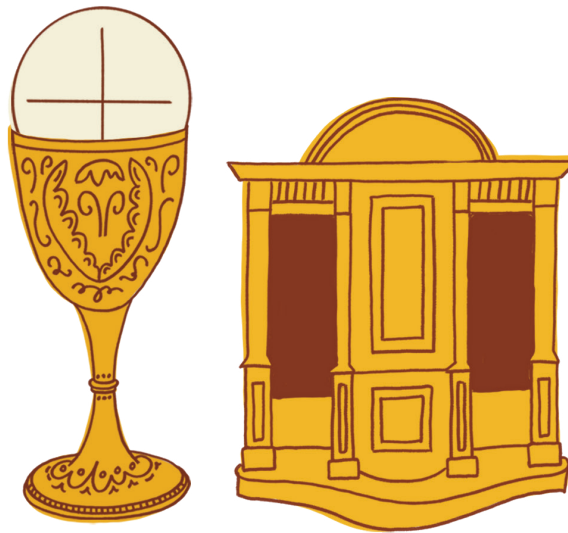


CATHOLIC  
FAMILY  
CRATE



# COMMUNION AND RECONCILIATION

ACTIVITY PAGES

  @catholicfamilycrate

CATHOLICFAMILYCRATE.COM



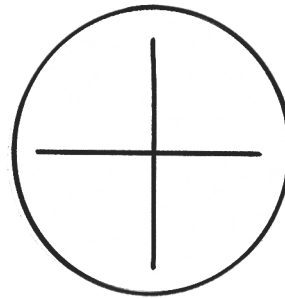
ALTAR



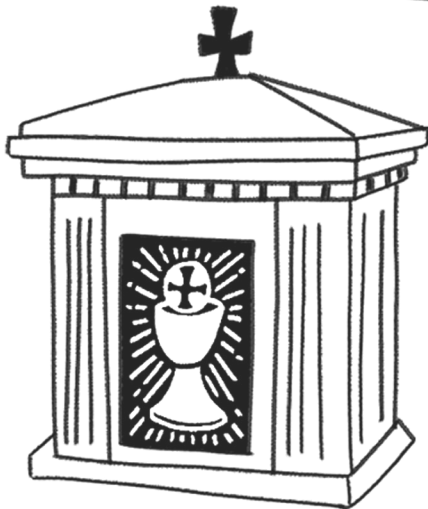
CHALICE



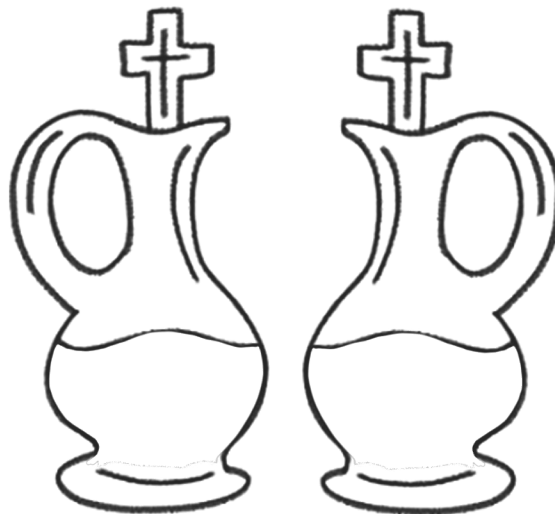
CIBORIUM



HOST



TABERNACLE



CRUETS

I SPY

# Communion



Count each of the Communion things that you see!  
Put the number on the line next to each image.



