
Remix Plastic Sustainability Workshops

Beeswax Wraps

Ditch cling film and single use plastics with this beeswax wrap making workshop. We provide all the equipment and materials needed to make 1 or 2 wraps per person depending on time and number of attendees. This is a great way to make something practical that everyone can then use for their lunches and has been popular as a workplace team building exercise with sustainable outcomes.

Mix and Match Badges

Learn about plastic recycling and the problems that arise from single use plastic, while making a recycled plastic badge. Pre-cut recycled plastic hexagons can be customized and glued to a wooden backing, then either turned into a badge or necklace. Suitable for children.

Bottle top keyrings and necklaces

Melt plastic bottle tops into florets using an oven. These can then be turned into buttons or badges. While making these we will discuss the issues of plastic pollution and offer alternatives to common beach clean-up items. Suitable for smaller groups and has the potential to use waste found during beach clean ups if available. This workshop is run to show the link between individuals waste and the environmental plastic problem.



Fast Fashion and T-shirt Macramé plant hangers

We will discuss Fast Fashion and the current environmental impacts of the textile industry. You'll learn to reuse existing scraps of material and old clothes by turning them into a beautiful plant hanger. Suitable for all 8 years and over - for 8-13 year olds preferably with a parent present during the workshop.

We can provide all the materials needed for this but is always great to get people to bring along a t-shirt from home (as almost every household as an old one laying around).

Fast Fashion and T-shirt Rope

Learn about the current opportunities to make fashion more ethical and sustainable as well as gain skills and knowledge on how to best maximize the life of your garments, and reuse fabric scraps. Use unsavable fabric scraps to make something infinitely useful, a piece of rope!

Participants are welcome to bring scraps of material/ old clothing to cut up, but fabric will be provided. Suitable for all 8 years and over, and for 8-13 year olds preferably with a parent present during the workshop.

Textile Waste and T-shirt Yarn Accessories

We will discuss the environmental impacts of textiles and learn how to recycle old cotton t-shirts into unique jewellery and accessories (in collaboration with Cirrhopp Design).

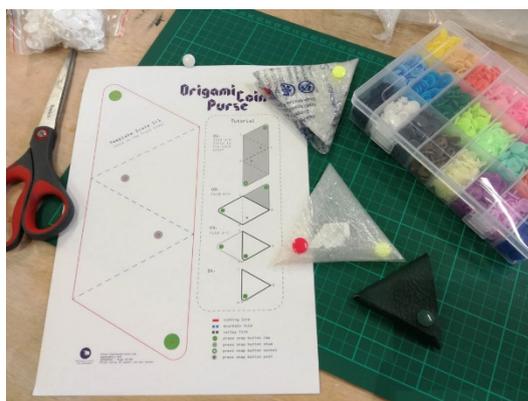
There are two versions of this workshop; children friendly involves no scissors or sewing, adults involves cutting and hand sewing. Content discussed is targeted at these audiences.

Milk Carton Wallets

Discuss what different packing is made from and then make something useful with an unrecyclable tetra pack carton using simple origami. Suited for ages 7 and over.

Soft plastic wallets and purses

Soft plastics are no longer recycled in most of New Zealand. Iron sheets of soft plastic together to create a thick sheet that can then be used like fabric. Cut out a template, add snaps and snap together to create a coin purse. Suitable for children ages 10 and over.



Preschooler Sustainability Session – Waste

Each household in Christchurch has three council bins. But sometimes we don't know which one to put our rubbish in. This workshop is designed to teach kids about which bin different types of waste go in and what happens to it after it leaves our house. We will discuss what materials things are made of and what sustainable alternatives are available. It will centre around objects and items that kids are familiar with and give them context for bigger ideas like making things, fixing things and extending the life of things.

Targeted at ages 2-5years, guardians are invited to sit in on the session to learn and continue the conversation with the children after the workshop.

Waste Free Parenting

Having children can change the way we think about the world and our role in it. This session aims to offer a space for parents to learn about easy environmental changes that they can make and engage children 0-2 with objects and toys that promote kindness to our living world.

Come and learn about alternatives to single use, discuss ways we can enhance the lifetime of products and have an opportunity to connect with other likeminded parents.

