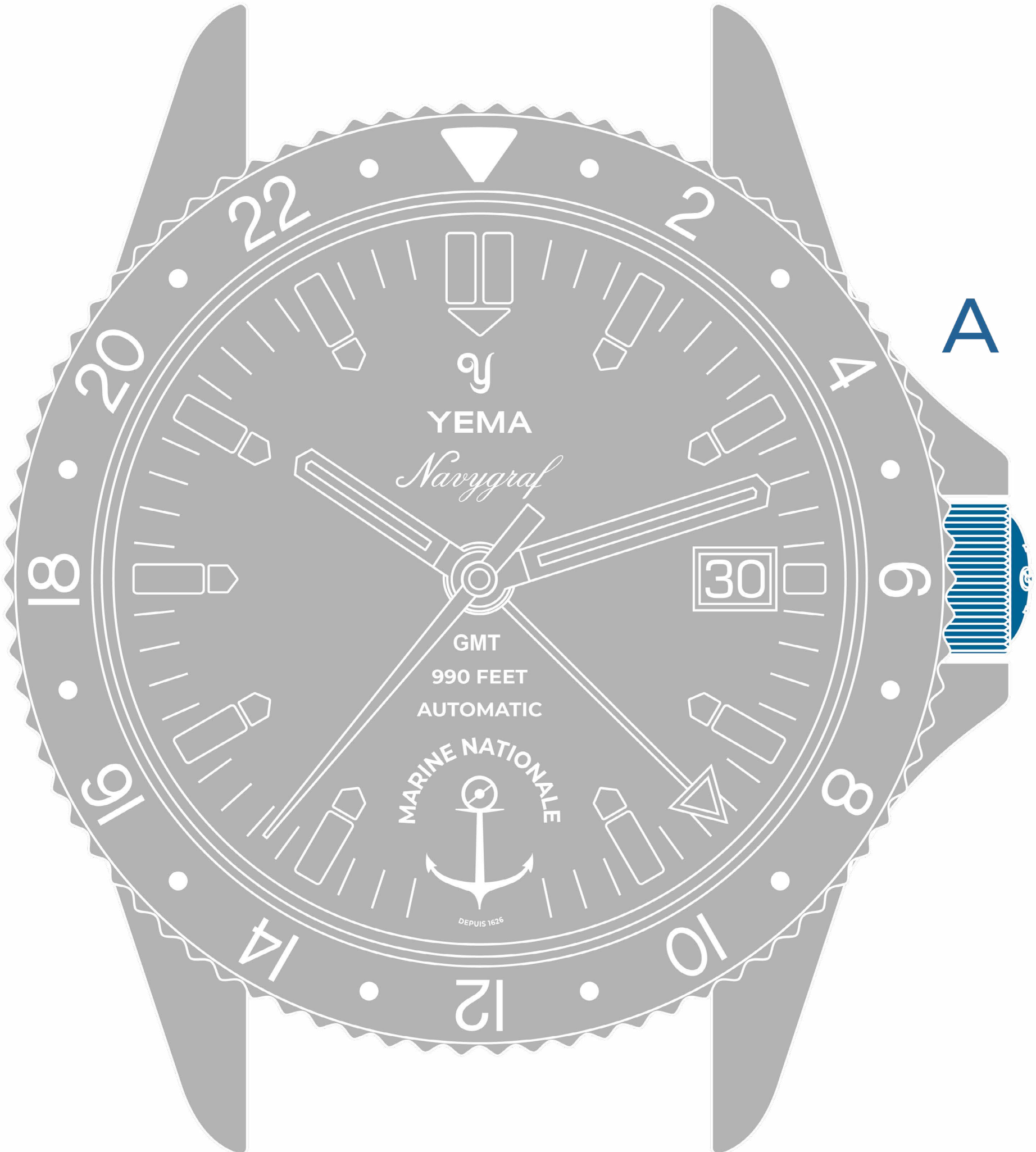
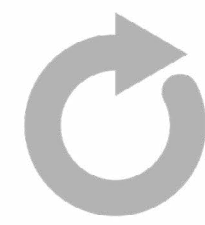




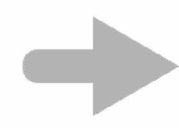
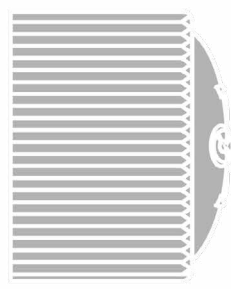
YEMA NAVYGRAF MARINE NATIONALE GMT L.E WATCHES



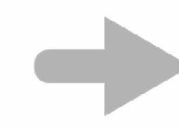
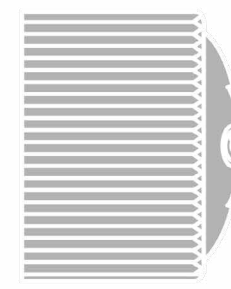
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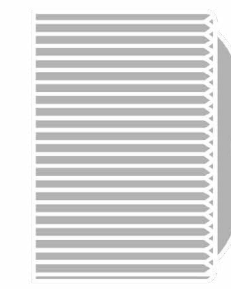
B



C



D



## **POSITION A SCREWED-DOWN POSITION**

Your YEMA watch is equipped with a screw-down crown. A screw-down crown ensures waterproofness by sealing the crown to the case of the watch.

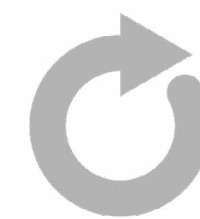
## **POSITION B MANUAL WINDING**

Your YEMA watch is equipped with a self-winding mechanical movement, this means it is wound automatically by wrist movements alone. To ensure optimum winding, wear your watch daily.