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_

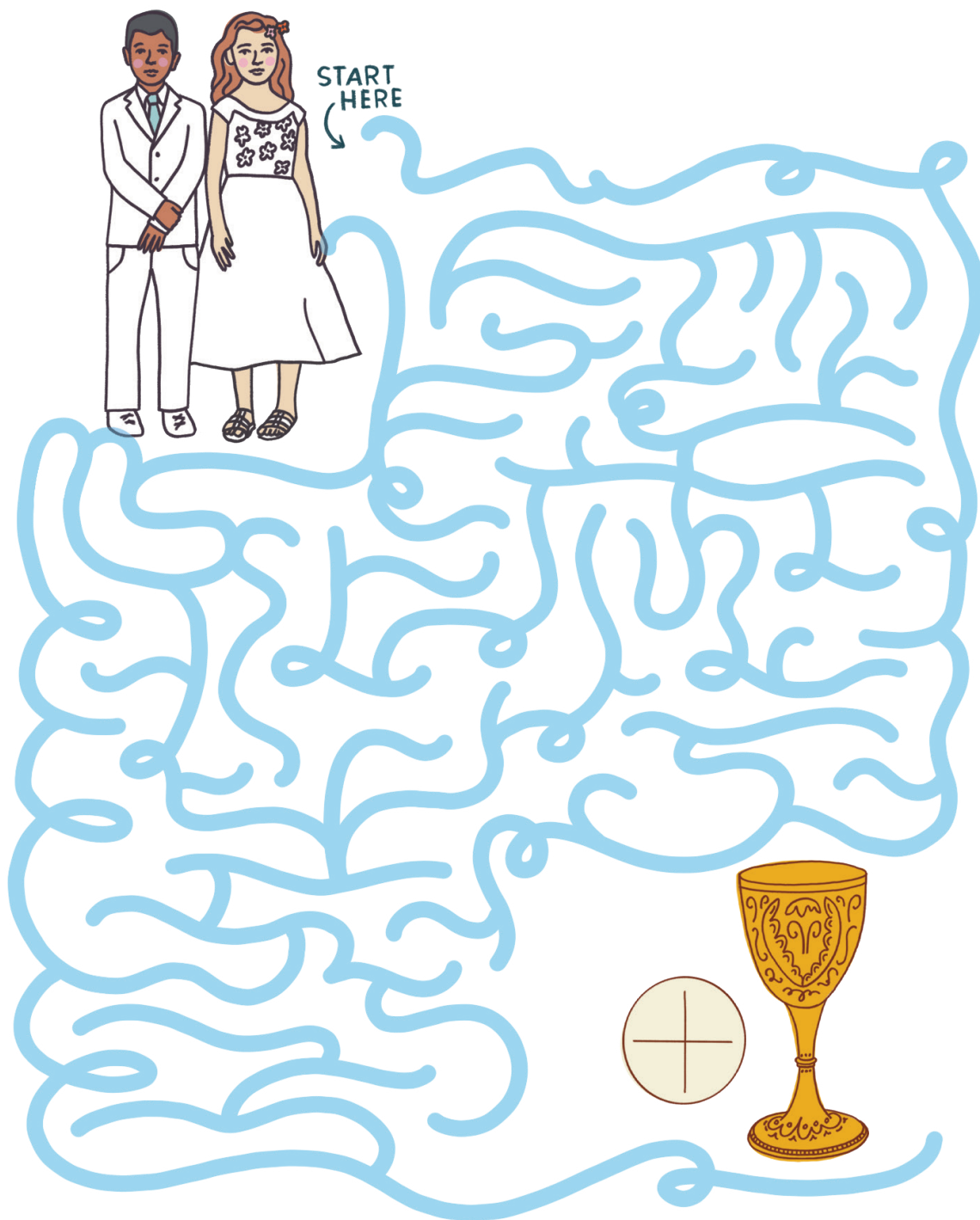


\_\_\_\_\_



MAZE

# Get to Holy Communion!





## WORD SEARCH

# Communion



Find the following words in the puzzle.

