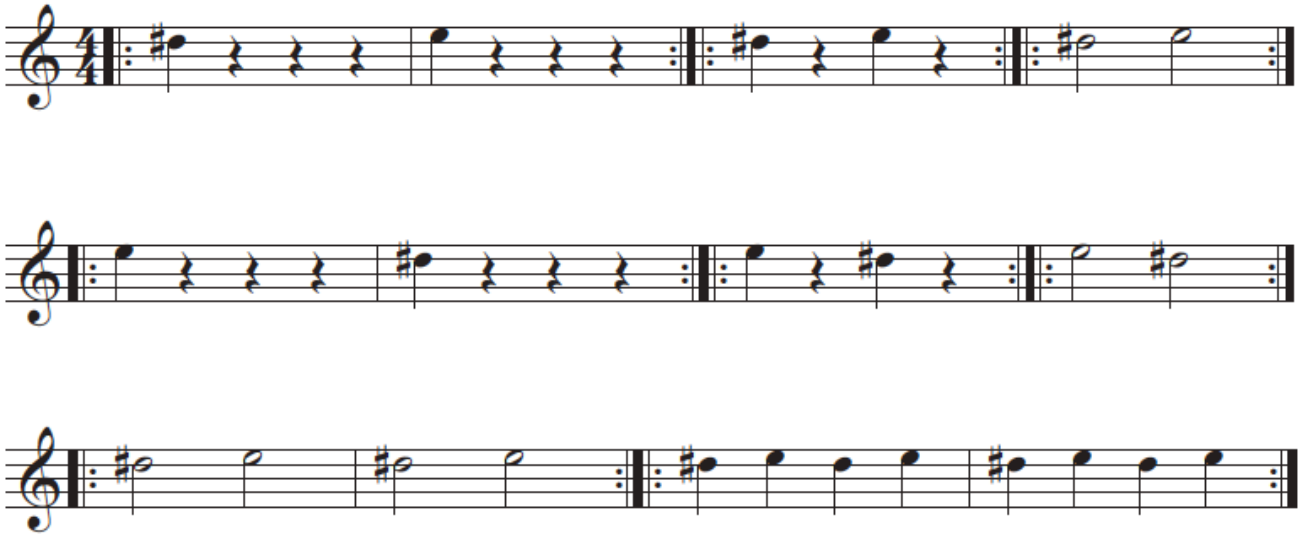
Part 1: Exercise A

Switching Chambers While Hands Remain Fixed

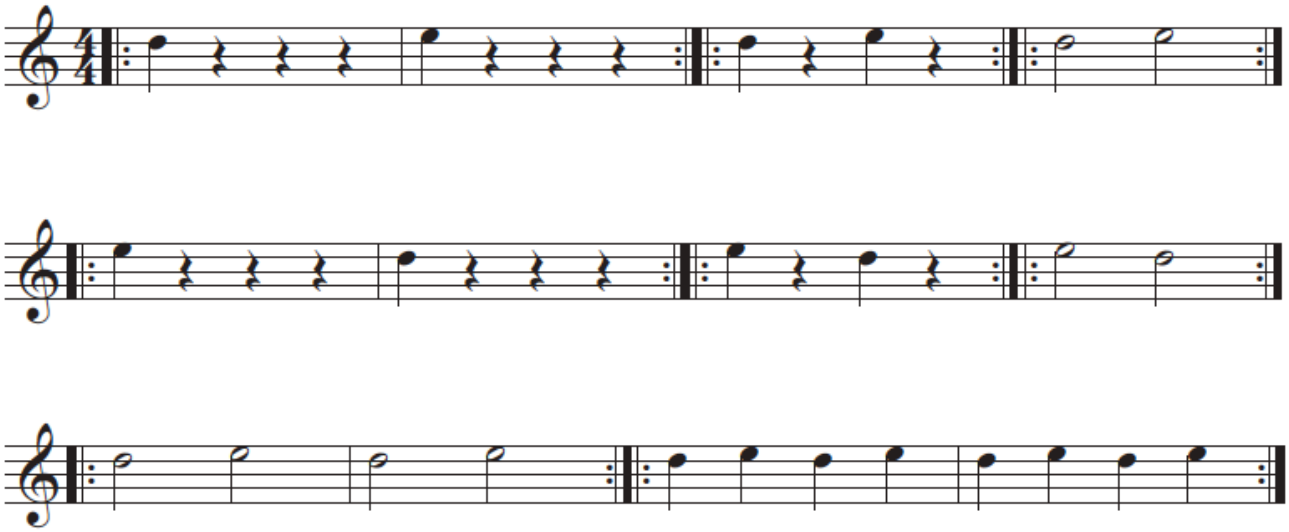
The speed of moving between chambers should be gradually increased in a steady, rhythmic manner.

