



TRAM

The TRAM is a transfer and mobility device that delivers three powerful functions in one compact unit. With gait training, sit-to-stand, and seated transfer capability, the TRAM offers far more than a standard patient lift at a remarkably low price.

At just over 32 kg, the TRAM's compact, lightweight frame is maneuverable in confined areas and simple to transport or store. Quickly adoptable by multiple caregivers, the TRAM's intelligent engineering significantly reduces back strain and stress, providing a smarter and safer environment for caregivers.



Find letters of medical necessity
and informative articles at:
www.rifton.com/tram

"I am blown away with the results of the Rifton TRAM. I have seen patients with severe strokes, spinal cord injuries, Guillain-Barre syndrome and CIDP come to our facility paralyzed and leave walking. This piece of technology has been key to discharging patients not to long-term care but home and into the community."

*Linda Rusiecki, DPT
Certified Brain Injury Specialist
Acute Rehab, Spectrum Health
Grand Rapids, MI*

TRAM (K310) with arm platforms and hip positioner.

TRAM features



Low-base TRAM

Smaller casters and a low frame profile make the TRAM perfect for rolling into tight spaces such as beneath hospital beds.



Effortless adjustments

The lift column adjusts from 110 to 147 cm. The legs expand to fit around large wheelchairs.

In-home healthcare solution

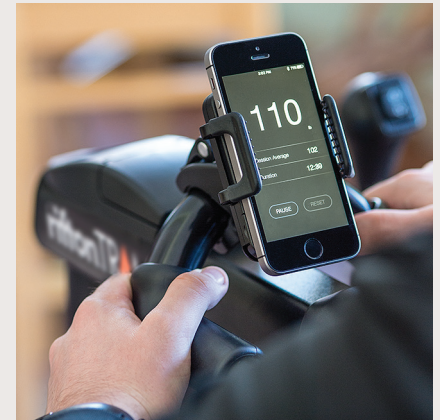
The TRAM's versatility makes it the perfect sit-to-stand solution for clients who need help getting up or support while walking. Compact and agile, the TRAM is ideal for in-home care.



Gait Tracker

The TRAM scale connects with a phone or tablet via Bluetooth to display scale data on Rifton's Gait Tracker app.

The Gait Tracker shows a running average of the weight measured by the scale and calculates average weight-bearing for a gait training session.



Mount a phone on the patient handgrip with a bicycle phone mount to make the scale visible to the client.

Three powerful functions in one device

1. Gait training



With the switch pole in place, the front handle can be removed to increase a client's independence and access to his environment.



Walking safely with support

The TRAM provides safe supported ambulation without using additional floor space or staff. The pelvic support eliminates a client's fear of falling, allowing for increased focus on essential tasks while maintaining or regaining the ability to walk. Whether for daily exercise or more demanding rehab, the TRAM's combined sit-to-stand and supported walking functions make it ideal for home or institutional settings.

2. Sit-to-stand transfers



Sit-to-stand for health

The ability to transition between sitting and standing is critical for a client's independence and health. The TRAM's pelvic support makes it safe and easy to assist a client with movement regardless of the caregiver's or client's size.

3. Seated transfers

The TRAM's low profile combined with the comfortable body support and thigh straps give clients security, dignity and unobstructed eye contact with their caregivers and surroundings during a seated transfer.



Components



Thigh straps

Thigh straps are used for seated transfers. They are machine washable and are available in narrow and wide styles.

Width: narrow 13 cm, wide 18 cm



Arm prompts

Arm prompts provide extra lifting support for clients who have low tone or need their arms secured. The prompts allow adjustments in every direction and angle to accommodate various positioning requirements.

Adjustment range	Padded surface area
(elbow to fist): small 23–32 cm	small 11 x 20 cm
large 27–38 cm	large 13 x 23 cm



Arm platforms

Arm platforms are a simple arm support alternative for clients who need less positioning. They are made of closed-cell molded foam for padded comfort and easy cleaning.

Padded surface dimensions: 34 x 14 cm



Swivel locks

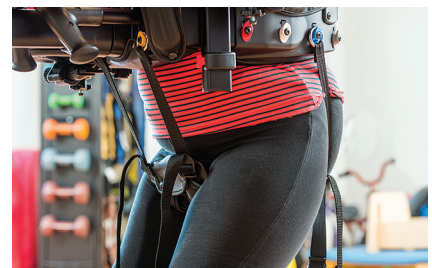
Swivel locks keep the TRAM travelling in a straight line. The locks can be inserted into any or all of the four casters, although two are sufficient to ensure a straight path. With the locks released, the casters are free to swivel for maneuvering in tight spaces.



Hip positioner

The hip positioner is designed to encourage good positioning for gait training. It enables natural pelvic movement and lower extremity weight-shifting, and provides good abduction. A pad is available for added comfort.