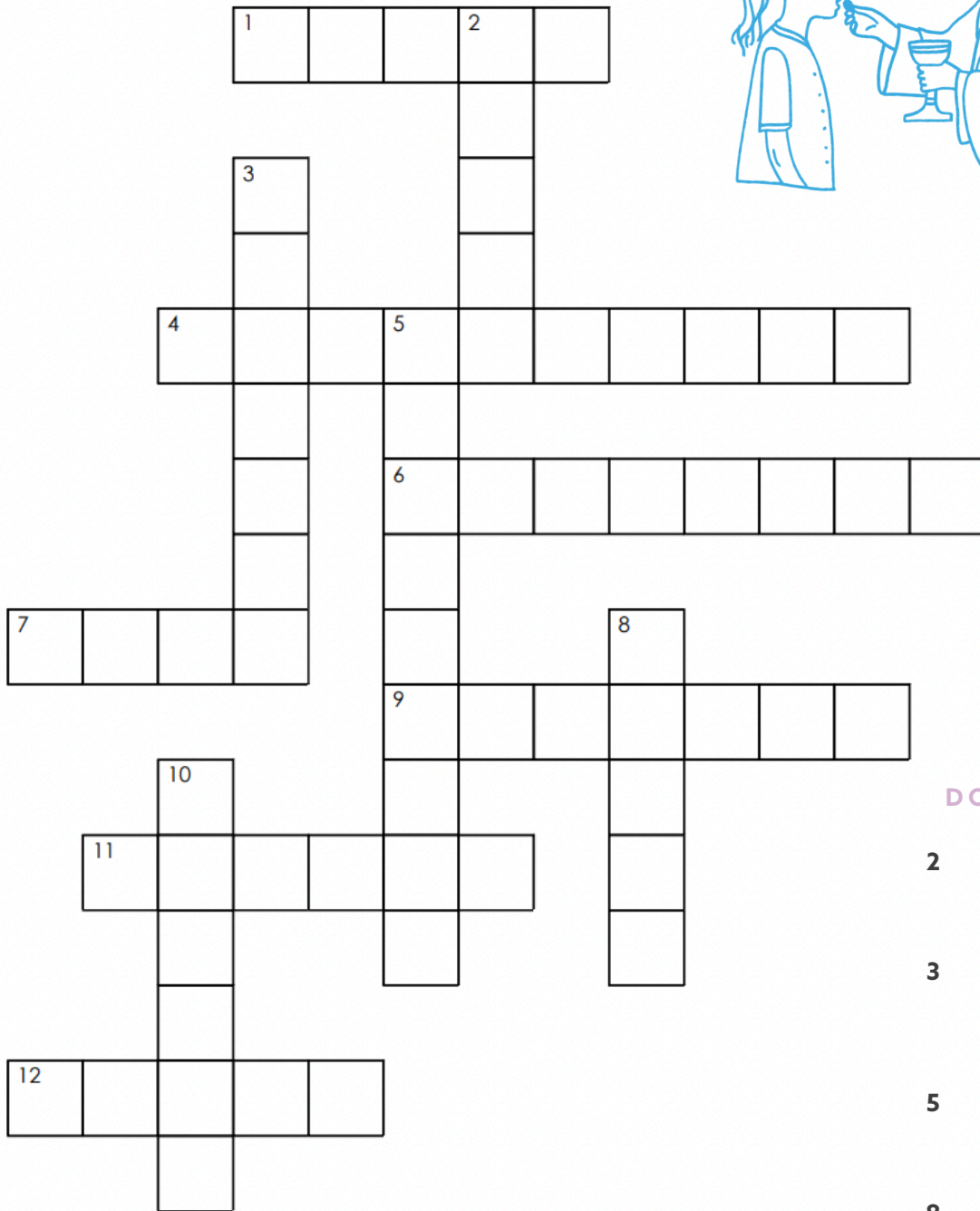
- + ALTAR
- + BREAD
- + CHALICE
- + CIBORIUM
- + EUCHARIST
- + GIFT
- + GRAPES
- + HOST
- + JESUS
- + PRIEST
- + RECEIVE
- + SACRAMENT
- + TABERNACLE
- + WHEAT
- + WINE

IF *angels*  
COULD BE JEALOUS  
*of men,* THEY  
WOULD BE SO FOR  
ONE REASON:  
*Holy Communion*

- ST. MAXIMILIAN KOLBE

# CROSSWORD PUZZLE

## Communion



### ACROSS

1

4

6

7

9

11

12



### DOWN

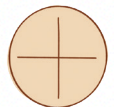
2



3



5



8



10



COPY WORK

# Holy Communion Bible Verses

Use the lines provided below to practice writing these Bible verses related to Holy Communion.

“I am the bread of Life.” –John 6:35



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“Do this in memory of me.” –Luke 22:19

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COPY WORK

# Holy Communion

Use the lines provided below to practice writing these words said during Mass.

Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.



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HABIT TRACKER

# My Communion Tracker

Color a host and chalice each time you receive the Eucharist. Use this tracker to instill regular reception of this sacrament as part of your life.



DATE \_\_\_\_\_



DATE \_\_\_\_\_



DATE \_\_\_\_\_



DATE \_\_\_\_\_



DATE \_\_\_\_\_



DATE \_\_\_\_\_



DATE \_\_\_\_\_



DATE \_\_\_\_\_



DATE \_\_\_\_\_



DATE \_\_\_\_\_



DATE \_\_\_\_\_



DATE \_\_\_\_\_



DATE \_\_\_\_\_



DATE \_\_\_\_\_

HEAL ME, O Lord, AND  
I shall BE healed; SAVE  
ME, AND I SHALL be saved;  
FOR you ARE MY praise.  
*Jeremiah 17:14*

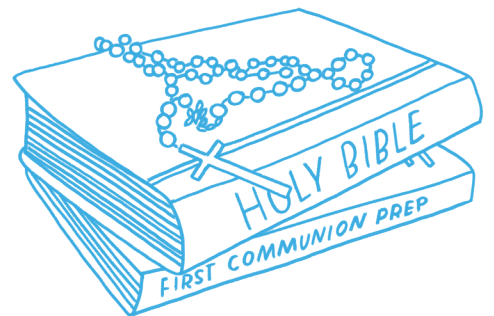
WORD SEARCH

# Reconciliation



Find the following words in the puzzle.

- + ABSOLUTION
- + CHURCH
- + CONFESSION
- + CONFESSIONAL
- + FORGIVENESS
- + GOD
- + GRACE
- + HEALING
- + HOLY SPIRIT
- + JESUS
- + OFFENDS
- + PENANCE
- + PREPARE
- + PRIEST
- + RECONCILIATION
- + REPENTANCE
- + SACRAMENT
- + SINS
- + SOUL
- + TEN COMMANDMENTS



FILL IN THE BLANK

## Act of Contrition #1

Fill in the missing words from the word bank to complete the Act of Contrition.



