

Tincture List

Common Name (Latin Name)

Agrimony (<i>Agrimonia eupatoria</i>)	Fennel (<i>Foeniculum vulgare</i>)
Alfalfa (<i>Medicago sativa</i>)	Feverfew (<i>Tanacetum parthenium</i>)
American Ginseng (<i>Panax quinquefolius</i>)	Fenugreek (<i>Trigonella foenum-graecum</i>)
Andrographis (<i>Andrographis paniculata</i>)	Garlic (<i>Allium sativum</i>)
Angelica (<i>Angelica archangelica</i>)	Gentian (<i>Gentiana lutea</i>)
Ashwagandha (<i>Withania somnifera</i>)	Ginger (<i>Zingiber officinale</i>)
Bacopa (<i>Bacopa monnieri</i>)	Ginkgo (<i>Ginkgo biloba</i>)
Barberry (<i>Berberis vulgaris</i>)	Goat's Rue (<i>Galega officinalis</i>)
Black Cohosh (<i>Actaea cimicifuga/racemosa</i>)	Goldenrod (<i>Solidago spp.</i>)
Black Walnut Hull (<i>Juglans nigra</i>)	Goldenseal (<i>Hydrastis canadensis</i>)
Bladderwrack (<i>Fucus visiculosus</i>)	Gotu Kola (<i>Centella asiatica</i>)
Blue Cohosh (<i>Caulophyllum thalictroides</i>)	Hawthorn (<i>Crataegus spp</i>)
Blue Flag (<i>Iris versicolor</i>)	Heartease (<i>viola tricolor</i>)
Blue Vervain (<i>Verbena hastata</i>)	Hibiscus (<i>Hibiscus sabdariffa</i>)
Boneset (<i>Eupatorium perfoliatum</i>)	Holy Basil (<i>Ocimum tenuiflorum</i>)
Borage (<i>Borago officinalis</i>)	Hops (<i>Humulus lupulus</i>)
Boswellia (<i>Boswellia serrata</i>)	Horehound (<i>Marrubium vulgare</i>)
Bupleurum (<i>Bupleurum chinense</i>)	Horseradish (<i>Armoracia rusticana</i>)
Burdock Root (<i>Arctium lappa</i>)	Horsetail (<i>Equisetum arvense</i>)
Calendula Flower (<i>Calendula officinalis</i>)	Horse Chestnut (<i>Aesculus hippocastanum</i>)
California Poppy (<i>Eschscholzia californica</i>)	Hyssop (<i>Hysoppus officinalis</i>)
Cardamom (<i>Elettaria cardamomum</i>)	Jamaican Dogwood (<i>Piscidia piscipula</i>)
Cassia (<i>Cinnamomum cassia</i>)	Jujube (<i>zizyphus jujuba</i>)
Cat's Claw (<i>Uncaria tomentosa</i>)	Kava Kava (<i>Piper methysticum</i>)
Catnip (<i>Nepeta cataria</i>)	Khella (<i>Ammi visnaga</i>)
Cayenne Fruit (<i>Capsicum annum</i>)	Lady's Mantle (<i>Alchemilla spp.</i>)
Celandine (<i>Chelidonium majus</i>)	Lavender (<i>Lavedula angustifolia</i>)
Celery Seed (<i>Apium graeolens</i>)	Lemon Balm (<i>Melissa officinalis</i>)
Chamomile (<i>Matricaria recutita</i>)	Licorice (<i>Glycyrrhiza glabra</i>)
Chaste Tree (<i>Vitex agnus castus</i>)	Linden (<i>Tilia spp.</i>)
Chaparral (<i>Larrea indentata</i>)	Lion's Mane (<i>Hericium erinaceus</i>)
Chickweed (<i>Stellaria media</i>)	Lobelia (<i>Lobelia inflata</i>)
Cleavers (<i>Galium aparine</i>)	Lomatium (<i>Lomatium dissectum</i>)
Clover, Red (<i>Trifolium pratense</i>)	Maca (<i>Lepidium meyenii</i>)
Cramp Bark (<i>Viburnum opulus</i>)	Meadowsweet (<i>Filipendula ulmaria</i>)
Coltsfoot (<i>Tussilago farfara</i>)	Milk Thistle (<i>Silybum marianum</i>)
Comfrey Leaf (<i>Symphytum officinale</i>)	Milky Oat (<i>Avena sativa</i>)
Cotton Root (<i>Gossypium herbaceum</i>)	Motherwort (<i>Leonurus carciada</i>)
Damiana (<i>Turnera diffusa</i>)	Mugwort (<i>Artemisia vulgaris</i>)
Dandelion Root (<i>Taraxacum officinale</i>)	Mullein (<i>Verbascum thapsus</i>)
Devil's Claw (<i>Harpagophytum procumbens</i>)	Muiria Pauma (<i>Ptychopetalum olacoides</i>)
Devil's Club (<i>Oplopanax horridus</i>)	Myrrh (<i>Commiphora molmol</i>)
Dong Quai (<i>Angelica sinensis</i>)	Nettle Seed or Root (<i>Urtica dioica</i>)
Echinacea (<i>Echinacea angustifolia, purpurea</i>)	Oat (<i>Avena sativa</i>)
Elderberry (<i>Sambucus nigra</i>)	Ocotillo (<i>Fouquieria splendens</i>)
Elecampane (<i>Inula helenium</i>)	Orange (<i>Citrus sinensis</i>)
Elephant's head (<i>Pedicularis groenlandica</i>)	Oregon Grape Root (<i>Mahonia aquifolium</i>)
Eleuthero (<i>Eleuthero senticosus</i>)	Osha (<i>Ligusticum porteri</i>)
	Partridge Berry (<i>Mitchella repens</i>)

