



origami day

Planner Setup Guide

This book has the potential to change your life for the better. It did for me. My hope for you is that it provides a level of balance you have never known before. That it creates a holding place for your most important thoughts and plans, and provides support for you to spend your precious time in a way that is meaningful to you. Please know there is no wrong way to use the Planner Book. It is intentionally simple to provide a canvas for your customization. The tips below are simply those which helped me create a planner unlike any other. They are only the beginning of how you might use this book. Please don't be confined by my recommendations and feel free to share how you personalize your book on social media by tagging @myorigamiday. If you have not already, try the [Weekly Planning Sheets](#) as they are the tool that started it all and the perfect companion to the Planner Book. Thank you for choosing to shape your time with Origami Day.

- Samantha Lane

Make Time to Make Time:

The act of planning will change you. Let this book be the start of new habits that yield better results. Be intentional about the time you set aside to embrace your planner. Pour a cup of something nice and hit play on your favorite tunes. Whether it's all in one sitting, or as you are able between the goodness of life, prep your book and discover the peace that comes with planning.

Date Your Pages:

The Planner Book is undated so you can start living a better life NOW. No need to wait for a new year or new month, the first date in your book is whatever you want it to be. For this reason, a great first step is to date your monthly pages. I like to date the entire book at once, but some prefer to simply take it a month or quarter at a time. Pro tip, use a good pen that won't bleed or smudge.

Note Any Days of Importance:

Part of work-life balance is enjoying holidays, birthdays, and other life events. Once all your dates are in place, I recommend adding any milestone days you want to remember. This can be one-time things like a graduation, or a reoccurring event like a monthly book club. I've included a list of popular holidays to get you started.



origami day

Planner Setup Guide

2022

Holidays & Observances

January

| Su | M | Tu | W | Th | F | Sa |
|----|----|----|----|----|----|----|
| | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 31 | | | | | |

February

| Su | M | Tu | W | Th | F | Sa |
|----|----|----|----|----|----|----|
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | | | | | |

March

| Su | M | Tu | W | Th | F | Sa |
|----|----|----|----|----|----|----|
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | | |

April

| Su | M | Tu | W | Th | F | Sa |
|----|----|----|----|----|----|----|
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |

May

| Su | M | Tu | W | Th | F | Sa |
|----|----|----|----|----|----|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | |

June

| Su | M | Tu | W | Th | F | Sa |
|----|----|----|----|----|----|----|
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | | |

July

| Su | M | Tu | W | Th | F | Sa |
|----|----|----|----|----|----|----|
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 | | | | | | |

August

| Su | M | Tu | W | Th | F | Sa |
|----|----|----|----|----|----|----|
| 1 | 2 | 3 | 4 | 5 | 6 | |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

September

| Su | M | Tu | W | Th | F | Sa |
|----|----|----|----|----|----|----|
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | |

October

| Su | M | Tu | W | Th | F | Sa |
|----|----|----|----|----|----|----|
| | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 31 | | | | | |

November

| Su | M | Tu | W | Th | F | Sa |
|----|----|----|----|----|----|----|
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | | | |

December

| Su | M | Tu | W | Th | F | Sa |
|----|----|----|----|----|----|----|
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

- Jan 01 New Year's Day
- Jan 17 Martin Luther King Day
- Feb 01 Chinese New Year
- Feb 12 Lincoln's Birthday
- Feb 14 Valentine's Day
- Feb 21 President's Day
- Mar 02 Ash Wednesday
- Mar 13 Daylight Saving (begin)
- Mar 17 St. Patrick's Day
- Mar 20 Vernal equinox
- Apr 01 April Fool's Day
- Apr 03 Ramadan begins
- Apr 16 Passover
- Apr 17 Easter
- Apr 27 Admin Assistants Day
- May 08 Mother's Day
- May 30 Memorial Day
- Jun 05 Pentecost
- Jun 14 Flag Day
- Jun 19 Father's Day
- Jun 21 June Solstice
- Jul 04 Independence Day
- Sep 05 Labor Day
- Sep 23 Autumnal equinox
- Sep 26 Rosh Hashanah
- Oct 10 Columbus Day
- Oct 31 Halloween
- Nov 06 Daylight Saving (end)
- Nov 11 Veterans Day
- Nov 24 Thanksgiving
- Dec 18 Hanukkah begins
- Dec 21 December Solstice
- Dec 25 Christmas Day
- Dec 26 Kwanzaa begins
- Dec 31 New Year's Eve

2022 Calendar with Holidays by Vertex42.com

<https://www.vertex42.com/calendars/2022.html>

© 2016 Vertex42 LLC. Free to Print.

Visit OrigamiDay.com or [YouTube](https://www.youtube.com/origamiday) for video tutorials on using the Planner Book & Weekly Planning Sheets.