

Thixer®Clear is an instant beverage clear thickener suitable for one who has dysphagic difficulties. It helps to increase bolus consistency for coordination of the swallowing process, which leads to positive changes in oral transit time, pharyngeal responsiveness, and pharyngeal pressure.

Thixer®Clear is tasteless and has high transparency when mixed with food and liquid, it will not affect the original flavor and color of beverages. Only little amount is needed to make the beverage thicken faster and remain its consistency.

Thixer®Clear has excellent solubility across wide range of pH temperature without undesirable lumps. After mixing, it has excellent storage stability in refrigerator.

INGREDIENTS:

Maltodextrin (from Corn), Xanthan Gum

STORAGE:

Once opened, cover can with cap, store in an odour free, cool, dry place and use content within 8 weeks. After mixing or reconstituted, consume within 6 hours or cover, refrigerate and use within 24 hours.

IMPORTANT NOTES:

Use as directed by speech therapists or other medical practitioners. Lumps may occur if a large amount of powder is added each time, or if it is added again to food once it has been added.

NUTRITION INFORMATION

Serving Size: 1 scoop (1.4g) Servings per can: 125

Amount	Per 100g	Per 1 scoop (1.4g)	Per 2 scoops (2.8g)	Per 3 scoops (4.2g)	Per 4 scoops (5.6g)
Energy	341 kcal	4.8 kcal	9.5 kcal	14.3 kcal	19.1 kcal
Carbohydrate	84.4 g	1.2 g	2.4 g	3.5 g	4.7 g
Protein	0.8 g	0.0 g	0.0 g	0.0 g	0.0 g
Fat	0.0 g	0.0 g	0.0 g	0.0 g	0.0 g
Total Sugar	5.0 g	0.1 g	0.1 g	0.2 g	0.3 g
Sodium	1084.2 mg	15.2 mg	30.4 mg	45.5 mg	60.7 mg

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VALENS®



THIXER®
Instant Food and Drink Clear Thickener /
Pemekat Jernih Segera Makanan dan Minuman
Clear

ACTIVE INGREDIENTS

Maltodextrin & Xanthan Gum

Pack Size: 175gm /can

Assist patients
with swallowing difficulty

Optimize patients'
nutritional status

DYSPHAGIA Swallowing Difficulty is a growing health concern

- It affects 68% of elderly nursing home residents, 30% of elderly admitted to the hospital, 64% of patients after stroke, and 13%–38% of elderly who live independently.
- Dysphagia has been associated with increased mortality and morbidity.
- The use of thickened liquids is one of the most frequently used compensatory interventions in hospitals and long-term care facilities.

Reference: Livia Sura et al. Dysphagia in the elderly: management and nutritional considerations. Clinical Interventions in Aging 2012;7:287–298

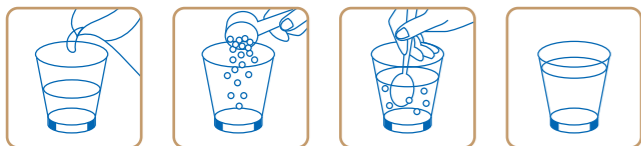
What is Valens Thixer®Clear?

Valens Thixer®Clear is an advanced, gum-based thickening powder designed to instantly thicken liquids and food for patients with swallowing difficulties. Once prepared, liquids remain clear, lump-free and protected from the action of amylase. Valens Thixer®Clear is tasteless and will not affect the original flavour and odor of the food or liquid.

Why Did My Healthcare Professional Prescribe Me Valens Thixer®Clear?

You may have experienced difficulties in swallowing while eating/drinking. Hence, Valens Thixer®Clear is prescribed to help make it easier for you to eat and drink - to thicken your food and beverages so that eating and drinking become easier and safer.

HOW TO PREPARE*?



*Room temperature and warm water

- Pour 200ml of water into a clean glass.
- By using the scoop given, add required amount of Valens Thixer®Clear little by little while stirring.
- Stir until the powder is completely dissolved.
- Leave to stand for 2 minutes.
- Stir thoroughly and drink.

Note: ### Milk and oral nutrition supplements may take longer time (~15 mins) to reach the desired consistency.

Important Tips:

- Slowly add powder to your drink while swirling to ensure the powder is fully dispersed.
- Avoid adding powder all at once to prevent clumps formation.
- Please do not stir the drink during sitting period.
- For oral nutritional supplement, we strongly recommend using a shaker with a whisk ball.
- If require more than 1 scoop powder, it is recommended to pour powder into a small container before adding into drink to avoid lump.

FEATURES

Fully Transparent
Liquid Thickened Remains Clear

Tasteless & Odorless
No Alteration In Taste Or Odor And More Appetizing

Mixes & Dissolves Easily
No Alteration In Taste Or Odor And More Appetizing

Free from Lumps
Dissolves Fully Without Forming Lumps

Stable
Excellent Compatibility Across A Wide Ph Range

Amylase Resistance
Remain Thicken & Protected From The Action Of Salivary Amylase

Does Not Thicken Over Time
No Over-thickening Unlike Other Agent

Comply to IDDSI Framework
New Descriptors For Managing Dysphagia



What is the IDDSI? International Dysphagia Diet Standardisation Initiative



The International Dysphagia Diet Standardisation Initiative (IDDSI) is an evidence-based framework developed by experts. Through consultation and following best practice principles, it has developed a global standardized way of describing foods and drinks that are safest for people with feeding, chewing or swallowing problems. This framework can be used for people of all ages, in all care settings and can be applied to all cultures. Find out more about IDDSI at www.iddsi.org

Old Terms	New Terms (IDDSI)	Scoops Per 200ml*
Nectar like liquids	LEVEL 1 SLIGHTLY THICK	x1
Honey like liquids	LEVEL 2 MILDLY THICK	x2
Spoon thick / Pudding like liquids	LEVEL 3 MODERATELY THICK	x3
	LEVEL 4 EXTREMELY THICK	x4

* Clear Liquid

Drinks / Liquids

LEVEL 1 SLIGHTLY THICK ST1	• 1-4mL remaining in the syringe after 10 sec of flow.	Thicker than water. Can flow through a standard straw/teat/nipple.
LEVEL 2 MILDLY THICK MT2	• 4-8mL remaining in the syringe after 10 sec of flow.	'Sippable' from a cup but effort needed to drink this through a standard straw/teat/nipple.
LEVEL 3 MODERATELY THICK M03	• No less than 8mL remaining in the syringe after 10 sec of flow. • Drips slowly in dollops through the prongs of a fork.	Can be eaten with a spoon or drunk from a cup. Cannot be eaten with a fork because it slowly drips through. Effort needed to drink this through a wide straw.
LEVEL 4 EXTREMELY THICK EX4	• Sits in a mound or pile above the fork. • Does not dollop or drip continuously through a fork. • Holds its shape on a spoon. • Falls off easily if the spoon is tilted or lightly flicked. • Must not be firm or sticky.	Smooth with no lumps, not sticky, no chewing ability needed. Can be eaten with a spoon.