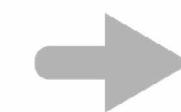
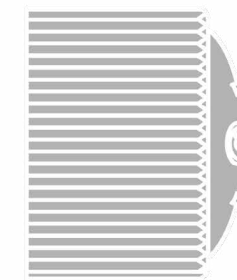
Before you first use the watch or if unworn for a long period of time, you will need to wind it manually by unscrewing the crown and then turning it clockwise.



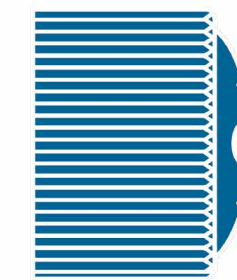
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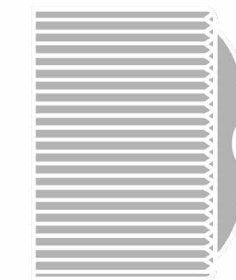
B



C



D



REFERENCE TIME  
MORTEAU, FRANCE 10:10

## POSITION C REFERENCE TIME SETTING

When travelling, to adjust reference time only (without affecting the local time display), unscrew the crown and then pull it out to the first notch (**POSITION C**).

Set the reference time using the 24-hour hand that moves in increments of 30 minutes (against the graduations on the bezel) and the minute hand (against the graduations on the dial) by turning the crown clockwise.

IMPORTANT : If your GMT hand is off by one hour after adjustment, you will need to return to the time-set position in order to turn the H+M hands again one hour forward then return to the desired position before screw the crown back on. (This allows the cog to train well and not skip a tooth).

OR

You first index the GMT hand in relation to the number of hours of time difference desired, then set H+M and GMT will follow.

Push in and then screw down the crown.

## POSITION C RAPID DATE SETTING

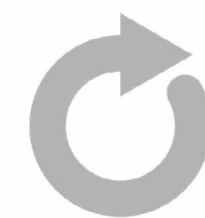
If your YEMA watch is equipped with a date, to adjust the date, unscrew the crown and pull it out to the first notch. Then simply turn it anti-clockwise until the desired date appears in the window. During this operation, your watch will keep running.

**IMPORTANT:** Do not make date adjustments when the time on the watch reads between the hours of 9:00pm and 3:00am. The reason is that although a date makes its changeover close to midnight, the gears that make that change happen to engage quite a bit earlier. It takes extra time to disengage completely in the aftermath.

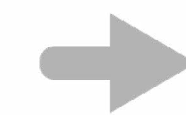
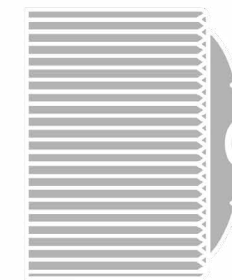




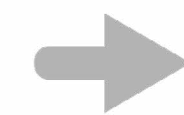
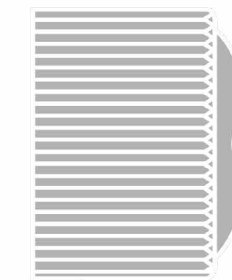
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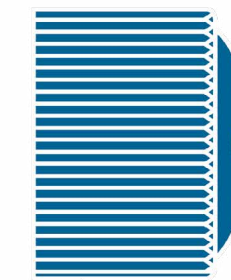
B



C



D



LOCAL TIME

NEW-YORK, US 04 :10

REFERENCE TIME

MORTEAU, FRANCE 10:10

## POSITION D LOCAL TIME SETTING

To set the local time, unscrew the crown and then pull it out to **POSITION D**. The seconds hand is stopped, allowing you to set the time to the precise second.

Set the local time by turning the crown in either direction.. The hours and minutes hand move in increments of one hour. The date is linked to local time and changes automatically when the hour hand passes midnight.

Setting the local time also moves the GMT hand hand (reference time). For this reason, the local time must be set before setting the reference time.



**BEZEL  
FUNCTION**





### LOCAL TIME

NEW-YORK, US 04 :10

### REFERENCE TIME

MORTEAU, FRANCE 10:10

### THIRD TIME ZONE

TOKYO, JAPAN 18:10

## BEZEL THIRD TIME ZONE

A third time zone can be displayed by using the rotatable bezel and the 24-hour hand. It is based on the reference time.

To display the third time zone, turn the bezel clockwise for a negative time difference or anticlockwise for a positive time difference according to the time difference between the local time (24-hour hand) and the time in the desired time zone.

The 24-hour hand read against the bezel indicates the time in the third time zone. The minutes are shown on the dial by the minute hand.

**MAINTENANCE**  
OF YOUR YEMA WATCH

**A YEMA watch requires little maintenance. However, some precautions must be taken to ensure the durability of your YEMA:**

- Ensure that the crown is perfectly screwed down after winding up the movement and/or setting the time and the date. Once the crown is fully screwed down against the case, your YEMA watch is guaranteed waterproof.
- Avoid activities that may expose your watch movement to shocks.
- Never use chemicals to clean your YEMA watch. Use a microfibre cloth and wash the metal, rubber, fabric bracelets and waterproof cases from time to time with a soft brush and soapy water. We recommend that you do not use abrasive or corrosive products (solvents, detergents, perfume, etc.).
- Always rinse your watch with fresh water after it's been exposed to salt water.



**IN-HOUSE CALIBER : YEMA3000      POWER RESERVE: 42 H**

**MODELS :**

YNAVYGRAF MARINE NATIONALE GMT L.E : YNAV23MN-GRBS

**YEMA.COM**

YEMA WATCHES reserves the right to modify the models illustrated in this publication at any time.