My God, I am \_\_\_\_\_ for my sins with all  
my \_\_\_\_\_. In \_\_\_\_\_ to do wrong and  
failing to do \_\_\_\_\_, I have \_\_\_\_\_ against  
you whom I should love above \_\_\_\_\_  
things. I firmly intend, with your \_\_\_\_\_,  
to do \_\_\_\_\_, to sin no more, and to  
\_\_\_\_\_ whatever leads me to sin. Our \_\_\_\_\_  
Jesus Christ suffered and \_\_\_\_\_ for us. In  
his name, my God, have \_\_\_\_\_. Amen.



### Word Bank

- |            |           |         |
|------------|-----------|---------|
| + MERCY    | + SINNED  | + HELP  |
| + SORRY    | + PENANCE | + AVOID |
| + CHOOSING | + DIED    | + HEART |
| + SAVIOR   | + ALL     | + GOOD  |

FILL IN THE BLANK

## Act of Contrition #2

Fill in the missing words from the word bank to complete the Act of Contrition.

O my \_\_\_\_\_, I am heartily \_\_\_\_\_ for having  
offended thee, and I \_\_\_\_\_ all my sins,  
because I \_\_\_\_\_ the loss of \_\_\_\_\_, and  
the pains of \_\_\_\_\_; but most of all because  
they \_\_\_\_\_ thee, my God, Who are  
\_\_\_\_\_ good and \_\_\_\_\_ of all my  
love. I firmly resolve, with the \_\_\_\_\_  
of Thy grace, to \_\_\_\_\_ my sins, to do  
penance, and to \_\_\_\_\_ my life. Amen.



### Word Bank

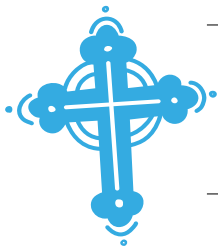
- |          |           |             |
|----------|-----------|-------------|
| + HELP   | + ALL     | + SORRY     |
| + GOD    | + CONFESS | + DESERVING |
| + DETEST | + DREAD   | + HELL      |
| + OFFEND | + AMEND   | + HEAVEN    |

COPY WORK

# The Act of Contrition #1

Use the lines provided below to practice writing the Act of Contrition.

**My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy. Amen.**



COPY WORK

# The Act of Contrition #2

Use the lines provided below to practice writing the Act of Contrition.

O my God, I am heartily sorry for having offended thee, and I detest all my sins, because I dread the loss of heaven, and the pains of hell; but most of all because they offend thee, my God, Who are all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to confess my sins, to do penance, and to amend my life. Amen.



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COPY WORK

# Ten Commandments

Use the lines provided below to practice writing the Ten Commandments.



1. I am the Lord your God;  
you shall not have strange  
gods before me.
2. You shall not take the  
name of the Lord your God  
in vain.
3. Remember to keep holy the  
Lord's day.
4. Honor your father & your  
mother.
5. You shall not kill.
6. You shall not commit  
adultery.
7. You shall not steal.
8. You shall not bear false  
witness against your  
neighbor.
9. You shall not covet your  
neighbor's wife.
10. You shall not covet your  
neighbor's goods.

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COPY & PASTE

# 10 Commandments

Cut out each of the 10 Commandments on this page and then paste them in order on Moses' tablets on the next page.

YOU SHALL NOT COVET YOUR  
NEIGHBOR'S WIFE.

YOU SHALL NOT COMMIT ADULTERY.

YOU SHALL NOT COVET YOUR  
NEIGHBOR'S GOODS.

REMEMBER TO KEEP HOLY  
THE LORD'S DAY.

YOU SHALL NOT STEAL.

HONOR YOUR FATHER &  
YOUR MOTHER.

YOU SHALL NOT BEAR FALSE WITNESS  
AGAINST YOUR NEIGHBOR.

I AM THE LORD YOUR GOD; YOU SHALL  
NOT HAVE STRANGE GODS BEFORE ME.

YOU SHALL NOT TAKE THE NAME OF  
THE LORD YOUR GOD IN VAIN.

YOU SHALL NOT KILL.