Talking Rubbish

This workshop discusses why waste is so confusing, answers questions around specific challenges attendees face and provides waste-free, local solutions to minimizing and avoiding waste. This is best with a small to medium size group but if a larger group we could run break out sessions.

Recycling Demo

This workshop covers the basics of plastic recycling infrastructure and why it can be so confusing. We demonstrate the steps of commercial recycling using our small scale recycling process. Chip up some plastic with our hand cranked chipper and see what can be made when plastic is seen as a resource rather than just rubbish!

Zero Waste Living

Come along to learn about some easy changes you can make to reduce your impact on the environment. Every individual action makes a difference, and if you are not sure how to start, come discuss the things that are important to you, challenges you are facing or general waste questions.

Beach Clean-up and Discussion

Clean up an area of coastline or a local community area followed by a discussion around what was found, how it may have got there and talk about some alternatives to the items found.

Drains to the Ocean – homemade household cleaners

Everything that goes down our sinks ends up in the sea. We can reduce the negative impact of that by reducing the amount of harmful chemicals we use to clean our house. By making your own household cleaners you can also reduce the plastic packaging needed and save money!

Workshops discuss household cleaners, offer environmentally friendly alternatives to store bought cleaners and provides attendees with ingredients to make two of the following along with a recipe sheet to take away with them.

- a. Citrus All Purpose Spray
- b. Dish Washer Tablets
- c. Toilet Cleaner and/or Toilet bombs
- d. Scouring Paste
- e. Anti-Mildew Spray
- f. Laundry Powder



Soap and Shampoo Bar Demo

Making bar soap allows you to control the ingredients that are in your bars, reduce packaging, save money and tailor to individual needs. This workshop is run as a demonstration to talk through the process and steps of making your own bars. Each attendee gets a sample soap or shampoo to try.

Circular Economy in Practice

This presentation aims to give a positive vision for the future and show what a circular economy in looks like in practice. A list of Christchurch examples means you can start putting in place sustainable practices in your own life.

Making Maker-spaces Sustainable

Making things is inherently sustainable - it allows customization and understanding of how to repair, it reduces transport emissions and it connects people with a product. There are ways that maker-spaces can be used to reduce the environmental impact of products even further. Come along to learn about small ways that you can use makerspaces to make a positive environmental difference.

Not everyone wants to be an activist - Identifying Skills to Combat Climate Change

People often can't see ways that they can help solve large issues. This workshop aims to help individuals identify skills that they already have and find real world applications to connect to ways they can contribute to climate change action.

About the Facilitator

Anthea Madill from [Remix Plastic](#) runs sustainability education in Canterbury with a focus on plastic recycling, waste reduction and promoting circular economy systems. She believes that recycling is an important step while we transition away from a wasteful system. But recycling is often confusing and limited in its ability to solve problems. Remix Plastic clarifies some of the confusions around recycling and provides skills and knowledge to empower people to make sustainable changes.

	Suitable for		
Workshop	Children	Businesses	Communities
Beeswax wraps	8-13 years with an adult	✓	✓
Mix and Match Badges	10 years +	✓	✓
Bottle top keyrings and necklaces	15 years +	✓	✓
Fast Fashion and T-shirt Macramé plant hangers	10-13 years with an adult	✓	✓
Fast Fashion and T-shirt Rope	✗	✓	✓
Textile Waste and T-shirt Yarn Accessories	5-13 years 14 years +	✓	✓
Milk Carton Wallets	6-10 years with an adult 11 years +	✗	✗
Soft plastic Wallets	8-13 years with an adult 14 years +	✓	✓
Pre-schooler Sustainability Session – Waste	0-2 years	✗	✗
Waste Free Parenting	0-2 years w adult	✗	✓
Talking Rubbish	✗	✓	✓

Recycling Demo	✓	✓	✓
Zero Waste Living	✗	✓	✓
Beach Clean-up and Discussion	✓	✓	✓
Homemade Household Cleaners	✗	✓	✓
Soap/Shampoo Bar Demo	✗	✓	✓
Circular Economy in Practice	✗	✓	✓
Making Maker-spaces Sustainable	15 years +	✓	✓
Identifying Skills to Combat Climate Change	12 years +	✓	✓