

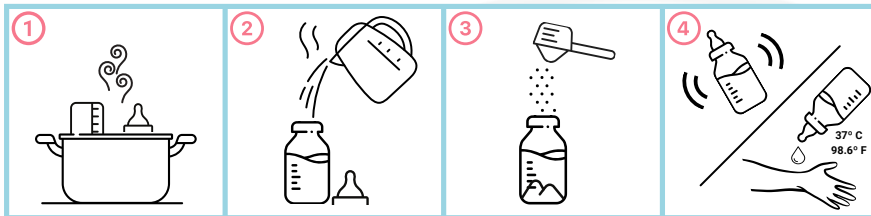


HiPP German Stage 1



Preparation Instructions

During preparation, pay close attention to the instructions for use. Improper preparation or storage over a longer period of time can cause health problems, e.g. lead to the growth of unwanted germs. Therefore, prepare the formula fresh before each feeding and feed it immediately. Do not reuse leftover formula. Thoroughly clean the bottle, teat and ring. Close the opened bag tightly, store in a dry place at room temperature and use within 3 weeks. Do not heat the formula in the microwave due to the risk of scalding.



1. Boil fresh drinking water and cool to approximately 40° - 50° C / 104° - 122° F.
2. Pour the desired amount of boiled water (see table) into a bottle.
3. Measure out the recommended amount of powder (see table). Loosely fill the measuring spoon and wipe it off. Add the powder to the water.
4. Close the bottle and shake vigorously several times.
5. Cool to a drinking temperature of approximately 37° C / 98.6° F. Check the temperature.

*In order not to damage the natural lactic acid cultures (lactobacilli), please do not prepare the formula with water that's too hot.

Amounts and Dosage

The amount to be drunk per bottle can vary from individual to individual. The recommended drinking amount and the number of bottles per day are guidelines. Your baby does not necessarily have to drink the bottle empty. Please only use the measuring spoon provided! You need 30 ml of water for one measuring spoon of powder. 1 level measuring spoon = approximately 4.4 g.

Age	Bottle Feedings Per Day	Prepared Formula	Boiled Water (ml)	Measuring Spoons
1 - 2 weeks*	7 - 8	70 ml	60 ml	2
3 - 4 weeks	5 - 7	100 ml	90 ml	3
5 - 8 weeks	5 - 6	135 ml	120 ml	4
3 - 4 months	5	170 ml	150 ml	5
5 months**	4 - 5	200 ml	180 ml	6
From 6 months	4	235 ml	210 ml	7

* Unless otherwise recommended by your pediatrician.

** From the 5th month, you can start with baby food jars and porridge in consultation with your pediatrician. Babies need around 5 feedings per day. With each new baby food jar and porridge meal introduced, one bottle feeding should be eliminated.

Important Notes

Breastfeeding is the best thing for your baby. Please speak to your pediatrician if you would like to use formula. For your baby's dental health: Like breast milk, all formulas contain carbohydrates. They are an important part of your baby's diet. Frequent or prolonged contact of the teeth with liquids containing carbohydrates can lead to tooth decay and, thus, to health problems. Do not allow your child to continuously suck on the bottle, and switch to cup feeding as early as possible. HiPP German Stage 1 is suitable from birth as the sole source of nutrition or to supplement breast milk. It can be given as needed, like breast milk – as often and as much as your baby wants to drink.

[Shop HiPP German Stage 1](#)