COMMANDMENT ONE

COMMANDMENT TWO

COMMANDMENT THREE

COMMANDMENT FOUR

COMMANDMENT FIVE

COMMANDMENT SIX

COMMANDMENT SEVEN

COMMANDMENT EIGHT

COMMANDMENT NINE

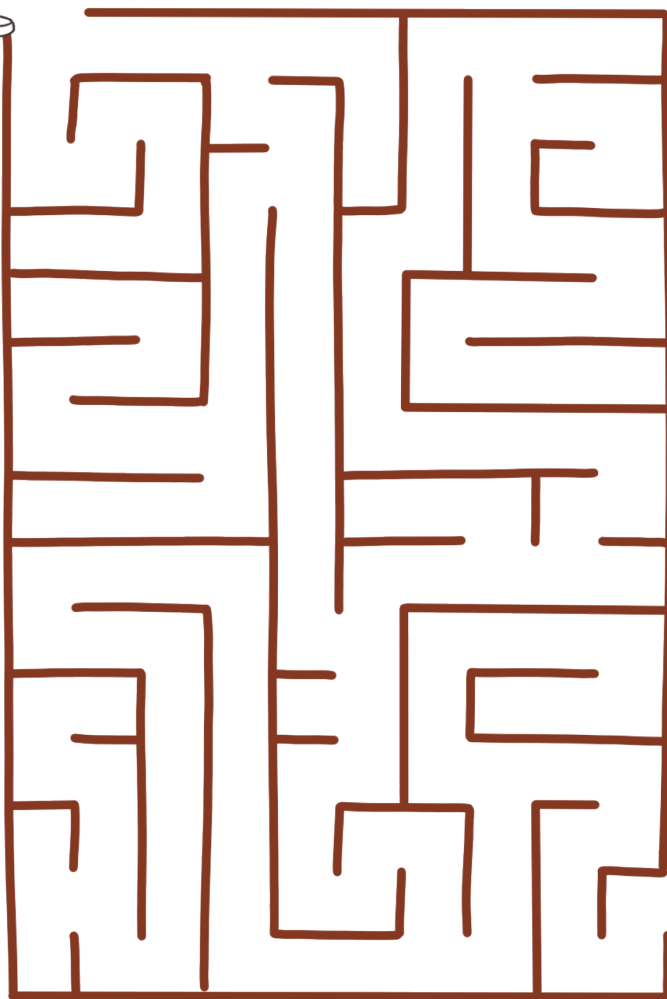
COMMANDMENT TEN

MAZE

# Get to Confession!



↑  
START

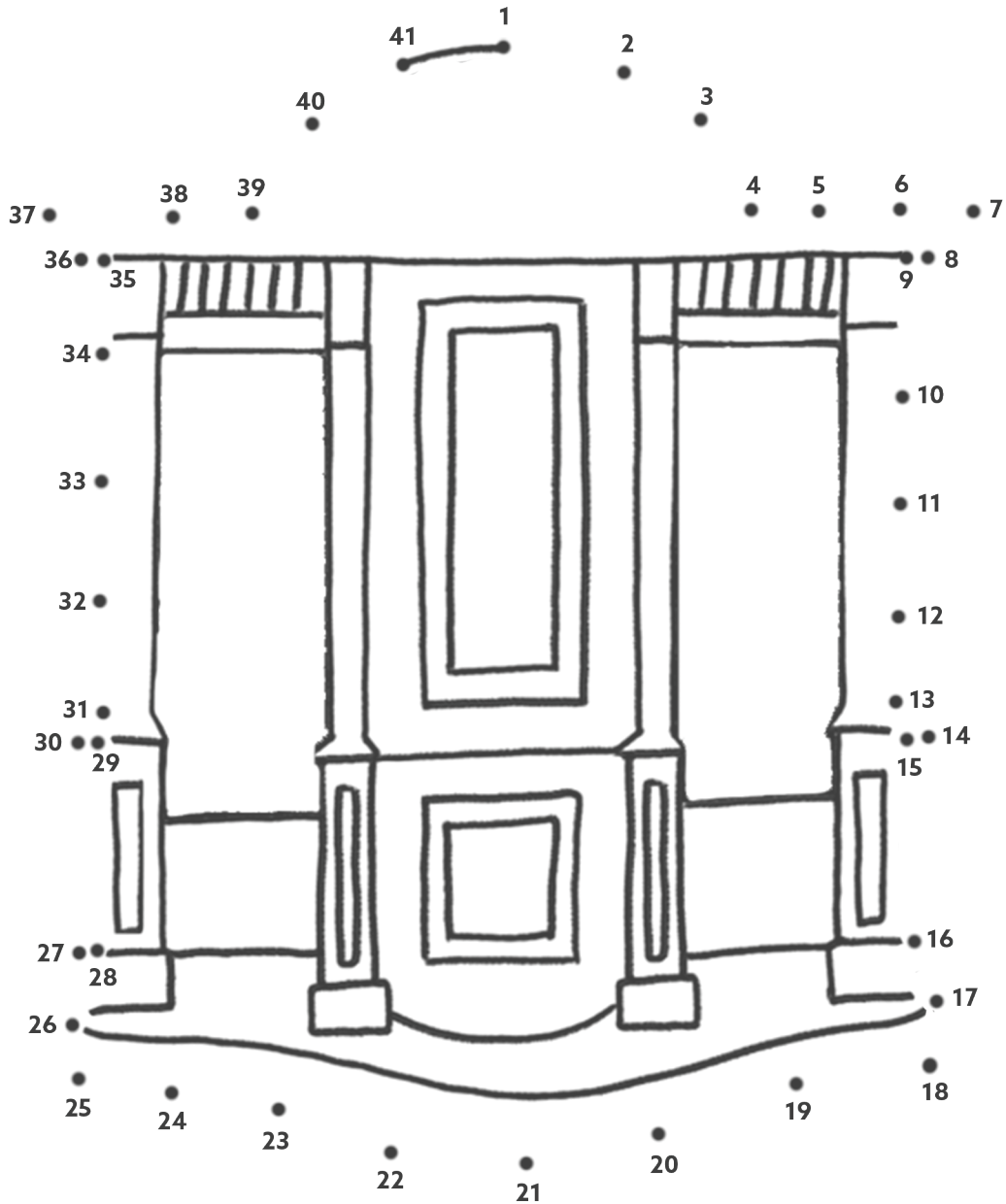


FINISH ↗

CONNECT THE DOTS

# Confessional

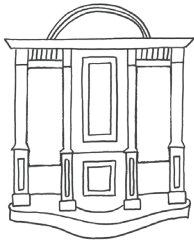
Connect the dots to reveal a hidden image and color it in!



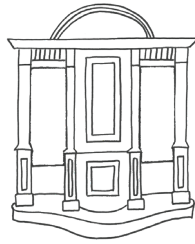
HABIT TRACKER

# My Confession Tracker

Color a confessional each time you go to confession. Use this tracker to instill regular reception of this sacrament as part of your life.



DATE \_\_\_\_\_



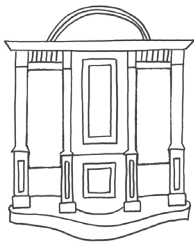
DATE \_\_\_\_\_



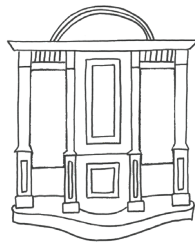
DATE \_\_\_\_\_



DATE \_\_\_\_\_



DATE \_\_\_\_\_



DATE \_\_\_\_\_



DATE \_\_\_\_\_



DATE \_\_\_\_\_



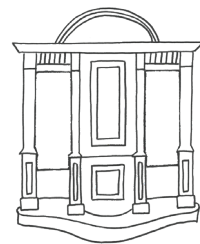
DATE \_\_\_\_\_



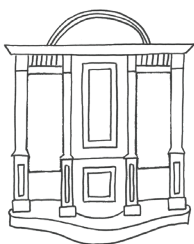
DATE \_\_\_\_\_



DATE \_\_\_\_\_



DATE \_\_\_\_\_



DATE \_\_\_\_\_

CONFESSION HEALS, CONFESSION *justifies*,  
*Confession* GRANTS PARDON OF SIN, ALL  
