

## Autumn to Winter Seasonal Skin Rejuvenation

Treatment Time Options (25-55 minutes)

*After the summer months, skin is always in need of some TLC typically because of excess sun exposure. This fast-acting seasonal harvest treatment brightens, smooths, hydrates, and nourishes the skin. After just one treatment skin looks healthier, younger and firmer.*

1. **Botanical Purifying Cleanse.** Massage a dime size amount of the **Black Currant Creamy Cleanser** over skin, manipulating skin in upward medium pressure circular movements. Remove with wet sponges. Repeat cleanse, this time on moistened skin, massaging with firmer pressure. Remove product with a warm towel and pat dry the skin.
2. **Complexion Brightening Exfoliation I.** Apply **Pumpkin Enzyme Brightening Peel** with a brush over the face, neck and décolleté. Set a timer for 1-3 minutes. You may use a fan over the treated area. Remove with a cold wet towel.
3. **Lifting & Exfoliation II Masque Therapy I.** Apply a quarter size amount of the **Duo-Phase Enzyme Peeling Masque** to the entire treated area. Steam is optional. Leave the masque on for 5-10 minutes depending on the appointment length time. Massage may be performed over the masque during this duration of time. Remove with a warm wet towel.
4. **Extraction.** If necessary. Purge skin of any skin impurities or pore plugs, black heads will slide right out following steps 1-3.
5. **Tonic/Freshener I.** Spray the **Cucumber Mint Moisturizing Mist** several inches away from the skin over the entire treatment area.
6. **Antioxidant Infusion Masque Therapy II.** Apply evenly a quarter size amount of the **Pomodoro Dual Action Masque** to the skin with your fingertips. Leave on for 6-12 minutes. Massage gently upward to buff the skin with the jojoba and tomato seeds, then proceed to remove everything with a cool wet towel.
7. **Tonic/Freshener II.** Spray the **Cucumber Mint Moisturizing Mist** several inches away from the face over the entire treatment area.
8. **Stem Cell Eye Lift.** Gently tap the **Stem Cell Eye Complex** on the surrounding eye area to firm, moisturize and repair skin cells.
9. **Hydration Restore.** Apply **HydraVita Skin Restoring Gel** for enhanced moisture and repair on the entire face and neck area.
10. **Vitamin D Dose + Peptide Lift.** Apply a pump full of the **Advanced Repair Complex** as the next layer for an ultimate sun-free vitamin D and hippophae berries nourishment, plus the lifting action of peptides.
11. **Apply Sun Protection Post Daytime Treatments.** Using a pea size amount of product first spread it in the fingertips and then start from the neck up to the forehead, apply the **Soy Doctor® Ultra Light Moisture Screen SPF 30** massaging it into the skin until it is no longer visible.

*For maximized results repeat treatment every 7-14 days.*

### Starter Kit:

<i>Black Currant Creamy Cleanser 8oz</i>	<i>Cucumber Mint Moisturizing Mist 8oz</i>	<i>HydraVita Skin Restoring Gel 1.7oz</i>
<i>Pumpkin Enzyme Brightening Peel 4.3oz</i>	<i>Pomodoro Dual-Action Masque 4.3oz</i>	<i>Advanced Repair Complex 1.7oz</i>
<i>Duo-Phase Enzyme Peeling Masque 4.2oz</i>	<i>Stem Cell Eye Complex 1.05oz</i>	<i>Soy Doctor® Moisturescreen SPF 30 4.3oz</i>

**Homecare:** Autumn/Winter Seasonal Rejuvenation Home System (Refer to guide).