Dimensions: see page 40





Pelvic support

Available in three sizes, the pelvic support is used for sit-to-stand transfers and gait training. It can also be used for fall prevention, making it suitable for early mobility in recovery. It may fit the client best when the straps are crossed as shown in the photo.

Dimensions: See page 40



Switch pole

The switch pole lets a caregiver operate the electric lift without bending down (when not using the front handle). Turn it around to give the client control of the lift.




Scale

Weigh your clients during routine transfers, or measure their weight-bearing during gait training. And when the scale is paired with a tablet or phone via Bluetooth, track your client's weight-bearing progress with Rifton's new Gait Tracker app.

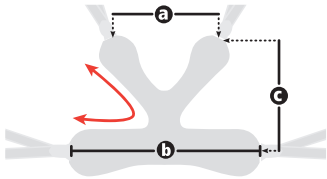
Note: The scale option must be chosen at the time of the original purchase. It cannot be added later.



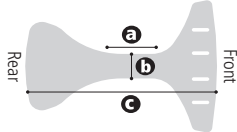
TRAM dimensions

User dimensions (cm)		K310 and K320
Girth		56 min – 140 max
 <p>Key user dimension: girth</p> <p>Important: User's weight or height must not exceed 158.7 kg or 193 cm</p>		
Item dimensions (cm)	K310 TRAM	K320 TRAM
Overall length	116	Same
Overall width	70 – 102	Same
Overall height	110 – 147	Same
TRAM weight (kg)	31.7	Same
Turning diameter	127	Same
Floor to top of base leg for furniture clearance	17.5	10.5
Min. user armpit height (when standing or ambulating)	77	Same
Max. user height (when standing or ambulating)	193	Same
Max. working load (kg)	158.7	Same

Pelvic support

User dimensions (cm) Indicated by the red arrow below			
Key user dimension: half of thigh circumference measured at the groin.			
K306 small	K316 med.	K326 large	
15 – 25	20 – 36	25 – 46	
			
Product dimensions (cm)			
K306 small	K316 med.	K326 large	
a	22	30	34
b	41	51	64
c	23	30	36

Hip positioner

Product dimensions (cm) – without pad		
		
	K667 small	K668 large
a Crotch length	6	9
b Width	3.5	4.5
c Length	23	28

2021 order form

Use dimension chart to select appropriate size.



		K310 Standard (better for gait training)	K320 Low-base (fits under low beds)
* Frame includes one battery, one battery charger, accessories tote and charger power cord. (International power cords available on request.)	CHOOSE	Frame with scale	K301 <input type="checkbox"/> K321 <input type="checkbox"/>
		Frame	K302 <input type="checkbox"/> K322 <input type="checkbox"/>
* Thigh straps (pair)	CHOOSE	Narrow	K308 <input type="checkbox"/> K308 <input type="checkbox"/>
		Wide	K338 <input type="checkbox"/> K338 <input type="checkbox"/>
Switch pole		K666 <input type="checkbox"/>	K666 <input type="checkbox"/>
Arm supports (pair)	CHOOSE	Small arm prompts	K305 <input type="checkbox"/> K305 <input type="checkbox"/>
		Large arm prompts	K315 <input type="checkbox"/> K315 <input type="checkbox"/>
		Arm platforms	K397 <input type="checkbox"/> K397 <input type="checkbox"/>
		Arm platforms w/ handgrips	K396 <input type="checkbox"/> K396 <input type="checkbox"/>
Pelvic support	CHOOSE	Small	K306 <input type="checkbox"/> K306 <input type="checkbox"/>
		Medium	K316 <input type="checkbox"/> K316 <input type="checkbox"/>
		Large	K326 <input type="checkbox"/> K326 <input type="checkbox"/>
Hip positioner	CHOOSE	Small	K667 <input type="checkbox"/> K667 <input type="checkbox"/>
		Large	K668 <input type="checkbox"/> K668 <input type="checkbox"/>
Hip positioner pad	CHOOSE	Small	K541 <input type="checkbox"/> K541 <input type="checkbox"/>
		Large	K542 <input type="checkbox"/> K542 <input type="checkbox"/>
Additional battery (recommended for institutional use)		K307 <input type="checkbox"/>	K307 <input type="checkbox"/>
Additional thigh straps	CHOOSE	Narrow single	K318 <input type="checkbox"/> K318 <input type="checkbox"/>
		Narrow pair	K308 <input type="checkbox"/> K308 <input type="checkbox"/>
		Wide single	K328 <input type="checkbox"/> K328 <input type="checkbox"/>
		Wide pair	K338 <input type="checkbox"/> K338 <input type="checkbox"/>
Swivel locks (pair)		K319 <input type="checkbox"/>	K324 <input type="checkbox"/>
Total		K310	K320

* Required