*Hope* CONSISTS IN CONFESSION; IN  
CONFESSION THERE IS A *Chance* FOR *Mercy*.  
- ST. ISIDORE OF SEVILLE

# My First Confession Sheet

Use this guide to help you outline your first confession.



Begin with the sign of the cross.

1

**IN THE NAME OF THE** *Father,*  
**AND OF THE** *Son,* **AND OF**  
**THE** *Holy Spirit. Amen.*

2

Bless me father for I have sinned,  
this is my first confession.

3

### Sins to Confess

NUMBER OF TIMES

- DID I MISS MASS ON PURPOSE ON A SUNDAY OR HOLY DAY OF OBLIGATION? \_\_\_\_\_
- WAS I LATE FOR MASS ON SUNDAY BECAUSE OF MY OWN FAULT? \_\_\_\_\_
- WAS I DISTRACTED OR DISRUPTIVE IN CHURCH? \_\_\_\_\_
- WAS I DISOBEDIENT TO MY PARENTS? \_\_\_\_\_
- DID I TALK BACK TO MY PARENTS? \_\_\_\_\_
- DID I FIGHT WITH MY SIBLINGS OR FRIENDS? \_\_\_\_\_
- DID I LOOSE MY TEMPER? \_\_\_\_\_
- DID I STEAL SOMETHING? \_\_\_\_\_
- HAVE I USED BAD WORDS? \_\_\_\_\_
- HAVE I LIED? \_\_\_\_\_
- DID I CALL ANYONE BAD NAMES? \_\_\_\_\_
- WAS I MEAN TO OTHERS? \_\_\_\_\_
- DID I TEASE ANYONE UNKINDLY? \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

"I am sorry for these and all the sins of my past life."

