPS SCREWDRIVER TO CAREFULLY TIGHTEN THE TWO SCREWS TO FIX THE TOP POLE TO THE LADDER. PUT THE RUBBER END (2).



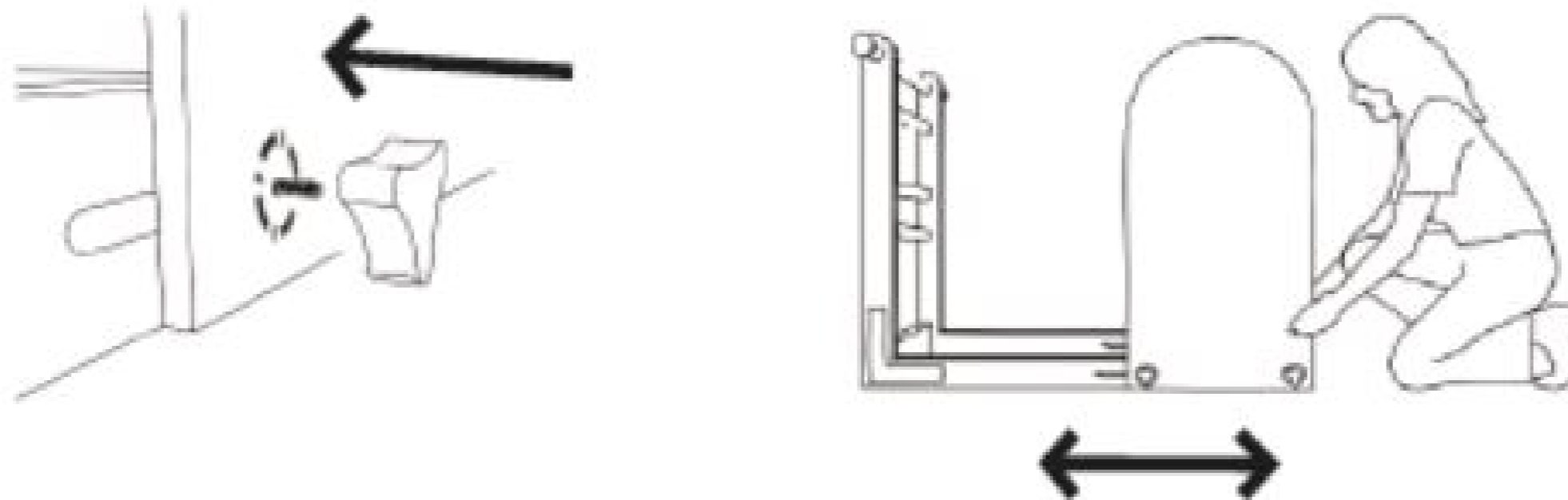
STEP 3 - PUT BLACK KNOBS ON BARREL

LOCATE THE 4 BLACK KNOBS. USE ADJUSTABLE WRENCH TO LOOSEN AND REMOVE THE 4 NUTS AT THE BOTTOM OF THE BARREL. NEXT, TWIST ON THE 4 BLACK KNOBS TO THE BOTTOM OF THE BARREL WHERE YOU REMOVED THE NUTS. THEN ADJUST THE DISTANCE OF THE LADDER FROM THE BARREL BY LOOSENING THE 4 BLACK KNOBS AND EVENLY SLIDING THE BARREL AWAY FROM THE LADDER.



TO ADJUST THE BARREL:

MOVE THE BARREL USING THE BOTTOM (NEAR THE KNOBS) NOT THE TOP OF THE BARREL TO ADJUST.



STEP 4 - PREP FOR USE

PRIOR TO USING, MAKE SURE THE LADDER IS THE PREFERRED DISTANCE AWAY FROM THE BARREL AND ALL THE BLACK KNOBS ARE FULLY TIGHTENED.