- Throughout the entirety of Exercise A, leave the right and left hands in a fixed position. In 1a, the left hand is fingering the note D# in the first chamber, and the right hand is fingering the note E in the second chamber. The only movement is the switching of the chambers in the embouchure (mouth).
- Look in a mirror while practicing the exercise. Only the smallest movement is necessary to switch chambers between the lips. Initiate the motion from the wrists, not the head.
- Take advantage of the entire duration of the rests to switch chambers. Do not wait until the very last second.

1a.



2a. Continue in the same manner, replacing the D# with D.



Continue with the exercise, replacing the D with the following left hand notes.
Remember, hands remain fixed, movement only in the embouchure.

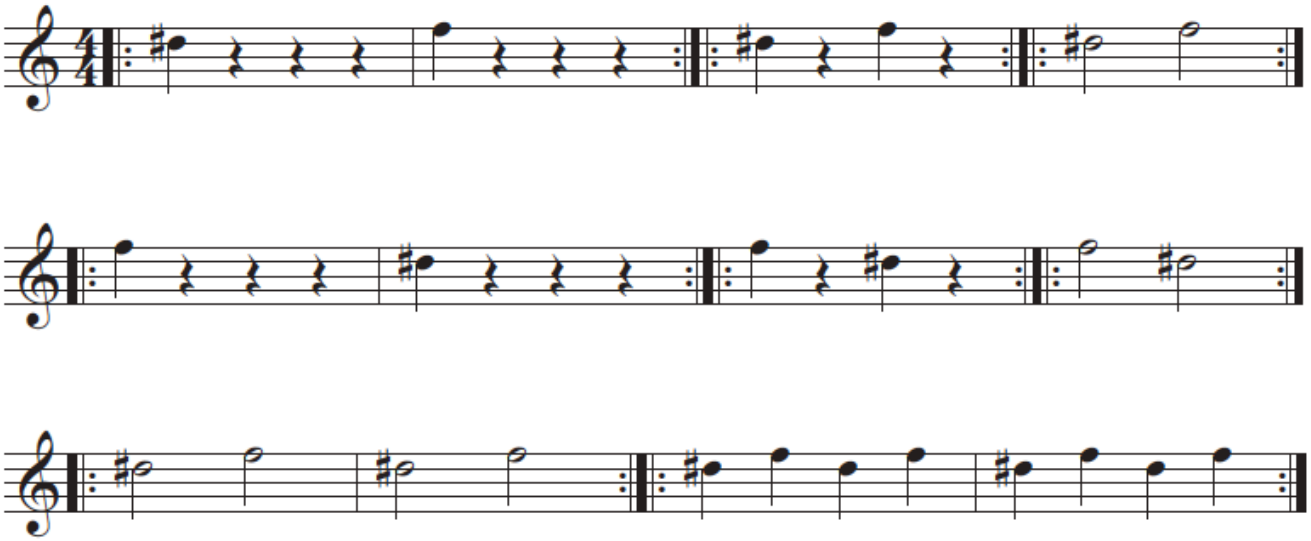
3a. C

4a. B

5a. A

6a. G

7a. Remember, the only movement is the switching of the chambers in the embouchure.



Continue with the exercise, replacing the D# with the following left hand notes.
Remember, hands remain fixed, movement only in the embouchure.

8a. D

9a. C

10a. B

11a. A

12a. G