4

My Penance

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

5

Pray an Act of Contrition

6

Priest will absolve you of your sins by saying  
the prayer of Absolution.

7

"Thank you, father."

8

Leave the confessional & do penance.

# My Confession Sheet

Use this guide to help you outline your next confession.



1

Begin with the sign of the cross.

**IN THE NAME OF THE Father,  
AND OF THE Son, AND OF  
THE Holy Spirit. Amen.**

2

Bless me father for I have sinned, it has been...

\_\_\_\_\_  DAYS  MONTHS  
NUMBER  WEEKS  YEARS

... since my last confession.

3

### Sins to Confess

NUMBER OF TIMES

- DID I MISS MASS ON PURPOSE ON A SUNDAY OR HOLY DAY OF OBLIGATION? \_\_\_\_\_
- WAS I LATE FOR MASS ON SUNDAY BECAUSE OF MY OWN FAULT? \_\_\_\_\_
- WAS I DISTRACTED OR DISRUPTIVE IN CHURCH? \_\_\_\_\_
- WAS I DISOBEDIENT TO MY PARENTS? \_\_\_\_\_
- DID I TALK BACK TO MY PARENTS? \_\_\_\_\_
- DID I FIGHT WITH MY SIBLINGS OR FRIENDS? \_\_\_\_\_
- DID I LOOSE MY TEMPER? \_\_\_\_\_
- DID I STEAL SOMETHING? \_\_\_\_\_
- HAVE I USED BAD WORDS? \_\_\_\_\_
- HAVE I LIED? \_\_\_\_\_
- DID I CALL ANYONE BAD NAMES? \_\_\_\_\_
- WAS I MEAN TO OTHERS? \_\_\_\_\_
- DID I TEASE ANYONE UNKINDLY? \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

"I am sorry for these and all the sins of my past life."

4

My Penance

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

5

Pray an Act of Contrition

6

Priest will absolve you of your sins by saying the prayer of Absolution.

7

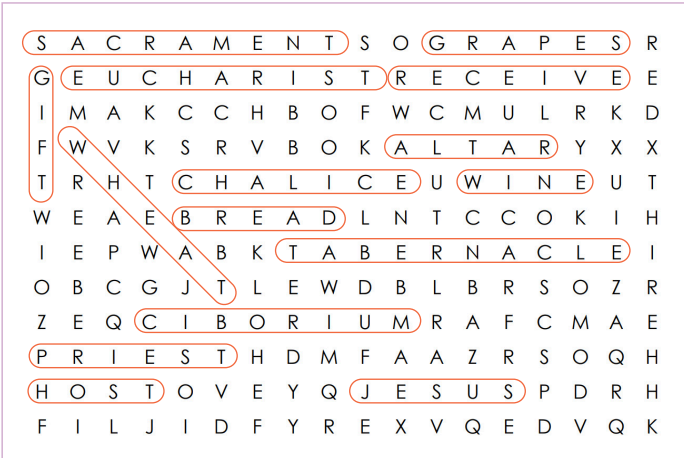
"Thank you, father."

8

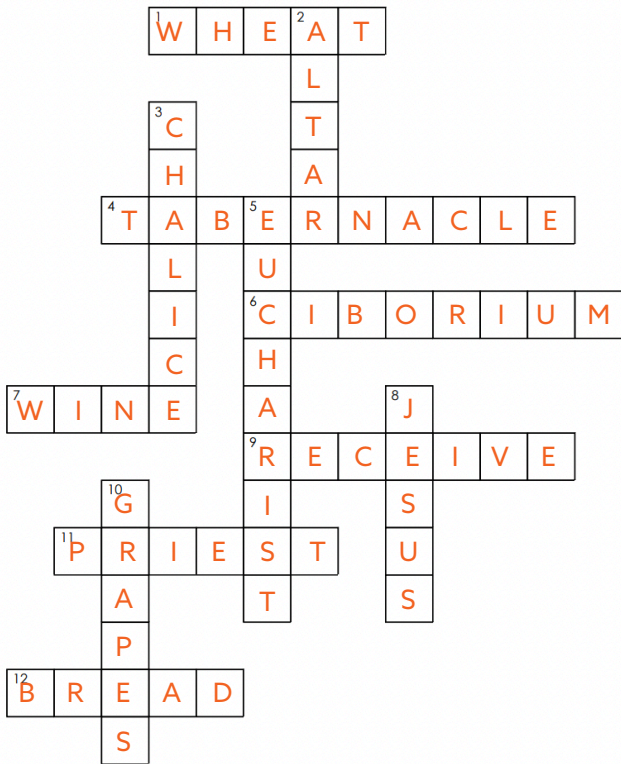
Leave the confessional & do penance.