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Passionflower (*Passiflora incarnata*)
 Peppermint (*Mentha piperita*)
 Plantain (*Plantago lanceolata*)
 Pleurisy Root (*Asclepias tuberosa*)
 Poke Root (*Phytolacca americana*)
 Poplar (*Populus spp*)
 Raspberry (*Rubus ideaeus*)
 Red Root (*Ceanothus americanus*)
 Reishi (*Ganoderma lucidum*)
 Rhodiola (*Rhodiola rosea*)
 Rosemary (*Rosmarinus officinalis*)
 Rhubarb, Chinese (*Rheum off.*)
 Rue (*Ruta graveolens*)
 Sage (*Salvia officinalis*)
 Salvia Root (*Salvia miltiorrhiza*)
 Sarsaparilla (*Hemidesmus indicus/Smilex ornata*)
 Saw Palmetto (*Serenoa repens*)
 Schisandra Berry (*Schisandra chinensis*)
 Shatavari (*Asparagus racemosus*)
 Shepard's Purse (*Capsella bursa-pastoris*)
 Silk Tree Bark (*Albizia julibrissin*)
 Skullcap (*Scutellaria lateriflora*)
 Solomon's Seal (*Polygonatum biflorum*)
 St. John's Wort (*Hypericum perforatum*)
 Thyme (*Thymus vulgaris*)
 Turmeric (*Curcuma longa*)
 Usnea (*Usnea spp*)
 Uva Ursi (*Arotostaphylos*)
 Valerian (*Valeriana officinalis*)
 Verbena (*Verbena hastata*)
 White Oak (*Quercus alba*)
 White Peony (*Paeonia lactiflora*)
 White Willow (*Salix alba*)
 Wild Indigo (*Baptisia tinctora*)
 Wild Lettuce (*Lactuca virosa*)
 Wild Yam (*Dioscorea villosa*)
 Witch Hazel (*Hamamelis virginiana*)
 Wood Betony (*Stachys officianalis*)
 Wormwood (*Artemesia absinthium*)
 Yarrow (*Achillea millefolium*)
 Yellow Dock (*Rumex crispus*)
 Yellow Pond Lily (*Nuphar polysepalum*)
 Yerba Mansa (*Anemopsis californica*)
 Yerba Santa (*Eriodictyon californicum*)

Glycerites

Avena sativa **Oat**
Andrographis paniculata **Chuan Xin Lian/Andrographis**
Arctium lappa **Yellow Dock Root**
Ceanothus americanus **Red Root**
Elettaria cardamomum **Cardamom**
Foeniculum vulgare **Fennel**
Lavandula angustifolia **Lavender**
Mahonia aquifolium **Oregon Grape**
Matricaria recutita **Chamomile**
Melissa officinalis **Lemon Balm**
Mitchella repens **Squaw Vine**
Ocimum sanctum **Holy Basil**
Passiflora incarnata **Passionflower**
Piper methysticum **Kava Kava**
Rosa centifolia **Rose**
Sambucus nigra **Elderberry**
Silybum marianum **Milk Thistle**
Taraxacum off. **Dandelion**
Valeriana **Valerian Root**
Zingiber officinale **Ginger**