

## **2023 Kelowna Elementary Wrestling Tournament**

DATE: Friday October 27, 2023

WHERE: Central School Gym, 1825 Richter Street. The gym is a separate building east of the school.

WHO: Elementary School girls and boys in grades 3 to 6 that attend schools that are participants of COWA's Elementary School or Junior Programs.

TIME: \*Wrestlers must weigh-in at gym between 5pm and 5:20pm.

AWARDS: Each competitor will be given a ribbon for each match.

Team plaque for the winning school.

Team Standings are based on:

1<sup>st</sup> – 5 points

2<sup>nd</sup> – 3 points

3<sup>rd</sup> – 1 point

Only one wrestler per school per weight class counts towards team points.

Only top ten wrestlers from each school counts for team points.

More wrestlers' points will only be counted in the case of a tie.

ENTRY FEE: **FREE!**

RULES: There will be four Divisions:

Junior Girls – Grade 3 & 4, Junior Boys Grade 3 & 4

Senior Girls – Grades 5 & 6, Senior Boys Grade 5 & 6

There will be weight groups in each division.

No grabbing of the head when in a standing position.

No tosses allowed.

The matches will have one two-minute running time period in length if required.

MORE INFO: Please call 250-212-4969