



## Patients with a current diagnosis or a history of Hormone Sensitive Cancers Seeking Relief of Menopausal Symptoms – Position Statement

FemmenessencePRO™ is a proprietary formulation of *Lepidium peruvianum* (maca) that works through the hypothalamus-pituitary-thyroid-adrenal-ovarian (HPTAO) axis to aid in providing balance and regulation of the body's production of hormones. Even though FemmenessencePRO does not introduce any hormones into the body, it can increase or decrease estrogen and progesterone production, depending on an individual's needs. As we have seen in clinical trials,<sup>1-4</sup> FemmenessencePRO can increase estrogen levels, and estrogen can have a potentially proliferative effect on some cancer cells.<sup>5,6</sup> Additionally, the clinical trials indicated increases in progesterone levels, which is worth noting considering that studies suggest an exposure to exogenous forms of progesterone, specifically progestins, can increase the risks of certain cancers, though it cannot be inferred as to the impact that endogenous production of progesterone could have.<sup>7</sup>

The evidence on maca and cancer is conflicting, with a lack of consensus. There is some evidence that due to some of the compounds found in maca (glucosinolates, macamides and macaenes), it may provide anti-proliferative activity against cancer; however, clinical trials are lacking at this time.<sup>8,9</sup> Conversely, research also suggests that maca may stimulate the migration of triple-negative breast cancer cells.<sup>10</sup>

Through our clinical experience over the years, there can be fluctuations in estrogen levels in the early stages of using FemmenessencePRO as the body tries to rebalance, which is a concern for hormone-sensitive cancers.

**Therefore, it is our position that patients with a current diagnosis or a history of hormone-sensitive cancers should not use FemmenessencePRO.**

For clinicians, we would emphasize the following:

1. FemmenessencePRO is contraindicated for individuals taking hormone-suppressing medications (e.g., aromatase inhibitors and tamoxifen).
2. FemmenessencePRO is not recommended for individuals with a current diagnosis of hormone-sensitive cancers, including breast, ovarian, endometrial, and uterine.
  - a. If you and your patient choose to use FemmenessencePRO, despite our position, we recommend informed consent as to the risks and rewards with the patients and their family members, if appropriate.
  - b. Additionally monitoring the patient appropriately is essential.

Consider a protocol to optimize gut and hormone health, detoxification mechanisms, and immune support.

For more insights and research on our products pH QuintessencePRO and HerbatoninPRO™ that can assist in detoxification and immune health support, please contact our Medical Team: [medical.team@symphonynaturalhealth.com](mailto:medical.team@symphonynaturalhealth.com)

**DISCLAIMER:** We recognize and value the experience of healthcare providers. Should FemmenessencePRO be used in patients with a current diagnosis or history of hormone-sensitive cancers, Symphony Natural Health cannot provide guidance on the proper dosing or duration of use. Rather, each clinician is responsible for utilizing their experience to decide the best course of treatment for their patients.

### References:

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