# COMMUNION Answer Key

## Word Search Communion



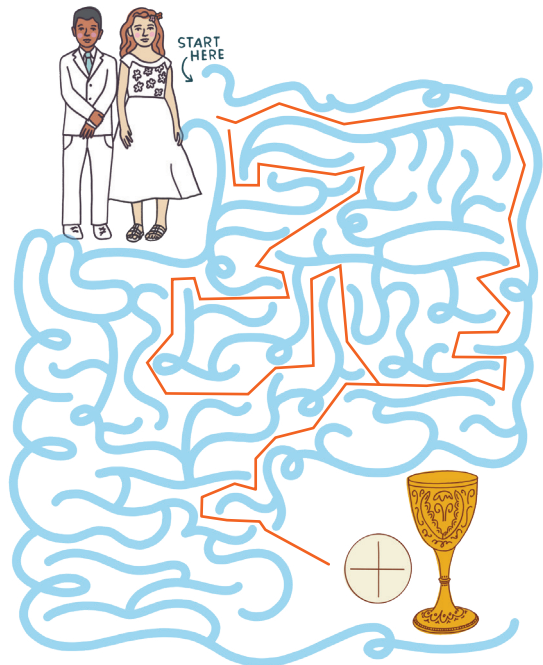
## Crossword Communion



## I Spy Communion



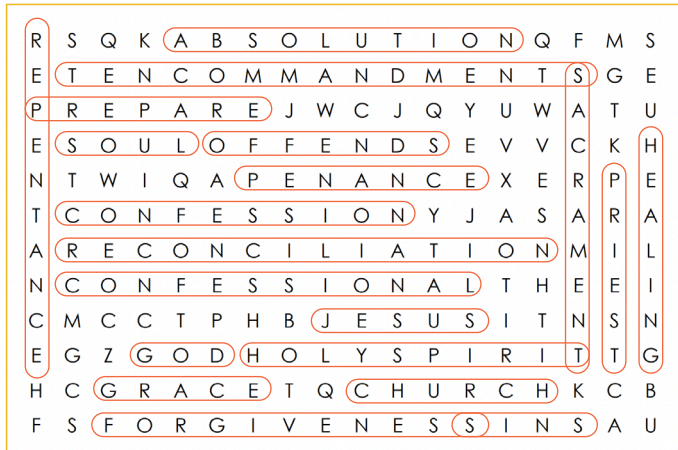
## Communion Maze





# RECONCILIATION Answer Key

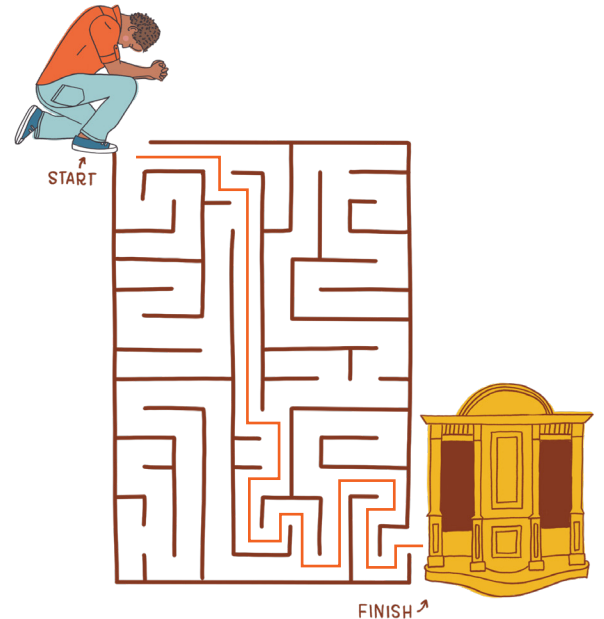
## Word Search Reconciliation



## Order of the 10 Commandments

1. I am the Lord your God; you shall not have strange gods before me.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep holy the Lord's day.
4. Honor your father & your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

## Confession Maze



### Act of Contrition #1

My God, I am **sorry** for my sins with all my **heart**. In **choosing** to do wrong and failing to do **good**, I have **sinned** against you whom I should love above **all** things. I firmly intend, with your **help**, to do **penance**, to sin no more, and to **avoid** whatever leads me to sin. Our **Savior** Jesus Christ suffered and **died** for us. In his name, my God, have **mercy**. Amen.

### Act of Contrition #2

O my **God**, I am heartily **sorry** for having offended thee, and I **detest** all my sins, because I **dread** the loss of **heaven**, and the pains of **hell**; but most of all because they **offend** thee, my God, Who are **all** good and **deserving** of all my love. I firmly resolve, with the **help** of Thy grace, to **confess** my sins, to do penance, and to **amend** my life. Amen.