

The Peoples Apothecary Powder List by Common Names

Alfalfa	Licorice Root
Anise Seed	Lion's Mane
Astragalus Root	Maca Root
Ashwagandha root	Marshmallow Root
Beet Root	Moringa Leaf
Bentonite Clay	Nettle Leaf
Bilberry	Oregon Grape Root
Black cumin seeds	Plantain Leaf
Black pepper	Rosehip
Black Walnut	Shatavari Root
Blueberry	Spirulina
Boldo Leaf	Triphala
Burdock Root	Turmeric Root
Bupleurum Root	Valerian Root
Cardamom Seed	Yellow Dock Root
Cayenne	Yucca Root
Chaparral Leaf	
Chicory Root	
Cleavers	
Cocoa	Coconut milk
Cordyceps	Vanilla on sucrose
Cramp Bark	Honey granules
Devil's Claw Root	Beef bone broth
Dandelion Root	
Echinacea purpurea Root	
Eleuthero Root	
Fo-Ti Root	
Garlic	
Gentian Root	
Ginger Root	
Gingko Leaf	
Gotu Kola Leaf	
Guarana Seed	
Gymnema Leaf	
Holy Basil Leaf	
Horny Goat Weed	
Kava Kava Root	
Kelp	
Lemon Verbena Leaf	